

IDA BAILEY ALLEN

Ham And Potato Slices Combine With Peanuts

A RECENT invitation to a testimonial dinner in New York City celebrating the 90th birthday of Dr. Albert Schweitzer sparked an inspirational message for us all.

Dr. Schweitzer is a world-renowned, world-loved man of action, a doer of whatever has to be done.

A Skillful Man And withal Dr. Schweitzer is a practical man, being an expert carpenter, mason, boat-builder, dentist, pharmacist, and gardener.

Clearly of vision and enormous patience led him on; his deep "reverence for life" sustained his efforts.

It is my hope that during this Lenten season and onwards that we homemakers will try "reverence for life," as we lovingly prepare and serve the family meals.

DINNER Grapefruit Halves Platter of Grilled Slices Tenderized Ham and Peanut-Sweet Potato Slices

HAM - POTATO SLICE PLATTER 6 broiled rounds tenderized ham

12 broiled peanut - sweet potato slices (recipe follows) 1/2 c. small pickles

Broil ham and peanut-sweet potato slices. Overlap ham slices down center of heated large platter.

PEANUT - WHITE OR SWEET POTATO SLICES: Boil white or sweet potatoes as usual.

PEANUT - TOSSED SALAD If the family won't eat vegetable or fruit and lettuce salads plain - tossed with French dressing, or if you are short of meat, fish or cheese in the meal add a generous sprinkling of coarse - chopped, roasted or salted peanuts.

PEANUT - POTATO - AND - CELERY SALAD: Make a potato and celery salad put together with mayonnaise, Chiffon, and just before serving, with a fork mix in plenty of coarsely roasted or salted peanuts.

PEANUT - STUFFED VEGETABLES: Prepare a crumb stuffing for tomatoes, eggplant or acorn squash as usual, adding 1-3 the quantity of ground, roasted or salted peanuts, then bake.

TRICK OF THE CHEF Roll flaky boiled potatoes in melted butter and fine - chopped peanuts for a taste - treat.

Women

6 The Guardian, Charlottetown, Fri., Mar. 5, 1965.

HAPPENINGS

Audrey Jenkins, Women's Editor, Phone 4-8586

Mrs. W. B. Doughart, Long River, is visiting her sister, Mrs. James Burlock, Anagnone, N.B.

Georgia Kennedy, RN, of Truro, N.S., is spending a few days at her home at Kensington.

Mrs. Arnold Wightman, Montague, is visiting her mother, Mrs. G. A. Seaman in New Glasgow, N.S., who is convalescing at her home after being a patient in the Victoria General Hospital, Halifax.

Mrs. Charles Dion and son, Lorne, have gone to visit another son and two brothers in Hamilton, Ont.

Mrs. Willard Wadman, Augustine Cove, is the guest of her daughter, Mrs. William Blakey, her husband and family at Kensington.

The members of Fortuna Bridge WI held their February meeting recently at the home of Mrs. Howard MacKenzie.

The treasurer reported that three card parties had been financially successful and two more will be held.

Entertainment following adjournment of meeting consisted of quizzes, and refreshments were served by the hostess and committee in charge.

Mrs. Bruce Clark, Linkletter, is the guest of her son-in-law and daughter, Mr. and Mrs. Leaman Caseley and family, Kelvin Grove.



THE SUIT SAILOR

FROM Mr. John's barbed group of spring hats comes this handsome topper designed to complement spring outfits.

polished straw and is fashioned with a high dome crown and a flattering brim. The outer rim of the brim is edged in blue, pink and green silk plaid and has a soft matching portrait scarf.

Husband Prescribed Horse For Despondent Patient

SARNIA, Ont. (CP) - Mrs. Richard Hessel was 50 and a despondent hospital patient when her husband, a druggist, devised his own prescription to treat the condition. He gave her a horse.

That was three years ago. Now Mrs. Hessel, in a wheelchair and with a new zest for life, occasionally gets out to the track to watch her filly Valcutta run.

"I've been to the track five times," she says. "I've seen Valcutta run twice. On one of those occasions she won and it really gave me a lift."

Last season Valcutta won twice, finished second five times and third three times on Western Ontario tracks.

Mrs. Hessel says she wasn't really interested in horses - or anything else - the day her husband saw her looking through the race results in hospital. She had been there a year with a blood clot in her leg and was suffering from the depression of a normally active person.

She has since added to her stable with a yearling bay colt by Uninatus and her interest continues to mount. "I love it now and I even make an occasional bet."

Frank Bell read an appropriate address for the occasion and the couple was presented with a gift of money by George Green. Jean Noonan read an appropriate address from the family, along with a Mass card offered for their intentions by the CWL of Seven Mile Bay.

Rev. Reginald MacDonald gave an inspiring talk and wished the couple many more years of happiness, and Mr. Noonan expressed appreciation on behalf of his wife and himself for the kindness of all present.

The anniversary cake was cut in the traditional manner by the couple, and following the singing of "For They Are Jolly Good Fellows", refreshments were served by the ladies of the community and the remainder of the evening was spent with singing and dancing.

