

Happenings of The Week

Mrs. George D. DeBlois entertained at bridge Wednesday afternoon, and again yesterday afternoon.
Out of town guests at the Richardson-Schurman wedding on Tuesday included Mr. and Mrs. Benjamin Rogers Jr., Mr. and Mrs. Sinclair MacKay and Mr. and Mrs. J. David Stewart, who motored to Summerside to attend.
Mrs. W. J. P. McMillan entertained at a most enjoyable luncheon on Wednesday, when covers were laid for twenty guests.
Mrs. J. K. L. Irwin arrived home from Boston last evening. Mrs. Irwin was visiting her mother, Mrs. E. W. Patterson of Saint John, N. B., who recently underwent an operation in Boston.
Mrs. Gordon Foster entertained the Margaret Stewart Branch of the Canadian Home Reading Union this week.
Mr. and Mrs. E. A. House entertained friends Thursday evening.
Among the bridge hostesses of the week was Mrs. Arthur Davar who entertained Thursday in honour of Mrs. Darrell McGuire.
Mrs. R. R. Bell and Mrs. W. M. Mellish entertained at luncheon bridge Thursday at the latter's home at 20 Brighton Road.
Mr. and Mrs. J. S. Walker are entertaining friends this evening at mixed bridge.
Mr. and Mrs. R. C. Parent will be entertaining this evening at a formal dance at the Experimental Farm.
Miss Catherine Perkins of Montreal was a guest at the Charlottetown Hotel this week. Miss Perkins, in the course of her visit, spoke twice before the Nurses' Association.
Mrs. J. D. Davison entertained yesterday afternoon at a delightful gathering for the mothers of her music students. The guests enjoyed tea, and a number of musical selections by the students as well.
Mr. and Mrs. W. R. Brennan entertained friends at a mixed bridge party Thursday evening.
Members of the Earl of Hillsborough Chapter of the I. O. D. E. held a most successful and enjoyable bridge Tuesday evening at the Clover Club.
Mr. and Mrs. Harold Goodwin entertained at mixed bridge at their home last Saturday evening, when three tables were in play.
Mrs. Arthur Arsenault and Miss Kathleen Hughes have left on a holiday trip to Montreal.
Mrs. J. M. Larabee entertained friends Wednesday night at three tables of ladies' bridge.
F/O Donald Thompson is the guest of his mother, Mrs. C. C. Thompson, 56 Green St. F. O. Thompson was First Officer of the R. C. A. F. "North Star" which carried Red Cross supplies to Holland last week.
Their many friends are very glad to welcome Mr. and Mrs. Jack Edgett back to Charlottetown.
Miss Nancy MacNevin arrived home last week from a month's visit with her uncle and aunt, Mr. and Mrs. W. H. Singleton in Wakefield, Mass.
Mr. and Mrs. Carl F. Burke, Mount Edward Road, left on Sunday by plane for Miami, Florida.
Miss Helen Eden of Ottawa, Ont., is spending an extended visit with her brother-in-law, Judge Gavan Duffy.
Miss Nancy Hyndman entertained friends Wednesday evening before the Valentine formal dance at Prince of Wales College.
The Confederation Curling Club drew to a pleasant close last evening with a "moccasin dance" on the ice. Music for the occasion was supplied by Don Messer and his Islanders.
A shower was held in honour of Miss Vivian Andrews at the home of Mrs. John Costello, Belvedere Ave., on Thursday evening. The many lovely gifts received by the guest of honour were carried in by the twin daughters of Mrs. Costello, while Mrs. Forrest Clow read the accompanying verses. Those assisting in serving the delicious lunch were Mrs. L. D. Howatt, Mrs. Allan Johnston, Mrs. George Cook, Mrs. Forrest Clow and Miss Elva MacKay.
The hostesses at the Summerside Curling Club on Saturday evening were Mrs. Emma Holman, Mrs. A. S. Hopkins, Mrs. Fred Folland, Mrs. James Chappell and Miss Sally Basler.
Mrs. Wendell Muttart and Mrs. Charles Linkletter were joint hostesses at the home of the former in Summerside on Saturday evening honouring the Richardson-Schurman bridal party.
Mrs. Harold Schurman was hostess at her home on Summer Street on Saturday afternoon at a Trouseau Tea previous to the marriage of her daughter, Paula, which event took place on February 10.

