

WOMEN

Page 8, The Guardian Monday, April 16, 1956

LET'S EAT

Fruits And Vegetables In Glamorous Exhibit

By Ida Bailey Allen

"This way to the exhibit of fresh fruits and vegetables" announced our host.

There, in the International Hall of the Hotel Roosevelt in New Orleans, were arranged beautiful exhibits of fruits and vegetables, grown by members of the United Fresh Fruit and Vegetable Association.

CALIFORNIA ORANGES

"This is a treat for the eye as well as the palate," pronounced the Chef. "Look at the booth of California oranges, with the background of oranges and lemons, geometrically arranged. It could be the theme of a beautiful wallpaper design for a breakfast room."

"Over there are apples, bananas, marvelous grapes, pears and vegetables of all kinds. We must also stop at the exhibit of yams, which includes the red Puerto Rico and other types. But wait, Madame, that pretty girl wants to decorate us with camellias. Merci, Mademoiselle!" he smiled.

"Now come the avocados," continued the Chef. "And there are papayas and passion fruit of the exotic flavor, such as we enjoyed in Australia and Hawaii. In my opinion, they are destined to become America's next popular fruits."

POTATO SECTION

"Here," the iceberg lettuce, Madame, and here is a big white potato section. Did you know that growers are giving away long aluminum nails to stick into the potatoes to make them bake more quickly by including heat? Over there are the Idaho potato king is the dignified potato King, who rules over the Kingdom of Baked Potato.

PREPARED VEGETABLES

"Here are all kinds of prepared packaged vegetables in new form. Madame, see the washed ready-to-use ingredients for a salad, with the dressing, packaged together in that clear plastic bag! And taste these chips, made of sweet potato. I hope they will be marketed soon."

flannelite blankets for a family left homeless by fire. Mrs. Matheson to look after same.

The Secretary was asked to write the Dept. of Agriculture and the report on the visit of the Van. The treasurer's report showed a profit of \$119.10 had been made at the Shur-Gain Cavalcade. Balance on hand \$330.30. Congratulations are extended to Melvin Frizelle on winning the Semi finals.

It was moved and seconded that we purchase a good sewing machine for the children's sewing classes. The same to be delivered to Mrs. Matheson's home. A committee was appointed to look after this matter. Mrs. Arnold Beech will be hostess at May meeting. Lunch committee: Mrs. Betty MacLean, Mrs. Harry Matheson, Sandwichee, Mrs. Harry MacLean and Shirley MacNevin.

Programme committee, Shirley MacNevin and Phoebe MacKinnon. The School and Sick committees were heard. The school committee was asked to contact the teacher regarding First Aid and Science Kits. Correspondence was read and discussed. A moment's silence was observed in memory of a deceased member, Mrs. George Livingston, who passed away in March.

Next roll call exchange of slips, bulbs, etc. Collection \$2.34. Meeting adjourned. A contest was put on by Wanda MacPhail and was won by Betty MacLean. Refreshments were served and a social hour followed.

CORRAN BAN C.W.L.

The March meeting of the Corrnan Ban Sub-Division of the Catholic Women's League was held in the parish hall on March 26, with a good attendance.

The president Mrs. Hector McDonald presided and Fr. Wood opened the meeting with the recitation of "The League Prayer." The minutes of the last meeting were approved as read. All correspondence was read and discussed.

A thank you letter was received from the precious Blood Sisters in acknowledgment of a box of donations sent by the league members. It was moved and seconded to send the sum of five dollars to Our Ladies Missionaries.

The secretary treasurer reported the sum of thirty three dollars and thirty cents made on a lottery drawn for in February. It was decided to hold a raffle and dance in the hall on Easter Monday night.

On a motion the meeting adjourned with prayer by Fr. Wood.

