SOURIS GUIDES RECEIVE AWARD

All - round cords were presented recently to five members of the 1st Souris Guide Company. Left to right they are Donna MacAulay, Rachel Kassner, Mary Jo MeQuaid, Sharon MacDonald and Carol Ann Carter.

Women

WOMEN'S ORGANIZATIONS

Handicrafts And Antiques At Multi WI Gathering

Women's Institutes from Bellevue, Grandview, Caledonia, Valleyfield, Heatherdale, Kilmuir, Whim Road and Brooklyn met in Heatherdale hall on June 16 for the annual district convention. The hall was decorated for the occasion with plants, lilacs, and blossoms.

Mrs. A. J. MacPherson presided.

Mrs. Stillman Acorn replied.

Some institute reports included a short history of early settlers and the names of homes in their district over 100 years old.

The guest speaker, Mrs. Douglas MacGown, Montague, a director of the Dominion Drama Association, gave an interesting talk on drama, by outlining its benefits and stressing the need of teaching it to children at an early age.

Fun and nonsense, in the form of a question and answer game was conducted by Brooklyn.

Mrs. Frank Bagnall, Editor of Women's Institute News, asked the members to subscribe to "The News" and when received to put it on file for future reference.

Miss LeClair brought greetings from the Provincial executive and displayed articles she had made consisting of place mats, cushions and aprons.

A paper on education was presented by Mrs. Belhm.

Mrs. W.A. Bruce, Valleyfield read her essay, "Life on the Island in 1864, which won third place in the recent Centennial Essay contest.

A table of home made fruit breads was judged by Miss LeClair, and the first prize went to Mrs Marion MacPherson.

A sing song led by Whim Road Institute, with Mrs. Preston Peardon as pianist was enjoyed.

Many items including a doll, books and dishes over one hundred and twenty-five years old, were on display. The door prize was won by Mrs. A. N. MacPherson.

Supper was served by Bellevue and Grandview Institutes.

ALBERTON CWL

Mrs. Ray Foley presided at the June meeting of Alberton parish council of the CWL which was held in the assembly hall.

It was decided to donate five dollars for prizes to the regional high school.

Plans were made for a white elephant and rummage sale with Mrs. Ray Foley, Mrs. James Broderick and Mrs. Bryden Smith in charge.

The president, Mrs. Ray Foley, was appointed a delegate to the diocesan convention, with Mrs. Harold Skerry as alternate.

Rev. Gerald Steele spoke on the lay apostolate in planning the role of lay people in carrying out the evangelizing and civilizing roles in the church.

The meeting closed with prayer by father Steele.

ST. JAMES PARISH CWL

The June meeting of the St. James Parish Council of the Catholic Women's League was held at the home of Mrs. John L. Murphy.

Mrs. Elmer McCourt presided and the meeting opened with the League Prayer. The minutes of the last meeting were read by Mrs. John Hagan and approved.

A motion was passed that a donation be sent for the girls scholarship at St. Dunstan's University. Three pantry sales were planned to be held at a grocery store in Summerside in the near future.

Two delegates were appointed to attend the C.W.L. convention in Charlottetown. The next meeting will be held at the home of Mrs. Ambrose Curley.

LITTLE FLOWER C.W.L.

The Little Flower Parish council of Morell Catholic Women's eague held their June meeting in the Sacristy.

Mrs. Emmett MacDonald presided. The Spiritual director, Msgr. Sullivan opened the meeting with prayer.

Much discussion took place on plans for the Provincial Convention to be held on June 21st at St. Dunstan's, with a goodly number of volunteers to attend the convention.

It was decided the per capita fees be sent to Provincial Following this meeting.

The ladies volunteered to take care of the table linens and communion cloths for the year.

It was decided that the chairmen of citizenship pick a committee to visit the new comers and newly weds of the Parish.

The Girl Guides were designated to take care of obtaining and arranging flowers for the altar during the summer months. It was also decided the Girl Guides be organized to lay out the vestments for the Priest for weekday and Sunday Masses.

It was moved and seconded the CWL gave $25 to help defray cost of Girl Guides going to camp.

ST. Peters C.W.L.

