

Woman's Realm/Social and Personal/Fashions/Literature

Happenings of The Week

Princess Margaret, visiting Tynemouth this week to launch a 23,000-ton tanker, drank a cocktail prepared in her honor. Its name: royal blue. Its ingredients: blue curacao, parfait amour (a red liqueur), French vermouth, gin, lemon juice and Angostura bitters. A. S. Gardner, hotel manager who prepared it, said "the color is the nearest we could get to royal blue." The ship launched by the Princess, the Velutina, is the largest tanker ever built in a British shipyard.

Princess Elizabeth and her husband, the Duke of Edinburgh, were among the chilly waters of Malta and go swimming Monday. The sea temperature was about 61 degrees Fahrenheit. The Princess arrived in Valetta recently to spend about six weeks with the Duke, a lieutenant aboard the British destroyer Chequers.

Elizabeth Benson Guy left Wednesday for Newfoundland, where she will give two concerts, followed by other concerts in her native province of Nova Scotia. Miss Guy (Mrs. John Dentay) will return to Toronto the end of April.

The Governor-General and the Viscountess Alexander of Tunis, accompanied by Maj. Mark Milbank and Capt. Edson Sherwood, RCN, returned from the United Kingdom, by air, on Tuesday evening.

Mrs. Mollie Home, of London, director of the world bureau of the World Association of Girl Guides and Girl Scouts, arrived in Toronto on Tuesday morning, from New York City. Mrs. Home was appointed director of the world bureau in 1949, and this is her first visit to Canada in her official capacity. She is to spend a month in the United States and Canada, visiting Girl Guide centres in the two countries. Mrs. Home was the guest of the chief commissioner, Mrs. D. E. S. Wishart, during her stay in Toronto from April 11 to 14.

Miss Audrey B. Farnell, who has been the guest of Mr. and Mrs. George H. Hoyle, Montreal, has now returned to Nova Scotia. During her stay in Montreal Miss Farnell was soprano soloist in "The Messiah", Good Friday evening in the Church of St. Andrews and St. Paul.

In All Saints Cathedral, Halifax, on Easter Sunday at 3:30 The Portsmouth Cross made of wood from H.M.S. Victory and H.M.S. Implacable was presented to the Cathedral as a sign of "Christian friendship between two great ports and the navies which use them." In the unavoidable absence of the Very Rev. E. M. Porter, provost of Portsmouth Cathedral who was unable owing to weather conditions to fly from New York, the Cross was presented on behalf of the donors in England by Rear Admiral E. R. Mainguy, R.C.N., Flag Officer Atlantic Command. In the name of the recipient cathedral the gift was received by His Grace the Primate. The Cross was carried into All Saints by Rev. C. Dew, White, R.C.N. Chaplain, son of the late Archdeacon. White formerly of Summerside. The combined parade of Army, Navy, Air Force personnel was under the command of Lieutenant Commander A. B. Cosh, R. C. N., formerly of Charlottetown.

Miss Alfreda Pickard is spending a week in Toronto the guest of Mr. and Mrs. Honsberger.

Dr. and Mrs. J. A. MacMillan entertained for friends at their Greenfield Avenue home before the Easter Monday dance held at The Charlottetown.

Mr. and Mrs. T. W. L. Prowse had as their guest this week their daughter, Mrs. Harold Ernest of Halifax, who is a laboratory technician with the Red Cross Blood Donor Service.

Mrs. W. A. Henry, Hillsborough Street, entertained at bridge on Thursday evening.

On Thursday afternoon the members of the Sunshine Group of The King's Daughters, Trinity Church, entertained at an Easter tea at the Cundall Home. In the reception and dining rooms bouquets of mauve and yellow flowers were arranged and the tea table was centred with an attractive bowl of daffodil and snapdragon in spring colors. Mauve tapers in silver candelabra were placed on either side of the floral centerpiece. Receiving with Mrs. Pearl VanBuskirk were Mrs. H. C. Rice, Mrs. H. E. D. Ashford and Mrs. Ernest Coffin, President of the Association. Presiding at the tea table for the first hour were Mrs. Gordon Avard and Mrs. W. Churchill and for the second hour, Mrs. Roy Kennedy and Mrs. Hazel Court. Those ushering and assisting at the door were Mrs. Lewis Lowther, Mrs. Philip Cobb and Mrs. Claire Hodgson. The members of the group assisted in serving.

