

ELLEN'S DIARY

By An Island Farmer's Wife

The members of our W. I. responded to roll-call last evening by giving a favorite recipe. This proved to be so interesting a feature we found it somewhat difficult to return in mind to less intriguing items of the meeting.

We recall that younger cooks inclined to offer modern recipes to beat this or that an exact number of minutes in the mixer; chill then, and when it reaches a thus and so consistency (of exact time) take it from the refrigerator and add fruit or whatnot before returning for a longer chilling.

But it was the recipes of the older cooks that to us bore the most charm — those which had survived the long years — that had worn past births, deaths, and marriages, "unto" succeeding generations.

Past more than one grave of an ancestor these came to prove that out of a dignified past hands can be reached helpfully down the years to succeeding generations.

Yet altogether fine recipes were offered and those hints of baking which lend an artist's touch to product of hand. "This pastry is so good," we complimented a cook of the long ago. "Yes," her husband nodded, "Jean is an expert at making pastry."

That Body Of Yours

By James W. Barton, M.D.

SUGAR REMAINING ON TEETH GREATEST CAUSE OF TOOTH DECAY

It is unfortunate that the dental profession in its efforts to preserve the teeth of children are up against the strongest enemy possible, that is the natural love of children for sugar and for foods and drinks that contain sugar.

In "Health", the magazine published by the Health League of Canada, Dr. S. L. Honey, Director Dental Division, Welland and District (Ontario) Health Unit states: "An advertisement in one of Niagara Peninsula daily newspapers runs like this — If you want to drink, that's your business. If you want to stop, that's our business — Alcoholics Anonymous."

What help can parents give their dentists? Dr. Honey points out that practically all parents today are

Cook's Corner

BAKED STUFFED TOMATOES

Select fairly large firm tomatoes, wash them, and cut a shallow core from stem end about 1 inch deep at center. Mass stuffing by mixing 1 cup breadcrumbs — to the breadcrumbs add 1 teaspoon grated onion sauteed in 2 tablespoons butter with 1/4 teaspoon celery seeds, and 1/2 teaspoon salt and shake of pepper.

ROAST BEEF PIE

1/2 cup minced onion, 1/4 cup minced celery, 2 tablespoons fat, 2 tablespoons flour, 2 cups cubed leftover beef, 1 cup diced cooked potatoes, 1 cup sliced cooked carrots, 2 tablespoons chopped parsley, 1 tablespoon Worcestershire sauce, 1/2 cup browned mushrooms and broth, 1 teaspoon salt, 1/2 teaspoon pepper, 1 cup leftover gravy.

Morning Smile

Make It Double

"Hugh, I'm afraid cook's spoilt the soup."

"What, again? Give her a month's notice!"

"In that case," said the proprietor, "would you mind calling the maid?"

Alice Brooks Designs



FLATTERING! EASY!

Crochet a bright, new cloche — trim one with metallic thread and pearls — the other with buttons.

Newest crochet Pattern 7399: Instructions for 2 hats! Trim with metallic thread, pearls, buttons.

PIONEER INDUSTRY

The first known tannery in Canada was built in Quebec about 1670.

At snacktime — at mealtimes!



Burke-Gallant Nuptials



—Barter's Film Lab.

From left to right are Mr. David Burke, Mr. and Mrs. Wilfred Burke and Miss Molly McDermid. Mixed gladioli adorned the altar of St. Dunstan's Basilica on Wednesday, October 8th, for the marriage of Margaret Ellen, daughter of Mr. and Mrs. James H. Gallant, 51 Oriber St., to Wilfred H. Burke, son of Mr. and Mrs. Wilfred B. Burke, 181 Malpeque Rd.

rendered the Wedding March. Appropriate hymns were sung by Mr. James Flannighan. The bride was given in marriage by her father and was attended by Miss Molly McDermid. Mr. David Burke, brother of the groom, acted as best man.

tion was held at Villa Waters for about sixty guests. The bride's table was adorned with mixed gladioli and centred with a three tier wedding cake. A toast to the young couple was proposed by Mr. Thomas Cullen.

Married At St. Marks, Kensington



—Heckbert Studio.

Left to right are Mr. Alexander Nicholson, brother of the groom, groomsmen; the groom and bride, Mr. and Mrs. William Nicholson; Miss Erna Gill, sister of the bride, bridesmaid; ushers, Messrs. Allison and Ivan Gill, brothers of the bride.

with lace inserts. The lace yoke was finished with a small bertha collar of nylon and she wore a finger tip veil and carried a bouquet of Better Time roses.

Stand in any garden on a late May morning when the borders flash and flame with tulips, and you wonder by what devious ways this beauty came.

