

WOMEN

Page 8, The Guardian Tues., March 20, 1956

LET'S EAT

Rice Fritters Prepared In Best Southern Style

By Ida Bailey Allen

"Madame, these rice fritters are remarkable," announced the Chef as I stepped into the tasteful kitchen. "They represent Southern cooking at its best."

"I have arranged two versions from the same recipe."

"Here they are as a savory with a creamed vegetable sauce. Spanish or tomato sauce would also be good."

"And here is a plentiful arrangement for dessert with Honey Pecan Sauce. Maple syrup or a jelly sauce also would be suitable."

"Taste, Madame, and be convinced."

Southern Rice Fritters: Put 2 c. water, 1 c. uncooked white rice and 1 tsp. salt in a 2 qt. saucepan. Bring to a vigorous boil.

Cover the saucepan with a lid; turn down heat as low as possible; cook 14 min.

Then remove from the heat, but leave the saucepan covered for 10 min.

While the rice cooks, sift together 1/2 c. already-sifted enriched flour, 2 tsp. double-acting baking powder and 3 tsp. sugar.

Beat 3 eggs. Stir into the cooked rice; then stir in the flour mixture.

Drop this batter by tablespoons into hot deep fat at 350 degrees F. (or pan-fry in fat 1/4 inch deep and turn once). Fry until golden brown on all sides. Drain on absorbent paper.

Keep hot in a slow oven until serving time.

Use as a savory or as a dessert. Makes 16 to 20.

Vegetable Fritter Sauce: Melt 3 tsp. butter in a saucepan. Add 1/4 c. each small-diced green pepper, onion and carrot. Slow-cook until the vegetables are barely tender.

Stir in 3 tsp. enriched flour. Slowly add 2 c. milk; cook until the mixture thickens.

Add 1/2 tsp. salt, 1/4 tsp. pepper and 1/2 tsp. Worcestershire sauce.

Honey Pecan Fritter Sauce: In a saucepan, combine 1 c. honey with 2 tsp. butter, 1/2 c. broken pecans and 1/2 tsp. cinnamon. Stir over a low heat until hot.

TOMORROW'S DINNER
Egg Saladettes
Broiled Flounder Fillets with Oysters
Mashed Turnip Stewed Tomato Rice Fritters
Honey Pecan Sauce
Coffee Tea Milk

BROILED FLOUNDER FILLETS WITH OYSTERS FROM THE CHEF
Broil 1 1/2 lbs. flounder filets as usual.

Arrange on a heated deep platter. Surround with 1/2 pt. oysters, heated in their liquor until the edges curl and seasoned with 1 tsp. Worcestershire sauce.

Top with butter-browned soft enriched bread crumbs.



"Bottle Line" Coat

This navy wool spring coat is styled in the new "bottle line" and is designed in Rome. The coat has a pleated band at the bottom and the collar and cuffs are trimmed with white cord. (CP Photo).

Mary Haworth

Family Criticizes Widow's Complete Social Withdrawal

Dear Mary Haworth: For several years your twin sister Jane has been widowed. Since the day she lost her husband she has wanted to be left alone. Incidentally she visits his grave every week in all kinds of weather. I know she still misses him terribly.

She doesn't want me, or any of her relatives or friends, to visit her; and we can't imagine why this is. On rare occasions a friend has visited her; but so seldom that I can almost count the times.

Jane telephones me almost every day, and I also telephone her, as we were always together and enjoyed the same things when we were young. But I can't understand her present way of living. She will come to my house to visit at times, and will be very chatty; then again she will be very sarcastic.

It begins to look as if she will never change, after all these years of being alone. As we are twins, how come she is different from me? All of us feel she should be more sociable—in giving hospitality.

She is always very happy to accept invitations from others; but how long will she be accepted in their homes, without returning their invitations?

My other sister and brother have already given up. I seem to be the only one she clings to. Perhaps you can show me the way to solve this for her. K.R.

INCLUDES CRITICS
Dear K.R.: It occurs to me that the overall difficulty, as described, is not so much in Jane herself, as it is in the self-righteous, self-congratulatory attitude of her relatives—who feel so good about their social showing as compared to hers, in her widowhood.

