Women

WHITE JEWEL ACCENTS

White costume jewelry is enjoying a tremendous vogue now, worn with spring costumes, and is destined to go right through the summer months to add a cool, refreshing look.

The set pictured is by Trifari and consists of a pair of earrings, a bracelet and a necklace. All of them are executed in white enamel and are outlined in gold.

ELLEN'S DIARY

Ellen Has A Sleighride To Visit Grand-daughter

One of the enjoyments during the years of our farming with James, has been to accompany him on a stroll hereabout. This is something that is being more and more denied us, in that to be caught abroad now on foot is to be pitied because as we are reminded, "it's just not being done nowadays!"

Yet how much we two have always enjoyed it. We have known the joy of familiar trails in sun, in shadow, and when star and moonlight was shedding a lovely sheen over the quiet of our countryside.

"Why do you wish to walk?" one or another of the family will question, when we are about to set out on some summery outing along the fields: coming to see it may be "how that grain in the back field is doing" or if the mangels have "caught", or those cattle have "sleeked off" yet—the little company that went a while ago to pasture.

"Walk!" one will exclaim. "And the machines idle! What a queer notion!"

However, should we chance to take a machine, much of the delight of the outing is lost. But when on foot how enjoyable it can prove to be. We can stop at will. James, in a grainland, to notice "as though a straight line were drawn" the exact place where "we opened" or it may have been, "closed her a little" —the fertilizer spreader at the sowing. He will inspect the mangel rows carefully, to satisfy himself that all is well with the seeding. He will stop in the pasture, moving among the cow-kind, handling this or that one to determine whether or not the grass is adding yet any "fit" there.

And we? We naturally see with him those interests of the farm. See too, as we go, some pretty cloudlet afloat; note the sun and shadows flecking a path; catch the echoes that come into our quiet, and the sweet notes of the birdsong there. And always, come to a height of ground, where a seeming divide presents a wide view on every hand, to look out on the content of the farmsteads near and far.

This evening when a horse and sleigh was going that way, we caught a ride along the fields as far as Rob's, the elder son of this farm. As at Alderlea, two houses are now there, both snugly homey.

Homey those dwellings are. And in one this evening, the new babe, a bonnie little lass, looked up into her mother's face and a smile flickered across the young features.

"It must be that she has a pain" James noting, offered, a bit anxiously.

"No" her mother said, "she actually smiles."

"They do say if a babe smiles when asleep, it is talking with angels" we remembered.

And visits over, there, we came down to the low of the valley to stop a while with Mr. and Mrs. A. their neighbours. The years are dealing kindly with this couple, leaving them well and happy, as they continue up their westering years. Finally, we set our steps toward home. The plowed road gave us smooth footing, the north wind of night at our backs, set our pace. We crossed bridges beneath which the millstream rippled, and had its flow for our company along a stretch of the way—the stream, the snowy farmlands, and the moon lightly-veiled.

So nice the walk was. And come to lane's end, there was Scampie to meet us, come, with a bound and a dog's chuckle, to welcome us home.

Until tomorrow — Diary — Good-night.....

TO SIZE 48

Slim, simple lines — secret of flattery for larger sizes! Wear one- piece playsuit for golf, garden, patio. Button on skirt for going to town.

Printed Pattern 4657: Women's Sizes 34, 36, 38, 40, 42, 44, 46, 48. Size 36 playsuit and skirt 5¾ yards 35-inch fabric.

FIFTY CENTS (50 cents) in coins (no stamps, please) for this pattern. **Ontario residents add 2 cents sale.. tax. Print** plainly **SIZE, NAME, ADDRESS, STYLE NUMBER.**

Send order to ANNE ADAMS, care of Guardian- Patriot Pattern Dept., 60 Front St., W., Toronto 1, Ont.

Household Hints

Buttermilk gives all the health promoting properties of whole milk without the fats.

The user completely controls the cutting operation as release of finger pressure on the switch stops the cutting action immediately.

A book the family cook will want to add to her cookbook collection is "The Art of Spaghetti Cookery," by Myra Waldo.

VAST COLLECTION

Exhibits at the Smithsonian Institution in Washington, one of the world's greatest museums, include a $10,000 bill and 9,000,000 postage stamps.

HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Harold and Ralph Gardiner both with the Canadian Army at Camp Gagetown, N.B. are spending the Easter holidays with their parents, Mr. and Mrs. Francis Gardiner, Cardigan.

Holidaying with his family in Eastern Passage, N.S. is William Faulkner, teacher at Montague Regional High School.

Maida Rogerson, who for the past year has been studying music in Treeburg, Germany, is expected home the latter part of April to spend the summer with her parents, Mr. and Mrs. William Rogerson, Parkdale.

