

Children in Winter.

The maintenance of body temperature is an exceedingly important matter, and it is, influenced markedly by the following circumstances, viz., the state of the body, that is, whether at rest or active; second, the food and clothing of the invalid; and lastly the temperature of the atmosphere of the place in which the individual is. Now, although the influence of muscular activity on the body temperature is not very marked yet it is appreciable, for of a cold morning all instinctively quicken their pace, and doubtless all know well that a person who is exposed to severe cold will perish much more quickly if he lie down than if he keep moving. For these reasons, then, some in-door employment should be provided for children, even if it is no more than tossing a ball about the house.

It is very generally and doubtless correctly believed that fat foods are of much assistance in maintaining the body temperature. It must appear then that such food is especially desirable in winter. The same is true, indeed, of heated substances, generally. Soups, mush and milk, and chocolate for drinking, are prime articles for winter diet. A little sugar and butter added to the mush and milk, when it is about to be eaten, will probably cause some to take it who otherwise would not. Fruit, raw or cooked, used occasionally with the morning meal, is also very beneficial. It is probable that if the food of the day were given at four meals the child would receive more benefit from it than from the same food given at three meals, necessarily at longer intervals.

The most conclusive proof that Charles Sumner thought out and prepared his speeches in advance is found in this anecdote now related of him: A friend who happened to call at Sumner's rooms in Washington was told by the young negro servant, "Massa Sumner he gone to de Senate to make him speech."

There landed at Castle Garden New York, 388,647 immigrant passengers in 1883, against 455,450 in 1882.

Special Notices.

ALL WOOL Horse Blankets cheap at J. B. MACDONALD'S. dec 29
ISLAND FLOUR and Cracked Oats at R. K. BRACE'S. (dec 27)
If you want a Fur Cap cheap go to J. B. MACDONALD'S. dec 29
A SPLENDID lot of China, Glass, and Earthenware, to be sold cheap at COLWILL'S. aug 8 ft
THE cheapest Ready Made Clothing in town is at J. B. MACDONALD'S. dec 29
FIVE pound tins Tea just the thing at BEER & GOFF.
METHODIST PREACHER'S PLAN can be had at George Carter's, Great George Street, or at G. H. Hazard's, Queen Square.
DIGBY Herring and boneless Fish at J. KNIGHT & SON'S. (dec 20)
J. KNIGHT & SON'S for pure Illuminating Oil, it gives a clear and steady light. (dec 20)
SKATING BOOTS, the best and cheapest at J. B. MACDONALD'S Boot Store. dec 29
CHOICE Winter Apples at BEER & GOFF'S.
ANOTHER large quantity of Crockery just received and will be sold cheap at COLWILL'S. aug 8 ft
NEW TWEEDS just received at J. B. MACDONALD'S. dec 29
DINNER SETS, Tea Sets, Chamber Sets, in great varieties and cheap, at COLWILL'S. aug 8 ft
FIVE gallon tins Best American Oil cheap at BEER & GOFF'S.
If you want to be suited with a Tea Set, a Dinner Set, or a Toilet Set, go to COLWILL'S. aug 8 ft
GOLD and silver plating of every description done at BROWN'S. Shop on corner of Prince and Grafton Streets. (jy 3 m, wky)
OUR new stock of Albums are an excellent quality and very cheap. G. H. COOK & CO. (nov 26 wks wky ft)
How to save twenty-five dollars.—Carry your old sewing machine to Brown's and have it made as good as new, instead of changing it for a new one. Shop on corner of Prince and Grafton Streets, Ch'town. (jy 3 m)
KENT MILLS.—The best family flour at "Cheapside."—HENRY BEER. (oct 25 ft)
JOHN NEWSON is at the top of the ladder in furniture. Long experience, best quality, greatest variety, and best workmanship. He does not need to advertise that "he is a live man." The public know it. Go and get real bargains, "Newson's Building," opposite Post Office. (oct 18 ft)

JUST RECEIVED,

ALL SIZES ENGLISH

Iron Bedsteads and Cribs,

MARKED LOW.

Largest and best assortment of PICTURE MOULDING in the city, selling by the foot or made up very cheap.

500 LOOKING GLASSES, every variety and price, from 6x8 to 24x60. New Plates for old frames.

FANCY GOODS, in every variety, viz.—Brackets, Music Stands, Bases, and Canterbury, Fire Screens and Tables (combined), Flower Stands and Light Stands, Folding Chairs and Rocking Chairs, Chess Table and Ladies' Work Table (something new), Smokers' Stands, Parlor Bases, etc., etc.

Two very fine BAGETELLE BOARDS. FRAMED CHROMOS. MANTLE MIRRORS (new patterns).

Upholstering Department,

Under the management of MR. DREW, a veteran in the trade.

We have just received our Fall and Winter Stock of Goods, comprising forty-five different pieces of Furniture Coverings, Gimp and Buttons to match, Hessions Tickings, Hair Cloth, imitation of Leather, etc., etc. In this department to give satisfaction, as our stock was purchased in the cheapest markets and marked accordingly.

