

Modern Etiquette

By Roberta Lee

Q. When a girl, who is about to be married, has been living part of the year with her divorced mother who is now re-married, and part of the year with her father who is also re-married, how are her wedding invitations worded?

A. In the name of her mother, as "Mrs. Robert L. Carson requests the honour of your presence at the marriage of her daughter, Betty Ann Smith, to, etc."

Q. Is it all right to express a choice in cocktails when the host or hostess requests it?

A. It is always much better to express a preference rather than to leave the host in a quandary by saying, "Anything at all."

Q. Is it proper for a woman to rise when another woman leaves the room?

A. It is a nice thing to do when the woman leaving is much older, but it is not necessary otherwise.

Household Scrapbook

By Roberta Lee

Covering Footstool

One simple method of refinishing the old footstool is to cover the top with rows of moss fringe, sewing the rows so closely together as to prevent any of the original covering from showing through. By combining two or more colors which harmonize, an interesting effect can be obtained.

Varnished Surfaces

Furniture varnish can be protected if a piece of oilcloth is cut to the same size of a small dolly and placed under the centerpiece on which a plant stands. The table is thus protected from moisture.

Good Coffee

Warm the coffee pot before making coffee. If a little salt is sprinkled on the coffee before pouring on the boiling water, the flavor will be improved.

ELLEN'S DIARY

By An Island Farmer's Wife

In spells of leisure today, we attended to a chore of mending. Blessing all the while, the good Fairy that in the long ago gifted a poor little farm-girl with a liking for sewing. Or perhaps we acquired this partially from other sources; from feminine forbears it may have been, they who spun and wove the druggat and flannels of pioneer years and fashioned these into garments and rugs and blankets for the comfort of the folks in their household.

In any event, in our younger years we learned to use a needle with some skill and in time could make much of our own wear, if not expertly, at least—for us—passably well. We recall raising eyes questioningly at prayer-time in Church to a roguish sister when the devout old Minister chanced to pause a moment in his supplications which—bless his memory!—were so fervent and all-embracing. "It's that dress of yours, Ellen," she whispered with a quiet snicker learned and perfected in school. "He's just noticed that you have put the sleeves in it upside-down!"

Looking back we know we learned something of the gentle art of sewing from Grandmother Ann; and we learned much also from the trial and error method of fashioning miniature garments for our doll. "Now what do you think this big girl of mine wants for Christmas?" a mother smiled fondly on the daughter beside her when we chanced to meet at a city counter where a legion of dolls in all their perfection and beauty were displayed, one day in that season. How drawn are we to those displays! And how we should like to place one in the arms of every longing child!

"She wants a doll," the mother continued. "And I'm buying her one because," she smiled wistfully, "perhaps by next Christmas she will consider herself too grown-up for the like." And we were happy for the child knowing from experience the benefit to be gained from it in the way of needle craft, to stand her in good stead in her mature years.

"Ellen, if you would just show me how to stitch this patch in place," a young helper of the long ago begged of a piece of mending. "I know I could do it!"

"But lawsy child, weren't you all bawn a-knowin' how to mend?" we chuckled. "Mending was our lot and fortune today—overalls ripped and torn from too intimate contact with the woods' work; buttons to replace; worn shirt-collar to turn; young heels to patch; and in a grand finale, blankets to remake... flanellette, more prized now than once, and

Continued on page 9

DOROTHY DIX'S COLUMN—

HE NEEDS HIS LESSON

Bad-Tempered Husband Dictates His Own Separation Ideas

DEAR MISS DIX: What can I do after 11 years of marriage that has included constant mental and physical abuse? My husband has an ungovernable temper and, according to his family, always has had. I love him very much, and am sure if he were capable of loving anyone, he would love me. I've been patient and kind for years, but have given up hope that he'll change. He has a good business of his own.

Realizing at the beginning of our marriage that he needed something that would be a happy responsibility, and since one of his virtues is that he always pays his debts, I persuaded him to build a home. It was a lovely place, but suddenly he decided to sell it as the children in the neighborhood made him nervous. He is very impulsive. We moved to the country, but since I was left alone so much, I finally induced him to move closer to town, which we did six months ago. We now have a charming home, though my husband paid more for it than he should have.