St. Mark's Anglican Church, Kensington, was very prettily decorated with standards of gladioli and bouquets of summer flowers for the marriage of Miss Thelma Jean Gill, daughter of Mr. and Mrs. William R. Gill, and William Allison Nicholson, son of Mr. and Mrs. Willard Nicholson, Mayfield, which took place at three o'clock, August 20th.

The Rev. Leslie A. Dignan, Port Hill, officiated at the double ring ceremony while Mrs. Banerman Webb played the wedding music. Mr. Dignan sang "O Perfect Love," during the marriage service.

For tomorrow... A PARTICULARLY live, important day, with all things moving at high tempo and with much to advance popularity, gain promotion, honors and prestige.

DOROTHY DIX'S COLUMN—

Costly Mistake

Loss Of Faith Is Price Of Infidelity

DEAR MISS DIX: Until a year ago my wife and I were a happy, settled couple with two children and a pleasant home. Then, like a fool, I went overboard for a young girl in the office, discovered the feeling was mutual, and a full-fledged affair resulted.



Marjorie Nelson

wife to do the same! If positions were reversed, could you extend ready and immediate forgiveness and pass the entire episode into oblivion with the flick of a finger?

FIDELITY COMES FIRST

A woman may list many qualities that are desirable in a husband but the first of these is fidelity. Almost anything else they can forgive easily, but a man who has very deliberately embarked on a love affair with another woman puts himself beyond the pale of complete pardon.

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A Country Garden

By Mrs. Gordon MacMillan

Proper clothing must be worn in gardening and these days warm loose clothing and hands and feet protected will make a delight out of something that looks very difficult and planting lovely bulbs for Spring blooming gives us something to look forward to all through the dark months.

The earth has been renewed in the tulip beds and some planting done. I have found through the years that a good effect can be had by planting in masses of color with blue, blue-for-get-me-not as a ground cover and evergreen hedges as a background with apple blossoms nearby for fragrance.

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Household Scrapbook

By Roberta Lee

The Coffee Pot Give the coffee pot a dose of baking soda at least once a week, and there will be no fear as to the fresh flavor of the coffee.

Tennis Rackets Before putting away the tennis rackets for the winter, cover the strings with Vaseline jelly.

Suede Shoes Rain spots on suede shoes can be removed by rubbing them gently with an emery board.

The Stars Say

By Genevieve Kemble

For Tomorrow A PARTICULARLY live, important day, with all things moving at high tempo and with much to advance popularity, gain promotion, honors and prestige.

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COLGATE TOOTHBRUSH advertisement with image of toothbrush and text: 'Finest for your Family', 'Firmly-set Nylon bristles resist moisture and wear never get soggy.'

Coty fragrance advertisement with image of perfume bottle and text: 'Coty fragrance makes it festive!', 'Delight her with a Coty favorite, Muguet des Bois, in Talc, the smart new solid Cologne stick and a pack of Papier Sachet.'

Muguet des Bois FRAGRANCE DUO advertisement with image of perfume bottle and text: 'Wonderful things in a wonderfully small package — Muguet des Bois perfume Purser and famous Toilet Water.'

Muguet des Bois PURSER SET advertisement with image of perfume bottle and text: 'Another great Coty favorite for her beauty bath ritual — the famous Coty Muguet des Bois Toilet Water together with an atomizer and Coty Sachet — all three gayly and attractively packaged, all three certain to delight her for Christmas and many a day afterwards. At your favorite cosmetics counter.'

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Misses' STORMCOATS advertisement with image of a woman in a coat and text: 'MOUTON (processed lamb) COLLAR, ZIPPER FRONT 3/4 and Full Length \$23.50 to \$31.50', 'GIRLS' STORMCOATS Size 12 to 14x With MOUTON COLLAR (processed lamb) and heavy quilted and sheared lamb lining. \$17.95 to \$36.50', 'CHILDREN'S PRAM SUITS, BUNTINGS, SNOW SUITS and COAT SETS in a nice variety of styles. Assorted Sizes.', 'MAKE YOUR SELECTION NOW WHILE OUR STOCK IS COMPLETE', 'THE MISSES HOLMES and BRADLEY 159 Queen St. Phone 92'

Modern Etiquette

By Roberta Lee

Q. For what use only is the napkin at the dinner table? A. Only for wiping the lips. It is not for the cheeks, perspiration, or the nose.

Better English

By V. G. Williams

1. What is wrong with this sentence? "Immediately the entertainment ended, he stepped outside of the hall."

WESTERN BISHOP

Emile Joseph Legal, first Roman Catholic Archbishop of Edmonton who died in 1920, previously was a missionary to the Indians.

HEINZ White Vinegar advertisement with image of a bottle and text: 'A FINE VINEGAR FRESHENS FLAVOUR', 'A LITTLE GOES A LONG WAY'