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TO MARRY IN ONTARIO



GWENDOLYN R. SHEPPARD



JAMES S. KORREY

Miss Gwendolyn Ruth Sheppard, daughter of Mr. and Mrs. E. Sheppard, Hamilton, Ontario, is to be married to Mr. James S. Korrey, son of Mr. and Mrs. S. J. Korrey, Charlottetown. The wedding is to take place on May 19th in Stoney Creek United Church. The bride-elect is a graduate of the Mack Training School, St. Catharines, Ontario. The groom-to-be graduated from King's College, Halifax, N.S.

ELEANOR ROSS

A New Look For Rooms That Lack Distinction

We have been wondering when a professional decorator would figure out a way to cope with the box-like rooms that mark so many of our high housing projects. The apartments are nice enough, are entirely adequate and have wonderful rental values. But they are also, what one architect terms "architecturally featureless with rooms that lack distinction."

One store has some pointers that will be of interest to young people doing their first home. Wallpaper in small amounts, curtain treatments and furniture arrangements are used as the main gambits in the game. A clever use of wallpaper makes up for features eliminated by the architect. For example, strips of black and white paper, depicting a carved cornice, are placed around the walls at ceiling levels, and marbled paper is used to mark a door frame or for a dado. Another wonderful idea that intrigued us was the use of large designs, cut out of wallpaper and mounted as pictures or used as the corners of a room.

Heavily glossed paper with a white and blue Dutch tile design gives the illusion of expensive tiling to a commonplace fireplace. A smart furniture arrangement for a small room includes two upholstered armchairs placed side by side, to take the place of a sofa.

THREE-ROOM LAYOUT

Color adds interest to a three-room layout. The furniture is walnut of modern design with either a neutral or an antique pewter finish. With the main pieces, are occasional tables in light beech wood with brass accents. Many of the big pieces are interchangeable and look well in every setting.

Gold and terra cotta marbled wallpaper, used in conjunction with beige walls, a beige rug and a beige upholstered sofa

was honored at a miscellaneous shower at the home of Mr. and Mrs. Robert MacWilliams, O'Leary, on March 9. The rooms were decorated with blue and white streamers. Miss Dumville was seated on decorated chair while the gifts were opened by Miss Mary Forsythe, the verses read by Miss Faith MacDonald and the gifts arranged by Mrs. Edsel Dumville. All joined in singing "She's A Jolly Good Fellow." Singing was enjoyed with Miss Forsythe at the piano and lunch was served by the hostess assisted by Mrs. Bruce Carruthers and Misses Erma and Lillian Phillips. Mary Forsythe and Audrey Dumville.

The bride looked lovely in a blue suit with navy and pink accessories and a corsage of pink carnations.

Miss Audrey Dumville, sister of the bride, was maid of honor. She wore a pale blue suit with navy and white accessories and a corsage of white carnations.

Mr. Heber Gamble, Cascumpee, followed the ceremony and the couple left on a honeymoon trip to Halifax, Saint John and other points in the Maritimes.

Prior to her marriage the bride

Yeo-Dumville Vows Solemnized

In March Bridal

A Spring wedding was solemnized at Springfield United Church Parsonage on Wednesday, March 14 at 3 o'clock when Miss Fairley Hazel Dumville, daughter of Mrs. B.B. Dumville, O'Leary, and the late Mr. Dumville, became the bride of Mr. Alvin Yeo, son of Mr. and Mrs. John Yeo, Knutsford. Rev. W.H. Forsythe performed the double ring ceremony. Mrs. Forsythe played the wedding music.

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KEEP IN TRIM

YWCA Reducing Club Loses 168 Pounds And 198 Inches

By Ida Jean Kain

"I don't feel as though I'm dieting because I'm not perpetually hungry on your Scientific Wonder Diet." She has lost 8 pounds "not dieting."

The talk-it-over way of reducing is enlightening. One young mother summed it up this way: "I don't get out enough, and the more I stay home, the more I eat - just to be doing something. Then the more I weigh, the less I want to get out."