Richardson - Schurman Wedding At Summerside



Flight Lieutenant and Mrs. Thomas Richardson, (the former Leila Pauline Schurman) are shown above with their attendants and members of their families following their marriage which was solemnized on Tuesday afternoon, February 10th, at St. Mary's Church, Summerside, with Venerable Archdeacon Harrison officiating. From left to right:—Miss Ione Macdonald and Mrs. D. R. Morrison, attendants; Mrs. Laurie Coles, matron of honour; F/L Thomas Richardson and Mrs. Richardson; Mrs. James Black, Toronto, (the former Patricia Schurman); Mr. Harold B. Schurman; Mrs. Milton Brown, Toronto, (the former Vera Schurman); Mr. Thomas Richardson, Sr., of Whitby, Ontario; Mrs. Harold B. Schurman, mother of the bride. —Photo by Sears.

The Stars Say

For Tomorrow
A FAVORABLE time to tackle postponed or neglected duties or obligations and to plan a more constructive program for dealing with lagging affairs. Patience and perseverance will bring rewards in pleasant social, artistic and even romantic diversions. Recognition for past favors comes in some very tangible way, expressed graciously and with kindness.
If it is Your Birthday
If tomorrow is your birthday, you may find the coming year enlivened and appreciated shown in most tangible form. The workaday energy and spirit, if carried out along practical lines, should result in the attainment of solid reward in addition to the aforementioned aesthetic tokens of appreciation. It should be a year of spiritual felicity.
A child born on this day is bounteously blessed with talents, skills and the constructive abilities required for a career of distinction and gracious living.
Day After Tomorrow
This is a day on which to plan for the future—especially where finances are concerned. It is a time to think in terms of long-range benefits rather than the needs of the immediate moment. Begin the day quietly, meditatively and as the hours progress, you will find that mental energy is beginning to roll into high gear; your mind filled with ideas that you can put into effect.
If it is Your Birthday
Those whose birthday it is may look ahead to a happy, constructive and propitious year; a year of colorful adventure and exciting

DOROTHY DIX'S COLUMN

Hasty Second Marriage
Woman Discovers That, After All, She Loves Her First Husband

DEAR MISS DIX: My first marriage was broken after a silly argument between us. We were deeply in love, but both were stubborn, so I left him, taking our baby. I was an orphan, and had no trade, so things weren't very easy for me. We were divorced, and a year later I met a man who loved me, and asked me to marry him. I knew I didn't love him, but he offered so much in security and companionship that I accepted him. I know it was a poor excuse. Then Tim, my first husband, located us and made arrangements to see his daughter once a week. Naturally, I saw him, too, and it didn't take long for me to realize that all the love I ever had for him still existed. He feels the same about me.
My second marriage has never been a success. My husband is a fine man, but I don't love him. What shall I do?

BE SURE BEFORE ACTING
ANSWER: First of all you must be sure in your own heart and mind just what you want. It's possible that you have a tendency to yearn for whatever it is you don't have—in other words, the grass on the other side of the street looks greener to you. If you are truly convinced that you and your first husband are still in love, and that you want the matter of divorce with your present mate. Your daughter would probably be happier with her own father, though your husband certainly has been most kind to her. It would be tragic, indeed, if you went ahead with a divorce and remarriage only to find that you and Tim were incompatible after all. If you go ahead with these plans, be determined to do everything you can to make your marriage a success. Up to now, it seems that you haven't contributed too much co-operation to either home. You must learn to keep stubbornness in its proper place, and to give as well as take. Every young couple has its quota of foolish arguments, but few of them, thank heaven, lead to divorce.

