

NESCAFÉ

SAVES YOU UP TO 40¢ A POUND ON COFFEE BILLS

Here's why:

1. Even the 4 oz. jar—though costing far less—makes as many cups as a whole pound of ordinary coffee.
2. Big family size jar saves even more.
3. No waste with Nescafé. You make delicious roaster fresh coffee right in the cup—and only what you need.
4. Never goes stale. Nescafé is specially processed to stay fresh down to the last spoonful.

DRINK **NESCAFÉ** AND ENJOY THE FINEST CUP OF COFFEE YOU EVER T-A-S-T-E-D



Right this minute more people are drinking **NESCAFÉ** than all other instant coffees combined

*Nescafé (pronounced NES-CAFAY) is the exclusive registered trade mark of Nestlé's Milk Products (Canada) Limited to designate its soluble coffee product which is composed of equal parts of pure soluble coffee and added pure carbohydrates (dextrins, maltose and dextrose) added solely to protect the flavour.

Slow Beat From Marselles

By Michael Hastings continued

"I don't quite understand," said Prinz. "True, we have no hold over him, and therefore we shall have to watch him a bit. But he is one man. One man cannot do much on his own."

"Perhaps. Perhaps not. It is not that we have no hold over Oliver. That is unimportant. We have, for that matter, no hold over Lubbe. But we do know that Lubbe always minds his own business. He has no interest in anything, or anybody, apart from his engines. But Oliver is different." Rutter leaned back for a minute or two before continuing: "With your usual blindness, Prinz, you have obtained an officer who is not only capable of performing his duties—but is also capable of thinking. More than that, he is English. And English are a race of meddlers."

"Yes," Prinz agreed. "I have that against him. But it was not easy..."

Rutter checked him impatiently. "I know all that," he said. "But even though Oliver is only one man, we must be careful. I want him watched. Make sure that he is not plotting any sort of mischief. Find out what he does in his spare time. Discover his relationships with the other officers. If I read him aright, he is capable of becoming friendly with them in order to pump them."

"I will do all that," said Prinz. He spoke with reluctance, unwilling to admit that he had made a mistake.

There was silence between them for several minutes. Then Rutter said, with a forced calmness which, if anything, gave emphasis to his desperation.

"We cannot wait until we reach our destination," he said.

"Prinz looked at him with alarm.

"You mean—your eyes..." he

KING COLE TEA

"What else should I mean?"

"It would be better to wait," Prinz advised him.

"Wait! Wait!" cried Rutter, impatiently. "It is one thing for you to talk; but different for me. I suffer. It has happened again. You are nothing but a blurred shadow. Then your face comes out of the blackness, only to dissolve again into mist. Each time, the trouble lasts longer. And all that you can do is to urge me to wait. Suppose we are intercepted? How shall I escape, being as useless as a blind man? Do you not realize that at the end of the voyage we have to ship our passengers ashore secretly?"

"Kurt Eismann will be there, and he will help us," Prinz said.

"Even Eismann cannot work miracles," Rutter snapped. "He will do everything that he can; but in the last resort we must fend for ourselves. Can I do that—being blind?" His voice dropped, lost some of its strength, as he went on: "It is different for you. During the war you did excellent work. Now that it is over you have nothing to fear. There is no spy-wave sweeping the country where you stayed. But consider my position. The hunt is on. Everywhere, those of us who gave everything towards establishing the New Order are being hounded down." He gave an exclamation of disgust.

"Careful, doctor. Do not excite yourself too much," warned Prinz. "It may be bad for you."

"So would blindness. To think that my brain—outstanding in scientific knowledge, on the verge of new discoveries—should be threatened with extinction because of the failing of the eyes which serve it. Yet, Prinz, I should be condemned for using one of the miserable creatures down below in order to perpetuate my talent. Ah! It is fantastic. Does it matter if a hundred slave people die in order that one of the masters shall live?"

"Of course not," Prinz agreed.

"Then I tell you that the operation must be done at sea. Do you doubt your powers?"

(To be continued)

IN MEMORIAM

In loving memory of Mrs. Ella MacVittie, who passed away suddenly October 19th, 1948.

Those we love we never lose,
For always they will be
Forever near, forever dear
In thoughts and memory.