The monthly meeeting of St. Peters CWL sub division of Seven Mile Bay Parish was held on Tuesday evening.

Minutes of each meeting were read and approved. Spiritual convener to prepare new list for Perpetual Rosary on First Saturdays to be posted in church entrance.

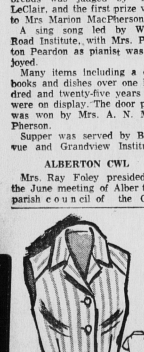
A report from the committee appointed to assist with Centenial Day and Bedeque was read. Mr. Robt. Carmichael and Everett Muttart were asked to assist with booth, members of council to work in canteen for 5 p.m.

It was decided that the expenses for two delegates to attend Provincial convention at St. Dunstans be paid and Mrs Doris Rogers and Mrs. Donald. Sutherland were appointed to attend. Fr. M. Donald expressed the wish that as many members attend the convention as possible in Charlottetown.

The meeting closed with Act of Consecration and decade of Rosary.

FORD H TO MARRY?

LONDON (Reuters) — Mrs. Christine Austin, widow of a British naval officer, expects to marry automobile magnate Henry Ford II in Italy in October, the Daily Sketch reports. The Sketch says she has told friends the wedding will most likely be in Milan where she has a home. Ford has made no statement about wedding plans.



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HAPPENINGS

Audrey Jenkins, Women's Editor; Phone 4-8506

Mrs. Fred Campbell, Graham's Road was hostess to the members of the St. John's Presbyterian Women's Missionary Society for the annual meeting.

Mrs. Waldron Ferguson was devotional leader. The theme of the devotions was "The Christian's Pleasure" and the opening prayer was given by the president, Mrs. Armel MacKinnon.

A motion was passed that all officers be re-elected, as follows, president, Mrs. Armel MacKinnon; 1st vice president, Mrs. Waldron Ferguson, 2nd vice president, Mrs. Oscar MacKay; secretary, Mrs. Don MacKay.

The treasurer reported that the group had raised $387.94 for missions.

The members were shown several collar styles and one was chosen for choir gowns. It was decided to extend an invitation to Presbyterial for next year's meeting.

Bible study was conducted by Mrs. Angus Green and study book by Mrs. Fred Campbell.

Claude MacLean and Nettie MacLean of Pictou, N.S., were recent guests of his daughter, Gayle MacLean, Montague.

Donnie Stewart, crew member of the frigate Fort Erie is visiting his mother, Mrs. Hattie Stewart, Sturgeon.

Mrs. Reuben Watts and daughter Leslie of York, were weekend guests of her parents, Mr. and Mrs. Cecil Campbell, Commercial Cross.

Mr. and Mrs. Addison L. MacCabe and son Gordon, Naughton, Ontario, arrived on the Island by car Thursday where they will spend a two-week holiday at the homes of their parents and grandparents, Mr. and Mrs. R. H. Wood, Hazelbrook and Mr. and Mrs. E. A. MacCabe, Alexandra.

Mrs. Mabel Hearn of Pictou, N.S., was a recent guest of friends and relatives in Georgetown.

Mrs. H. J. Pike, Fredericton, N.B., is a guest of Mr. and Mrs. J. H. Myrick, Alberton.

Mrs. Herbert Fraser, Alberton South, spent the weekend with her son-in-law and daughter, Mr. and Mrs. Burton MacKenzie, Sussex Corner, N.B.

Mr. and Mrs. Burton Stewart and Mrs. James Stewart, Elmsdale, have as their guests the latter's nephew, Darrell Cunningham, and Miss Esther Gordon, both of Newtonville, Mass.

William MacLean of St. John's, Nfld., arrived in Borden on Friday to visit his parents, Mr. and Mrs. Hampton MacLean and his wife and children Marla and Mark, who came to Borden a few weeks ago.

Mr. and Mrs. Reginald Rodgers who left a month ago to attend the wedding of their granddaughter Pamela Saunders at Phoenix, Ariz., have returned to Borden.

