

Happenings

"Lord Stormont and his bride in Christmas setting" is the caption in the Dundee Courier and Advertiser of a lengthy article describing the marriage of Viscount Stormont and Miss Pamela Joan Foster. Lord Stormont is the only son of the Earl and Countess of Mansfield Lodge House, Logiealmond, Perthshire, and Miss Foster is the only daughter of Lady Cochrane of Culls, Crawford Place.

Four hundred and fifty guests attended one of five largest society weddings which took place in the little Episcopal Church of St. James, Cupar. Despite the bitter cold, women, eager to get a grandstand view of the bride began to take their places hours before the wedding. The altar was a place of beauty. Its deep blue roof was studded with silver stars. There were bowls of seasonal flowers and candles. Miss Foster was given away by her stepfather, Lord Cochrane. Miss Foster's gown of white French satin had been designed by Maggy Rouff.

On her hair and clasping her cascading silk tulle veil scintillated a magnificent diamond tiara of Murray stars which had been lent by Lady Mansfield. The bride also wore a diamond necklace. The Scottish newspaper makes the comment that in her responses the bride promised to obey. The ceremony was by Rev. L. Derrick Large assisted by Rev. Albert Baynham. The couple received guests in the lovely Gothic Hall of Crawford Priory where their health was proposed by Lord Elgin. The latter and Lady Elgin are happily remembered in this province when they were guests of honour at the Caledonia Club in 1954. The bridesmaids were: Lady Malvina and Lady Mariota, the bridegroom's sisters; Misses Caroline Clive, Carina Boyle, Claire Crum-Ewing, (bride's cousin) Sara Croome (bride's cousin), Rosemary Abel-Smith (bridegroom's cousin) Hon. Penelope Dewar, Lady Allison Bruce (bridegroom's cousin) and Lady Mary Lindsey-Bethune.

Mr. Arthur Talbot-Rice was best man, and the guests were advised to their places in the church by the Hons. Vere and Julian Cochrane (step-brothers of the bride), Lord Carnegie, Lord Bruce, and Messrs. Nell Foster (brides brother) Iain Murray, John Richardson, Samuel Goodenough, and Adam Kwiatkowski. Lady Stormont will be remembered by many people in Charlottetown when she and her brother lived during the war years with Mrs. W. R. Aitken and the late Mr. Aitken. Miss Rosemary Abel-Smith is a cousin of Lady Anne and Lady Elizabeth Abel-Smith who spent three summers in this province at Gregor's Hotel. Lady Anne and Lady Elizabeth are grand-daughters of the Earl and Countess of Athlone.

Miss Maureen Blake who is well known in Charlottetown musical circles is now living with her mother near Boston. Miss Blake has enrolled at Boston University's School of Music.

SUMMERSIDE LADIES CLUB
Mrs. Eric MacKay was appointed president of the Ladies Club of the Summerville Presbyterian Church at the annual meeting held at her home on Tuesday evening.

The retiring president, Mrs. J. Lloyd Gorrell opened the meeting with the repeating of the Lord's Prayer in unison. The report of

the years activities was given by the secretary and a most gratifying financial statement was submitted by the treasurer.

The other officers appointed: first vice-president, Mrs. J. W. MacKenzie; second vice-president, Mrs. J. Lloyd Gorrell; secretary, Miss Jean MacFadyen; treasurer, Miss Clara Mountain.

The following committees were appointed: fruit and flower fund, Mrs. Fred Bingham; red cross, Mrs. Hilbert Johnston; place of meeting, Mrs. Alfred Simpson; lunch convener, Mrs. Hubert Agnew; Christmas cards, Mrs. Ernest Walker; league of mercy, Mrs. T. E. Rawley and Mrs. Cleve Whalen; purchasing, Mrs. H. Hall and Mrs. G. Ross.

Plans for the year were formulated. Refreshments were served served with Mrs. Fred Bingham and Mrs. J. O. Cobb as lunch hostesses.

