

A Lesson In Charity

We saw a blind man the other day dropping a coin into a Christmas Cheer pot on the sidewalk in front of a big department store in Charlottetown. A friend was guiding his hand over the opening so that he wouldn't miss it. Intent upon our own affairs we were about to pass by without noticing the pot at all, but for this little incident, shamefacedly we turned and did likewise, receiving a friendly smile from the pot's custodian which seemed to imply understanding of our momentary forgetfulness and appreciation of the fact that our heart was, after all, in the right place.

The blind man by this time had moved away, whistling a cheery accompaniment to the tapping of his white cane and quite unaware of the lesson in Christian charity he had taught us.

The coin wasn't much in itself—his or ours. It will take a lot of them to fill that big-bellied pot, and there are many similar pots that will require to be filled, and filled again, before the needs of the needy are met this Christmastide by that wonderful organization of Good Samaritans we call the Salvation Army.

The Christmas Cheer pot is their idea of providing a basis for "equalization grants" to the have-nots at this season, without any of the bickering that accompanies federal-provincial arrangements of this kind. No government subsidies are involved. No politics. No complaints about the distribution being unfair or about taxes going up if the contributions get too big (they never do, in this case.) Every dime, quarter and dollar bill counts, and there is always room in the pots for more. The money will go out as freely as it comes in, gathering dividends along the way, and somehow making richer both the givers and the receivers.

Widows' mites and blind men's offerings—these are what really make the Christmas Cheer pots perform their miracles. But the point is that we can all join in, and catch some of the glow that comes from participating, however casually, in the ritual that brings them to pass.

U.S.-Soviet Trade

One of the most perplexing decisions now confronting President Johnson is whether to liberalize American trade policy with the Soviet Union and the Communist bloc. The possibility of modifying existing trade restrictions has received much attention since the late President Kennedy gave approval, last October, to the sale of possibly \$250 million worth of surplus American wheat to Russia. Certain administration officials are said to favor freer trade as one possible method of easing cold war tensions, but not all of them. The state department reportedly is exploring possible consequences of such a step.

The question was brought to the fore a few days ago when the Senate killed a bill that would have prohibited the Export-Import Bank, or any other government agency, from financing commodity sales to Communist countries without extending guarantees of private financing. The action eliminates a major hurdle in negotiations over the wheat sale to Russia. American grain exporters contend that government-credit guarantees are essential for any deal.

Whether the wheat transaction is completed or not, the subject of a Russian-Russian trade has been

revived and is likely to be a lively topic in the months ahead. Existing United States policy has been predominantly anti-trade. Legal restrictions as well as strong opposition in and outside Congress have resulted in little commercial exchange with Communist countries both with Poland and Yugoslavia.

This policy has long been a divisive factor in the Western alliance. Britain, particularly, opposes it. The British maintain that trade with Russia is desirable, that it will make the Russians more amenable as they get more of the material comforts and that it will lessen the likelihood of aggressive Soviet policies. Canada, in its wheat deals, has taken the same view. There is hope now that it will prevail at Washington. The ultimate decision rests, of course, with the new President.

Scaring Off Robbers

Britain has been suffering a series of robberies, including some in which moneybags have been snatched from messengers and paymasters. Now, an inventive genius has patented a moneybag to discourage these activities.

When anyone snatches the moneybag from a carrier, a release in the handle immediately activates a compressed air device inside the bag. This emits a loud and steady whistle. At the same time, the bag handle depresses into the bag, presumably clamping on the thief's hands. And three 12-foot telescoping arms suddenly shoot out from the bag in three directions, making the bag difficult to carry and all but impossible to take through a door or into a car.

This is all very well, but an American exchange suggests that the invention doesn't go far enough. It's only a half-way job. What is needed, it says, is a tiny computer that would act while all the above was going on to produce a warrant for arrest and set bail.

Even at that, we doubt if it would completely discourage the gentry that makes a business of snatching moneybags. They're a pretty inventive class of people themselves. They'll be coming up with something to offset this compressed-air gadget; but they won't be patenting it, and we shan't know anything about it until we read of another big haul in which both messenger and moneybag will have disappeared into thin air.

Wildfowl Refuges

Of interest to conservationists on this side of the Atlantic is the outcome of a conference of the Natural Nature Conservancy and International Wildlife Research Bureau, held recently in Scotland. Plans are now on foot for the establishment of a network of wildfowl refuges stretching across Europe.

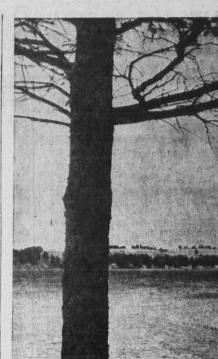
The vital link will be Loch Leven in Scotland, one of the finest wildfowl reserves on the European continent. Between the estuaries of the rivers Forth and Tay, the area attracts thousands of Pinkfooted and Grey-leg geese every fall, and many Canada Geese and Greenland Whites.