DEAR MISS DIX: I have been married just a few years and have one child. I have always been a home girl, and don't like to go out unless it's with my husband and child. Naturally, we can't go out too much with the baby, as we always have to have him home early. I don't like the idea of leaving him with a stranger. My husband enjoys going out; he belongs to clubs, the American Legion, etc. Of course, he has to go to most affairs alone, and when he comes home late I am disagreeable and start an argument about it. He wants to stay with the baby so I can go out once in a while, but I don't enjoy myself unless they are both with me.
ANSWER: While your devotion to your family is certainly praiseworthy, don't carry it to the extreme of being over-possessive with them. You are making a mistake in letting your husband go out so much without you. There's no reason why you can't trust a competent baby-sitter, and if you accompany your man to some of the affairs he attends, you'll create a much happier atmosphere at home. He won't be moody with you, and you'll have no occasion to fuss at him about the hours he keeps. When he's out, you stay at home building yourself into a state of martyrdom because you're left alone; naturally, when he returns, you let loose with pent-up resentment. Straighten yourself out, and get your little family on a more normal basis.

DEAR MISS DIX: I am 16 and have been going with a boy three years older. We've been dating for two years. We plan to be married in two years, but at that time he'll still have two more years in service and I'm afraid he'll find other girls while he's away. Should I marry him in two years or wait until he's out of service?
ANSWER: At 16 you have lots of time ahead and I wouldn't worry now about what might happen in the distant future—two years is distant at your age. There's no reason why you should distrust the boy; if you love him, have faith in him. Wait your two years, then see how you both feel.

Miss Nissen cannot reply personally to readers but will answer problems of general interest through this column.
How Can I
By Anne Ashley
Morning Smile
O. K. Now
"So you have been cured of your insomnia? It must be an immense relief!"
"You've said it. Why I lie awake half the night thinking how I used to suffer from it!"
Apologized
An absent-minded man walked into the village barber's shop, sat down in the chair, and asked for a haircut.
"Certainly, sir," said the barber. "Would you mind removing your hat?"
The customer complied. "I'm sorry," he apologized, "I didn't know ladies were present."

That Body Of Yours
By James W. Barton, M.D.
TOO MUCH COMPLETE REST CAUSES CHANGES IN BONES
More and more we are learning that too much rest for parts of the body such as occurs during or following an illness, operation or accident, not only interferes with the healing of the affected part but actually interferes with many if not all of the body's processes.
Thus today there is not the immobilization of the limbs in infantile paralysis but guarded passive movements. Even in heart disease, what is known as the armchair method is in use which allows the patient to sit in a chair instead of lying in bed; allows him to use a bedside commode instead of wrestling with a bed pan, and also allows him to be on his feet for a few minutes several times a day.
It may not come as a surprise as we think of this new freedom of action of ill and convalescent patients, when we read that resting even the bones in which we think there is little life can actually cause a change in the bone tissue, making it more porous.
In the Journal of Bone and Joint Surgery, London, Dr. F. H. Stevenson states that evidence is accumulating that immobilization (keeping part absolutely immovable or the whole patient absolutely immovable) has a severe effect both in the region of the injured joint and in the skeleton as a whole.
The effects of immobilization on the skeleton were investigated in 85 patients. About one third were seen after activity had been resumed and the remainder during immobilization. All had been immobilized without supervision for at least three months and many for one or more years.
All the patients who had been immobilized for three to six months had osteoporosis in one or both lower limbs. They all showed X-ray changes indicating a disturbance in the calcium (lime) metabolism (building and breaking down of tissue). These changes in the structure of the bone point to the following facts: (a) Similar patterns or changes in the bone formation can be seen throughout the leg of a diseased bone of foot, below a diseased hip, or in the other limb. (b) The same changes occur in both legs even when disease is in the spine only. (c) Similar changes follow immobilization for tuberculosis, arthritis, rheumatoid arthritis, arthritis of the spine.
Dr. Stevenson states further that a child placed on a flat leather surface for months will have a flattening of the chest.
The thought then is that complete rest of a part may interfere