Mr. and Mrs. C. H. B. Longworth, Fitzroy Street, have left

That Body Of Yours

By James W. Barton, M.D.

FACTORS CAUSING PEPTIC ULCER

It has now been so definitely established that nervousness and emotional disturbances are the greatest single cause of ulcer of the stomach and of the small intestine into which the stomach empties the food, that the first step in the treatment is explaining to the patient, sometimes aided by X-rays, how the emotions interfere with the movements of the stomach walls and the chemistry of the digestive juice of the stomach. What we forget is that other factors besides the emotional disturbances may be partly or even wholly to blame for peptic ulcer.

In "Medisch Maandblad," Batavia, Dutch East Indies, Dr. T. Bejman states that in his opinion infection, hemorrhage, blood vessel and neurogenic (nervous) factors all play a part in so affecting the lining tissues of the stomach and first part of the small intestine that ulcer results. Among the factors which cause or partly cause peptic ulcer are infections (teeth, tonsils, sinuses, gall bladder) build of the patient, race and development of ulcer following burns, injuries and other frightening experiences. In the armed forces it was found that even after an injury or burn had been cured, stomach ulcers were often followed by development of ulcer.

I have described before the usual physical characteristic of the peptic ulcer patient—slender, underweight, with narrow chest and narrow abdomen, drooped abdominal organs and irritable disposition.

One of my former patients, years ago, after I had congratulated him on his splendid appearance despite the fact that he had not been in for his annual check-up for some years, told me he had been very ill with peptic ulcer. I told him this was hard to believe because he was not of the ulcer build or disposition, he was too broad and too jovial. His reply was that he was a stockbroker and during the depression, because he was broad and jovial, it fell to him to deal with all the customers, most of whom had lost their money. In six months of this he developed peptic ulcer.

While it is true that other factors enter into development of ulcer, emotional disturbances are still the greatest single cause.

Miss Edith Bernard has returned to Government House from Ottawa where she spent the Easter holiday.

Mr. and Mrs. Orrin MacGregor, Halifax, spent the Easter holiday with Mrs. W. E. W. Owen, Pownal Street.

Mrs. Earle Baker entertained for friends at bridge on Friday afternoon and will also be hostess at an afternoon bridge today.

Miss Marjorie Munn whose marriage to Mr. George Crosby took place on Wednesday at Trinity United Church was guest of honour at several showers and teas prior to her wedding.

At the close of their regular meeting on Tuesday, March 23, the girls of Trinity C.G.I.T. group had a miscellaneous shower for their leader Miss Munn and last Thursday the Beta Chapter of the Phi Kappa Sorority presented Miss Munn, the vice-president, with a beautiful gift at a banquet at Old Spain held in her honor.

Saturday evening Miss Enid Slackford was hostess at a miscellaneous shower for Miss Munn. The bride-elect received many lovely gifts.

Prior to leaving her position with the Family Allowances Office, the members of the staff presented Miss Munn with a beautiful silver casserole.

On Monday evening Mr. and Mrs. Vernon Munn entertained for the bridal party.

The members of the Friday afternoon Ladies' Bowling League held their annual dinner meeting at The Charlottetown Friday evening where the league prizes were presented. Later bridge was played in the Hotel Lounge.

Mr. and Mrs. J. B. Murley, Upper Prince Street, entertained for the members of the Ottawa and Charlottetown basketball teams following the exhibition game at the "Y" this week. Assisting were Miss Elaine Murley, Miss Carol Creelman and Miss Betty MacManus.

Mrs. Donald Scott and two children left yesterday on return to their home after spending the Easter holidays with her parents, Mr. and Mrs. J. M. Roop, Charlottetown. They were met at Sackville by Mr. Scott and from there motored to Truro.

Mr. and Mrs. Murray Hirtle of Mahone Bay, N.S., spent the week-end in Summerside guests of Mrs. Hirtle's parents, Mr. and Mrs. J. Wilfred Leaky.

Miss Clarence Harris entertained a number of friends at bridge on Monday evening.

