



# Women

Lena Caroline McLure, Women's Editor, Phone 5505

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## MARY HAWORTH This Man Habitually Downgrades His Wife

Dear Mary Haworth: After almost 20 years of marriage I find myself wondering: "Are we wrong for each other? Is this situation worth saving?"

At first I loved John very much; and obliged his wish that there be no children. Aside from sudden bursts of temper and over-excitement on his part in discussion, our first 10 years seemed normal.

Then gradually John got interested in Ada, another man's wife with whom we went bowling. Suddenly, out of a clear sky he asked for a divorce, to marry her. I refused, feeling I meant more to him (even if he didn't realize it); and said "If she loves you so much, let her divorce first; then we will see." But she would not take the first step.

The situation dragged on and I felt desperately to save my marriage. My heart was breaking; and, to test my husband's repeated assertion that I was so unattractive and undesirable that nobody could want me, I deliberately started a flirtation with a man in my office. The man responded, my husband found out, had a tantrum, and that ended his romance. I forgave him and felt triumphant, for the moment.

John's state of mind, and the little you can do to change it, you might read Chapter 12 (untitled) in C. S. Lewis' brilliant allegorical treatise on heaven and hell (here and hereafter) titled *The Great Divorce* (Macmillan publisher).

This is a symbolic tale about a company of persons and how they fashioned their character, hence their eternal destiny, by their acts and their choices, during their earth-life—or within the framework of time.

Later, when their personality is released by death into the limitless spiritual realm, they are unalterably committed to the pattern of character initially chosen and irrevocably imposed by letters of habit.

**GLOOMY HUSBAND**

In chapter 12 we (the readers) listen in on an exchange between an angelic lady of glorious loveliness—clothed in and irradiated by a joyous spirit of humor, courtesy, love and fun—and her late spouse, who is an oddly shaped phantom.

"Or, rather, two phantoms," the story goes. "A great tall ghost, horribly thin and shaky, like a seedy actor of the old school, who seems to be leading on a chain another ghost, no bigger than an organ grinder's monkey."

As the dialogue unfolds, with the glorious lady still trying to win her spouse to acceptance of joy, we learn the meaning of his dual nature. The tall dreary ghost is the false front of self-

importance and self-pity that the dwarf ghost, the petty husband, had used all his earth-life, as a technique for browbeating his wife and indulging his appetite for wretchedness.

**MERITS NO SYMPATHY**

Now, beyond the grave, too late to unravel the pattern and start anew, the obstinately joyless husband is the ruined captive of his lifelong characteristic refusal to recognize and celebrate his potential blessings. As the dialogue ends, the dwarf husband withers into nothingness, and only the lie—the false pretender—lingers on for a last self-deluded reproach. Then he too vanishes and the gracious lady is joined by other bright spirits who receive her, singing.

Surely the moral applies to John. For the past seven years, he's had you just where he wants you, he thinks. He has managed to drag you down to the hell-on-earth that is his chosen place in life. In the trust sense of the term, he is a killjoy character. He merits no sympathy; and in perfect justice should be left alone to stew in his own bitterness. M.H.

**OYSTER RED BRIDGE W.I.**

The May meeting of Oyster Red Bridge W. I. met at the home of Mrs. Colin and Mrs. Wallace Higgins on Wednesday evening, May 6th with seven members and one visitor present.

The meeting opened with repeating the creed in unison. The roll call was answered by each member naming a cabinet minister. The minutes of previous meeting were read, approved and signed.

The treasurer reported \$61.46 on hand. A bill of \$1.50 for material for Tweedsmuir competition "Grandmother's Quilt Blocks" was paid and \$5.00 was reported given to Musical Festival.

Correspondence consisted of several letters and pamphlets which were read and passed around.

The president and secretary were asked to attend an executive meeting at New Glasgow to plan for district convention at

Mary Haworth counsels through her column, not by mail or personal interview. Write to her in care of this newspaper.

**SATISFYING AND INVIGORATING**

A pick up cup of tea—after a fluffy bed of rice. Whether served after meals or in between, a cup of tea is always satisfying and invigorating.

TEA COUNCIL OF CANADA

## IDA BAILEY ALLEN Mary Margaret's Menus Feature Foods For Moods

Reading is one of my favorite diversions, especially when the book is the life story of a real person.

I spent last evening with Mary Margaret McBride via her new book, *A Long Way from Missouri*, a fascinating picture of the life of a career girl in the 20s, and of newspaper life in particular, for Mary Margaret's career began as a newspaper reporter and writer.

At the drop of a hat are allusions to foods adapted to her mood.

to the stomach, satisfying and a balanced dish, which is easily assimilated.

Enjoy it along with small bites of currant jelly and a cup of tea. Take your time. Read something interesting that will absorb your attention, such as "A Long Way from Missouri."

Then enjoy a refreshing night's sleep. Next day you'll feel like a new person.