IDA BAILEY ALLEN

Juicy Vegetable Vitamins Squeezed For Dieters

IT IS NOT enough to plan a diet containing the right protein, carbohydrate, fat calories and a satisfying amount of bulky food. Body - building and reconditioning would be impossible without vitamins and minerals, those twins that work together with enzymes to regulate gland action, digestion, assimilation and elimination, release the nutritive values of good and assist in preserving the characteristics of youth.

Fail To Investigate

We all know that orange juice and other fruit juices are vitamin - rich and that tomato juice is important. But many do not stop to investigate canned mixed vegetable juice made from tomatoes, carrots, celery, beets, parsley, lettuce, spinach and watercress, with salt, monosodium glutamate, Vitamin C and natural seasonings.

A 46 - oz. can is a budget - and - health - wise buy. It may be used chilled, or heated as a bouillon; carrots and other "sweet" vegetables may be simmered in it. Use it instead of other liquid in making fish or seafood sauce or the following molded saladettes.

Measurements level; recipes for 6

MOLDED VEGETABLE JUICE SALADETTES

¼ c. cold water
½ tsp. beef bouillon powder
½ tbsp. lemon juice
1½ envelopes unflavored gelatin
1¾ c. canned mixed vegetable juice

Into cold water stir bouillon powder, lemon juice and gelatin. Stir - heat over hot water. Gradually stir into 1 c. of vegetable juice, then stir in remaining juice.

Rinse 6 (8 oz) molds or custard cups with cold water. Fill with vegetable - gelatin mixture. Refrigerate 3 hrs. or until firm enough to unmold.

Garnish: curly chicory. Topping: pass whipped cream cheese, spiked with white horse - radish.

TOMORROW'S DINNER

Molded Vegetable Juice Saladettes
With Whipped Cream Cheese
Broiled Flank Steak With Chicken Livers
Brown 'n' Serve Sausages and Broiled Tomato Slices
Potato Pancakes
Compote of Seasonable Fresh Fruits
Hot or Iced Coffee or Tea, Milk

LONDON BROIL PLATTER OF FLANK STEAK, CHICKEN LIVERS AND BROWN 'N' SERVE SAUSAGES

1 lb. thick flank steak (tenderized)
1 tbsp. cooking oil
½ lb. chicken livers
½ lb. brown 'n' serve sausages
Broiled tomato slices.

Tenderize flank steak as directed on pkg. Brush with cooking oil; broil about 15 min. Turn once. Place in 375 degrees F. oven to finish, about 15 min. Cut in thin diagonal slices.

Broiled Chicken Livers: Wash chicken livers- halve; drain on absorbent paper. Dust with seasoned salt. Sauté about 5 min. at moderate heat using equal parts cooking oil and butter.

Broiled Brown 'n' Serve Sausages: Follow pkg. directions.

Broiled Tomato Slices: (Recipe recently given.)

THE CHEF ASSEMBLES THE PLATTER

Arrange the flank steak in overlapping slices down the center. At the sides alternate the chicken livers and sausages. On each end overlap the tomato slices. Garnish: parsley or cress.

Safety Award To Hunter River WI

The members of the Hunter River Women's Institute were guests of Mrs. Fred Jeffery of Carleton for their June meeting.

The meeting opened with Mrs. Emmett Bernard presiding.

A committee consisting of Mrs. Kent Ellis, Mrs. Alan Smith, Mrs. Wesley Green, was appointed with Mrs. Lloyd Carew as chairman, whose duties are to see about the starting of swimming classes and to contact the parents and to inquire about transportation.

Mrs. Bernard offered to contact the Centennial Committee to get banners for the village.

Monday, June 8, was to be clean up night.

This group will again, this year collect on commission in the interests of the New Glasgow fire department.

Mrs. Jack Bernard was thanked for her work.

Hunter River Women's Institute won an award from a local radio station of Summerside in the safety program.

The meeting adjourned and refreshments were served by the hostess and committee in charge.

● SNACKS AND
● ICE CREAM TREATS

HERMAN'S DAIRY BAR
Airport Road

MARY HAWORTH

Let Your Youngster Choose Time For Toy

Dear Mary Haworth: I enjoyed very much the recent exchange of readers' views, concerning the pros and cons of toy guns for children.