Mr. and Mrs. Noonan were married 50 years ago at Kingsport by Rev. J. J. MacDonald. The couple had a family of 13 children, three of whom are deceased. Ten children living are: Loman, Searletova; Ray, Summerside; Mary (Mrs. Charles Warren), Albany; Charles, Halifax, N.S.; Emmett, Kelly's Cross; Walter, Searletova; Rosella (Mrs. Regale Woods), Seven Mile Bay; George (Mrs. John O'Holloran), Carleton Siding; Douglas, Searletova; and Joe at home. Mr. and Mrs. Noonan also have 56 grandchildren and 32 great-grandchildren.

DUNDAS

Mr. and Mrs. Malcolm Stewart, Charlottetown spent the past weekend at Upton as guests of their son and daughter-in-law, Mr. and Mrs. Cecil Stewart and were Sunday guests with Mrs. Stewart's parents, Mr. and Mrs. Bracken MacDonald, Red House.

Mrs. William Gillis is convalescing at her home in Forest Hill after being a patient in the Kings County Memorial Hospital.

Mr. and Mrs. Elliot Murphy, have returned to their home in Souris after spending a week with Mrs. Murphy's parents, Mr. and Mrs. Alfred Downe, Dundas Centre.

Mr. and Mrs. Leith Dingwall, Dundas Centre were recent visitors to Charlottetown.

Mr. and Mrs. George Jackson, Fortuna.

Garth Taylor, Upton, was a recent weekend visitor at the home of Mr. and Mrs. Linwood MacNeil, Cardigan.

Couple Mark 50th Anniversary

Seven Mile Bay Hall was the scene of a happy celebration recently when friends and relations gathered to honour Mr. and Mrs. O'Connell Noonan of Searletova, on their 50th wedding anniversary.

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MARY HAWORTH Couple Needs Chance To Prove Adult Status

DEAR MARY HAWORTH: What do you think of a girl's marrying an only son, 28, who is in business with his widowed mother and three older married sisters?

The whole family runs the business together (started by the late father), except for the sisters' husbands, who have other occupations.

My daughter, 24, is going with this man and will move to his state to live amongst his people. I feel their marriage would get off to a better start if the boy's father were still alive, to be "man of the house" in relation to the mother and sisters.

Then the son would be free to function as a husband, and to understand his wife's needs and give heed to their partnership.

I've seen too many mothers' sons falling in the husband and father role, as daily filial entanglements with Mom kept him from maturing in relation to his wife.

For example, at a recent family gathering, where my daughter and I were present and supper was served buffet style, this man's mother filled his plate and brought it to him. I'm not telling my daughter to give him up; I'm telling her only start their marriage "on their own."

When a mother spends six full days a week in teamwork with her son, running a business, she usually never "sees" that he is married, and being a widow, unconsciously she wants to keep him for herself. Don't you agree that this is a serious consideration? P.R.

DEAR P.R.: Whatever road one takes in life, there is a lot of risk involved, much of which cannot be foreseen at the start. By the time one's children are

GOODBYE TO ERA

The U.S. post office department is studying the possibility of eliminating almost 10,000 fourth-class post offices, once the centre of village life.

most parents may say, in such case, they will discover, that their grown-up children tend to disregard dissenting opinion, faithful to a pioneering, optimistic, trail-finding spirit and a far vision of their own, provided that they are genuinely strong, healthy, growth-oriented persons.

Or, in other words, provided you've done a good job of bringing them up: of breathing them up: of breathing self-responsible, contributive self-reliance and integrity into their character, in their formative years, insofar as their potential and your ability and environmental factors permitted.

So much for preamble. As to what I think of your daughter's marrying into the situation described, there is a saying that "It takes all kinds to make a world." The prospect which you deplore may appeal to her; and so, indeed, may the reality, when, as and if she is settled in the midst of it.

For example, she may figure that she'd just as soon throw in her lot with a Mom-dominated man as continue in a groove of being more or less Mom-dominated in relation to you.

Possibly it is her erstwhile difference to your protective judgements that disposes her to take the man's Mom - mother in stride, as another good soul of the same sort as you.

In any case, my advice is, don't worry. You can't help the newlyweds find happiness by trying to seize the reins and lead the way. Rather give them a vote of confidence in their capacity to make the best of whatever Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Guardian.

PURITY DAIRY

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ANNOUNCEMENT

Queens County Young Progressive Conservative Association annual meeting Saturday, March 6th at Father's of Confederation Building (Lecture Theatre). Registration 2:30 p.m. Meeting at 8:00 p.m. Speakers: Hon. J. Angus MacLean and Mr. Heath Macquarrie, M.P. All invited to attend. Signed: J. M. LEE, President.

MR. AND MRS. JOSEPH MACDONALD Connick-MacDonald Vows Solemnized At London, Ont.

St. Patrick's Church, London, Ontario, was the scene of a recent wedding when Lorraine Beatrice Connick, Darnley, P.E.I., became the bride of Joseph Louis MacDonald, son of Mrs. Carl MacDonald of Grand River, P.E.I., and the late Mr. MacDonald, Rev. Father Andrew MacDonald officiated at the ceremony.

