

It fairly melts in the mouth!

Barbour's
STABILIZED
PEANUT BUTTER

Hospital Plans Nearly Complete

Plans for the new nurses' residence to be constructed near King's County Hospital at Montague, are nearing completion, it was learned last week.

Present plans call for accommo-

dations for 11 nurses and a matron, together with a reception room and other facilities. The construction of this needed building is expected to be undertaken in the near future, and it is understood that contracts will be let by tender. The construction of the new residence which will make available four additional beds in the hospital, which are much required owing to the increased number of patients using the hospital.

It is understood that a federal grant of approximately \$8000.00 may be made, with a similar amount possibly being contributed from the Provincial Government.

The balance will come from the district, of which a good portion has already been set aside for this purpose. Considerable work has already been accomplished on this project, and although much yet remains to be done, it is thought that the new residence may be ready for occupation possibly next year.

Seeding Now Nearly Completed At Farm

With the exception of the turnip crop seeding at the Experimental Farm is practically completed. Corn has not yet been planted as it is still early. This work has occupied most of the time of the staff for the past week.

Excellent progress is being made on the erection of the pole barn at Upton Farm. This will be an experiment mainly in the pasturing of steers as with the barn out in the pasture it is expected that the animals will get onto grass sooner than under present methods.

Another project which is proceeding satisfactorily is the grading of the many roads through the Farm. This is being done to ready them for paving which is expected to start within the next 10 days. It is hoped to have this work all completed before the convention here in July of the Agricultural Institute of Canada which will be held at the Farm on July 23, 24 and 25.

A Country Garden

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The gardens are a joy to Her Majesty in her busy days.

"As the use of wens hath been the inclination of Kings and the choice of Philosophers, so it hath been the common Favorite of public and private men; a pleasure of the Greatest, and the ease of the Meanest; and indeed an employment and a Possession for which no man is too High or too Low."

The tulips are in bloom and some of the blossoms are pink and fragrant on the early apple trees. The forget-me-not is blue, in the borders and under the trees. We have waited for this beauty for many months, and now it will last just a few weeks but new flowers will appear and continue the interest and beauty for many weeks; some annuals will be sown and other bulbs planted. This is the most difficult part of gardening, continuous color and beauty. Some gardeners admit that it cannot be done in the same plot, and others are still trying. The easier way is to have separate, small gardens in the same garden.

In this way, a spring garden with early shrubs, some evergreens for shelter and background, and there are so many lovely bulbs that can be used. Many of them were mentioned last week. Then a ground cover of forget-me-not or arabis, iberis and nepeta. All of these can make a beautiful and satisfying spring garden.

Next comes the summer garden in another part of the garden, and there are dozens of plants that can be used to make the summer garden fragrant and filled with color for a long season. The autumn garden is a little more difficult but with care and planning can prolong the garden beauty for several weeks. There are many lovely hardy perennial asters and chrysanthemums that the hybridists have given us for the last number of years suitable for the autumn garden. These different colors can be made very beautiful but it is more difficult to combine them in one garden.

The spring garden is loved more than any other because it comes after the long winter when there is no color or fragrance in the garden, and when the colorful tulips bloom the garden never seemed so gay!

Who thus, O tulip! Thy gay-painted breast.
In all the colours of the sun has drest?
Well could I call thee, in thy gaudy pride,
The Queen of flowers. —Kleist.

In 1728 James Thompson wrote: Then comes the tulip-race, where beauty plays
Her idle freaks: from family diffused
To family, as flies the father-dust,
The varied colours run; and, while they break
On the charmed eye, the exulting flower market.

With secret pride, the wonders of his hand.

There are wonderful tulips in many lovely colours and varied in shape, the lily flowered being one of the best for decorative use. There are the early and late varieties so that with some of each the season is prolonged to several weeks.

A visit to the Memorial Nursery when the tulips are in bloom will enable the gardener to order tulips more intelligently next autumn. Even a dozen or so placed in the proper position is a joy to all who love color and beauty. A colored slide of about ten creamy white lily shaped tulips against the evergreen hedge is one of my prized possessions, the sun lightens up this composition just as it should, and the result is very satisfying.

Flowering shrubs are also good with tulips and for lovely flowers at eye-level, flowers that require no stooping to enjoy, plant shrubs with showy blooms. Plant soon. There are dozens of wonderfully shrubs which are ideal for the gardener who has little time to spend in the garden. You'll have some blooms this year, more the next year, and a real saving the third year. They take, as gardens go, the minimum of care.

Choose your hedges from the lists of flowering shrubs. They will give you privacy as green hedges do, and they will also have flowers. Lillacs, mockoranges will make a fragrant background that will bloom with the peonies, iris and early dailies. The giant Japanese snowball rates first choice among the adaptable viburnum family, and they will do with some shade.

Remember as you look over lists of shrubs... this shrub-planting is an investment. Your returns will come in flowers held out just right for enjoyment—roses and lillacs to bury you nose in, flowering fruit trees and azaleas bright as sunsets, and fragrant postes for your buttonholes.

I have been reading about "You're lucky if you have a slope" and this garden has several slopes as the gardener knows very well when cutting the lawn. The writer says: A sloping lot is an asset because it is never monotonous. If you model your slope artfully, you can give your house a more flattering setting. Flowers and shrubs are prettier when they rim a sunken lawn. And when you live in a house set at the top of a slope, you will always have that exhilarating first-row-in-the-balcony feeling. Ever a very slight drop can be made important, where the shallowest of steps mark the change from open lawn to garden, if planted in an interesting manner. There are many, many ways that this can be done.

