



FOR THE VERY YOUNG

On the occasion of his 10th birthday (yes, it is just 10 years since Christian Dior launched the "new look" which revolutionized the world of fashion) Mr. Dior says that "fabrics are more supple, but without softness."

A perfect example of the fabrics about which this master designer speaks is the silk and Acrylic ribbed shantung which he selected — from a wide range of wondrously textured fabrics created by continental fabric designer Mikki Sekers for his model "Petit Dior."

It is a tight-bodied wide, wide skirted dress designed for the very young. The low, rounded décolleté with single jewel emphasis typifies many of the short evening dresses at Maison Dior this season. The hat is made of white feathers which delicately frame the face.

ELLEN'S DIARY

Opinions Vary On Letting The Women At It

"If they'd just let the women at it" we commented with a chuckle to the mostly-male assemblage along our fireside tonight. There would be a satisfying peace in no time.

"Well there's this to it" an older farmer said with a half-smile, "whether it's their fault or their virtue, we'll have to admit that if their hearts were once set on earth — they'd wear away a stone with their words" he chuckled.

DAILY PATTERN



Each One Yard 54"

4719
SIZES 10-18
PRINTED PATTERN
Thrifty Easy This Printed Pattern is a sewing wonder. Bloused jacket, cape, bolero — each just one yard 54-inch fabric. Prettiest cover-ups for all your spring and summer fashions.

Today brought us varied endeavours and scenes. We saw, with James content to be an onlooker only, the young farmer train for a while the young mare to bridle and harness, taking advantage of the drifts lying now on the fields to help him at the task. She proved to be an agreeable pupil. We saw too, a trophy of a chase hang inert on a paling of fence, beautiful red coat glinting in the sun. This was a fox, one of it would appear a diminished number of those that den in the fastnesses of the woodlands hereabout.

This modern design features the finish type of door which does not require mouldings to cover the edges of the plywood. Edges do not show when cabinet is closed. The drawers are the block-front type which are the easiest of all for the amateur to make. The piece is 46-inches high and 42-inches wide. Make it with hand tools or take the pattern to your neighborhood woodworker to be cut out.

Father Performs Ceremony At Daughter's Wedding

A very quiet but pretty wedding was solemnized at the Manss, West Covehead on Saturday, January 26, 1957 when Mary Elizabeth younger daughter of Rev. and Mrs. W. H. Forsyth was united in marriage to Donald Stewart only son of Mr. and Mrs. James Allan, West Covehead.

LET'S EAT

Substantial Lunch Dish Made With Green Beans

By IDA BAILEY ALLEN
"Did you know that green snap beans were first grown in this hemisphere, Chef?" I asked. "Long before the French began cooking their now famous haricots verts, Indians all over this country were growing them."

they were boiled. Add 1/4 tsp. salt, 1/4 tsp. pepper, 2 chopped peeled medium onions, 1 chopped seeded green pepper, 1/2 c. chopped celery and 3 tbsp. uncooked rice. Slow-boil 25 min. Add the shrimp, and 1 pt. rich milk or 1 c. each light cream and milk.

Bring to boiling point. Simmer 5 min. Remove the bouqet garni. Serve in bowls; garnish of minced parsley. Sunday Dinner: Celery and Carrot Sticks, Blanquette of Veal, Buttered Rice Pilaf, Green Beans, Lemon Chiffon Pie or Sliced Oranges, Coffee Tea Milk.

KEEP IN TRIM

Back Strengthening Exercises Needed Today

By IDA JEAN KAIN
As life becomes physically easier, we have more back troubles. We are a nation on wheels, and get very little regular exercise in the form of walking. And this being a push-button age, we do not use our muscles vigorously in our everyday living.

Exercise, but with palms of hands on thighs. Movement: Lift head and shoulders from the floor as you slide hands down toward flexed knees. Hold this position for a slow count of six, and slowly return head to floor. Repeat exercise three times.

MORNING SMILE

A stranger was talking to an old-timer in a small Alabama town. "I don't like the looks of those clouds... look just like some we had back in Texas just before a tornado struck."