Cook's Corner
UNBAKED CHOCOLATE CRUMB CRUST
This crust cuts perfectly—a triumph in itself and the chocolate flavor is engaging particularly plain vanilla-flavored or a coffee-flavored cream filling with or any filling that requires no baking.
An exception is made a meringue is used—this crumb crust makes no objection to the slow careful baking that is required to properly set and brown a meringue.
Whipped cream rosettes or border would top the pie very attractively.
Yield: 1 pie shell.
1 1/2 cups graham wafer crumbs
1/2 cup lightly packed brown sugar
1/2 teaspoon salt
3 tablespoons cocoa
6 tablespoons butter or margarine, melted.
Measure graham wafer crumbs into a mixing bowl; add brown sugar and salt; measure the cocoa into a sieve and sprinkle into crumb mixture; combine well; drizzle melted butter or margarine into crumb mixture and mix completely with a fork; take out three tablespoons of crumb mixture and reserve for topping the pie.
Turn larger amount of crumb mixture into a pie plate (8 1/2 inches, top inside measure) that has been greased with butter or margarine; press firmly and evenly in bottom and sides of pan.
Chill until crumbs are well set—for several hours or overnight; fill with suitable filling and sprinkle with the saved-out crumbs.
Chill thoroughly before serving.

Modern Etiquette
By Roberta Lee
Q. What return can a man living alone, who has come to a new town, make to the invitations he receives and accepts to the homes of neighbors?
A. The best thing he can do is to make himself as agreeable and courteous a guest as he possibly can—the sort of guest every hostess is happy to entertain.
Q. When at the dinner table and one has a violent attack of coughing, what is the best thing to do?
A. Ask to be excused, and then leave the table until the seizure is relieved.
Q. Do you consider it necessary for a woman to say "please" and "thank you" to her own servants?
A. Some people wouldn't consider it necessary or obligatory. However, it's still a mark of good breeding.

Observance Of St. Valentine's Day Ancient Custom
The lads and lassies of all ages who exchange Valentines today probably won't give a thought to the origin of the ancient tradition. But the comic cards exchanged by the school-children, and the more expensive gifts sent and received by their elders as tokens of affection, are symbols of an old custom.
There were several saints called Valentine, but historians have settled on one as being most closely connected with the day. This is the St. Valentine who was beheaded in Rome on Feb. 14, A. D. 270. He is said to have been a matchmaker who secretly heard the marriage vows of young lovers, defying an emperor's edict against wartime marriage by Roman soldiers. That is said to be the reason for his execution at Rome's Flaminium Gate.
Historic Valentine
In any event, the day has been observed in many countries for many centuries. One of the oldest Valentines known is preserved in the British museum—it was

ELLEN'S DIARY
By An Island Farmer's Wife
As is well remembered "little red akules" of the past, it is likely that in recent days there has been an hour set apart there for eager small ones, shy older pupils and the in-betweeners, more or less supercilious about amorous affairs, to exchange signed or anonymous missives to honor the memory of St. Valentine.
The mailman's arrival at the mailbox will, we suspect, in more than one farmhouse along his route, receive more notice than usual this morning. And later that air of secrecy so happy as to be obvious to their elders will give proof that a dainty Valentine has been received by one or another of the young fry. No plucking of daisy petals but an inscribed name there in black on white—or even the loved initials will suffice to give the heart-warming assurance: "He loves me!" to end the suspense of any uneasy feeling that "he loves me not."
"WHAT AM I DOING?" an elderly housewife of days now long gone repeated our query on a St. Valentine's Day. She was seated beside a desk in the room, hands busy with papers which over-flowed in to her lap. "I'm," she paused to chuckle, "winnowing the wheat: from the chaff—in other words I'm sorting the items in this drawer... discarding old bills and the like that have been heaping up here since the year one!"
She was an admirable woman, kindly-faced, gentle and of considered words; patient as the virtue itself; gained we supposed from experiencing the raw of pioneering days on their farm hewed from maple hillsides... "Here's a receipt for our Land-Tax—three years ago; and this is an old bill from the blacksmith; and there's an ancient school-tax one, marked 'Paid'; and this is from the store-keeper... A Fall setting-up and..."
"If you look carefully you may find hidden treasure," she smiled. She shook her head. "I never look for the like of that, Ellen," she replied a bit sober. "I have a maxim which says: 'Expect nothing and you'll never be disappointed!' I learned it after some of my fondest hopes were shattered."
"But you miss the joy of anticipation," we reminded her.
"And also," she continued dryly, "the bleakness of disappointment! What's the use of ridding for a moment on the clouds? It's only a much further to fall. No," she said, "expect nothing—even of"
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with circulation of blood and the bones become porous and could fracture easily.