The anointing of the sovereign in British coronations is believed to have been inspired by the Old Testament.

That Body Of Yours

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erica, Drs. J. J. Baly and M. Kreiberg state that acute laryngotracheobronchitis is characterized by profound toxemia (poisoning of the blood), a thick sticky secretion and swelling of the larynx and first part of trachea or windpipe. The greatest number of cases of this complication of the common cold is between the ages of 1 and 3 years when it is first called croup. It occurs more often in the cold months of the year when respiratory (nose, throat, bronchial tubes and lungs) infections and low humidity are common.

The swelling of the inflamed tissues encroaches on the narrowest point of the airway to and from the lungs and interferes with the movements of the vocal cords. Increased breathing now made necessary drives out secretions or natural juices or liquids and this causes formation of crusts.

If a child has been immunized against diphtheria, the symptoms present are most likely due to laryngotracheobronchitis (croup). There is a sudden onset, rapid rise in temperature, a croupy cough that is dry and persistent, hoarseness, and wheezes when breathing outward (expiration). Before the attack, the child is irritable, has loose cough and running nose, then during the following week cough becomes severe and breathing labored.

When obstruction is present, Drs. Baly and Kreiberg advise treatment in hospital in a cool humid atmosphere. In hospital the equipment necessary for an emergency—oxygen, examination by the laryngoscope and insertion of a breathing tube—is present.

In severe cases of laryngotracheobronchitis, the antibiotics penicillin and chloromycetin are suggested. It is only natural that parents should try to use a cough mixture containing a quieting drug but this is one time that a quieting drug should not be used as nature will loosen the mucus and coughing enables the child to cough up the mucus and thus open up more breathing space.

When a child has a croupy cough which frightens all parents, telephone your doctor at once. He may make immediate suggestions and visit the child if he thinks it necessary.

Ellen's Diary

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by an unbroken family circle, bound about by those strong cords of affection, the foundation and requisite of an ideal home?

At Alderlea in recent days there has been a busy spreading of

ground lime-stone on the stretch of new land which now has completely separated the woodlands there. Up to this it had not received such applications though with the thought in mind we have overheard James wish the mud-diggin' days back, since "there was nothing better than the mussel-mud for these inland farms." The benefits of this fertilizing in the old years he can still point to, "there as though drawn with a line" on the fields of Home.

Of necessity a new spreader, its acquiring and use hailed satisfaction by our farmers, was added to the list of our goods and chattels this spring.

"You can smell the new off it yet", Gage dimpled when he found it in the yard this morning. "And would you like to see how it works? You see, all you have to do... "How lads revel in learning the intricacies of machines in this day and age of farming!"

"And now," James purred chuckled, "we'll never borrow no lend!"

Borrowing the days of a new month, are we not now? And loving them, every one—the clean, fresh, rare days of June!

Until tomorrow—Diary—Good-night....

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June is Dairy Month

Good Eating for all ages

At every age YOU need dairy foods to grow on, to go on! They're brimming with energy and food value. Such goodness in a glass of milk; such flavour in a hearty piece of cheese! Such enjoyment in ice cream, whipped cream, or buttered cinnamon rolls! With plenty of inexpensive dairy foods in your diet, you'll live better and feel better too.

"Down Dairy Lane" Listen to this programme on Wednesdays 9:15 to 9:30 p.m. E.S.T. over the Dominion Network of C.B.C.

DAIRY FOODS SERVICE BUREAU
409 Huron Street, Toronto

A Jewel of a Pie...
Wild Cherry Chiffon

SHIRRIFF'S Lushus JELLY The Bud-Flavoured kind

Sparkling with colour! Tinging with flavour! Shirriff's exclusive flavour Bud keeps the fruity goodness liquid-fresh until you use it.

1 pkg. Lushus Jelly Powder, 1 1/4 cups boiling water, 1/4 cup sugar, 1/2 cup cold evaporated milk. Add sugar and boiling water to Lushus and allow to set partially. Whip milk, then whip in Lushus. Pour into graham cracker crumb crust. Chill. For livelier, fruitier flavour always choose Shirriff's Lushus Jelly. To make diamonds: 1/4 cup of above Lushus may be reserved in a flat fruit nappy. When set, cut into diamonds.

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Choose them at your **Rexall** Drug Store where a trained Beauty Consultant will help you select the Tiffany Cosmetics most suitable for your individual colouring.

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- FLUFFY-TYPE CLEANSING CREAM for delicate, dry skin... \$1.25, \$2.50.
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- PURSE-SIZE... \$1.25.
- TREASURE-SIZE for the dressing table... \$2.50.

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- BEAUTY LOTION, highly protective for dry and normal skins... delightfully softening... \$1.25.
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- Tiffany Cream Deodorant with Chlorophyll. Effective, safe, does not dry out in jar. Regular \$1.50, 3 oz. jar... \$1.00.
- Tiffany Enriched Shampoo with Lanolin. For all types of hair, lathers abundantly, rinses easily. Regular price... \$1.00. Only... 79c.
- Tiffany Cologne Creation and Tiffany Crystal Cologne (purse size). Regularly \$1.50 and \$1.25 both for only... \$2.00.

Tiffany Cosmetics are sold exclusively at the Beauty Counter in your **Rexall** DRUG STORE