Given in marriage by her cousin, Lorne Brennan, the bride wore a gown of Italian silk with bateau neckline, encircled with braid pearls, and three quarter length sleeves. The skirt was styled on sheath lines with a detachable chapel train extending from the waistline. Her headpiece, a tiara of seed pearls was held by a three tier bouffant veil, and she carried a bouquet of red rosebuds and white carnations.

Goldie Connick, sister and only attendant of the bride was dressed in a floor length gown of blue shantastic fabric with a modified bell skirt, with an overskirt attached at the waist line. It featured a scoop, neckline and elbow length sleeves, and her bouquet was of white carnations.

Clifford O'Grady was groomsmen. For a wedding trip to southern Ontario, the bride chose a two piece blue suit with hat to match, and black accessories, and she wore a corsage of white gardenias.

A reception was held at The Melody Banquet Room. The newlyweds will reside at 1227 Florence St., London, Ont. (Photo by Ken Jensen Studios, London, Ontario)

ELLEN'S DIARY

Crows Flew To Gather Bits Of Grit By The Dam

"It's nice down along the line in summer. It's sunny then, isn't it?" Peter queried this afternoon. "And" he smiled, "do you remember the little junco's nest there?"

We were visiting together in the kitchen. He had been entertaining himself cutting pictures from a colorful periodical that advertises farm - machines; tractors in varying sizes, which even to fit in to a little lad's make - believe can be an absorbing pastime. Now he had come to the couch to look with us on the world without.

"Sparrows who were "hungry" picked up crumbs by the door. Bluejays flitted in the branches of the lawn-trees. Winter - guests of crows flew down from an upland field to gather up, we suspected, morsels of grit by the nearer spillway on the baring dam... We caught bits of the grace of a blue white birch by the old millroad, the dark of the alder bushes along the stream. And below the dam, continuing riverward, there in the low of the valley, today the old spruces were noticeably dark against the white of the opposite slopes.

Scamper the dog, big and knowing, moved into the picture. He seated himself at the gateway and scanned, as might a human, the length of road, which commencing beyond the house on the hill, dips down to the Public Bridge, runs on past our lane's end in the lee of a woodland, and is soon lost to us on the summit of the next rise, as the winds on past the farms in the road. He was waiting now the return of the children from school. He would give a pleased welp at sight of their approach, and wear a dog's happy smile. Four young students there are, a pair from the next farm over, and the two from the house across the lane. If the day is fair and the road cleared, they home, seemingly quite happily, on foot.

"The lane is full now of snow" Peter continued. "I guess nobody, just nobody - not even Mack unless he was on snowshoes - could walk through it there." "The springtime will clear it" we said. "We'll find first dandelions growing beside it. And..."

"... the little junco" he nodded, "will come back to lay her eggs there."

This morning of mild wind and showers, the farmers must make drains a-foot to beat off from the buildings any wandering streamlets. Icicles fell. Eaves dripped. A haze of damp lay in a filmy scarf along the hillsides. In a not unwelcome change from more wintry grips, milder weather was ours.

"It's pleasant: this mildness" we said. "It is" James agreed. "But" he added, "let's not wish for bare fields, Ellen! Let the snow cover remain. We mustn't look for Spring yet." Nevertheless today the look was there. It bespoke increased warmth in the sun's smile, bright blue sky, fleecy clouds wandering, Spring's happy winds. And with it the dark sheens of the wild geese. How lovely, we think, this springtime will be!

Pleasant too this is: the winter night, with peace in the branches and on the fields; with a bright fire on the hearstone and above it a teakettle that sings.

Until tomorrow - Diary - Good - night.....



ITALIAN SHOE STYLES

By TRACY ADRIAN FROM ITALY come these beautifully designed shoes by Silvia of Fiorentina. And they are perfect footnotes to spring and summer costumes.

The Germans Have Shifted To More Educated Tastes

FRANKFURT (AP) - Germans eat fancier foods these days in a prosperity-born shift from those old fatty meals rounded out with plenty of potatoes.

Decades ago, an immense consumption of cabbage earned the German his nickname of "Kraut." Well, the Kraut's favorite dish is no longer sauerkraut with sausage and potatoes. His French neighbors have surpassed him in eating sauerkraut.

The German shift to a more refined cuisine flavored by spices from the world over was explained by Herbert Wierzke, who runs a delicatessen shop in West Berlin.

"Our consumers' tastes have become more educated," the federal bureau of statistics agrees. It found that consumption of potatoes, once the average German's staple nourishment, has been cut to a third of what it was four years ago. Bread-eating went down 12 per cent.

In contrast, Germans now eat 15 per cent more meat and 50 per cent more poultry than in 1960. Turkey, hardly known to the

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Homes Trigger Suicide Steps

MONTREAL (CP) - In a two-year study of 21 attempted suicides among girls aged 14 to 18, Dr. Julien Bigsby, a Montreal psychiatrist, found the suicidal trigger within the girls' family life. "On the surface the girl may take this step because of a school or sentimental upset," he said, "but on closer investigation we will find the source of unhappiness in her home life."