HOUSEHOLD HINT

If you're planning to make a pudding with suet, keep suet in the refrigerator until it is thoroughly chilled, and it will chop more easily.

WIFE PRESERVERS

Fresh green vegetables and greens won't spoil in the refrigerator compartment if you line the bottom of the container with paper toweling. The toweling absorbs the excess moisture which accumulates in the bottom of the container.

WOMEN

Lena Caroline McLure, Women's Editor. Phone 8508
Page 8 The Guardian Friday, Mar. 1, 1957

HAPPENINGS

Mayor J. D. Stewart and Mrs. Stewart are entertaining this Friday and Saturday evening at their residence, Crestwood Avenue.

One of the pleasant occasions this week was the tea following the opening of the Legislature. This was given by the Liberal Women's Association and was held in the historic Confederation Chamber. Lovely flowers, pretty hats and dresses all enhanced the Opening Tea.

The regular meeting of the Exemplar chapter of Beta Sigma Phi was held Wednesday evening at Mrs. George Walters' residence.

Mrs. W. R. Aitken and Mrs. Ivon Horne entertained at a supper party Thursday evening at Mrs. Aitken's residence, Longworth Ave. The occasion was in honor of Miss Mildred Thompson, R.N., and she was presented with a beautiful gift to commemorate the occasion.

Mrs. R. G. Lea is entertaining at the tea hour Friday afternoon at her residence, Green Street.

Mrs. Howard Kemp attended an anniversary meeting of the Merilene City View Women's Institute in Ottawa wearing the same dress and hat she wore to preside at the first meeting 36 years ago.

The regular meeting of the Hampton Young People's Society was held in the recreation room of the hall on Monday evening on Feb. 11. With a large number in attendance.

The meeting opened with the devotional period which was in charge of Sheldon MacNevin. Hymn "What a Friend" was sung from Matthew 3, and prayer and study by Rev. M. V. Charman.

The regular monthly meeting of the Wheatley River W.I. was held at the home of Mrs. Leonard Ling on Feb. 6. Meeting opened with the Ode followed by the Creed in unison.

The February meeting of Princeton Road United Church W.M.S. met at the home of Mrs. Frank Crabbs. The worship period was taken by Mrs. Preston Sentner.

The regular monthly meeting of the Fairview Women's Institute was held at the home of the president, Mrs. George Smith. Owing to the absence of the secretary,



CHEF'S CAP
This white satin is a creation centered with a large rhinestone pin; from Mr. John's junior collection, it's a new place to wear your cap. The softly draped crown is accented with a large rhinestone pin; from Mr. John's junior collection, it's a new place to wear your cap. The softly draped crown is accented with a large rhinestone pin; from Mr. John's junior collection, it's a new place to wear your cap.

whose duties were taken by Mrs. Delmar Currie, who consented to act for the remainder of the year. Two new members were welcomed. Many things of interest were discussed including Hungarian Refugees, Citizenship Day, collecting old woollens to be sent for blankets, as well as distributing material for aprons.

Local affairs were not overlooked. Delectable refreshments were served by the hostess. Meeting closed by singing National Anthem. Next meeting roll call to be answered by Irish joke and program to consist of Irish readings, and songs.

On Feb. 14 the Fairview W.I. members very unexpectedly and delightfully paid a call at the home of one of the members Mrs. A. E. MacMillan. They entered singing "Happy Birthday." A gift beautiful birthday cake and other delicious eats were all part of the much appreciated visit.

A surprise was a very thoughtful gesture by the members of the active enthusiastic group and was truly appreciated.

ST. GILBERT SOCIETY
St. Gilbert Society held their monthly meeting recently at the home of Mr. Aubin Arsenault. Roll call was answered by 14 members. N. W. committees were appointed. It was decided to donate \$20.00 to St. Thomas Aquinas Society also to send \$15.00 to Rev. Raymond Gallant, Missionary in Africa.

