

WOMEN

Thursday, Dec. 1, 1955 The Guardian Page 9

KEEP IN TRIM

Triumphs Over Blindness

By Ida Jess Kain

This season is the perfect time to tell you the heartwarming story of Alicia Alonso, the courageous ballerina who triumphed over blindness.

While vacationing in New England, I visited Jacob's Pillow and watched Miss Alonso dance the Black Swan ballet with breathtaking loveliness. Her movements were sheer poetry in action. Recalling that this dancer's career had been abruptly interrupted when she lost her eyesight, I was interested in learning more of her story.

The eye trouble stemmed from a detached retina, she explained, and, for an entire year, she did not know if she would ever see again. She had to be in bed, without movement of her head, and to keep up her spirits. Alicia "practiced" her dance movements in her mind, working them out with her fingers. Continually she pictured herself going through her ballerina routines. As she expressed it, "For the first time, really, I saw myself dancing."

During her illness, this ballerina had a chance to get all her values straight... to think and feel and gain insight... to find out the "why" of things. "Most important," she emphasized, "always have confidence that you can get well... do not give in to despair."

It is her firm belief that we can take advantage of any situation, even of sickness. I had the feeling as I chatted with this exotic Cuban dancer that she really meant especially in sickness - for she went on to say that almost everyone has an illness at some time in life, and during the recuperation period we have a chance to re-evaluate and see where we are heading.

When I asked whether she felt her illness had detracted from her career, she said earnestly that she felt that her year apart from normal living, in which she had learned to relax and find inner security, had contributed to life itself. What helped most? "When we get in a jam in life, we always turn to a power greater than our own, and it is that which pulls us through," Alicia Alonso reflected.

Miss Alonso is 5' 3 1/2" tall and weighs 115 well distributed pounds. Her carriage is superb! When asked what posture rule she would like to pass along, she replied thoughtfully, "Never to forget that you are a woman." She added, "Even an average figure can look distinctive in proud posture."

At the time her career was interrupted, this dancer was a soloist. Today she is a prima ballerina. One of the best. Her story proves again that courage is a quiet, resolute holding on.

When egg stain cotton or linen articles, first scrape off as much as possible with sponge with cold water and lather. If any stain remains, bleach it.

The greatest of all sacrifices is the sacrifice of time. —Antiphan

Words Of The Wise

Wife Preservers

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WILL RESIDE IN MONCTON

In a setting of white flowers arranged with lighted candles in candelabras, the Roman Catholic Church, Brownsburg, Quebec, was the setting on Saturday, Oct. 29, at 10:30 a.m. for the marriage of Florence Agathe Doucette and Dr. Paul Eugene Auffrey. The bride is the daughter of Mrs. John M. Doucette, Brownsburg, and formerly of P. E. I., and the groom is the son of Mrs. Alphie Auffrey, Moncton, N.B., and the late Mr. Auffrey.

Rev. Leo Clement officiated at the double ring ceremony. Mr. Lupien played the wedding music and Mrs. Nankivelle sang "Dieu de Paix et d'amour," "Ave Maria," "Sancta Maria" and "Je Vous Salue."

Given in marriage by her uncle, Mr. Ernest W. Richards, Lowell, Mass., the bride chose a floor-length gown of white chiffon velvet lined with white taffeta. It was styled with a Queen Anne neckline

and the bodice was fastened at the front with a row of tiny velvet buttons. The sleeves ended in points over her hands. A velvet coronet adorned with seed pearls and rhinestones held her fingertip veil of tulle illusion and she carried a white prayer book covered with white carnations and silver cross and chain, the gift of the groom.

Miss Kathleen Cannon, Montreal, as maid of honor wore a floor-length gown of American Beauty velvet with V-neck bodice and sleeves ending in points over her hands. She wore a matching Juliet cap and carried a muff trimmed with white carnations.

Mr. Francis Bourgeois, St. Jerome, was groomsman and the ushers were Mr. Leonide Ouellette and Mr. Guy LeBlanc, both of Montreal.

Mrs. Doucette, mother of the bride, chose a plum colored gown with navy accessories and a cor-

sage of pink and white 'mums. Following the reception which was held at the home of the bride's mother, the couple left on a motor trip to the Eastern United States, the bride wearing a jacket of burgundy wool tweed with brown accessories and a corsage of yellow roses.

Dr. and Mrs. Auffrey will reside in Moncton, N.B. Dr. Auffrey is a graduate of the University of Montreal.