I was surprised and relieved to learn from the testimony of the majority that toy gun play is only a passing phase with children, who seem to drop it of their own accord around age 10 or so.

We have a baby son not quite a year old and I had meant to keep toy guns away from him. Now I'll get him one for his birthday or Christmas.

Your column really helps my husband and me in raising our boy, as we both come from very small and often too close families. Sometimes we wish our parents had had more children (I am an only child and my husband is one of two); it would have given them more to worry about.

But don't get me wrong. Our folks are wonderful and we love them dearly. It has taken me over two years, however, to accept as natural the gransparents' solicitude for our baby, their third and youngest grandchild. I can even ask their advice! And I am still learning.

Your writings often help to balance out differences in family opinion as to what is best for our baby. Thus you've befriended us on many occasions.

In closing, a word of caution to young girls who say they are marrying only the man, not his parents. They are wrong. You marry the whole cotton - picking family. So be sure you can get along with them all before you marry; then things will be easier as babies arrive. G.P.

Dear G.P.: In your shoes, I wouldn't hurry out to buy the baby a toy gun. Practise restraint. Wait until he is of an age to register his preference for such play equipment.

I think it is between the ages of three and five years, more or less, that children begin to show a competitive acquisitive interest in toy gun toting, as they observe other children the same age or older playing bang - bang games.

Your word of caution to girls, that choice of marriage includes carefully considered involvement with the whole line - up of in - laws, is well spoken. I am glad you've found this column helpful; thanks for saying so. M.H.

Dear Mary Haworth: I want to say something on the moot question of whether to give money to panhandlers. My father's philosophy on that score has always been mine.

When someone asks for help, at you door or elsewhere give. Thus you meet your obligation of charity. If he or she asks is deserving, it is good to have helped him. If he is undeserving, that is his problem and he will have to answer for it.

Considering all the money we spend on non - essentials, it is obvious that giving to beggars (deserving or not) won't pauperize us. Are we so callous that we can enjoy our comforts while refusing to aid the down-and - out?

Too many of our well - off people seem always to ask "What's in it for me?" Growth is in it for us, if we will practise forgetting self and giving to others, opportunely.

When I read of honors conferred upon persons of achievement, so - called, I often wonder how many of them remember to thank "the Man upstairs." When we are born there is no guaranty that any of us will ever be anybody or have anything.

To all who've ever turned people away empty - handed — beggars, salesmen, volunteer workers — may I say: try bearing in mind that "There but for the grace of God go I." How would you feel if someone treated you so? Be charitable next time somebody gives you the chance. F.R.

Dear F. R.: A reasonable philosophy, ably articulated. It may persuade many in favor of giving who, until now, had been feeling sincerely that kindness to panhandlers unwisely encourages them in wilful sloth. M.H.

Many Haworth counsels through her column, not by mail or personal interview. Write her in care of the Guardian.

DOTS WITH COLOR

The smoke-ring scarf is a white with a choice of dots that include such favorite shades as navy, red, gold, black and coffee. So it will be no trouble at all to match dots and dress colors.

ELLEN'S DIARY

Dawn-Break Moments Luxuriously Relaxing

What a lowing there was this dawn - break at Alderlea — a tender plaintive questioning sound. It was repeated in the silence. And then all was still.

"She has found him" we said.

"It seems so" James agreed with a relieved sigh. "I thought he had perhaps slipped through a fence and got lost in the bush."

He settled back then on his pillow beside ours.

Nice moments these are, and luxuriantly relaxing which lets one linger a while abed before rising... In the white birch across the yard, the robins were already at their breakfast board. Twittering away in the family as do we when the children are about. The mother encouraging the young 'uns to "Eat up your porridge so you'll grow big!" And "You don't like the egg? Sick of them, eh? Well, aren't you fortunate to have one! Don't you know that in the wartime in England eggs were among the rationed foods? They might have had yours? For shame!"

Papa Starling whistled blithely. Was he staying his spirt thus while she made the breakfast? He could be, the thought come, lending his assistance; putting down the cups and plates, the silver and the foods she prepared. Though the while, like a bright smile could be perhaps more inspiring, since after all, by and large, this is women's work.

"We must..." we planned for the day ahead.