Sadly Missed by Her Daughter,
Jeanette.

IN MEMORIAM

In loving memory of our dear husband and father Mayus E. Ford who passed away October 19th, 1948.

Once again that month is here
To us the saddest of the year,
So lonesome here without you
And sad the weary way.
For life has never been the same
Since you were called away.

They say time heals all sorrow,
And helps one to forget,
But time has so far only proved
How much we miss you yet.

Ever Remembered by Wife and Family.

IN MEMORIAM

In loving memory of Mrs. Ella MacVittie, Westmoreland, who passed away October 19th, 1948.

A day of remembrance too sad to recall
The loss of a Mother, the best friend of all,
One of the best that God could send
A loving Mother and a faithful friend.

Lovingly Remembered by Her Daughter, Alice.

IN MEMORIAM

In loving remembrance of AMELIA BEATRICE JENKINS
October 19th, 1948.

There is no death! the stars go down
To rise upon some other shore
And bright in Heaven's jewelled crown
They shine for evermore.

May we follow in the path she trod
To be more like her who has gone to God.

Sadly Missed by Mother and Dad,
Maie and Erwin.

SAVINGS to Round Out 3 SQUARES a Day



Fruits & Vegetables

Island Grown, Lge. Size McIntosh RED APPLES, doz. . 35c
Island Grown, for cooking—fine quality APPLES, 3 lbs. 19c
Island Grown—Choice Large Heads CELERY, ea. . 19c
California Choice GRAPES, lb. . 19c
Large Size Texas Pink GRAPEFRUIT, 3 for 29c

Save on the full meal . . . every meal! That's the way to cut down your food bills! But you'll never do it with a few "week-end specials." You've got to have every day low prices on all your food needs. And that's exactly what you get here—every price a low price Monday right through Saturday! That's why it's so economical . . . so easy . . . to round out your menus for "3 SQUARES" a day—complete with SAVINGS!

Quality Meats

- Lean Trimmed PORK CHOPS, lb. 55c
- Swift's Dinner Style Pure Pork SAUSAGE, lb. 41c
- Choice Prime Roasts SHOULDER BEEF, lb. 55c
- Freshly Caught SALMON, lb. 59c
- What A Treat Haddock FILLETS, lb. 45c
- Boneless Salt CODFISH, lb. 39c

Values Galore

- Domestic or Jewel SHORTENING, lb. 33c
- Kraft Canadian CHEESE, 1-2 lb. pkgs. 29c
- Ganong's Delecto—Reg. price \$1.75. CHOCOLATES, lb. box \$1.29
- Put Away For Christmas New Crop Australian Seedless RAISINS, 2 lbs. for 39c
- Reg. 35c 12 oz. jars Wilson's Strawberry or Pineapple JELLY, each 23c
- Shiriff's Lushus Jelly POWDERS, 3 pkgs. 29c
- Huskey—14 oz. tins CAT AND DOG FOOD, 2 tins for 15c
- Best Quality Monarch Tomato KETCHUP, bottle 19c
- Evaporated—Tall tins CARNATION MILK, 2 tins for 29c
- For Easier Ironing—SATINA, 2 pkgs. for 15c
- For Your Toilette Palmolive SOAP, 2 bars 19c

SHOP CO-OP FRIDAY NIGHT IT PAYS

- SPECIALS ON SALE FRIDAY NIGHT FROM 6:00 to 9:30 P.M.
- Granulated—Reg. \$1.19 10 lb. pkgs. SUGAR, only \$1.09
 - Robin Hood Chocolate or White Cake Mix, pkg. 25c
 - M. L. Sweet Pickled Cottage Roll, reg. 67c (HAM) Tonight 47c
 - California—Reg. price 45c Doz.—SPECIAL—ORANGES, 2 doz. for 69c
- Shop with your husband — IT'S FUN!
Free Delivery on all orders.