Miss Elizabeth Dalton, Summerside, spent the Easter week-end in Halifax, N.S., visiting her aunt and uncle.

Mrs. Albert Sharp left Summerside yesterday morning on an extended trip to Chilliwack, B. C. where she will visit her daughter and son-in-law, Mr. and Mrs. John Wright. En route she will stop over with relatives in Montreal and Winnipeg.

Mrs. Omar Smith and daughter, Pamela, arrived in Summerside from Kilmara, Quebec, on Tuesday evening and are guests of Mrs. Smith's parents, Mr. and Mrs. George Bonness.

Mrs. John J. McNally and Miss Noreen Johnson of Tignish spent a few days in Summerside guests of Mrs. W. P. Callaghan.

Mrs. Lennel S. Webster, Gratton Street West, is a patient in the Prince Edward Island Hospital as a result of a fall on the icy sidewalk Easter Saturday.

Capt. and Mrs. C. J. Smith and two children, of Winnipeg, are

A Bonquet For a Princess



Little Miss Gail Payne presents Her Royal Highness Princess Elizabeth with a bouquet of roses on her arrival in Malta. R. A. F. Station where she visited with her husband the Duke of Edinburgh. Gail, who is the daughter of Mr. Bert Payne and Mrs. Payne, formerly Miss Josephine Ready of Irishtown, P.E.I., was chosen from a number of little girls to greet Her Royal Highness on arrival at the R.A.F. Station. Mr. Payne spent some time on P.E.I. during the war as a member of the Royal Air Force to which he is still attached. This photograph was sent from Malta to Gail's aunt, Mrs. Edwin Stevenson who lives in New Glasgow, P.E.I.

DOROTHY DIX SAYS -

How To Get A Man

Miss Dix Lists Basic Tactics For Catching A Husband

A young woman who frankly admits that she wants to marry asks how to get her man.

Well, first, select your hunting ground. Go where men most congregate. There is no use in going gunning in a forest in which there is no game. If you live in a little village where there is nothing masculine and eligible between 17 and 70, shake the dust of it off your feet. Anyway, it is good strategy for a woman to keep herself in circulation. Strangers always have an allure for men. That is why so many girls marry away from home.

Next, get your ammunition ready. Make yourself as good-looking as possible, for the first thing a man ever notices about a woman is her personal appearance. The beauty parlors will do much for you. Good clothes will do more, for thank Heaven few men can distinguish between what a woman has on and what she is, and they think any girl pretty who has on a pretty frock. But be careful not to look so expensive that a man will figure he can't afford your upkeep.

DON'T TIP HAND

Don't stalk your prey in the open. Men like to think that they are the chasers instead of the chased. Make it seem accidental that you are always Sally-on-the-spot where the man is. Never force a man to take you to places or hound him with telephone calls, and never, never, never complain that you are neglected. Men are like sheep about women—they follow the leader, and the more you are in demand, the more they want you. It is good policy to stay at home and read an improving book some nights and pretend you have a date, even if you have none.

Don't come down with your hat on ready to step out every time a man calls. There is no background against which a girl shows up so attractively as her own drawing room. Remember that when a man marries he does it to get a home. There is nothing in a restaurant, with a waiter with the bill in his hand hovering in the background, that turns a man's thoughts toward matrimony, but many a girl starts a man eating out of her hand for life by feeding him angel's food that she baked herself.

Study your man and adapt your tactics to him. It rouses the sporting blood in some men to flout them, others it drives off. Some men want a dancing partner, others a housekeeper. Some men are monologists who never weary of the sound of their own voices, others sit on the back of their necks and wait for a woman to entertain them. Some men want to be mothered and have a woman fuss over them with cough remedies and mufflers, while others are infuriated at the mere suggestion that they could possibly fall ill.

If a man is a talker, lend him your ears. If he is dumb, chatter like a magpie. If he is fond of eating, feed him. If he wants to step out, grab your hat and go. Flatter him. Make him feel that you are the one person on earth who really appreciates how great and wonderful he is. Men marry oftener to get a claque than for any other one thing.

