

UPEI Health Centre's "Women's Health Day" to be held on Friday, March 31st, 2000, from 10 a.m. to 3 p.m.

This event will be held at the UPEI Sports Centre and Women's Centre.

Join us in celebrating women's health.

Information and services will be provided by the following partners in care:

-QEHC: Breast Screening Program
 -Sexual Assault & Rape Crisis Centre
 UPEI Family & Nutritional Sciences

PMS

Free Nutritional Assessments.

UNB: Faculty of Nursing

- Anorexia & Bulimia

Transition House Association

- Anderson House Birthright:

Pregnancy Support Mental Health

UPEI Student Services

Four Neighbourhood Community Health Centre

Free blood testing

- hemoglobin
 - cholesterol

Community Legal Education
 Women's Network
 Public Health Nursing: STD's, Immunizations, Menopause.

Atlantic Superstore: Birth Control Meds, Estrogen Replacement, B/P checks
 AIDS: PEI
 C.A.R.A.L: Pro-Choice/Reproductive Health

UPEI Women's Centre: crisis intervention/referrals/resource

Canadian Cancer Society

UPEI Health Centre: Asthma/Migraines/Heart Health

Information/ Free Osteoporosis videos to give away.

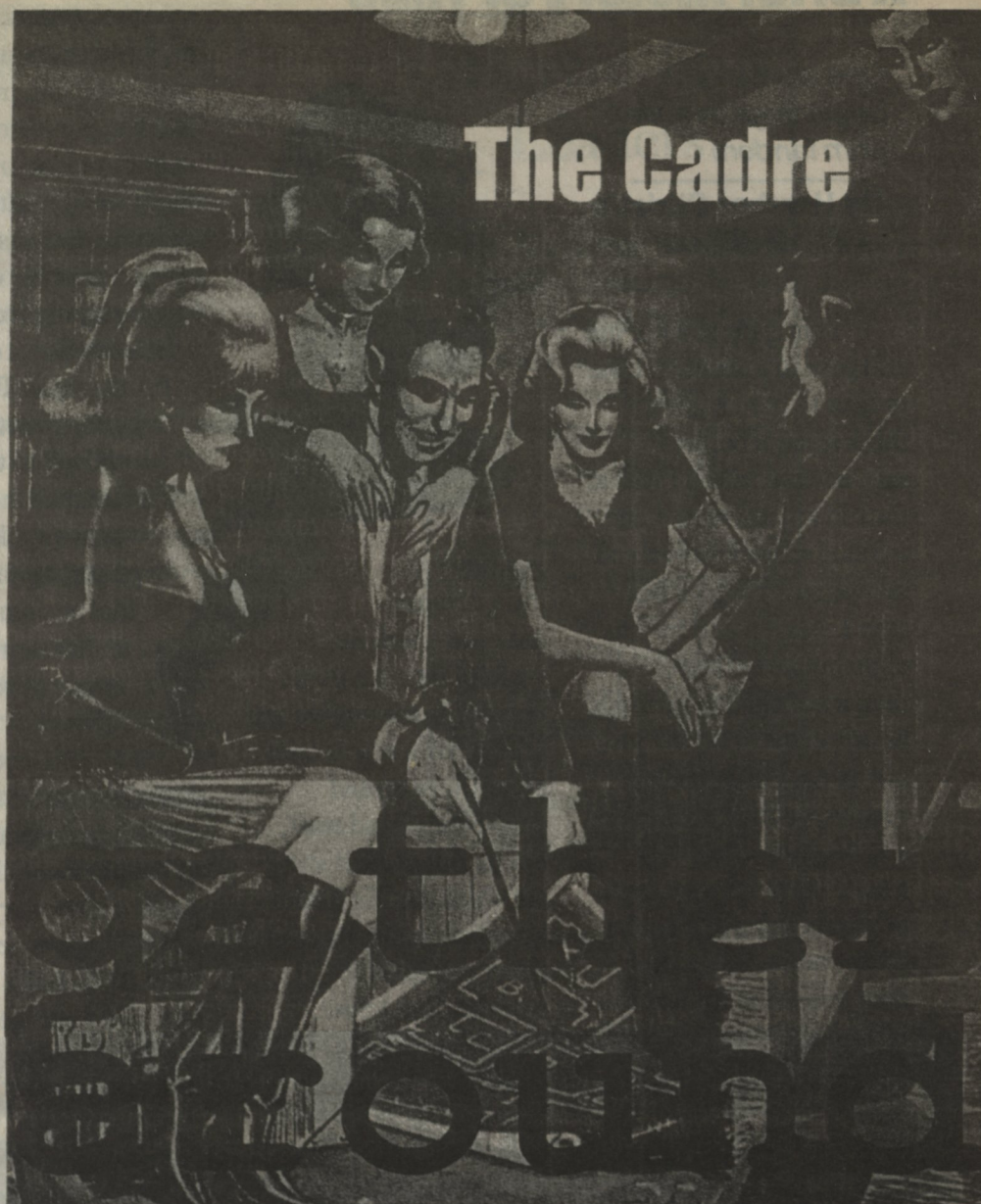
This event is open to the general public.

Free parking is available. The event is anticipated to bring much needed

attention to the diverse health needs of all women, health needs best addressed through continued education and health promotion activities.

Partnering with the community is essential in the creation of a caring community that promotes a proactive, progressive, and comprehensive approach to women's health care.

Should you need further information: Dean Sheila Dresen (566-0771) and Ruth Freeman (628-4332).



Art by Eric Stanton

UPEI Wind Symphony In Concert

The UPEI Department of Music will present its 50 member Wind Symphony in concert on Thursday March 30th, at 8:00pm in the Dr. Steel Recital Hall. This is the Wind Symphony's only local performance this semester, having already performed two highly successful shows in Sydney and Antigonish, N.S. last month.

The Wind Symphony, under the direction of Dr. Karem Simon, will perform a variety of entertaining works for wind band this Thursday. Among the highlights are an arrangement of "Jupiter" from Gustav Holst's well-known orchestral suite "The Planets", music from Leonard Bernstein's "West Side Story", and selected movements from Percy Grainger's "Lincolnshire Posy." Additional pieces by Persichetti and Kalinnkov will also be featured.

Admission for this performance is \$5.00 Adults, and \$3.00 Students/Seniors. The public is cordially invited to attend.