BREADALBANE W. M. S. . .
The auxiliary of the W. M. S. of Breadalbane United Church met at the home of Rev. and Mrs. Harold Murray on Thursday afternoon January 5th, 1956, at 2 p.m.

The president, Mrs. Hugh F. MacKay, presided, and opened the meeting by singing a hymn. Rev. Mr. Raynor then led in a service of installation for the new officers for the year 1956.

The devotional service was led by Mrs. Angus Gillis, the theme for the service was "high calling". Hymn 376 was then sung. Rev. Mr. Raynor read several verses of scripture and gave a very inspiring talk on the subject: other scripture lessons on the subject were read and discussed by Miss Mamie Stewart, Mrs. Raynor and Mrs. Gillis. Rev. Mr. Raynor then led in a prayer of dedication, and also rendered a very beautiful solo. Hymn 208 brought this part of the meeting to a close.

Minutes of last meeting were read and approved. Roll call was responded to by eight members one visitor was present. Offering was taken and one verse of Hymn 374 was sung as an offering. Five members paid fees and two life members donations.

The study books were read and discussed by Mrs. Hedley Woodside and Mrs. Millage MacLeod. It was decided we purchase a study book for the mission band. It was also decided that we will make two quilts each member is asked to bring one or more 18 ins. square of warm material to the next meeting. The president and Mrs. Harold Raynor were appointed as delegates to the Presbyterial. Next meeting is to be held at the home of Mrs. Lorne Seaman with Mrs. Harold Raynor as devotional leader. Mrs. H. F. MacKay will have charge of the study books, and Miss Mamie Stewart will have prayer for our adopted missionary. Roll call will be answered by a verse of Scripture beginning with the letter F.

The meeting closed by repeating the Lord's Prayer in unison. After which a dainty lunch was served by the hostess, assisted by Mrs. Gillis.

NEW GLASGOW W. M. S.
The annual meeting of the New Glasgow United Church W. M. S. was held at the Andrew home on December 15th, 1955. The devotional period was conducted by Miss Anna Stevenson, assisted by several members reading scriptures. The theme of worship "What Child is This". Opening hymn "O Come All Ye Faithful". Several Christmas carols were sung and also a solo was rendered by Miss Anna Stevenson. Hymn "Joy To The World" closed the worship period.

Minutes of the previous meeting were read and approved also the minutes of the last annual meeting were read. Correspondence consisted of a letter from Mrs. Stanley Thompson regarding Presbyterial. Mrs. Stewart Parkman was elected delegate to the Presbyterial. Friendship secretary reported 30 calls in homes 15 calls in hospital one card sent and two thank you notes received during the month of November. She gave the annual report which was 28 calls in homes, 163 hospital calls, 40 cards sent, three removal slips sent, 29 bouquets and 21 treats. Seventy missionary books reported read by members.

The treasurer reported having exceeded our allocation.

The following appointments for January meeting: leader, Mrs. Warfield Orr; heralds, Mrs. S. D. Parkman, Miss Elise Laird; missionary prayer, Mrs. Melvin MacLeod; lunch, Mrs. Melvin MacLeod and Miss Ella Semple; place of meeting, Mrs. C. S. Dingwell.

An offering amounted to \$2.10. Bilk day box was opened and contained \$5.68.

The following appointments for 1956: president, Mrs. Doris Moffatt; vice-president, Miss Elise Laird; treasurer, Mrs. Chalmers Laird; (re-elected); corresponding secretary, Mrs. William Andrew; (re-elected); associate members secretary, Mrs. Warfield Orr; (re-elected); secretary for Christian citizenship, Mrs. Heath Houston; (re-elected); literature secretary, Mrs. C. S. Dingwell; (re-elected).

The missionary monthly and world friends secretary, Mrs. C. S. Dingwell; (re-elected); community friendship secretary, Miss Anna Stevenson; (re-elected); secretary for Christian citizenship, Mrs. J. S. Edwards; press secretary, Mrs. William Andrew; (re-elected); candidate secretary, Mrs. Doris Moffatt; (re-elected).