Another determined dieter commented: "No one knows the mental anguish a woman goes through when she is 50 pounds overweight, wants to lose, and somehow can't get started." This overweight explained that before she started with the group, when her sub-teen daughters came home from school and raided the refrigerator, she found herself unable to keep from eating and eating. Now at that hour she has a cup of tea with a neighbor, and has reduced from 163 to 149, or a total of 14 pounds in four weeks.

One of the club members who couldn't stay with the diet to save her life, decided to keep a calorie record of everything she ate. "That way the calories can't get ahead of you," she explained.

Alas, she overweight came in last week and announced: "I felt like stuffing this week and I stuffed! But here I am to start over."

One surprised reducer claims: "I could browse and taste here all day! In no other country are there fruits and vegetables of such great variety, bounty and high quality."

SUNDAY DINNER

Grapefruit Celery Radishes Roast Duckling Mashed Sweet Potatoes Green Beans Fruit Gelatin Ring with Pineapple Cream Milk

Coffee Tea

Roast Duckling: Prepare a 4 to 5 lb. duckling for roasting. Almost fill with a well-seasoned herb stuffing.

Place on a rack in a roasting pan. Brush the bird with kitchen butter, then dust with 1 tsp. salt and 1/2 tsp. pepper. Cover with a square of aluminum foil.

Start cooking in a hot oven, 425 degrees F.; reduce the heat after the first 10 min. to 350 degrees F.; allow 25 min. to the pound. Serve with orange sauce.

It is not necessary to baste the duck while roasting.

Fruit Gelatin Ring with Pineapple Cream: Make a plain orange gelatin. Refrigerate until beginning to thicken.

Stir in 2 c. mixed sliced bananas, sliced strawberries, orange sections and seeded grapes.

Rise a qt. ring mold with cold water. Spoon in the gelatin mixture. Refrigerate 4 hrs. or until firm.

Unmold. Fill the center with chilled commercial sour cream mixed with enough crushed canned pineapple and juice to flavor and slightly sweeten.

Assorted Fruit Trays: Small or large trays of assorted fruits are perfect for informal refreshments or a simple dessert. The arrangements can be made to look like pictures.

TOMORROW'S DINNER

Oyster Bisque Baked Red Snapper Buttered Rice Baked Halved Tomatoes Cole Slaw with Cress Tray of Assorted Fruits

Coffee

TRICK OF THE CHEF

Add 1 c. corn kernels to oyster bisque.

MORNING SMILE

He-But my dear three-quarters of the earth's surface is water and only one-quarter land; so plainly we were intended to spend three times as long fishing as working.

PROVOCATIVE COLORS

Deep turquoise with accents of orange and white provide a provocative color scheme for a one-room apartment. The furniture is in walnut and there is a multi-purpose sofa-bed-table-bookcase on a slab base that is mighty interesting where space must be conserved.

Instead of the usual chintz paper and fabric used for an attic room, one display features a classic paper in brownish-gray with a touch of blue. The clever use of brass and white brightened the room along with a red club chair and a lacquered credenza.

This attic room has a real air!

MATTRESS CARE

To prolong their life, turn your mattresses at least every two weeks.

HOUSEHOLD HINT

Dog and cat hairs, lodged in cracks and crevices, are a good breeding ground for moths. Keep this in mind when you're cleaning, and don't let hairs accumulate.

Words Of The Wise

All happy families resemble one another; every unhappy in its own way. —(Tolstoy).

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COX-MACNEVIN BRIDAL

Pale pink and white snapdragons and carnations formed the setting at St. James Presbyterian Church on Saturday afternoon, April 7, at 5 o'clock when Miss Nancy Janet MacNevin, daughter of Mr. and Mrs. E. M. MacNevin, Charlottetown, became the bride of Mr. David Alan Cox, son of Mrs. L.S. Cox, Morell, and the late Mr. Cox. Rev. T.H.B. Somers, M.A., S.T.M. performed the double-ring ceremony. Miss Lillian MacKenzie, bridesmaid, presided at the altar. The bride wore a floor-length gown of white Chantilly lace over ivory slipper satin fashioned with a nylon tulle yoke on the off-the-shoulder neckline. The billowing bouffant skirt was accented by a fitted bodice styled with long sleeves. Her fingertip veil of illusion fell from a tiny cap trimmed with seed pearls and she carried a bouquet of white "mums and pale pink carnations.

