

The do-it-yourself safer sex condom test workshop

you will need:

- Condoms
- Water based lubricant (K-Y, Mukko, AstroGlide, Wet)
- Hand
- penis, dildo, cucumber or banana

Part One - The Test

Step One: Purchase condoms. Things to pay attention to: -Buy latex, not lambskin condoms. You'll know the difference because lambskin condoms cost about thirty dollars a box. -Check the expiry date. Try to buy condoms with a life span of at least three or more years. -Use lubricated condoms for sex, non-lubricated condoms for blow jobs. -Lubricated? Coloured? Extra large? Extra length? You decide.

Step Two: Purchase lube. Try the drug stores for KY Jelly.

Step Three: Tear open condom pack. Don't use your teeth! Using your thumbnail, squish the condom to one side of the package, then tear the opposite corner. The condom should slide out easily.

Step Four: Extend your hand, keeping the

fingers together. Carefully unroll a condom down the length of your hand. Trust me on this one. Once you have the condom on your hand, whine, "I hate condoms. They're too tight." Have you recently had sex with a penis as big as your hand? Realize this is not a real good excuse for not using condoms.

Step Five: Whine, "I can't feel anything through it." Caress your hand through the condom. Can you say in all honesty that you can't feel anything? Whine, "It feels funny. It's not natural." How natural does an easily preventable, slow, painful death in your early 20s feel? **ADDED Bonus:** If you used a lubricated condom to do this, you won't need to use hand lotion for a while.

Step Six: Your choice. Take the condom off. Stretch your hand while still in the condom. Try to break the condom with your nails. Chase people around and try to slime them with the lube.

Part Two -- Doing It

If you have not already done steps one, two and three from part one, please do so before proceeding.

Step One: Get a banana, cucumber, dildo or erect human penis.

Step Two: Using the lubricant, squeeze a drop into the tip of the condom and squish it around so that it coats the inside of the condom without unrolling it.

Step Three: Squeeze the tip of the condom and gently roll it down the banana, cucumber, dildo, penis, etc.

Step Four: Coat the inside of the condom with

"...banana, cucumber, dildo, penis..."

lubricant. Lube in the inside makes the condom better for him, lube on the outside makes the condom better for whoever else might be participating in this endeavour.

Step Five: Masturbate. Have sex. Get used to the feel of the condoms. Chase people and try to slime them with the lube. **HAVE FUN!**

Robin Forbes
The Charlatan

The spectrum of risk

Sexual behaviours have different levels of risk for different STDs -- the chart may (i) inform you how you have been in the past and/or (ii) inform you how to protect yourself in the future. If -- like many of us -- you are merely an observer in this life, it is also delightful trivia.

This chart depicts risk assuming no protection is used for these behaviours. Using condoms lowers the risk of transmitting STDs by anal, oral, or vaginal intercourse.

HIGH RISK	<ul style="list-style-type: none"> Receptive anal intercourse Insertive anal intercourse Receptive vaginal intercourse Insertive vaginal intercourse
LOW RISK	<ul style="list-style-type: none"> Oral sex on a man with ejaculation Oral sex on a man without ejaculation Oral sex on a woman Oral-anal contact (This is a high risk activity for hepatitis-B but relatively low risk overall.) Intimate kissing Casual kissing Touching, massage
NO RISK	<ul style="list-style-type: none"> Masturbation Talking, fantasy