### MOTHER'S CHICKEN

If homesick, Mary Margaret ate her Missouri mother's fried chicken with cream gravy topped off with apple dumplings. If she felt adventuresome, she tried something new, such as escargots, which she didn't know were snails. If she attempted to be elegant, she had what she termed "horrid little black beads with chopped onion and hard-boiled eggs." The "beads" turned out to be caviar!

Almost at the last page is an allusion to "milk toast."

After a real boom and bust, making a small fortune and losing every penny in the crash of '29, Mary Margaret went to Hollywood on a writing assignment. "Rain fell and fell," she writes. "One particular afternoon, I'd come in tired, discouraged and wet. All I wanted to do was to climb into a warm, dry bed, read an escape novel and eat milk toast for supper."

### TOMORROW'S DINNER

Clam Stew Gourmet  
CROUTONS  
Mixed Grill  
Creamed Spinach  
Broiled Potato Slices  
Compote of Prunes  
and Canned Apricots  
Coffee Tea Milk

Measurements are level; recipes for 6.

Clam Stew Gourmet: Cut the tough parts from whole clams contained in 3 (10 oz.) cans, and cut them in 1/2" pieces. Simmer 10 min. in clam juice.

Add soft parts of clams, 2 tsp. butter, 1 tsp. parsley flakes, 1 tsp. lemon juice, salt and pepper to taste, and 2 or 3 drops liquid garlic (optional).

Sit in 1/2 c. cream or undiluted evaporated milk. Simmer 3 min.

Ladle into small bowls. Garnish with sizzling hot croutons.

**Her Beautiful Diamond**  
WATCHES AND RINGS  
JEWELLERY GIFTS

**WILLIAMS JEWELLER**  
137 1/2 St. George Dial 9397

### Mixed Grill: Dust 1 lb. flank steak with 1/2 tsp. meat tenderizer. Let stand 20 min at room temperature. Dust with seasoned salt.

Broil 10 min. for medium rare. Meantime, scald 1/2 lb. small sausages with boiling water, then broil.

Broil or bake 6 thin slices bacon until crisp.

To arrange, cut steak diagonally in 1/4" slices, then overlap on platter. Pour over 1 tsp. melted butter blended with 1/2 tsp. lemon juice.

Garnish with sausage, bacon and parsley.

### TRICK OF THE CHEF

Boil 6 long white potatoes 20 min. Half cool.

Slice lengthwise 1/4" thick, skins on. Brush with corn oil. Dust with seasoned salt.

Broil 8 min., or until browned, turning once.

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**GOOD SUGGESTION**

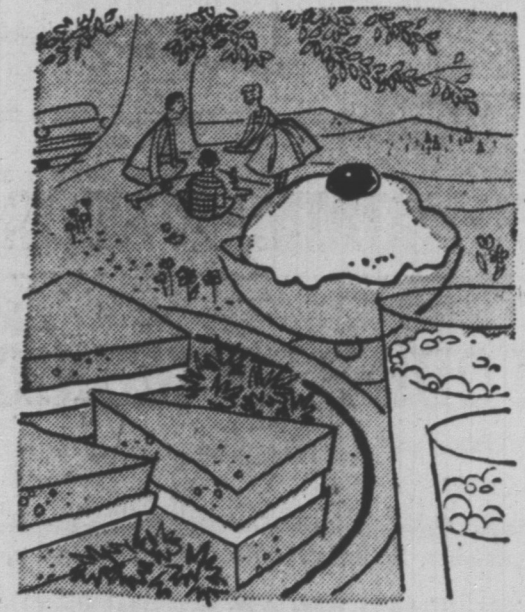
Milk toast is a good suggestion for any tired person, for it is what might be called a perennially good food. It is comforting

**Cottage and Camping**

evaporated milk, quick-mixing milk powder. Perfect travellers!

**EXPORTED MILK**

**MILK POWDER**



**Impromptu Picnic**  
cheese sandwiches, ice cream and milk. Cool and satisfying!

## JUNE IS DAIRY MONTH!

DAIRY FARMERS OF CANADA 409 HURON ST., TORONTO



**Patio Party**  
cottage cheese salad, crackers n' butter, berry parfait with whipped cream. Easy to fix!

## Moore & McLeod's For . . .

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**STURDY, SMART SUN n FUNers**

Boys' and Girls' get ready, get set, go! . . . into a fun-filled summer, with active togs from our Children's Wear Department. The fabrics are sturdy and easy-care, the styles out for comfort.

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**2.98 to 4.98**

Play-right separates for plenty of fun this summer, hard wearing action packed jeans, short pants, sport shirts and T Shirts that boys like to wear. Sizes: 2 to 6x.

**79c to 2.98**

Newcomers to spark a young girl's fashion interest in clothes and bulky knit cardigan, in wool or orlon to wear over dresses or with sportswear. White, and colors. Sizes: 4 to 14.

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