Mrs. Douglas A. Cameron, matron of honor, wore a ballerina-length gown of Romance pink styled in nylon over taffeta. The neckline was scooped both back and front and the tiny sleeves billowed out over taffeta. Her match-

ing headress was in bandeau style and she carried a bouquet of white "mums and pink carnations, similar to the bouquet of the bride.

Dr. Lloyd S. Cox, brother of the groom, was best man and the ushers were Mr. David MacNevin, brother of the bride, and Constable Donald Cox, brother of the groom.

The bride's mother chose an afternoon dress of navy sheer with white accessories and a corsage of pink carnations. The mother of the groom wore a frock of powder blue silk with white accessories and white carnations on corsage.

A reception followed in the lounge of the Charlottetown Hotel. The room was decorated with spring flowers and the bride's table had spring flowers and a three-tiered wedding cake topped by tiny pink and white blooms.

For motoring through the black tilled suit with pale blue and black fitted accessories, a corsage of pale pink Sweetheart roses and a topper of white with black fleck.

The groom is the representative for the Colgate-Palmolive Company on Prince Edward Island and the bride is a member of the staff of the Bank of Montreal. They will reside in Charlottetown on Victory Avenue.

Out-of-town guests were from Morell, Moncton, N.B., and Halifax N.S. (Photo by Craswell).

HAPPENINGS

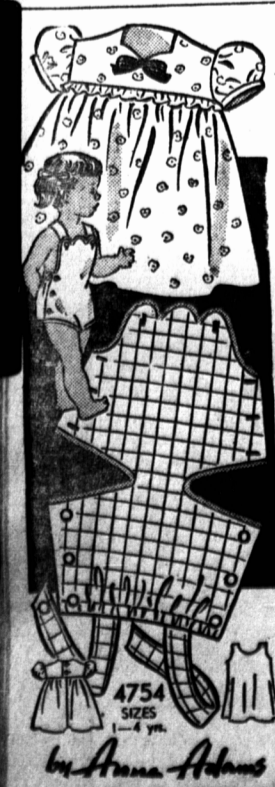
Miss Francis Clark and Miss Janet Spillet were joint hostesses Wednesday evening for a bridal shower in honor of Miss June Dennis at Miss Clark's home. The bride-to-be acknowledged gracefully the many beautiful gifts received. Miss Dennis was also entertained Thursday evening by Miss Janet Wood, many lovely gifts were received. Miss Dennis expressed her appreciation and thanks. A delicious luncheon was served by Miss Wood. Assisting her were Miss Gladys MacMillan and Miss Elaine Murphy. Miss Dennis was married on Saturday.

CLYDE RIVER W. I.

Mrs. John and Mrs. Ernie MacNevin were joint hostesses for the monthly meeting of the Clyde River W.I. which was held on April 2nd, with 16 members and four visitors present. In the absence of the president and vice-president, Mrs. Watson Livingston was chosen to preside. The "Collect." The ed with "Ode" was sung with some roll call hints on housecleaning.

The minutes of the previous meeting were read, approved and signed. It was moved and seconded that we purchase a pair of

ANNE ADAMS PATTERNS



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Sew-thrifty wardrobe for the toddler set! A cool, cute play-suit (that opens flat for easy ironing too)—dainty dress and matching petticoat! Jiffy-sew several in ray cottons — keep her neat and pretty all summer long! Pattern 4754: Toddler Sizes 1, 2, 3, 4. Size 2 dress, 1 1/2 yards 35-inch fabric; slip, 1 yard; play-suit 3/4 yard.

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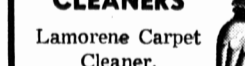


TOPS IN MOPS

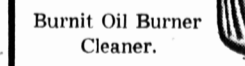


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SPONGES



STEP LADDERS



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