

MARY HAWORTH

Parents Are Very Quiet

Dear Mary Haworth: What will be the outcome for a couple, married 22 years, parents of two teenagers, who never talk to one another, other than essential words? John never has been even an average talker. A year ago I decided I would stop trying to make conversation and thus force him out of his shell. To my dismay he didn't even seem to notice the change; and now I am completely miserable and in the habit of never starting a conversation myself.

All our friendships have been started through my efforts; but now I don't care whether we have friends or not. I devote most of my time to church, Parent-Teacher and Scouts work, none of which ever has interested John in the least. He is a busy executive nowadays, but wasn't always so.

I don't think he ever has tried to understand his wife or children. His attitude is completely negative; at least that's the feeling I get, though he would say I am 100 per cent wrong. But would our children always come to me for everything if this weren't the case?

I resent John for what he has done to me, and I resent myself for letting him. A.R.

DEEP MALICE
Dear A.R.: John shows signs of a dual personality if he has the verbal skill to make the grade to executive status in the business world, while remaining self-contained as a stone at home.

Presumably he is able and willing to communicate proficiently on the surface and material level, in the market place; but recoils from the self-exchange that affords the substance of hearty family life.

His possum reaction to your experiment in trying to force him out of his shell, suggests that there is a lot of unconscious, deeply inhibited ill will—or malice towards some—implicit in his personality. At least, in that part of his emotional makeup that deals with matehood and parenthood.

WAR OF NERVES
As I get the pitch, you lapsed into silence to teach him a lesson, supposedly after he'd been markedly stony. And he got the point and stubbornly took you up on it, so that a knowing 'war of nerves' ensued. That's why you are angry at yourself and especially depressed at going out on a limb, making a bad matter worse.

It is to be expected that you would feel ill, emotionally, as a result of such dueling, long continued.

Now for advice: Some might say, for health's sake try to get back on the former footing with John, unsatisfactory though it was—compared to the norm. But it takes two to make a reconciliation and unless John meets you halfway, contritely, there's no use humbling yourself to him.

All things considered, I think you need psychiatric guidance

MORNING SMILE

A general and a colonel were walking down the street. They met many privates, and each time the colonel would salute he would mutter, "The same to you."
The general's curiosity soon got the better of him, and he asked: General—Why do you always salute that?

Colonel—I was once a private and I know what they are thinking.

FINE AQUARIUM

VANCOUVER (CP)—An extension for the Vancouver public aquarium in Stanley Park, proposed by curator Murray Newman, would include room for a basement auditorium and for a full-scale salmon spawning stream enclosed in glass.

COOK'S CORNER

APPLE HERMITS

¼ cup shortening
1 cup brown sugar
2 eggs
½ cup quick oats
1 cup chopped dates
1 cup chopped apples
1-4 cups all-purpose flour
¼ tsp. salt
½ tsp. baking soda
½ tsp. cinnamon
½ cup chopped walnuts
Bake in moderate oven (375 12 minutes. Cream shortening and sugar, add beaten eggs. Stir in oats and apples. Sift flour, salt and baking powder and cinnamon combine and cook on cookie sheet. Drop by a spoon.

HOT STUFF

Curry, the historic dish of India, is flavored with many spices including pepper, ginger and turmeric.

RARE ORCHID

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RECEIVED AT CITY HALL

Mr. Jean-Paul Gagnon, St. Hyacinthe, Quebec, who represents Canadian Eutetic was awarded the title of the best salesman of the year in his division. On this occasion Mr. Gagnon was received officially at City Hall by His Honor, Mayor Picard.

W. M. A. S. Receive Lovely Personal Gifts

The April meeting of the W. M. A. S. of the Charlottetown Baptist was held in the Ladies Parlour on Thursday April 11th, the vice-president Mrs. Huggin presiding. The following program was carried out: Hymn—"In the Cross of Reading" John 17, 1-15, Phil. 2:5-11, Mrs. Huggin, Prayer—Mrs. Milton, Mrs. Ives, Mrs. Horne, Mrs. Dan Bell and Mrs. Huggin, hymn "When I survey the Wondrous Cross". Minutes of last meeting were read and approved. It was reported that the affiliation service with the C. G. I. t. will be held in May. Mrs. Bell gave an interesting report on "Tidings."