HAIR MATRESSES, FLOCK do., EXCEL-SIOR do., STRAW do., FEATHER BEDS.

Every variety of Spring Beds, Dominion Wire Mattresses, best in the market, every bed warranted, price \$8.00.

We have now on hand (and are manufacturing daily) a large and varied stock of Household Furniture, comprising many new and beautiful designs. Particular attention given to ordered work.

KILN-DRIED STOCK and BEST WORK-MANSHIP, every time.

Venetian Blinds, Inside and Outside Shutters, School and Church Furniture.

Machine Jobbing, Wood Turning, etc., etc. Prices low.

Factory, Office and Showrooms, King Square. Branch Show Rooms, 83, Queen Street.

MARK WRIGHT & CO. Ch'town, Nov. 1883.—3aw

PARSONS' PURGATIVE PILLS MAKE NEW RICH BLOOD, And will completely change the blood in the entire system in three months.

DIPHTHERIA CROUP, ASTHMA, BRONCHITIS. JOHNSON'S ANODYNE LINIMENT will instantly relieve these terrible diseases, and will positively cure every case out of ten.

MAKE HENS LAY JOHNSON'S ANODYNE LINIMENT (For Internal and External Use). CURES Neuralgia, Indisposition, Sore Lungs, Bleeding at the Lungs, Chronic Hoarseness, Hacking Cough, Whooping Cough, Chronic Rheumatism, Chronic Diarrhoea, Chronic Dysentery, Cholera Morbus, Kidney Troubles, Diseases of the Spine and Lame Back. Sold everywhere.

PRINCE EDWARD ISLAND RAILWAY.

1883-4. Winter Arrangement. 1883-4.

ON AND AFTER MONDAY, 10th DECEMBER, 1883, trains will run daily as follows (Sundays excepted):—

Table with 6 columns: STATIONS, No. 1, No. 3, STATIONS, No. 2, No. 4. Trains Depart - For the West, Trains Arrive - From the West.

Table with 6 columns: STATIONS, No. 5, No. 7, STATIONS, No. 6, No. 8. Trains Depart - For the East, Trains Arrive - From the East.

Trains are run by Eastern Standard Time. JAMES COLEMAN, Superintendent.

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Fire and Life Insurance Company, OF EDINBURGH AND LONDON,

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Reserved Funds (Irrespective of Paid up Capital) over \$5,000,000.00

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New and Reduced Premiums for the Dominion of Canada.

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AT COST. Opposite Post Office, Charlottetown.

JOHN NEWSON. BEDSTEADS, Chairs, Tables, Washstands, Sofas, Lounges, Parlor, and Drawing Room Furniture, Bed Room Suits, Looking Glasses and Mirrors, Window Furniture, Picture Frames and Picture Mouldings.

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Rev. Father Wilds' EXPERIENCE.

The Rev. Z. P. Wilds, well-known city missionary in New York, and brother of the late eminent Judge Wilds, of the Massachusetts Supreme Court, writes as follows:

Last winter I was troubled with a most uncomfortable itching humor affecting more especially my limbs, which itched so intolerably at night, and burned so intensely, that I could scarcely bear any clothing over them. I was also a sufferer from a severe catarrh and catarrhal cough; my appetite was poor, and my system a good deal run down. Knowing the value of AYER'S SARSAPARILLA, by observation of many other cases, and from personal use in former years, I began taking it for the above-named disorders. My appetite improved almost from the first dose. After a short time the fever and itching were allayed, and all signs of irritation of the skin disappeared. My catarrh and cough were also cured by the same means, and my general health greatly improved, until it is now excellent. I feel a hundred per cent stronger, and I attribute these results to the use of the SARSAPARILLA, which I recommend with all confidence as the best blood medicine ever devised. I took it in small doses three times a day, and used, in all, less than two bottles. I place these facts at your service, hoping their publication may do good.

Yours respectfully, Z. P. WILDS.

The above instance is but one of the many constantly coming to our notice, which prove the perfect adaptability of AYER'S SARSAPARILLA to the cure of all diseases arising from impure or impoverished blood, and a weakened system.

Ayer's Sarsaparilla

cleanses, enriches, and strengthens the blood, stimulates the action of the stomach and bowels, and thereby enables the system to resist and overcome the attacks of all Scrofulous Diseases, Eruptions of the Skin, Rheumatism, Catarrh, General Debility, and all disorders resulting from pure or corrupted blood and a low state of the system.

Prepared by Dr. J. C. Ayer & Co., Lowell, Mass. Sold by all Druggists; price \$1, six bottles for \$5.

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cure Constipation, Indigestion, Headache, and all Bilious Disorders. Sold everywhere. Always reliable.

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IN FALLIBLE, HYGIENIC, CURATIVE, PREVENTIVE. Price \$1.50, including Eulbe Syringe. Sold by all Druggists, or sent free by mail securely sealed, on receipt of price. Descriptive Treatise free on application. AMERICAN AGENCY "66" MEDICINE CO., Detroit, Mich., and Windsor, Ont. Sold in Charlottetown by

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Oct. 22, 1883.—and wky