Justice and Mrs. R.R. Bell left Charlottetown Thursday by motor for New York from where they will board a cruise ship for a three-week holiday in Bermuda.

Mrs. M.A. Gordon, who has been spending the winter with her nieces in Montreal and Petawawa, is now visiting in Ontario. While in Toronto she was the guest of Mrs. W. Chester S. McLure, Miss Lena C. McLure, Mr. and Mrs. J. E. Heath, and Mr. and Mrs. Ralph E. Wood. In Oshawa Mrs. Gordon was the guest of Mrs. B. MacDonald.

The regular monthly dinner meeting of the Business and Professional Women's Club was held at the Islandia Restaurant, Linkletter Motel.

With Mrs. Oliver Waite presiding the meeting opened with the reading of the collect for club women. Minutes of the meeting were read by the secretary, Gladys Arthur. The club members are supporting the Little Theatre Guild by selling tickets for their current play "Separate Tables".

Mrs. Mary Bradshaw was chosen as a delegate for the national convention to be held at Ottawa. Mrs. Marjorie Champion, provincial president, conducted an instructive program on the United Nations.

Mrs. Richard Lawlor, who has been the Junior class teacher at Marshfield School, was honored by the Women's Institute Wednesday evening with a "stork" shower.

Mr. and Mrs. Charles Asprey and daughter, Janet, will be visiting Mr. and Mrs. Frank Little, Fredericton, N.B., over the Easter holiday.

Mr. and Mrs. David Strachen and daughters Heather and Sheena of Calgary, Alta., who spent the past six weeks with Mrs. Strachan's parents, Mr. and Mrs. Gordon Roberts, New Perth, sailed from Halifax, March 21 on the S.S. Sylvania to visit Mr. Strachans relatives in Brechin, Angus Co. Scotland.

MARY HAWORTH

Normal Slowing Down Occurs In Middle Age

Dear Mary Haworth: I hesitate to write you about our problem, but, as my husband regards your opinions very highly, I hope that your judgment may be helpful to us.

We married very young (which we never regretted) and had a large family. Nine children were born, of whom eight are living: a fine group.

Paul has been a good husband and father. I am 44 and he is 47, still a young age, I think. But in the past two years our sex life has dwindled to almost nothing. Paul says his sex drive has abated and he is glad of it; he says he wishes it were gone altogether as he doesn't want more children (with which I agree).

But does the end of wanting children mean that the couple's sex life must end? And at our age? Paul refuses to do anything about it; he says if I'm unhappy I should get him a tonic or something.

Perhaps I am wrong, but I feel resentful, as if he had married me only for children. I've never been highly sexed but I don't want our love life ended already. Is my husband justified in wishing it gone, simply because he doesn't want more children? Is that natural at our age?

I believe the conjugal relationship is holy and God-given and not to be taken lightly; nor is it anything to be ashamed of. Your advice will be appreciated. C.C.

Dear C.C.: It is my impression, based on random reading of various specialist - type articles on the subject, that it isn't uncommon for middle age husbands to lose their sex drive. It may be a temporary loss, or it may be permanent, depending upon the cause, and upon what medicine can do, if anything, to restore sex dynamism.

Specialist commentators on the subject have, in some instances, tended to liken the slowing down (or dying out) of sex drive in the middle age male to the phenomenon of menopause in the middle age female. As if to suggest (if not explicitly say) that in men as well as women, a glandular change - over and functional readjustment may be a natural inevitability, beginning in middle age or somewhat thereafter.

If such is the case, it is logical to assume that the individual's habitual state of health (good, bad or indifferent), also his primary interests (whether towards fleshy pleasures or towards mental activity) would characteristically affect his sex history.

Thus a man of lifelong exceptional vigor and robustness, with a fleshy bias, might remain sexually dynamic to a great age.

And, by the same token, a frailer fellow, waging an uphill struggle to rear a large family, might have mingled physical and psychological reason for feeling "neuter gender" by middle age.

In any event, a reasonable man's waning virility (or his sense of dwindling sex enthusiasm) is inescapably a matter of concern, dismay and chagrin to him. This he may refuse to admit, however, taking the defensive attitude that he "couldn't care less."

The fact is, he should be concerned, at least to the extent of securing a first - rate diagnostic checkout, both physical and psychological, to determine if this is a natural normal slowing down. Or whether his surrender to sex apathy is symptomatic of obscure physical disorders that might be cleared up, if recognized and treated.

So my advice to your husband and you is to concentrate on finding and consulting a top-notch general diagnostician, in pursuit of reliable information about his condition. M.H.

Mary Haworth counsels through her column, not by by mail or personal interview. Write her in care of the Guardina.

SELL BY COMPUTER

Japan National Railways is testing a computer system which will handle all sales of tickets for express trains, sleepers and reserved seats.