Mrs. J. S. Edwards and Miss Anna Stevenson were appointed to assist with Young Peoples work. Meeting closed by a reading by Mrs. J. S. Edwards. Lunch was served by the committee in charge, assisted by the hostess.

VALLEYFIELD W. M. S.
The Valleyfield auxiliary of the W.M.S. held the January meeting in the church schoolroom. In the absence of Mrs. W. A. MacLeod the devotional part of the meeting was led by Mrs. W. A. Bruce, who was also organist for the evening.

The theme of the service was "The call to the mission of Scripture through one's vocation". Scripture readings from Luke were given by several members, and were accompanied by discussion as outlined in the program. The members then participated in a circle of prayer.

The worship service concluded with the hymn "Behold Us Lord" and the Lord's Prayer.

Eleven members responded to the roll with a verse of Scripture. Next month's roll call will be answered by a verse of Scripture containing the word "Faith".

The treasurer gave the financial report of the past year and re-

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IT MAY BE YOUR LIVER
If life's not worth living, it may be your liver!
It's a fact! It takes up to two pints of bile a day to keep your digestive tract in top shape! If your liver fails to flow freely, your food may not digest... gas builds up your stomach... you feel congested and all the fun and excitement go out of life. That's why you need mild gentle Carls' Little Liver Pills. These famous vegetable pills help stimulate the flow of bile. They're gentle, they stimulate star functioning properly and you get that happy, healthy feeling again! Don't ever stay miserable. Always take Carls' Little Liver Pills on hand.

7113
by Alice Brooks

WOMEN

Page 8, The Guardian Wed., Feb. 1, 1956



Casual College Classic
Collegians will welcome this casual ensemble for the nippy weather that obtains during the winter months. It consists of a jacket, slacks and pull-over and naturally each item can be worn with separate skirts, suits or Bermuda shorts. The coachman's sweater has a fashionably bulky look and features the rounded turn-over collar and right breast pocket. Underneath is a short sleeve slip-on and below are superbly tailored slacks which are secured slightly at the hem of the leg with a three-button closing.

LET'S EAT
Some Ingenious Ways With Cottage Cheese
By Ida Bailey Allen

"Look here, Madame, it says in the report from Washington, 'Americans eat over 350 million pounds of cottage cheese a year!'"

"It's a good total, Chef, but how much does it really amount to for each person of our population of over 160 million people?" I asked.

The Chef looked thoughtful as he adjusted his high boot.

GOOD QUALITY BEEF
"It makes about 2 1/2 pounds per person a year. Why, that is less than one ounce per person a week! And yet a pound of cottage cheese, or 2 (8-oz.) containers, costs only about half as much as a pound of good quality beef. It would pay the homemaker to serve this food more often."

"I would add, Chef, that most homemakers have not taken time out to learn enough about relative food values. Nutritionally, cottage cheese contains, in compact form, much of the nutriment of milk, so it is a real meat alternate and animal protein. One-half cup or 4 oz. is the minimum amount to use in place of an average serving of meat."

"No need to get bored with it, either," observed the Chef. "Par-

TOMORROW'S DINNER
Cottage Cheese Appetizer
Baked Savory Pork Chops
Buttered Noodles
Sweet-Sour Kale
Baked Minicrust-Stuffed Apples
Coffee Tea Milk

Cottage Cheese Appetizer Mixture: Chop 2 seeded green peppers fine or put through the food chopper. Coarse-chop 2 pimientos and add.

Stir 2 c. cottage cheese until smooth. Season with 1/2 tsp. salt, 1/4 tsp. sugar and 1/2 tsp. chili powder.

Add the green peppers, carefully stir in the pimientos, pile in a dish and chill.

Before serving, strew with minced cress or parsley. Pass crisp crackers.