Anne Adams Patterns
SPRING GEM!
Gem of your wardrobe—this smart casual that adapts so perfectly to almost any spring or summer fabric! Smartly detailed with color emphasis in contrast piping that points up the pretty lines. Make one without piping.
Pattern 4628—Misses Sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42. Size 16 taken. 4 1/4 yards 35-inch; 3/4 yard contrast.
This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly size, Name, Address, Style Number.
Send order to ANNE ADAMS, care of The Guardian, 60 Front Street West, Toronto, Canada.
written by the French Duke of Orleans to his wife while he was imprisoned in the Tower of London after the Battle of Agincourt in 1415.
St. Valentine himself never wrote any love songs and he'd turn over in his grave if he could see some of the comic verse that loads the mailman down now. But Charles Lamb called him "the great immortal go-between," and under his banner sentimental love has blossomed for centuries.
The cards nowadays are not so lush as in earlier years, but there's still plenty of the lace-trimmed sentimental type that always attract attention. Along with them go a host of Valentine presents, chiefly candy and flowers, but ranging upwards in expense and variety to suit all purses.

VALENTINE SPECIALS NYLONS
51 GAUGE
15 DENIER
New Spring Shades
Reg. To \$1.95
SPECIAL \$1.29
The FASHION SHOPPE
141 GREAT GEORGE ST. PHONE 55

Canadian Consumer News

In view of the immense publicity being given to the new enriched bread people have tended to get the idea that the enriched bread will perform all kinds of miracles. These questions and answers may clear up some queries that people are asking.
1. Is Cod Liver Oil necessary if my children eat enriched bread?
Ans. Cod Liver Oil supplies Vitamins A and D. These are quite different from thiamine, riboflavin and niacin which have been added to enriched bread. So keep on with the Cod Liver Oil.
2. What foods may be reduced in our daily meals on account of the new enriched bread?
Ans. None. Canada's food records which recommend a variety of foods are still the best guide for feeding the family.
3. How much bread should we eat each day?
Ans. That depends on your activity. Bread is an energy food as each slice supplies approximately 75-100 calories. If you wish to gain weight eat four or five slices each day. If you wish to reduce your weight limit the bread to one or two slices and spread the butter thinly.
4. Do the new regulations apply to bread sold in the bakery?
Ans. Bread sold on the premises where it is made is exempt from labelling requirements. It is up to the customer to ask what type of bread is made in the bakery which she patronizes.
A week or so ago we celebrated National Health Week with a lot of good advice, demonstrations, advertising and what have you. All excellent as far as it goes, but how about the health of our citizens here in Charlottetown where we have absolutely no inspection of the meat which is sold in our stores every day and in our City Market twice a week? We have no check on the health of the animals killed, nor the premises where they are slaughtered nor the cleanliness of the meat in transit.
Personally I have seen carcasses of meat being delivered to our stores and market from trucks that were anything but sanitary and handled by hands that were anything but clean.
How long are we going to put up with this farce while we pay big salaries for technicians of all kinds to protect our health?
The women in Saint John, N. B. woke up to a similar situation in their city some few years ago, and

Better English

By G. C. Williams
1. What is wrong with this sentence? "It would be alright if the secret was between you and I, and I know a party who will go with me."
2. What is the correct pronunciation of "blaspheme" and "blasphemous"?
3. Which one of these words is misspelled? Simile, similitude, similitudo, similitudo.
4. What does the word "affront" (noun) mean?
5. What is a word beginning with sy that means "to represent"?

Household Scrapbook

By Roberta Lee
Brass Faucets
Try rubbing the brass water faucets with some furniture polish after cleaning. This will keep them looking bright, and the oil in the polish will prevent chemical action from the splashing water.
Crocking
When crocking with wool keep the wool in a funnel and it will prevent it from kinking. Hang the funnel on a convenient place on the wall.
Coffee
Coffee will be prevented from boiling over if a lump of butter the size of a small marble is added.
How they have a sanitary killing plant which assures them protection.
All for this time.
Helen Lawson, Prov. Pres. C. A. G.