Maternal & Child Health Classes

NEW SERIES BEGINS

at Summerside Health Centre

205 Linden Ave.

Wednesday, 1st April 1964
2:00 p.m. for Mothers
7:00 p.m. for couples

DEPARTMENT OF HEALTH

WOMEN'S ORGANIZATIONS

United Church Women Ship Used Clothing

An Easter worship service of story and song was led by Mrs. Frank Lacey when the three units of York United Church Women met in March. Assisting Mrs. Lacey were Mrs. Howard Watts, Mrs. Beverley Simpson, Mrs. Leigh Vessey, Mrs. Frank Lewis and Mrs. Walter Mallett. Mrs. Lloyd Vessey was pianist.

Following a circle of prayer, Mrs. Lacey showed an interesting film on Nepal.

With Mrs. Arthur Johnson presiding, various committee reports were heard. Mrs. Dewar Swan reported more than $70.00 in the funds to be sent to the Presbyterial for the first quarter.

Mrs. Lloyd Vessey announced that a box of used clothing was being packed for the UC depot. Used clothing and nylons were solicited.

Mrs. William Crockett reported a box of clothing packed by "The Messengers" was ready for shipment.

Used stamps collected by the group last year underwrote the keep of 20 leprosy patients, stated Mrs. Elmer Brown, who will forward any stamps now available.

Plans were made for a meeting of the whole UCW charge the 3rd Tuesday in May.

The benediction was pronounced and a sale of home cooking with Francis Vessey as auctioneer preceded the serving of refreshments.

BROOKFIELD WI

Mrs. Sadie Wood was hostess in March to Brookfield Women's Institute.

New committees appointed were school, Thelma Sentner; visitation, Ruth MacLeod, Grace Wood and Gladys MacPhee.

The doll competition was won by Mrs. Sadie Wood and Thelma Sentner.

Roll call at next month's meeting, to be held at Ella Moore's, will be answered with a book for the Riverside Hospital library. Members are also to make and bring a pot holder.

Marion MacNeil conducted a guessing contest which was won by Ella Moore.

The hostess was assisted by Helen MacLeod in serving lunch.

ORWELL COVE WI

Prizes for the sewing class was a subject for discussion at the March meeting of Orwell Cove Women's Institute.

Correspondence was dealt with, including a letter from the Mental Health Association for books and magazines for Riverside Hospital, and a request from Mrs. Frank Ross, urging members to welcome and be interested in new citizens in the district.

Mrs. Reg McEwen, United Nations convener, asked prompt support of the Institutes adopted Korean boy, stating that if every branch sent $2.00 there would be enough funds for one year's support.

Mrs. Walter MacLeod won a contest staged by Mrs. Edison McLean.

ST. JOHN'S WMS

The regular monthly meeting of St. John's Presbyterian Women's Missionary Society of New London, was held at the home of Mrs. George MacKay.

The theme for the devotions was "The Christian's Hope", and the leader was Mrs. Francis Murray. Following a hymn and scripture reading the season of prayer was led by Mrs. Don MacEwen and Mrs. Francis Murray. The Bible study on Acts 24-28 was conducted by Mrs. Oscar MacKay. Sixteen members responded to roll call with a verse of scripture.

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HAMPTON UCW

Mrs. Elmer Inman was hostess to Hampton United Church Women in March. Devotions, conducted by Mrs. George Dunsford included scripture reading, prayer and psalms.

Mrs. Bill Myers presided during the business portion. Members were asked to consider ways of fund raising in order to contribute $5.00 at the next sessions, when Mrs. Charles Dunsford will entertain.

The benediction in unison closed the meeting.

A variety concert was planned to be held in the hall, lunches to be sold during intermission.

The new visitation committee appointed were Mrs. George P. MacLeod, Mrs. Oliver Bernard, Mrs. Oscar MacKay, Mrs. Don MacKay and Mrs. Johnny Campbell.

Meeting closed with the Mizpah benediction.

SUCCESS WI

Mrs. George P. MacLeod gave a very interesting travelogue on her recent trip to New York City at the March meeting of Success Women's Institute held in Graham's Road School house, with "Education" as the theme.

The vice- president, Mrs. Louis Campbell, presided during the business meeting. Twelve members responded to roll call with an Irish joke.

The treasurer, Mrs. Earle Murray, was asked to purchase cod liver oil capsules for the district.

Correspondence was read and dealt with.

Plans for repairing the hall, and means of raising money for this project was left to be finalized at the April meeting.

A humorous reading was given by Mrs. James M. Campbell.

Meeting closed with "The Queen".

IDA BAILEY ALLEN

Tuna Newburg Makes Tasty Sunday Supper

GOOD news! With Sunday night suppers in style again, the planning of menus and the Sunday cooking are easy, and the entertaining of a few guests for the evening supper becomes a real pleasure. The new and different spacing of Sunday meals makes this possible.