It was also decided to knit an all wool blanket for the St. Vincent Orphanage. Next meeting is to be held at the home of Mrs. Aylre Maddix. Bingo was played at conclusion of the meeting and a vote of thanks was presented to Mrs. Aubin Arsenault and Mrs. Anthony Gallant for their hospitality and good lunch.

KITCHENER, Ont. (CP)—Modern chairs have been placed in the public library here but every one seems to prefer a 53-year-old chair with a harp back and two arms. It is rarely unoccupied.

PRINCETOWN W.M.S.
The February meeting of Princeton Road United Church W.M.S. met at the home of Mrs. Frank Crabbs. The worship period was taken by Mrs. Preston Sentner.

Newport minutes were read and approved. Roll call was answered by verse containing word justice. 2 hospital calls and 14 home calls were reported. Word for next meeting "Salvation." Mrs. Dale Proud invited members to her home for next meeting. Devotional leader Mrs. Ivan Sentner, Study book, Mrs. Beaumont Newport.

4. members paid dues. Collection \$121. Hymn 431 was sung. Lunch committee Mrs. Ivan Sentner, Mrs. Eva Sentner, Mrs. Preston Sentner, Mrs. Everett Clow. Meeting closed with Mizpah benediction. Lunch was served by hostess and ladies in charge.

FAIRVIEW W.I.
On Wednesday February 8, the regular monthly meeting of the Fairview Women's Institute was held at the home of the president, Mrs. George Smith. Owing to the absence of the secretary,

Win "Silver Dollars"

Get your entry form in to the "Silver Dollar Man". Forms are attached to every carton of Nesbitt's Orange and Evangelical Flavors and every large bottle of Evangelical.

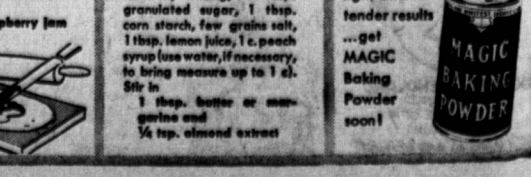
Win Up To EIGHT SILVER DOLLARS
Listen To "The Silver Dollar Man" Every Tuesday and Thursday over CFCY—11.30 a.m.

- SPECIALS -

REG. TO 1.50—SPECIAL SEAMLESS HOSIERY, Special 1.39
6 ONLY—CLEARING WINTER COATS, each - - - 19.99
STRETCH—SIZES A-B-C ORIENT HOSIERY - - - - 99c

THE FASHION SHOPPE

Protect all your ingredients with dependable MAGIC! Get light and tender results — get MAGIC Baking Powder soon!



Try my wonderful GLAZED PEACH PINWHEEL PUDDING!

Cut in finely 1/2 c. chilled shortening. Make well in dry ingredients; add 1/2 c. milk and mix lightly with a fork, adding milk, if necessary, to make a stiff dough. Knead 10 seconds on floured board. Roll out to 8- x 12-inches. Spread with 1/4 c. thick raspberry jam.

Drain and save syrup from 20-ounce can sliced peaches. Stir together once, then into bowl, 3 c. once-sifted pastry flour or 1 1/2 c. once-sifted all-purpose flour, 4 tps. Magic Baking Powder, 1/2 tsp. salt, 1/4 c. granulated sugar.

Sprinkle with 2 tps. chopped almonds. Arrange peaches over dough. Beginning at a short edge, roll up; cut into 6 slices. Place, cut side up, in greased 7- x 11-inch pan. Bake in hot oven, 400°, 25 mins. Meanwhile, bring to boil, stirring, 1 tps. granulated sugar, 1 tps. corn starch, few grains salt, 1 tps. lemon juice, 1 c. peach syrup (use water, if necessary, to bring measure up to 1 c.). Stir in 1 tps. butter or margarine and 1/4 tsp. almond extract.

Four over partially cooked pinwheels. Bake about 20 mins. longer. Yield—6 servings.

Protect all your ingredients with dependable MAGIC! Get light and tender results — get MAGIC Baking Powder soon!