

WOMEN

Page 8 The Guardian, Thursday, Sept. 1, 1955

ELLEN'S DIARY

By An Island Farmer's Wife

Accordingly to bring our season of harvest at Alderlea nearer, the canvases were taken down from a closet under old eaves today and repaired, though the binder remains still in storage. But locusts rasped their seasonal tune, gossamer floated, and the harvest-haze in tints of violet veiled softly the far hills.

Looking back along the hours, "We had a busy day, though we didn't seem to accomplish much work," James said.

There was a shipping out of marketable hogs in the morning, not many it is true, but odd ones to go against the harvest-twine brought in, the extras needed in the annual servicing of the binder and the store-feed which in every season comes in supply to the pigsties. It keeps mothers and small ones content, swainlings growing thriftily, hogs fattening in the cycle of that husbandry which has been ever an integral part of our farming. It was a day which contained a spell of fencing, a day for visits of livestock buyers and salesman as well. . . .

A broken busy day on the whole quite satisfying but to the farmers concerned.

The aroma of preserves in the making lingered about the door of the House across the Lane, Plum? Yes, taking its place in the seasonal strawberries which along with clovers and roses, this is bound up with hollyhocks blossoming, and dahlias and golden glow, with harvest-fields beckoning and summer days drawing in at the dusk.

And fullness and a vague feeling of sadness, or it is only a solemnity? over the farmlands.

There too among a number of visitors of kin, a wee lad, a sturdy, pretty chap tried out new words and walked about on steps no more than a week old, to Granddaughter's interest and delight. This was grand-nephew to Jeanie who with his parents is leaving presently this land of birth to make for themselves a new home and life in an eastern State to the South.

"I'm not too fond of babies," Mack confided, stepping off to the barns. "I'd rather kittens, wouldn't you?"

His stock of these was added to in a happy surprise this afternoon when a secretive mother-cat of the place brought for the first time her trio of kittens from some undiscovered nook of birth about, to play in the sun at an open barn-door.

"I can't believe my eyes!" Mack smiled his delight above the active treasure-trove. Then a momentary shadow descended. "I guess," his voice was sober, "six altogether won't be too many to keep? We can always use a good many mousers, can't we? And I'd say from the look of them all, they're going to be fairly smart! . . . Nice little fellows, aren't they?" he cuddled one lovingly against a young cheek. "The best yet, I'd say."

And this day with September now come? Precious and good. Until Tomorrow, Diary Good-night.

MARY HAWORTH'S MAR.

Young Couple Meet In Mental Hospital Need Readjustment

DEAR MARY HAWORTH: Since coming here from England last autumn, my wife and I have sought comfort, in the midst of our difficulties, by reading of others' problems in your column.

We met as patients in a psychiatric hospital in England — to which country I had gone in 1952, at the age of 20, seeking I don't know what. Although the pairing-off of patients seemed to be frowned on, for some reason our companionship never came under fire during group discussions.

Our marriage, which took place a year ago — on the day we left the hospital — was greeted by a pleasingly large attendance of staff members and fellow patients. Edith was two months pregnant — and but for this situation we certainly wouldn't have been married, or even out of the hospital, so soon.

EMOTIONAL RIFT DISTURBS BOTH

Now we have a fine baby son and often congratulate ourselves on this and other aspects of our progress together. We love each other and want to make a good marriage and have more children; but the big problem, more recently, is that Edith finds lovemaking intolerable — and I become morose when rebuffed.

We are both anxious to work through our difficulties and this letter is a joint project. Having been together in a hospital where treatment is by group discussion, we know a great deal about each other's past. Our family situations had much in common; we were both unhappy at home; but each of us had one comforting relationship — she with a brother, I with a sister. I may say, for myself at least, there is a great deal of "transference" feeling in my marriage; in fact, I frequently use my sister's name in addressing my wife.

My history, particularly during 18 months overseas before going to the hospital, makes an ugly tale of promiscuity and irresponsibility. Edith's entanglements were homosexual during four years before she met me — at which time she was 20, and I 22. We shall be interested in your advice; also in any books you may recommend.

TWOFOLD HELP IS PRESCRIBED

DEAR H.D. You and Edith need twofold help, to work through the emotional block having to do with her recent compulsive and understandable recoil from married lovemaking.

First, you need the illumination of mutual insight into the anxious, infantile, angry and injured meanings of your implicit "demands" and her implicit "refusals." Such insight would tend to promote in both of you a solid advance emotional growth towards stability, maturity and unselfish cooperation.

Second, you need to merge your married companionship into the fabric of community life — to become part of a healthy social give-and-take, in what we might call a "respiration" of larger interests than simply yourselves. This move towards community relationships leads out of the stale confines of morbid personal preoccupations and static emotional frustrations. It brings fresh currents into your thought-feeling; and has much the same tonic effect on spirit as fresh air and sunlight have on bodies.