Early church - goers can have juice, coffee or milk and toast, with a hearty brunch about 11.30. Late morning church - goers "brunch" before church; tarry after the service for the social hour snack of coffee and cake or cookies.

After Six

Sunday dinner is replaced by Sunday supper, served any time after six. This should be substantial with an easy - do menu composed of foods mostly prepared on Saturday. A chafing for tableside cookery, and flickering tall candles give a party atmosphere.

The following chafing - dish recipe was enthusiastically approved by our taste-testers. It is based on tuna, the country's favorite canned fish, in a Newburg sauce.

Measurements level; recipes serve 6

TUNA NEWBURG

3 can (6½ or 7 oz. each) tuna in vegetable oil
2 tbsp. flour
1 tsp. salt
¼ tsp. pepper
1 pt. (2 c.) half 'n' half
¼ c. sherry or 1 tbsp. sherry flavoring and 3 tbsp. water
2 egg yolks slightly beaten
¼ c. slivered ripe olives Paprika

Set hot water pan of chafing dish in place. Add 1 inch boiling water. Top with blazer (top pan). Drain oil from 1 can of tuna into blazer; stir in flour, salt and pepper. Stir in half 'n' half; heat; stirring occasionally. Coarse - flake tuna; add to sauce with sherry and egg yolks.

Top with olives and dust with paprika. Accompaniment: buttered hot rice.

MONDAY DINNER

Chicken - Beef Bouillon
Bread Sticks
Tuna Newburg In Toast-Cups
Mixed Vegetables
Or
Panned Sliced Liver and Ham
Whipped Potato
With Broiled Avocado Slices
Compote of Prunes, Elberta Peaches and Pears
Coffee, Tea, Milk

CHICKEN - BEEF BOUILLON

Combine contents 1 (10¾ oz.) can beef bouillon and 1 (12 oz.) can chicken broth. Heat and season to taste with about 6 drops Tabasco.

THE CHEF TALKS ABOUT TUNA

Canned tuna in vegetable oil, America's most popular canned sea food, enables the family cook to prepare a nutritious meal, plain or fancy, at minimum cost and in a minimum of time. The delicate flavor of tuna combines well with a great variety of other foods and seasonings, permitting a wide choice of main dishes, salads or sandwich fillings.

Tuna is a good source of first-class protein, comparable to the protein contained in meat and poultry. It is also an excellent source of B vitamins, rich in vitamin A and provides a considerable portion of iodine, fluorine, phosphorus and calcium.

Government nutritionists rank tuna in vegetable oil as a good source of polyunsaturated fat as well. The natural tuna oil, combined with the vegetable oil in which the tuna is packed, makes tuna rich in desirable polyunsaturates, particularly important to persons with high cholesterol blood levels. For this reason, the vegetable oil should be used in dishes when possible.

Only the best part of the tuna, called loins, is processed, so that each can of tuna, whether solid - pack, chunks or flakes, contains choice meat. Tuna comes in the following can sizes: 3¼ - 3½ oz., 6½-7 oz. 9¼ oz., 12½ - 13 oz.

BAY FORTUNE

Eglington- Howe Bay Women's Institute held their March meeting at the home of Mrs. Howard and Mrs. George Wood on Wednesday evening, March 4th.

Elbert MacEwen, Rollo Bay Centre, who was employed in Toronto for the winter months, has returned home.

Mrs. Stanley Doring, Little River, who had been a patient in the Prince Edward Island Hospital, has returned to her home much improved in health.

Mr. and Mrs. Derald MacKenzie and family, Charlottetown, were weekend visitors at the home of Mr. and Mrs. Floyde MacKenzie.

Claude MacKenzie was a business visitor to Charlottetown on Thursday, March 12th.

Ernest Underhay, Little River, was a visitor to Charlottetown on Thursday, March 12th.

Among the 70 farmers touring Ontario livestock establishment are Leslie Underhay, Bay Fortune and Martin Birt, Souris.

Mr. and Mrs. Eddie Cook and family, Charlottetown, were Sunday visitors at the home of Mr. Geddie Coffin.

RICK-BACK MAGIC

Flower-fresh! Dress up outfits with dainty jewelry in colors to match or contrast.

Penny- wise! Make smart, matched jewelry of rick-rack and pearls — white or color. Pattern 7476: directions necklace, bracelet, earrings, pin.

Thirty- five cents (coins) for this pattern (no stamps please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept., 60 Front St. W., Toronto 1, Ont. **Ontario residents add 1 cent sales tax.** Print plainly **PATTERN NUMBER, NAME, ADDRESS.**

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2 to 3 p.m. only

- no exchanges
- no refunds
- all sales cash

20% OFF all merchandise in our store including all new Spring Styles

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