Representatives from 20 countries came to the conference to discuss measures of conserving wildfowl. Naturalists, sportsmen, scientists and government officials exchanged information about bird movements between countries. As a basis for future operations, a survey was made of conservation measures, existing and projected refuges and legal safeguards.

EDUCATOR NOTES

The United Church Observer, pondering over book circulation in Edmonton libraries, has discovered that westerners read four times as many "mysteries" as "westerns." On the other hand, it noticed in Berlin, that centre of mystery and intrigue, that crowds line up before a cowboy picture.

Fisheries Minister Robichaud says the Government is making no surrender in its intention to establish a 12-mile fishing limit off Canadian coasts. There were reports from Washington to the contrary—that both External Affairs Minister Martin and Mr. Robichaud had indicated they were willing to recognize traditional U.S. fishing rights inside the new limit "into perpetuity." It is gratifying to note that this is not the case.



VIEW OF ST. PETERS BAY

OTTAWA REPORT by Patrick Nicholson

Pleasant Bonus For Federal Civil Servants

How many holidays do you have each year?

Probably not as many as are enjoyed by your "humble and obedient servants" who are paid by you as a taxpayer—the civil servants of the federal government.

They have just received a very pleasant Christmas bonus which few or no other Canadians will enjoy, in the form of two additional holidays with pay announced for the coming festive season.

The official statement from the Office of the Prime Minister states: "The Prime Minister has announced that, following Cabinet consultation, Thursday, December 26, 1963, and Thursday, January 2, 1964, are proclaimed as holidays for the federal public service."

SICK AND SUNNY HOLIDAYS

The federal civil servant is entitled to 12 holidays with pay each year. As it works a day week, that means that each civil servant receives three weeks holiday per year.

A rather unusual provision covers pay for days absent through illness. The entitlement in one and a quarter days of paid sick leave, but each month of service, and this is cumulative.

The Bolivian Crisis

By Harold Morrison Canadian Press Staff Writer

Jobs, security and hunger appear to be at the roots of the current Bolivian crisis—the export of revolution by Fidel Castro's Cuba.

Resting high on the Andes Mountains, Bolivia has a history studded with riots and revolutions. There have been bloody battles staged by right-wingers and left-wingers. The country has been ruled, in fact, by an uneasy coalition of extremists.

But while Communists may have taken advantage of the current desperate economic situation, the heart of the crisis is the prospect before many workers of unemployment or of such low-paying work that hunger cannot be appeased.

PUBLIC FORUM

This column is open to the discussion by correspondents of a wide range of subjects. The Guardian does not necessarily endorse the views of its contributors. All letters published are subject to editing. The Guardian is unable to return correspondence received but letters submitted.

SIDEWALKS AGAIN

Sir,—The comments by Miss Gail Redden which appeared in the Charlottetown Patriot, December 7th, re the closing of our sidewalks was indeed very timely. However, we wonder if our City officials are unable to enforce this law, which she quoted and which is still on the books. We have never been able to find out the reason.

Perhaps since Miss Redden is not a born native, she is unable to get the answer. The celebration of our Centennial Year is just around the corner, which is the anniversary of our entrance into Confederation when we all had the idea that "heretofore all would be peace and good will." The young man who fell on Kent Street on Friday last and who is now resting comfortably (?) in the hospital will have reason to feel that someone, somewhere along the line, neglected their responsibility.

Bright lights, flowers, huge bonfires, etc., are well and good as far as they go but are not the lives and limbs of our people of much more value than these? Granted, that part of the blame rests with the householders, business men, property owners and even professional men who refuse to take a shovel to their yards and clean up the snow walks after a snow storm thereby eliminating the icy condition that is sure to follow. If this is not done, then let our City officials put a law on the books that can be enforced and see that it is enforced.

We hear it said so often: "This is the age of Progress." Some Progress—some age.

I am, Sir, etc., ROSIE RYAN.

A Sidewalk Cynical Charlottetown.



VIEW OF ST. PETERS BAY

OTTAWA REPORT by Patrick Nicholson

Pleasant Bonus For Federal Civil Servants

How many holidays do you have each year?

Probably not as many as are enjoyed by your "humble and obedient servants" who are paid by you as a taxpayer—the civil servants of the federal government.

They have just received a very pleasant Christmas bonus which few or no other Canadians will enjoy, in the form of two additional holidays with pay announced for the coming festive season.

The official statement from the Office of the Prime Minister states: "The Prime Minister has announced that, following Cabinet consultation, Thursday, December 26, 1963, and Thursday, January 2, 1964, are proclaimed as holidays for the federal public service."

SICK AND SUNNY HOLIDAYS

The federal civil servant is entitled to 12 holidays with pay each year. As it works a day week, that means that each civil servant receives three weeks holiday per year.