DON'T TALK ABOUT SELF

Never talk to a man about yourself. Not even after you are married to one will he listen patiently to your reminiscences of when you were a little girl and wore pig tails. Nor will he want to hear anything about your inner thoughts and feelings. And never make the fatal error of telling your troubles to a man. Men want women to be always gay and smiling, and the minute one turns on the weeps they beat it for the front door.

Keep the spotlight turned on a man. Be his press agent. Encore his stories. Laugh at his jokes. Quote his opinions. Repeat his wisecracks. Ask him to sing or pull rabbits out of his hat or whatever parlor tricks he does. Insist upon his telling that execrably funny story over again. But never pull any humorous stuff yourself or display how clever you are. You must have noticed how many brilliant old maids there are, which is a tip to the wise.

Be soft. Be sweet. Be feminine. No man wants to marry a hardballed woman. He wants a wife who will be more heart than head and who will smother him in tenderness. The clinging vines have it all over the sturdy oaks, ladies, in getting husbands.

Always keep your man conscious of you as a woman. This pal bust!

Continued on page 3

LADIES SUITS

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Made to your Individual Measure.
Styled and Tailored by Experts.

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ELLEN'S DIARY

By An Island Farmer's Wife

"Well of all things" Jamie exclaimed rubbing away last vestiges of sleep from his eyes, with round fists, at a window this morning "Winter's come back today!" There it was, for us presently to see, in cold snow flurries and continuing bitter wind-for Easter. Winter 1st April, we said, after March's Spring. And all day the farm-work was done against the odds of unfavorable wind and weather, and we recall that as clouds remained gray, and wintry conditions prevailed, we were grateful that none of the family was inclined to listen to the siren-like call of this Easter Market Day to set forth for the city, but were content to remain with the more intimate affairs of their farming. Before noon the two lads here enjoyed a trip by truck-an intriguing way of travel after a lapse due to the muddy roads-with their father as far as their corner-store to fetch the groceries, and Easter roast.

We saw Mr. A. come from his lonely house on the slope to join them at his lane's end, but it was only Jamie that accompanied Ed on an engaging outing in the afternoon which took them as far as Mr. D's on the highway. There they picked up a calf the child of a pampered black and white cow to

Continued on page 16

Modern Etiquette

By Roberta Lee

Q. When a man and a girl have become engaged, and the young man's family has called to see the girl's family, should the girl's people return that visit?
A. Yes, and as soon as convenient.

Q. How should a mother introduce her daughter to a very distinguished elderly man?
A. "Mr. Harris, my daughter, Jane."

Q. At what hour should one give a Sunday morning breakfast?
A. At any hour one wishes, up until noon.

How Can I!!!

By Anne Ashley

Q. How can I remove the discoloration which forms on the inside of the bottles?
A. Fill the bottles nearly full with buttermilk and potato parings; let them stand for several hours; then empty and rinse thoroughly with clean hot water.

Q. How can I get more service out of home-made kitchen aprons?
A. When making kitchen aprons of gingham or muslin, why not sew pockets on both sides? This will make them reversible aprons, and give much longer service.

Q. How can I prevent a cake from burning?
A. Place a pan of salt under the shelf of the oven on which the cake is baked.

Better English

By D. O. Williams

1. What is wrong with this sentence? "There is an old adage which advises against this action."
2. What is the correct pronunciation of "justifiable"?
3. Which one of these words is misspelled? Millennium, Meer-schaum, t.apezum, centennial.
4. What does the word "relegate" mean?
5. What is a word beginning with mts that means "to hypnotize"?

ANSWERS

1.omit old. 2. Principal accent is on first syllable. 3. Meer-schaum. 4. To exile; to banish; to back or away. "We have not relegated religion to obscure municipalities." — Burke. 5. Mesmerize.

Morning Smile

Safety Spot

The amateur golfer swung, the ball remained still, but the iron plowed into the sand hill, inflicting great casualties among the inhabitants.

With more confidence than skill the golfer swung again, leaving the ball unmoved but sending the rest of the ants to their celestial glory. That is, all except two, one of which turned to the other to say: "You know, if we want to survive, we'd better get on the ball."

Two Way Delight

For happy hours in the sun, a play-suit with little bloomers attached to a pinafore top. Tie on the skirt and transform it to a demure dress with company manners. (Applique is separate pattern.)