At once a month he goes on a drunk, which is his way of "blowing off steam," and I always stave off business calls, anything that might be embarrassing. He always seems so discontented, especially if he isn't getting his own way. Many times he has asked me for a divorce, then changed his mind. Now, however, he says he really wants one, but won't let me consult a lawyer; he says we can arrange it between us.

He tells me I can't have the house. I don't want a divorce, and I tell him if he wants one to go ahead and get it. However, he has no grounds. At first I thought of walking out and letting him have his way, but because I don't want to hurt him. After thinking things over, I've decided not to do that; it wouldn't make him think any more of me and I've worked very hard to accumulate the things we have. Since he's found out that I'm not giving in so easily, he has made me a proposition. He'll let me stay in the house, living with him in name only, as long as I let him come and go as he wishes. He has been going out with women for some time and, of course, wants the freedom of continuing to do so.

Should I be sweet and kind, hoping he will change?

REMEMBER A WIFE'S RIGHTS

ANSWER: You absolutely bewilder me by the scope of your complacency. Your long letter, which I have considerably shortened, gives proof after proof of your husband's utter responsibility and irrationality, and your complete subjection to each and every whim of his. You also are apparently completely ignorant concerning your own marital and property rights. You do deserve credit for realizing, at the beginning of your marriage, that your husband needed some responsibility and that a home would provide it. From then on, you seem to be entirely concerned with salvaging his feelings, not crossing him in any desire and, in brief, being the perfect "yes" woman.

Your tacit acceptance of his suggestion that you accept the charity of his roof in return, I imagine, for housewifely duties performed, is the last straw. Are you a wife, or an unpaid maid? The gelatinous column that serves you as a backbone probably wouldn't permit you to strike an attitude of independence, but in case it does, I would suggest that you consult a lawyer as to your legal rights concerning the house and other property, and get the divorce question settled once and for all.

Stop urging your husband to get the divorce; if there is to be one, make sure you get it. You certainly have plenty of grounds, and by being the plaintiff rather than the defendant, your reputation, as well as your right to support and property, are protected. However, as long as you go on feeling sorry for your husband, nothing will be accomplished until he decides to turn you out of the house—which will come one of these days, you may be sure.

DEAR MISS DIX: I am a 16-year-old high-school student, and very fond of a boy, 19. Although my parents allow me to date other boys, they will not permit me to go with this particular one because of some mistakes he made when he was younger. I'm convinced that

Continued on page 9

That Body Of Yours

By James W. Barton, M.D.

HOW TO LIVE—WITH HEART TROUBLE

It is known to the great majority of men and women that heart disease is the greatest single cause of death; it is not surprising, therefore, that any slight pain or disturbance in the region of the heart should cause anxiety in the individual and to his family. Heart disease is or is not present; a physical examination will tell the story.

Now, when an attack of coronary thrombosis occurs and the doctor orders the patient to bed, he may think that the end of life is at hand or at least, that he will be a chronic invalid and will not be able to resume his regular occupation.

The truth of the matter is that recorded in the pamphlet "How to Live With Your Heart Trouble" written by Alton L. Blakeslee for the American Heart Association, "Most people recover from their heart attacks and live happily with their hearts." The heart can be damaged like any other part or organ of the body and will likewise recover completely in the majority of cases. Most people with heart conditions go back to work and 80 to 85 per cent of them can return to their same jobs.

Once the patient is learning how to live with a damaged heart, it is up to the family to give him all the help possible; not by being overconscientious or oversympathetic but by using common sense and following the instructions of the physician. It is only natural for the family to be anxious, not only for the patient's own sake but because their whole livelihood and life's happiness may depend upon the patient's recovery. The pamphlet states that there are many things that the various members of the family can do to speed recovery or in helping him to adjust himself to new conditions. "Foremost, perhaps, is the family's responsibility to stand by the patient's side, to let him know that he is still loved and wanted and is very much a part of the family."

The family must keep in mind that a man or woman in good general health suddenly struck down in the midst of an active career, is very likely to fret and fume and be short-tempered. "Fear, anxiety, and self-pity lead these patients to be ill-tempered, grouchy and self-centered. Men and women, who were easy-going, tolerant and understanding when well, may, for a time, become jumpy and irritable."