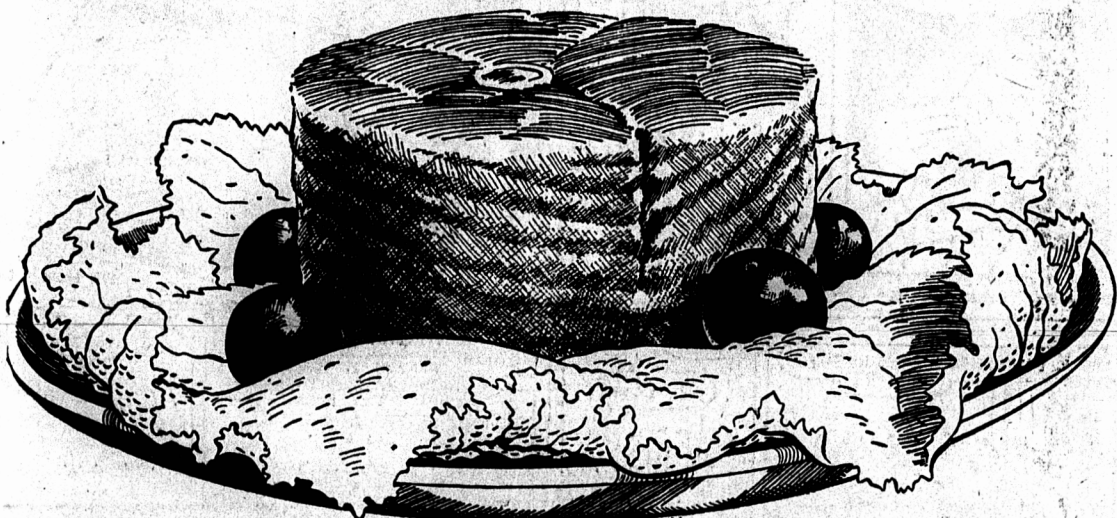
WE CARRY A COMPLETE LINE OF GOODS FOR THE MAKING OF CHOP SUEY AT HOME. IT'S DELICIOUS. TRY MAKING SOME.

SHOP CO-OP



Super Market

FREE DELIVERY PHONE 2807-2808 THE ONE STOP MARKET



Canned Salmon is one of Your Best Food Buys

WHY IS CANNED SALMON ONE OF YOUR BEST FOOD BUYS?

As homemakers well know, a good food buy today is a thing to latch on to. That's why so many are turning to Canned Salmon. Meal planners are discovering the penny for penny, pound for pound, thrift cost of this ready-cooked table delicacy. All meat, no waste or cut-away trim—Canned Salmon is all edible food.

Just as it comes from the can in salads or sandwiches, Canned Salmon is a taste sensation oh-so-good. Or combined with potatoes, macaroni or vegetables, it is a wonderful "extender" for appetizing hot dishes that are long on good eating yet downright economical. And here's good news for the nutrition conscious food buyer—Canned Salmon is an excellent source of food elements needed every day in balanced diets. Pick up Canned Salmon at your food store.

Tasty casserole dishes made with Canned Salmon—see changes "see how" in the many ways you can use our food dollar full of good things for your family.

Canned Salmon—Lead in food value—see how you can use our food dollar full of good things for your family.

For that special dinner that the meal with a lady Canned Salmon—see how you can use our food dollar full of good things for your family.

Make "lunch" or "snack" with Canned Salmon—see how you can use our food dollar full of good things for your family.



ASSOCIATED SALMON CANNERS OF BRITISH COLUMBIA

HEINZ SPAGHETTI

Great for snacks, suppers, lunches



for Contented Babies

"A Prescription from My Doctor"

"No wonder I'm healthy and contented! My Carnation Milk is nourishing as milk can be; easily digested because it is homogenized and heat-refined; it has 400 units of "sunshine" vitamin D in every pint. Mother knows it is safe, because Carnation is sterilized after it is sealed in its air-tight can; and a Carnation formula is so easy to prepare. Ask your doctor about a Carnation formula for your baby. Carnation is the milk every doctor knows."



Extra Body-Building Benefits for Children of All Ages

AFTER BABY'S bottle days, no need to change from the milk the doctor recommends. For "creaming" cereals and desserts, children love the flavor of undiluted Carnation—and it has twice the food value of an equal amount of bottled milk.

FOR DRINKING, making cocoa or cooking, dilute Carnation with an equal amount of water for a milk of extra smoothness and rich flavor.

"From Contented Cows"