Out-of-town guests were Mr. and Mrs. E. W. Richards, Lowell, Mass.; Miss Jeanne Auffrey, Moncton, N.B.; Miss Irene Auffrey, Hull, Quebec; Mr. and Mrs. Henri Renaud, Chandler, Que., and Dr. Richard Auffrey, Moncton, N.B.

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Ellen's Diary

sending it by the mailman, or with Daddy who says he intends to go to town one of these days." After some deliberation and some little-girl smiles, it was entrusted to us to deliver to the former "first thing in the morning," because there is of course some connection sure and satisfying between letters sent by him before this, and parcels arriving at the place.

A fragment of their young years, it will one day be found among the cherished souvenirs of a farm-wife to whom the like brings back memories of dear Christmases long lost but well remembered still.

And we have come to the best month of all - one full of mystery and surprise; a month when thoughts turn often to a stable, a manger and a Babe; to flocks and shepherds and stars. A month when folks forget their cares in providing for the happiness of others; when they cast aside the old greeds and hatreds, the jealousies and envies and lusts of their living and the term, "the brotherhood of man" becomes for a time a near-thing.

Until tomorrow—Diary—Good-night....

GYPSUM CLIMBS

OTTAWA (CP) — Factory shipments of gypsum products climbed in October and the first 10 months of the year from the corresponding periods last year. The bureau of statistics reported Tuesday that October shipments of wallboard, lath, sheathing and block and tile rose to 73,341,106 square feet from 55,568,403 in October, 1954.

Heavy Fabrics Transformed Into Breezy Materials

By SYLVIA HACK

Canadian Press Staff Writer LONDON (CP)—A British dress designer, has transformed the heavy flannel and worsted fabrics into breezy contenders for fashion's featherweight titles.

Charles Creed of the new light materials in dainty ice-cream colors and dressy styles for spring and summer wear. His designs—following the Princess and sheath lines—kept necklines chiefly covered, high and rounded and occasionally buttoned.

When his models carried Pekinese dogs to emphasize the dainty theme, both dogs and audience squealed.

Banana blonde flannel was used for a sheath dress with a scooped-out tabbed and buttoned neckline, with three more buttons through the waist to emphasize its curved, clean line.

Creed's off-white flannel came in the popular shirtwaister style—buttoned through to hem, belted, with a "battered" blouse look at the back.

Two striped flannel fitting sheaths had matching brass-buttoned blazers and straw boater hats—last seen on the 1920 cricketer fields of England.

SMART FOR EASTER

With an eye on the Easter parade he presented a strawberry-pink-sundae coat dress in worsted fabric. Mounted on taffeta throughout, the coat has a highwayman's collar and three-quarter length sleeves.

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Workshop Patterns



HOLY FAMILY AND SHELTER PATTERN 374

WIDE MEN'S SIZES. SEE PATTERN 375

HOLY FAMILY AND SHELTER These figures are ideal for use during the Christmas holiday festivities as lawn decorations, or in any large room where groups gather. The large figures on pattern 374 are 17-inches and 21-inches high. The pattern is taped on the edges for sawing out; as well as for painting the folds of the garments and other details. The Three Kings, the shelter and traditional animals in the positions shown in the lower left are all on pattern 375. These patterns are 35 cents each and will be mailed immediately upon receipt of order. For first class mail add 2 cents each and 5 cents each for air mail with saving several days. Guardian Pattern Dept., 4433 West 5th Avenue, Vancouver, B.C.

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For APPELIZING goodness

Barbour's STABILIZED PEANUT BUTTER

Until tomorrow—Diary—Good-night....



FOR THE BEST VALUE IN TOYS VISIT OUR TOY FAIR

Thousands of Good Toys to choose from at Lowest Prices.

FIRESTONE HOME & AUTO CO. LTD. 187 GT. GEORGE ST.