Complicated

A business man was asked to give his definition of an expert. His answer was succinct and definite: "An expert is one who can complicate simplicity."

Anne Adams Patterns

JRS! FIGURE-PRAISE!

Oh, what this molded middle does to whittle your waist, pare down your hips! So very glamorous, they're raving about this silhouette in Paris! Lucky Junior, have this as a casual dress in novelty rayon or cotton—or as a date dress in swishing taffeta.

Pattern 4821: Jr. Miss Sizes 11, 13, 15, 17. Size 13 takes 4 1/4 yards 39-inch fabric.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions. Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number.

Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.

Cook's Corner

SPONGE DROP SANDWICHES

Besides putting these sponge drops together in pairs with a sweet and interesting filling, you can serve them singly. Just plain as they come. These are very light and delicate little cake-like cookies or cookie-like cakes, with a mild orange flavor. Yield—about 50 sandwich cakes (or 100 single drops).

1/4 cup once-sifted flour
1/4 teaspoon salt
3 eggs, separated
1/2 cup fine granulated sugar
1 teaspoon grated orange rind
1 tablespoon cold water
1/4 teaspoon vanilla.
Measure and sift together twice, then sift into mixing bowl, the flour and salt.

Beat the egg whites until stiff but not dry; gradually beat in 1/4 cup of the fine granulated sugar, beating well after each addition.

Beat the egg yolks until thick and light; gradually beat in remaining 1/4 cup fine granulated sugar, orange rind, cold water and vanilla; beat well.

Add egg yolk mixture to sifted dry ingredients and fold lightly to combine. Add meringue and fold to combine.

Drop mixture by small teaspoonfuls, well apart, onto cookie sheets that have been covered with ungreased brown paper.

Bake in a moderately hot oven, 375 degrees until drops are just set but still quite pale in color—5 or 6 minutes.

Remove sponge drops from paper a few seconds after they come from the oven. (The sheets of brown paper may be reversed to bake following pans of cookies.)

Just before serving put the cold sponge drops together in pairs with thick raspberry jam, lemon or orange filling, or flavorful icing.



4821

11-17

by Anne Adams

How Can I...

By Anne Ashley

Q. How can I make the washing of curtains easier?

A. It is unwise to attempt to wash the curtains as soon as they have been taken down. Place them in cold water to which a generous handful of borax has been added and let them remain soaking overnight. This will loosen the dirt and the washing will be much easier.

Q. How can I obtain relief from the effect of a mustard plaster that has been removed and has left the skin very tender?

A. Apply some pure olive oil to the affected parts.

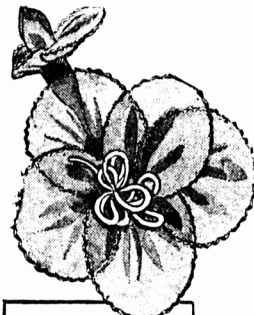
Q. How can I remove grease from the hair?

A. A teaspoon of borax in warm water when washing the hair removes grease and improves the appearance of the hair.

Q. How can I relieve a headache?

A. Relief from headache can frequently be had if a cold water bandage is applied and the person lies down in a darkened room for a half hour.

Alice Brooks Designs



7279

by Alice Brooks

BAZAAR DESIGNER

Newest, best selling bazaar item! Flowers, leaves, stems made from discarded nylon hose—costs almost nothing! So easy, thrifty—make profits galore! So pretty, make some for yourself, gifts!

Gifts! Bazaar! Coveted from nylons! Pattern 7279, directions. Send Twenty-five Cents in coin for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

Morning Smile

Too Good to Be True

He had managed to get a job as collector for the British Gas Board. "Take this master-key and go around and empty all the coin boxes; get all the money," said the manager.

He was gone for three weeks. Then he walked into the office and announced: "Can I have another key? I've lost 'oother one."

"Certainly," replied the manager. "But where have you been all this time. The cashier has stopped late every night expecting you to come for your wages." "Gee!" exclaimed the man, beaming. "do I get wages as well?"

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The skirt—4 gores, with short knife pleat front and back.

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from \$55

Regency collar, French seam front and two-piece back, turn back cuffs on sleeves, 2 lower swirl welt pockets. The skirt—pencil slim, short knife pleats at sides.

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