It is easy enough to pick anybody's performance to pieces, unflatteringly. If you are so disposed and equally easy to see the sunny

(or favorable) side of untypical conduct, if you happen to warmly love the person discussed.

As I get the picture, the family feeling towards Jane isn't so friendly and helpfully interested as it is critical and condescending—and officious, in its comparing of notes.

It occurs to me also that Jane probably always was the butt of invidious comparisons and implied disparagement in family confabs; and I daresay this dimming echo accounts for her ingrained feelings of inferiority—which cause her to dread the spotlight, without a real partner at her elbow. It has much to do with her involuntary sense of being unable to fulfill the role of hostess capably (a spotlight task).

LOVE SUPPORT
Jane just doesn't accept herself comfortably as a worthwhile adult, with a domain of interests to share with other adults. Her social performance makes clear that she is a sensitive soul, timid by temperament—an inborn quality. Further, she is a dependent character, an immature personality—which unripeness always refers to crucial lack of psychological approval, tolerance and support, from key-figures in one's formative experience.

But despite all this, Jane is essentially friendly in spirit. I gather—to judge by (1) her glad acceptance of social invitations, and (2) her clinging to twiship ties with you.

As to why she doesn't entertain—doesn't repay hospitality tit-for-tat—I suppose it is because she unconsciously identifies her dwelling place with her inmost self, as all intuitive persons do. And just as she shrinks from having her soul familiarly seen and scorned, as it were, by unsympathetic kin, so does she treat her home as a sort of last refuge from a callously wounding world.

To help her dissolve this guarded-

ness, you should love her warmly and uncritically. And be grateful that she turns to you, thus giving you opportunity to diminish her loneliness by that much. How come she differs from you? Because she isn't you; she is herself, a soul in her own right. And insofar as she differs, it doesn't mean she is any less of a person, or any less admirable than you—or other strictly conventional types. M.H.

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Happenings

The Lord Bishop of Nova Scotia, the Right Reverend R. H. Waterman, B.A., B.D., preached at St. Paul's Church, Sunday morning, and at St. Peter's Cathedral, Sunday evening. The Bishop held Confirmation classes Sunday morning at St. Paul's and at St. Peter's Sunday evening. The Bishop dedicated the new front of St. Peter's Cathedral. After the Church service there was an informal reception in the Parish Hall.

Dr. Alice Kitz, vice-president (East) of the Canadian Federation of University Women will be a welcome guest Thursday of the Charlottetown University Women's Club.

Mr. and Mrs. Russell Leard, Laphorne Avenue, have had for their guest the past week, Mrs. Walter MacEwen of New Dominion.

Mrs. Ernest Champion, Longworth Avenue, is in Kitchener, Ontario, to attend executive meetings of the Women's Auxiliary of the Anglican Church of Canada.

Mrs. F. W. Boyles who made the trip by plane to Montreal to attend the funeral of her brother, the late Mr. Reginald T. Ayers has returned to Charlottetown. Mrs. Boyles while away went on to Toronto and stayed with Mr. and Mrs. E. C. Duff, Toronto, and Mr. and Mrs. F. O. Newson, Weston.

Mr. and Mrs. Robert Large left by plane recently on a short trip to Montreal.

NEW GLASGOW W.I.
Mrs. Ian MacMillan was hostess to the members of New Glasgow W.I. for their regular monthly meeting on Monday evening, March 13th. The president presided. Meeting opened by singing, "When Irish Eyes are Smiling," followed by the Mary Stewart Collect. Minutes of previous meeting were read and approved. Roll call was answered by 16 members and two visitors with an Irish Joke.

Correspondence was read and discussed. Letters were read from Mrs. M.N. MacGowan, president of P.E.I. W.I.; J. Gordon MacDonald, Provincial Chairman Red Cross Diasther Services, J.W. Windsor Co Ltd.; Letter from Mrs. Anthony Gaudet, Convenor of Citizenship. Other correspondence received were Program Helps and Annual Report of Red Cross Society.

School committee reported having visited school and purchased supplies. It was moved by Mrs. Earland Hill, seconded by Mrs. George Dickleson that we purchase two new waste paper baskets for school.