The lesson on the work among the French people in Quebec and the Feller Institute and La Bonne Nouvelle, was given by Mrs. Sharman and was very interesting and encouraging. Roll call was answered with a verse of scripture on the cross.

The map lesson by Mrs. Milton is always enjoyed and keeps the members up-to-date with the movements of the Missionaries in India.

All were pleased to welcome back the president, Mrs. J. A. Clark after a two months vacation in Florida. Mrs. Clark presented every member with a personal gift brought from Florida, which was much appreciated by the recipients. Meeting closed with the Mizpah benediction. Mrs. Huggin served a lovely lunch, assisted by Mrs. C. Scranton and Mrs. C. Hamm.

LET'S EAT

Don't Just Fry Fish; Serve It Many Ways

By IDA BAILEY ALLEN
"It is my opinion that most people would eat more fish, if more homemakers cooked it like meat, instead of fry, fry, fry." "Stop putting a ring, Chef," I laughed, "and explain."
EQUAL TO MEAT
"Very well, Madame. Fish is a first-class protein food which has nutritive values equal to meat like beef, lamb, veal and pork, and then why is it almost ways thickly breaded and fried until dry and tasteless—while the house is being all smelled up?"
"Because many homemakers do not realize that fish really is nutritionally like meat and that it can be easily broiled, baked or roasted, boiled, braised, fricasseed, pot-roasted or made into fishburgers."

"I have two rules for buying and cooking fish, Madame. When buying whole fish it should smell good at the gills; before cooking, line the pan with aluminum foil, then discard the foil after cooking. We have often given recipes for broiling, panning and baking whole fish in this column. I suggest we give them your fine recipe for fishburgers: Put 1 lb. fresh or thawed-frozen fish fillets through the food chopper. Heat ¼ c. milk. Add 2 tbsp. but-

ter or margarine, 1 c. fine enriched bread crumbs, ¼ tsp. salt, ¼ tsp. pepper and 1 tbsp. lemon juice. Stir into the crumbs and stir-cook until pasty. Add the fish and chill. Shape into round flat cakes like hamburgers. Roll in melted margarine. Dust with flour. Broil at moderate temperature allowing 5 min. to each side. Baste once with melted butter or margarine. Serve plain or on toasted rolls spread with sauce tartare, garnish with pickles, cress, tomato wedges, and/or coleslaw. Tomorrow's Dinner: Cream of Celery soup; baked whole fish with onions; baked french fricasseed; tossed lettuce; green pepper and anchovy dressing; orange puffs; cream cheese orange sauce; coffee, tea or milk. All measurements are level; recipes proportioned to serve 4 to 6. Orange Puffs: Cream 1-3 c. shortening with 2-3 c. granulated sugar. Add 2 well-beaten eggs, the grated rind ¼ orange and ¼ c. orange juice. Sift together 1½ c. enriched flour, ¼ tsp. salt, ¼ tsp. baking soda and 1 tsp. double-acting baking powder. Beat into the first mixture. Oil custard cups. Half fill with the batter. Fit aluminum foil over the tops; place in a pan. Pour in boiling water to half the depth of the custard cups. Bake-steam 45 min. Cool 5 min. Unmold. Serve hot with cream cheese orange sauce. Cream Cheese Orange Sauce: Whip 3 oz. cream cheese or use 1 (4 oz.) container commercially whipped cream cheese. Blend in 4 tsp. orange marmalade and 1½ tsp. orange juice, or enough to produce a thick creamy consistency. Sunday dinner: Citrus fruit saladettes; roast loin or pork; sweet potatoes; savory red cabbage;