Baked Savory Pork Chops: Trim excess fat from 8 pork chops (any cut). Rub the chops with a mixture of 1 1/2 tsp. salt, 1 tsp. monosodium glutamate, 1 tsp. powdered sage, and 1 tsp. flour. Quick-brown on both sides, with a piece of the excess fat, in a go-to-table skillet.

Add 1 c. water and the onions from 1 (1 lb.) can together with 1/2 the onion liquid. (Or use 10 fresh cooked small onions and their liquid.)

Cover; bake 30 min. in a mod.erate oven, 375 deg. F.

Uncover; to brown. Most of the liquid will evaporate.

HOUSEHOLD HINT
A cake, or partly used cake, of soap makes a convenient "pin-cushion" for small nails, tacks and brads. It not only keeps them from getting lost, but the soap lubricates the points, making them easier to drive.

Words Of The Wise
It takes less time to do a thing right than to explain why you did it wrong.
—Henry Wadsworth Longfellow.

CHEST COLDS
Relieve Suffering Fast-Effectively with VICKS VapoRub

Mary Haworth

Married 15 Years, Couple See They Aren't Compatible

DEAR MARY HAWORTH: Paul is 38, I am 42. We are married 15 years and have three children. Our problem is physical incompatibility, which we didn't recognize until two years ago - after I had fallen head over heels in love with another man.

A psychologist has traced the problem to a mother fixation in Paul, and a father fixation in me. We are parallel rather than complementary persons. I was 27, and Paul 23, when I married him on the rebound. Because of our fixations we were both immature, emotionally. We are college graduates and group leaders; and we met at a church workers' conference. He was attracted by my likeness to his mother, and I appreciated his good looks, nice personality, wit and keen mind.

We were raised in a churchy atmosphere and taught that sex was a minor value in marriage; that mutuality of faith, politics, friends, etc., was more important. We loved one another in a warm affectionate way, and it never occurred to either of us that being "in love" might be a very different thing!

THEY WERE DUPED
The story of incompatibility dates from the day of marriage; but inexperienced as we were, we assumed we had a perfectly normal relationship. Then, as I said, I fell in love - and when it got to the point of getting psychological help, and later, talking things over with Paul, I learned that he too had found someone else who reached him emotionally as I do not.

We have good health, a lovely home, wonderful kids, social positions, and when it gets hard, we get along well together - but delight is missing. We think that at our age we are really too young to renounce sex love, now that we know something of its potential.

We shrink from divorce and a broken home, but we also feel that we aren't really living and never have been; and tensions recur. We are good friends, like each other's families and wonder how can this be happening to us. But it has, and it is, and we would appreciate your comments. We are trying to help constructively and behave maturely.

T.S. HAVEN'T FACED IT
DEAR T.S.: In talking with the psychologist and in writing to me, you are just beating about the bush as regards your problem. It seems you don't really want to approach any closer to the heart of the difficulty.

In your long letter, here cut in half, you say you've had counselling but not psychoanalysis, partly because it's expensive and partly because you are "probably too old for it to be very effective." Well, if you think you're too old to change for the better, why don't you divorce your preoccupation with sex altogether?

As I see the picture, you should have psychoanalysis, as a last-ditch attempt to give yourselves and your marriage a chance to grow into a psychologically healthy, sexually mature partnership. Analysis is a painful risk, admittedly. But then, so is divorce. And the habit of day dreaming about infidelity is quite irrational, as a supposed palliative to sex deprivation, in an otherwise

tolerable union, I should say psychoanalysis has most to recommend it, as a prudent lead to constructive action.

CARRY AWARENESS
It seems you are frigid, and Paul is psychologically impotent, for the most part, in marriage. And your psychologist points to a father-fixation in you, and a mother-fixation in Paul, as cause of the stalemate. What this says, in other words, is that each confuses his spouse with a parent (of opposite sex) hence recoils from sexuality as from incestuous sin, in the family circle.

