

**UPEI**  
**FITNESS**  
**INTRAMURALS**  
**RECREATION**



**SELECT YOUR PROGRAM**  
**NOW**  
 Watch Bulletin Board  
 Pit in Library  
 Residences  
 Cafeteria  
 Gym

**AEROBIC EXERCISE**  
 CLASS INSTRUCTION  
 MONDAY AND WEDNESDAY 5:30pm - 6:30pm  
 ALUMNI GYMNASIUM - BEGINS SEPT. 12th  
 STUDENTS - FREE FACULTY/STAFF - \$25.00  
**AEROBIC VIDEO**  
 EXERCISE TO AEROBIC VIDEO  
 LOW IMPACT OR REGULAR  
 SET UP A TIME CONVENIENT TO YOU  
 BY CALLING 566-0606

**TENNIS**  
 ALL STUDENTS  
 FOLLOW COURT RULES POSTED  
 RACQUETS AND BALLS AVAILABLE  
 IN THE GYM

**WT. TRAINING/FITNESS**  
 WEIGHT ROOM IS OPEN EVERY DAY 8:00am-11:00pm  
 CONTAINS UNIVERSAL WEIGHT MACHINE AND  
 EXERCISE BIKE  
 PROGRAMS FOR INDIVIDUALS CAN BE DESIGNED  
 BY CONTACTING THE ATHLETIC DEPT.

**SOFTBALL**  
**COED SLOW PITCH RECREATIONAL LEAGUE**  
 - ENTER A TEAM OR GIVE YOUR NAME  
 TO BE PUT ON A TEAM  
 - ENTRY FORMS AVAILABLE IN THE  
 GYM OR LIBRARY "PIT"  
**MEN'S RECREATIONAL LEAGUE**  
 - ENTER A TEAM OR GIVE YOUR NAME  
 TO BE PUT ON A TEAM  
 - ENTRY FORMS AVAILABLE IN THE  
 GYM OR LIBRARY "PIT"

**TOUCH FOOTBALL**  
**WOMEN'S RECREATIONAL LEAGUE**  
 - ENTER A TEAM OR GIVE YOUR NAME  
 TO BE PUT ON A TEAM  
 - ENTRY FORMS AVAILABLE IN THE  
 GYM OR LIBRARY "PIT"  
**MEN'S RECREATIONAL LEAGUE**  
 - ENTER A TEAM OR GIVE YOUR NAME  
 TO BE PUT ON A TEAM  
 - ENTRY FORMS AVAILABLE IN THE  
 GYM OR LIBRARY "PIT"

**EQUIPMENT SIGN OUT**  
 MON-FRI - 8:00am - 4:00pm Athletic Dept  
 MON-THURS - 4:00pm - 8:00pm Control Room  
 FRIDAY - 4:00pm - 6:00pm Control Room  
 SATURDAY - 1:00pm - 4:00pm Control Room  
 SUNDAY - 1:00pm - 4:00pm Control Room  
 - 6:30pm - 9:30pm Control Room

**RIFLE CLUB**  
 COED  
 MEETING FOR ALL INTERESTED  
 WEDNESDAY SEPT. 21 7:00pm  
 LECTURE THEATER - AVC

**FENCING CLUB**  
 COED  
 STARTS  
 SEPTEMBER 10th  
 9:00-12:00  
 EVERY SATURDAY

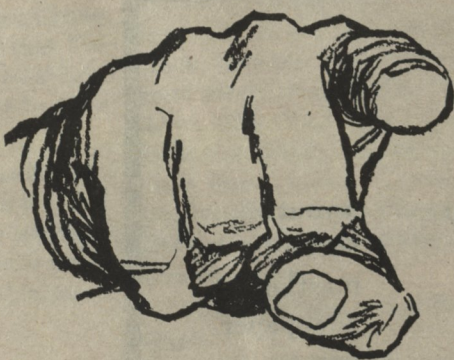
**FOR MORE INFORMATION**  
**BARB MULLALY**  
**UPEI GYM**  
**566-0606**

Week 2 of Living  
 by a Burger King.



**WIN A TRIP  
 TO TORONTO OR MOSCOW**

**All Students**  
**Freshman**  
**Sophomores**  
**Juniors**  
**Seniors**  
**Meeting**  
**Friday Sept 16 1:30**  
**Second floor Barn**  
**Elections**



Freshman President  
 Sophomores Vice-President  
 Treasure  
 Secretary  
 Help Committee  
**General Meeting**  
 Juniors  
 Seniors  
 Facts about upcoming election

**Get Involved Know What Is Going On & Has  
 Gone On!!**  
**Friday 1:30**

All of this can be yours with the debating Society. Join now! We will have an information meeting Wednesday, September 21 at 11:30. Watch for posters.

If you have never debated in your life, don't be shy. We plan to host a workshop very soon.

We will be involved in approximately five main debating events depending on the interest. Right now we are looking at the Halifax Open International, Canadian National Championships at Queen's and the Annual Holland

College Debate, of which you should know we have the trophy (in the lobby, if you haven't noticed). You can go as far as debating in Moscow, if you want.

We like to hold some local events, round robins and weekly impromptus for practice as well. There is a lot of time and work involved, but regular sharpening of skills and wit. It is a good experience for anyone.

Call Vivian anytime at 894-4604 for further information.



Vivian Huizenga, President UPEI Debating Society, Sr. Arts  
 Dr. Andy Tasker, Debating Faculty Advisor, Vet College  
 Dr. David Sims, Debating Faculty Advisor, Vet College  
 Dr. Claudia Mitchell, Past Supporting Faculty Advisor, Education