Much as Edith may value your allegiance and attachment, and much as she may cherish her son, the neurotic elements in her personality are sorely aggrieved and affronted (unconsciously at least) by the "trapped" character of her necessitous marriage to you. Although she may concede, passively or gratefully, that you behaved magnanimously in sharing responsibility for the child, still, she feels (I say "feels") that you are "to blame."

EACH COMMITTED TO SELF'S CONCERN

Thus to Edith — in her continuing half-sick emotional state, with her psychological functioning still more childish than adult — your lovemaking connotes injury and penalty to her, brute selfishness in you, etc. She "feels" this, without plumbing or voicing it — and shrinks involuntarily from your embrace, stony with unconscious defensiveness and resentment.

Her adolescent homosexual bias indicates an early ingrained fixation as regards male intentions; and concomitant unreadiness to progress confidently into fully fledged womanhood. Now, in relation to you, that old overwhelming fear-fixation has become re-activated temporarily. But this time, let's hope, insight or deep understanding will dissolve it permanently.

Your morose reaction to Edith's symptomatic difficulty means you are hurt — smarting with a childish sense of outraged injustice in a state of outer darkness. As if you'd been pushed aside by your mother, as a tiresome little boy, when you wanted reassurance of one never-failing love. To help yourselves: 1. Resume psychiatric sessions in your present environment. 2. Find social and religious fellowship through church work or a local prayer group. 3. Read "The Healing Light" (Macalaster Park) by Agnes Sanford. M.H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of The Charlottetown Guardian.



Millet-Deighan Vows Exchanged In Ceremony In Toronto

St. Peter's Church, Toronto, was the setting for a summer wedding on July 9, 1955, when Susanne Ernestine Deighan, daughter of Mr. and Mrs. Ernest Deighan, Summerside, P.E.I., became the bride of Mr. Floyd T. Millet, son of Mr. and Mrs. Merton Millet, Wolfville, N.S. Father McMahan celebrated the nuptial mass and performed the ceremony.

Special music by the St. Peter's Boy Chorists was under the direction of Rev. J. E. Ronan.

The numbers sung were Cesar Franck's "Pans Angelicus" and Bach Gounod's "Ave Maria" by Mr. Armstrong was the organist. Red and white carnations adorned the altar.

Given in marriage by her brother, Stanley Deighan, the bride chose a waist-length gown of white net with long train and lace veil. Her hairdress was coronet style, embroidered in pearls. Her bouquet was red roses and white carnations centered by white plumes.

The bridesmaid was Mrs. Edith Millet, sister of the bride. She wore net over satin with matching cape and hat. Her bouquet was red roses and yellow carnations centered by yellow plumes.

The best man was Mr. John Clark.

The wedding reception was held in the Mayfair Room at the Clinton Hotel with 30 guests present. The Hans Kaufman trio played selections. The toast to the bride was proposed by Mr. Lorne Keele to which the groom responded. The three-tier wedding cake was cut in the traditional manner by the bride and groom.

After the wedding reception the bride and groom were entertained at the home of Mr. and Mrs. Keith Millet where the wedding gifts were opened and an enjoyable evening was spent in music and dancing.

The newlyweds left on a trip to Ottawa, Ontario. The bride's going-away costume was a black and white princess style dress with hat and accessories to match.

Mr. and Mrs. Millet will reside in Toronto where the groom is a bricklayer with Millet contractors.

HONORED AT SHOWERS

Mrs. Millet was presented before her marriage with an electric kettle and clock by her fellow workers in the T. H. Printing Press Co. and Mrs. Edith Millet entertained at a shower for her.

Out-of-town guests present were Mr. and Mrs. Lorne Keele, Cooksville, Ontario; Mr. and Mrs. Ralph Maddler, Winnipeg, Man.; Mr. and Mrs. Tom MacFarlane, Ottawa, Ontario; Mrs. Merton Millet and daughter Linda, Wolfville, N.S.; Mr. Burnie and Dickey Millet, Wolfville, N.S.

LET'S SAY

Simple Recipe Brings Out Flavor Of Chicken

By Ida Bailey Allen

"Many new ways to cook chicken are being released, talked and written about," I was telling the Chef. "In these recipes the chicken is variously combined with almost every imaginable exotic seasoning, tropical fruit or unusual vegetable."

CONVERSATION PIECE

"Some of these new chicken dishes may be good for service at a party to make what you call a conversation piece," he replied. "But as a gourmet, Madame, I prefer simpler methods that bring out and enhance the fine natural flavor of the chicken, especially for family service."

"In my opinion," Chickie de Bresse "is an outstanding example."

Chicken de Bresse: For 6 persons, order 2 (2 lb.) all-purpose chickens, split and dressed. Wash, dry, dust with 2½ tsp. salt, ½ tsp. monosodium glutamate and ¼ tsp. pepper.