If that's how you feel unconsciously, divorce and remarriage won't change your reflex. In flirtation with some lawless outsider, you may feel sexually free temporarily. But once you were legally allied with another partner (and parent-substitute), the neurotic tabu would clamp down again. That is, until you go deeply enough into the subjective difficulty, to discover where your feelings got stuck at the infantile level and then, by transforming: your emotional awareness, gain release from the life-cripping complex.

M.H.

MORNING SMILE
There used to be a time when a fool and his money were soon parted. Now it happens to every body.

Bringing Up Baby.
HINTS COLLECTED BY Mrs. Ben Barber (MOTHER OF 8)

"When to wean" (from bottle to cup) is a question asked time and again by first-time mothers. There is, of course, no hard and fast rule - the age varies with the baby. Many doctors suggest letting baby sip juice or water from a cup at 3 or 4 months... milk at 5 months. But to stop bottle feedings completely before a year may be hasty. Baby needs the comfort he gets from a nipple as well as the exercise that helps develop jaws.

Developing ideas. "Proteins for growth, strength and the development of all body structures," say the experts. That's the big "reason why" for meats in the infant diet. Gerber Strained Meats are protein-rich... offer a good source of iron and B vitamins, too. Made from succulent, selected cuts, they're processed to conserve individual true-meat flavors and fine quality. Most fat and fiber is removed so they're extra easy to digest.

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Feeding Time At Fort Churchill
Feeding Eskimo babies is one of the more pleasant jobs of the many that the army's busy nursing assistants tackle every day in the military hospital at Fort Churchill, Man. The hospital services a big chunk of northern Canada as far north as Resolute Bay and northeast to Thule, Greenland. The nursing assistants are, left to right: Cpl. Evelyn Wenzel of Oyen, Alta.; Pte. Joan Weatherall, Ottawa; and Pte. Elaine Almas, Birch River, Man. (CP from National Defence)

ELLEN'S DIARY
January Has Gone Now
January-month of strange moods has gone now. There was no keeping her, not even for an extra hour or day. She was here in sparkling robes of white and then in quiet habits of gray but is up now and away. Weariness in her step as caped in night's shades she made her way out along the hill and beyond. Or, rather did she go "in the road," by Rob's, and the other farms, facing into the north to an Arctic region whence comes the snows and the cold? We are not sure. In any event January is gone and February is here. February loved month to the many born beneath the influence of her stars. We look into a crystal ball of an ancient book for her favorable signs and tokens:

"Aquarius, the Water Carrier is the Zodiacal sign which controls the month of February. It is frequently associated with the seasons of rain and tempest, implying that persons born under this sign are apt to meet with certain shrews of misfortune in their lives."

"The birthstones for February are the Amethyst and the Moonstone. The former particularly symbolizes humility and respect, a regard for the feelings of others, together with a certain self-reverence."

"The flower for this month is the crocus, emblem of cheerfulness content, and a hopeful nature tending to look towards the light and ignore the darker aspects of life."

"The good luck symbol which is carried by those born in February is the anchor, representing a steadfast purpose which never fails to hold and which can help the carrier to resist evil influences!"

"Persons born in February are likely to possess a most interesting combination of characteristics and possibilities. There are many sides to their character and nearly all of them are creditable."

"They have strong personalities and impress all with whom they associate. They like to dominate but are not unreasonable in their relations to other people."

"They are especially loyal to their family and relations, almost to the degree of being clanish. But their loyalty to friends in general is almost as strongly marked."

"The men as a rule have strong opinions but are still amenable to reason. They have common sense and a disposition to use it."

"The men born in February are capable of filling positions of responsibility. They make good general managers and directors and foremen. Many of the nations leading financiers were born in February."

"February's men are likely to have even dispositions but can be aroused to anger when occasion demands. They are slow to forgive injuries but do not lose their sense of justice."

"They are generally optimistic and of a sunny disposition. And once a friend remain always a friend, unless mistreated. "So the old book runs.

And what of February's women-kind?

Until tomorrow—Diary—Good-night..

I couldn't believe it was made from cake mix!

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