DAILY PATTERN



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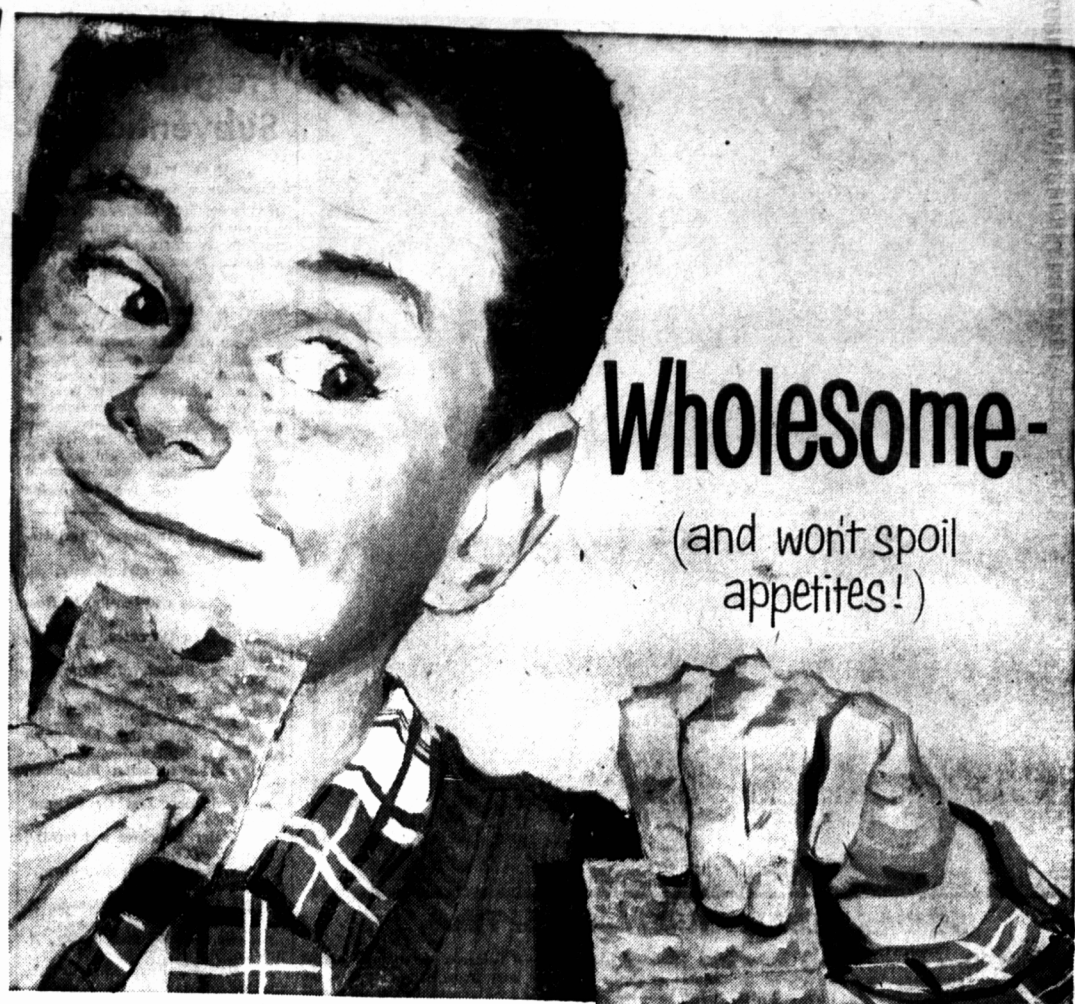
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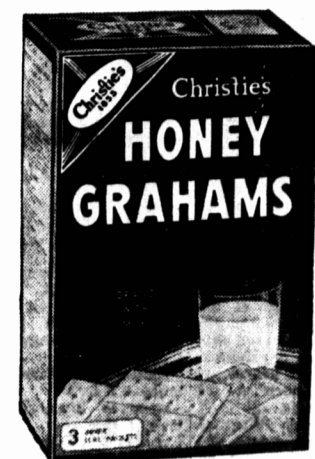
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