No. 3545 is out in sizes 2, 3, 4 and 6. Size 4, 2 1/2 yards 36-inch for suit and skirt.

No. 11215 is a hot iron transfer pattern containing 26 different motifs for border designed and gay appliques.

Send 26 cents for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or some number in your address.

Address Pattern Department The Charlottetown Guardian, Pattern No. 3545 and No. 11215

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ICELANDIC SETTLERS

More than 10,000 Icelanders have settled in the Lake Winnipeg area since 1872.

Living & Leisure

— THE WOMAN'S REALM —

BARN CAT

Friendly with night, On the best terms with dark, He does not trifle with such things as he stars. But with eyes as bright as foundry sparks He stares into the gloom, seeing a deer, Perhaps a porcupine pricking the black. But these are not his diet so his head Turns to apply his red tongue to his back, Obliterating dust but not the taste Of milk and mousetail fresh upon his face.

—Elizabeth Jane Astley in the New York Herald-Tribune.

NEW FINISHES FOR OLD PIECES

In recent years, with the appearance of light wool finishes in furniture, there has been considerable interest in refinishing of old furniture with such finishes. For those who wish to bleach or "pickle" furniture, here are a few tips.

"Pickling" means stripping a piece of furniture, adding a light over-tone. It can be done by rubbing in paint. Acid is apt to pit the wood; paint, easier to apply, gives a more controlled finish. Place your piece of furniture where it can stay at least four days and where there is good ventilation. 2. Wear rubber gloves throughout and a pair of glasses. 3. If the upholstery is in good condition, remove it. 4. Test the recipe first on the back of a console or chest. 5. Don't start unless you are willing to spend time rubbing with sandpaper, steel wool and wax for a professional finish.

Now: 1. Remove all paint and varnish with paint remover, applying liquid with a brush and allowing it to stand until paint softens. Then scrape the paint off with a putty knife. Clean the wood immediately with alcohol or benzine. Let it dry for a day. 2. Sandpaper with No. 00 sandpaper. 3. Some woods that have been stained grow darker when bleach is applied. (Test bleach on an unimportant surface.) Commercial bleaches are available at any paint store. Follow directions on bottle. Again wash the wood with alcohol or benzine and let it dry thoroughly. 4. For the pickled finish, use a light mixture of oil paint in a tint of white, beige or grey. Apply with a brush or cloth and rub off immediately, until you have the amount of color you like. An uneven texture, with natural wood showing through, is the desired effect. Leave it until it is dry to the touch. 5. Rub lightly with fine steel wool and seal with a thin coat of shellac or several coats of wax. Inspect glue when finished.

Relief For Headache

Many persons have relieved a throbbing headache by drinking the juice of half a lemon in fresh water, following with the other half in half an hour, and rubbing the sliced lemon over the brow and temples.

Tea Flavor

According to some authorities, the flavor of tea is enhanced by the adding of milk. They further state, however, that cream and lemon tend to disguise its flavor.

Rugs

If the rugs have a worn appearance around the edges, try button-holing with coarse yarn. It will lengthen the life of the rug, and give it a neater and fresher appearance.

Cook's Corner

SUPPER DISH

There's nothing like scrambled eggs with mushrooms for a good supper dish.

Ingredients: two cups sliced mushrooms; three tablespoons butter; eight eggs; two-thirds cup milk; salt and pepper to taste.

Saute mushrooms in butter until tender (two to three minutes). Beat eggs slightly. Add milk and seasonings. Pour into pan with mushrooms. Cook slowly, stirring constantly until mixture coagulates. Serve on toast.

Household Scrapbook

By Roberta Lee

Too Much Bluing

Be careful not to put too much bluing into the rinsing water, as this will give a dingy, gray appearance to the clothes. Measure the bluing carefully and mix it with a little water before adding it to the tub of water in which the clothes will be placed.

Delicious Salad

A good, wholesome salad is affected with a chive-seasoned mound of cottage cheese on crisp lettuce, surrounded by pineapple sections, and topped with mayonnaise.

The Floors

The floors may be kept bright and clean if they are washed thoroughly and regularly with a cloth or mop wrung out of warm ammonia water.

-Needlecraft-

FOR THE HOME

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