WEEK-END SPECIALS THURSDAY - FRIDAY - SATURDAY

COATS — 10 only \$10.00
SWEATERS — up to \$5.95 \$2.98
SLIPS — lace trim \$1.98

Kennedy's Ladies' Wear

Baking Specials

24 lb. Bag 1.59

98 lb. Bag 5.98

Robin Hood VITAMIN ENRICHED FLOUR

THE GUARANTEED ALL-PURPOSE FLOUR

ROBIN HOOD ANGEL CAKE MIX, pkg. 53c

ROBIN HOOD GOLDEN CAKE MIX, pkg. 25c

ROBIN HOOD BROWNIE CAKE MIX, pkgk. ... 35c

GIANT 5 LBS. 53c

Robinson Fruit Cake Mix SPECIAL 69c

ROBIN HOOD VELVET CAKE FLOUR 5 Lb. Bag 45c

PALMOLIVE BEAUTY SOAP

Lustre-Creme SHAMPOO

SPECIAL 3 for 25c

BOTH FOR 75c

Both for 75c

LAST 3 DAYS OF OUR GREAT CHRISTMAS SALE CUDMORE'S

FREE DELIVERY

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| Barbour's Acadia Baking Powder 35c lb. tin | Bulk Sticky Raisins 2 lbs. 45c | Clark's Mince Meat 24 oz. tin 37c | Bleached Raisins 2 lbs. 59c | Seedless Raisins 2 lbs. 35c | Molasses Qt. Container 33c |
| Tea Broken Pekoe 83c lb. | SPECIAL | Cooking Figs 29c lb. | Currants 1 Lb. Cello Bag 23c | Flaked Tuna Fish 6 oz. tin 25c | Wethey's Marmalade 24 oz. jar 29c |
| Cloverleaf Pink Salmon 1-2 lb. tin 25c | | Icing Sugar 11c pkg. | Aylmer Crushed Pineapple 15 oz. tin 23c | Cake Gum Drops 1 lb. bag 35c | Boxes of 50's Cigarettes 89c |
| Aylmer Fruit Cocktail 25c Tin | 32 OZ. BOTTLE 25c | Wethey's Raspberry Jam 24 oz. 43c | Halo Shampoo Reg. 65c Size 2 for 98c | Barbour's Peanut Butter 16 oz. jar 39c | 6 Tins 79c |
| | Best Grade Sweetened Coconut 1-2 lb. 23c | Dried Apricots 12 oz. pkg. 45c | White Sugar 10 lbs. 79c | Apple & Strawberry Jam 4 lb. tin 73c | Pineapple Marmalade 24 oz. jar 45c |
| LARGE SIZE 39c | Shelled Walnuts Light Amber Halves 1 lb. bag 75c | New Royal Instant Puddings Reg. 2 for 29c SALE 2 for 19c | Heinz Ketchup 11 oz BOTTLE 25c | Pineapple Marmalade 24 oz. jar 45c | Peter Pan Peaches 6 tins 89c |
| GIANT SIZE 69c | Coconut 1 Lb. Cello Bag 29c | Snowflake SHORTENING, 2 lbs. 45c | | Barbour's Pure Cinnamon 29c | Cut Mixed Fruit 1/4 Lb. 15c 1/2 Lb. 23c |
| | Sliced BACON, lb. 43c | Sliced BACON, lb. 43c | | Barbour's Pure Pepper 19c | Red or Green Glace |
| | Brown SUGAR, 5 lbs. 43c | Brown SUGAR, 5 lbs. 43c | | Cut Mixed Peel 1/4 Lb. 13c 1/2 Lb. 19c | Cherries 1/4 Lb. 19c 1/2 Lb. 35c |
| | DATES, 2 lbs. 25c | DATES, 2 lbs. 25c | | White Sugar 10 lbs. 79c | Diced Glaced Pineapple 1/4 Lb. Whole Per Lb. 19c Citron 49c |

Candy Specials

2 LB. CELLO BAG HARD SATIN MIXED 65c

1 LB. CELLO BAG CLEAR BARLEY TOYS 49c

1 LB. CELLO BAG RIBBON CANDY 53c

Moirs Chocolates

POT OF GOLD, lb. box \$1.25

LUXURY, lb. box 99c

STRAND, 1 lb. cello bag 49c

FRENCH CREAMS CANDY, 1 lb. cello bag 39c

CHRISTMAS CANDY CANES, 25 in box 49c

RED MARASCHINO CHERRIES, 6 oz. bottle 25c

Barbour's Pure 1/4 lb. Barbour's Pure 1/4 lb. Cinnamon 29c Ginger 29c

Barbour's Pure 2 oz. pkg. Barbour's Pure 2 oz. pkg. Pepper 19c Allspice 29c

Cut Mixed Fruit 1/4 Lb. 15c 1/2 Lb. 23c

Red or Green Glace

Cherries 1/4 Lb. 19c 1/2 Lb. 35c

Diced Glaced Pineapple 1/4 Lb. Whole Per Lb. 19c Citron 49c

2 Pkgs. 39c

White & Chocolate 2 Pkgs. 47c

20% OFF REGULAR PRICE NOW! DOUBLE SIZE IN THE 28 OZ. CAN MAPLE LEAF LIQUID DETERGENT Sale Price 63c

Christmas SEAL & TAG Mixture

200 Pieces 25c

CHRISTMAS TREE SETS

8 Light Set \$1.15 set

CHRISTMAS TREE LIGHTS, 6 for 49c