Sick committee reported some calls made. A thank-you card was read from a former member who was remembered on her birthday. It was moved by Mrs. Edwin MacMillan that we send flowers to a member who is ill in hospital.

New committees are as follows: Sick, Mrs. Earl Houston and Mrs. Chalmers Laird; School, Miss Anne Stevenson and Mrs. Elmer MacDonald; Lunch, Mrs. Edwin Stevenson and Mrs. Oliver Parkman; Program, Mrs. Howard Ling and Mrs. Leith Dickleson.

The secretary reported having sent an entry to the Music Festival. Mrs. Melvin MacLeod kindly invited the members to her home for April meeting when roll call will be answered with a reading or poem on Easter or spring. An interesting paper was compiled and read by Mrs. R.L. Dickleson on "Ceylon." Program consisted of several contests and games. Lunch was served by hostess and committee in charge.

BETA SIGMA PHI
The regular meeting of the Alpha Chapter of Beta Sigma Phi was held at the apartment of Miss Frances MacMillan on Wednesday

evening. The business meeting was conducted by the president, Mrs. H.H. Simpson.

Plans were made for the holding of a Talisman Tea on April 3 at the Y.M.C.A. The drawing was made for the electric deep fryer and was won by Mrs. Ferguson, Winslow.

Refreshments were served by the hostess, assisted by Mrs. Bill Thompson and Miss Lucille Turnbull.

SPRINGFIELD W. I.
The March meeting of Springfield W.I. was held at the home of Mrs. Clarence Haslam with eight members and eight guests in attendance. The president presided and the meeting was opened by singing "School Days" followed by the collect. Roll call was answered with an Irish Joke and shamrock decorations carried out the St. Patrick's theme.

The minutes were read and approved. Reports of various committees were received and correspondence was read and discussed. Bills for sugar and cocoa for the scholar's hot lunches were ordered paid.

A vote of thanks was tendered the committee who compiled the 1956 program booklet which won third prize and plans were made for the Pot Luck Supper and Handicraft Display at the April meeting in the hall.

COOK'S CORNER



CANNED BEETS
Cook beets until soft, let cool, do not put in cold water. Slip off skins and cut if necessary, put in jars. Boil together—
1 pt. vinegar
1 cup water
2 tsp. sugar
1 tsp. salt

Pour over beets and seal.

HOUSEHOLD HINT
Revive wilted cut flowers by placing them in a quart of water to which a teaspoonful of household detergent has been added.

MORNING SMILE
Psychiatrist—You say someone in your family made a brilliant marriage?
Psychiatrist—Oh, quite; my wife, you know.

Words Of The Wise
The years teach much which the days never know.
—(Ralph Waldo Emerson)



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Candy Recipes

The clever hostess who can place a dish of home-made candies on the bridge table scores points in the popularity contest. Fudges and other delicious sweet confections are easy to make if you follow the simple recipes given by Food Editor Helen Gougeon in The Standard this week. Get The Standard—on sale now, complete with magazine, 12-page novel and 20 pages of comics. Only ten cents.

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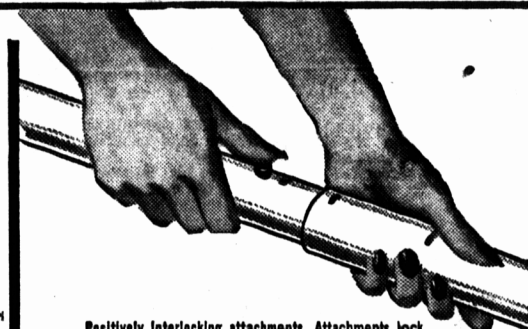
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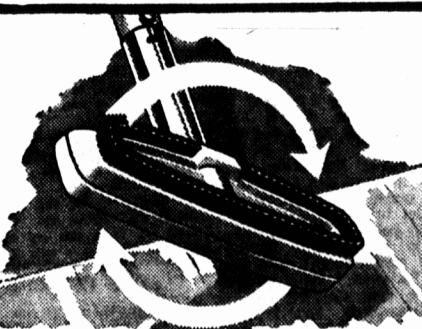
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