Rub a large shallow casserole stringing that is periodically necessary, entrust the task to your jeweler.

Pearls in bracelets and pins, since they do not touch the wearer's skin, should be rubbed briskly over the palm of the hand at least once a week.

IMITATION PEARLS

Imitation pearls should receive the same careful treatment if they are worthy of being worn. Wipe them occasionally with a slightly damp cloth, and have them restringed once in a while.

Costume jewelry and mountings with stones fastened in place with glue should never be immersed in water. They should be carefully wiped with a slightly damp cloth.

BOIL DIAMONDS

Diamonds set in engagement and wedding rings lose their sparkle when they are allowed to get dirty. It is safe to boil them if care is taken to do a proper job.

Place a piece of cloth at bottom of a small pan after it has been filled with soapy water. Put the diamond jewelry on the cloth and let water come to a boil very slowly. Allow the water to boil until the jewelry is freed of all collected dirt. Then rinse thoroughly in warm water and dry with a lint-free cloth.

PROFESSIONAL CARE

Here again, it is best to have your jeweler take care of your precious jewelry, giving it the attention, the proper buffing and professional cleansing that only he can do. Such a check-up guards against the loss of loose stones, since he checks mountings at the time of cleaning.

Colored gems have I have more gentle treatment, they can't take a cooking. The sapphires, rubies, emeralds, amethysts and such go nicely into warm soapy water, take a rinsing in hot water and then get a polishing with tissue paper or a lint-free cloth. But avoid any rapid water temperature changes, since these may cause stones to crack.

very generously with butter. In it, arrange the chicken skin-side up, the pieces not touching. Pour over 1-3 c. melted butter.

Cover and bake 35 min. in a hot oven, 400 degrees F. or until golden brown and fork-tender.

SUNDAY DINNER

Tomato Aspic Saladettes
Chicken de Bresse
Potatoes Rissolle
Buttered Carrots Spinach
Half-Frozen Applesauce Cream
Hot or Iced Coffee or Tea Milk
Western Rainbow Bowl: Line a deep dish or salad bowl with crisp green iceberg lettuce and romaine. Heap with a rainbow mixture of cantaloupe, watermelon and honeydew balls. Add rings of chilled cantaloupe and fingers of ripe banana.

Serve with a dressing made of slightly sweetened and lightly salted fresh lemon or lime juice.

TOMORROW'S DINNER

New England Clam Soup
Shrimp-Egg Salad Platter
Potato Chips Corn-on-Cob
Western Rainbow Bowl
Hot or Iced Coffee or Tea Milk
New England Clam Soup: Heat 1 (10½ oz.) can minced clams and their juice in 1 c. water.

Meantime, melt 2 tbs. butter, stir in 3 tbs. flour, ½ tsp. each salt and monosodium glutamate and ¼ tsp. pepper. Stir until smooth, gradually stir in a qt. of homogenized milk. Cook and stir until boiling.

Add the clams and liquid; stir in 1 tbs. butter and 3 tbs. fine cracker crumbs. Serve in bowls; top with minced parsley.

TRICK OF THE CHEF

Season buttered carrots with a little ground clove.

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MORNING SMILE

The microphone was thrust before the winning jockey, and the very embarrassed hero was asked to address the nation. Breathlessly, he said: "May I take this opportunity to pay a tribute to the other jockeys, without whose cooperation my victory would have been impossible!"

7016
by Alice Brooks

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Keeping Jewelry Bright

By ELEANOR ROSS

Pearls, especially the cultured variety, are becoming more popular, are more in demand, each season. A string of good cultured pearls is a prized possession and, like all prized possessions, is entitled to care and attention.

Pearls should be kept clean, warmth of the human body enhances their luster; they should be worn as frequently as possible, not left in that velvet-lined box for "best." Keeping pearls locked

up in a jewel box without air for long periods of time will dull them.

APPLY PERFUME

If you are wearing perfume, and put a dab on your neck, give the alcohol time to evaporate before donning the necklace. The alcohol content of perfume, while in the liquid state, is distinctly harmful to delicate pearl surfaces.

Give the string an occasional going over, wiping it gently with a soft, slightly damp cloth. For the real cleaning and the re-

Wise Preservers

Never iron your blankets. It is the nap that keeps the blanket warm. Ironing ruins the warmth-give, and wears it out. Only the binding should be treated with a warm, not hot, iron.

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HOUSEHOLD HINT

Breaks and cracks around the edges of your linoleum, if not repaired in time, can prove quite dangerous as heel catchers, and can also serve as depositories for water that will eventually rot the underside of the linoleum. To repair the damage, melt some sealing wax of a color to match the linoleum, run it carefully into the break and smooth it flat before it cools.