"This is all very nice, Ellen" James said putting aside the covers. "But it won't get our chores done! Hurry the fire, will you? That sow will be needing a warm drink... And Ellen" he smiled heading for the stairs. "I wouldn't be a mite surprised to see a foal in that box - stall this morning!"

The sow duly received her warm drink. But as yet, with the old clock ticking off the late minutes of the day, no foal has been added to our stable.

"At present" one wrote from a southern clime in a letter received this morning, "the temperature is round about 90."

On this Island farm today, long breaths of cool air we enjoyed. And in it was the spruce-scent, and apple bloom, and lilacs.

Now the blades of the new grain in a silken green commence to clothe the grainlands. Caressingly the June winds stir them into engaging wavelets that pass and repass.

"Coming nice, that first field is" James reported at dinner, "though I fancy we could have put on a bit more grain there. Yes, it was sown a little on the thin side, I'd say."

In a clear sky, ribboned by thin streamers of white cloudlets the moon now rides an old trail.

"It's a pretty night" the younger farmer offers, come by at his day's close to pick up the papers before homing to the house across the lane.

And this was the second day of our new workaday week.

Until tomorrow — Diary — Good - night.....

PEAKES

J. P. Hendricken was a visitor in Charlottetown recently.

Mrs. Edward Jay and Alton Jay returned home recently from Cambridge, Mass., where they attended the funeral of Mrs. Jay's brother-in-law.

George Doom was a visitor in Charlottetown recently.

Mr. and Mrs. Johnny MacDonald, Mount Mellick were visitors at the home of Mrs. MacDonald's parents, Mr. and Mrs. Edward Jay last week.

George Jay was a recent visitor in Charlottetown.

Mr. and Mrs. Alton Jay with daughters Gail and Isabel and son Alvin were visitors in Nine Mile Creek Sunday where they were the guests of Mr. and Mrs. Robert MacDonald.

Clifford Affleck was a weekend visitor at the home of Mr. and Mrs. Floyd Jay.

Mr. and Mrs. Harold Affleck, Mount Stewart were Sunday visitors at the home of Mr. and Mrs. Edward Jay.

Mrs. J. P. Hendricken was a visitor in Charlottetown last week.

Floyd Jay was a recent visitor in Charlottetown.

Student Vows To Return For Red Sweetheart

LONDON (CP) — British student Mervyn Matthews, separated from his Russian sweetheart and expelled from the Soviet Union, vowed on his arrival home that he would try to get her out of the Soviet Union. Soviet Union.

Matthews, 21, said he and Ludmilla Bibikova, 20, were formally engaged according to Soviet standards and expressed belief it was Soviet government opposition to marriages with foreigners that got him expelled, not charges of speculation and propaganda expressed by Moscow authorities.

Looking pale and tense Matthews told reporters: "We intend to press on with our plan to marry. I shall speak to people who know something about this kind of case.

"Our wedding was fixed for June 9 and we had bought the ring. Then we were told the wedding would not take place.

"Russians don't like engagements between Russian girls and foreign citizens."

The Russians accused him of "impermissible activities," hostile propaganda and economic speculation.

The 48-hour expulsion order was handed to the British Embassy Wednesday. Matthews finally agreed to let the embassy arrange his departure Saturday.

Medical Plan Seen Beyond General Reach

SASKATOON (CP) — Health Minister Dave Steuart of Saskatoon said he does not think Canada at present can afford the medical care plan envisaged in the report of the Hall royal commission, announced Friday.

"We should take a responsible look at it now and possibly put it into effect in stages," Mr. Steuart said in an interview.

"It is a sweeping report and the proposals contained in it would be very costly," he said. "We in Saskatchewan look forward to a cost-sharing arrangement with the federal government but there is a tendency to look on federal aid for provincial programs as 'found money' and we must keep in mind that, as Canadians, we eventually have to pay the bill."

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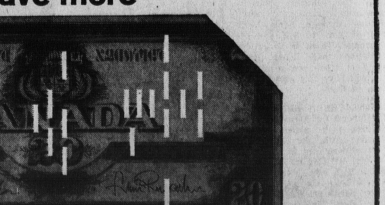

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