A rather unusual provision covers pay for days absent through illness. The entitlement in one and a quarter days of paid sick leave, but each month of service, and this is cumulative.

The Bolivian Crisis

By Harold Morrison Canadian Press Staff Writer

Jobs, security and hunger appear to be at the roots of the current Bolivian crisis—the export of revolution by Fidel Castro's Cuba.

Resting high on the Andes Mountains, Bolivia has a history studded with riots and revolutions. There have been bloody battles staged by right-wingers and left-wingers. The country has been ruled, in fact, by an uneasy coalition of extremists.

But while Communists may have taken advantage of the current desperate economic situation, the heart of the crisis is the prospect before many workers of unemployment or of such low-paying work that hunger cannot be appeased.

PUBLIC FORUM

This column is open to the discussion by correspondents of a wide range of subjects. The Guardian does not necessarily endorse the views of its contributors. All letters published are subject to editing. The Guardian is unable to return correspondence received but letters submitted.

SIDEWALKS AGAIN

Sir,—The comments by Miss Gail Redden which appeared in the Charlottetown Patriot, December 7th, re the closing of our sidewalks was indeed very timely. However, we wonder if our City officials are unable to enforce this law, which she quoted and which is still on the books. We have never been able to find out the reason.

Perhaps since Miss Redden is not a born native, she is unable to get the answer. The celebration of our Centennial Year is just around the corner, which is the anniversary of our entrance into Confederation when we all had the idea that "heretofore all would be peace and good will." The young man who fell on Kent Street on Friday last and who is now resting comfortably (?) in the hospital will have reason to feel that someone, somewhere along the line, neglected their responsibility.

Bright lights, flowers, huge bonfires, etc., are well and good as far as they go but are not the lives and limbs of our people of much more value than these? Granted, that part of the blame rests with the householders, business men, property owners and even professional men who refuse to take a shovel to their yards and clean up the snow walks after a snow storm thereby eliminating the icy condition that is sure to follow. If this is not done, then let our City officials put a law on the books that can be enforced and see that it is enforced.

We hear it said so often: "This is the age of Progress." Some Progress—some age.

I am, Sir, etc., ROSIE RYAN.

A Sidewalk Cynical Charlottetown.

Anginal Pains In Cold Winds

By Dr. Theodore R. Van Dellen Winter weather and anginal pectoris do not mix. Victims of this heart condition develop chest pain much sooner when walking on an extremely cold, windy day than at other times. Chilled air causes reflex constriction of the coronary arteries, putting an additional load on the heart.

Anginal pain develops even when the individual is warmly clothed, with only the face exposed. Most persons breathe through the mouth when bucking a cold wind, thus losing the air-warming effect of nasal breathing. For this reason, those who coronary artery disease ought to avoid wintry blasts; if the wind must go out, they should walk slowly and protect the nose and mouth with a scarf or heated mask.

Distress is felt beneath the breastbone in the area covered roughly by the necktie. It varies from mild to severe and tends to be dull rather than sharp, stabbing, or knife-like.

Some liken the sensation to a constriction as though there were a band or vise around the chest; other refer to it as a feeling of tightness, pressure, burning, or boring.

Discomfort is brought on by exertion or excitement and is relieved in less than three minutes by rest or relaxation. Walking after a full meal intensifies the attack in much the same way as does the cold. Some notice angina after going less than one block, whereas others are able to walk four blocks when the weather is pleasant or the stomach is empty.

Nitroglycerin brings prompt relief. Studies with a new isotope (rubidium-84) demonstrate that the effect of nitroglycerin on the flow of blood through the coronary arteries is different in normal and in cardiac patients. The flow in normal persons increases 50 to 150 per cent, but in those with angina it is raised 200 to 1,000 per cent.

When the sensation to a constriction as though there were a band or vise around the chest; other refer to it as a feeling of tightness, pressure, burning, or boring.

Discomfort is brought on by exertion or excitement and is relieved in less than three minutes by rest or relaxation. Walking after a full meal intensifies the attack in much the same way as does the cold. Some notice angina after going less than one block, whereas others are able to walk four blocks when the weather is pleasant or the stomach is empty.

Nitroglycerin brings prompt relief. Studies with a new isotope (rubidium-84) demonstrate that the effect of nitroglycerin on the flow of blood through the coronary arteries is different in normal and in cardiac patients. The flow in normal persons increases 50 to 150 per cent, but in those with angina it is raised 200 to 1,000 per cent.

When the sensation to a constriction as though there were a band or vise around the chest; other refer to it as a feeling of tightness, pressure, burning, or boring.

Discomfort is brought on by exertion or excitement and is relieved in less than three minutes by rest or relaxation. Walking after a full meal intensifies the attack in much the same way as does the cold. Some notice angina after going less than one block, whereas others are able to walk four blocks when the weather is pleasant or the stomach is empty.

Nitroglycerin brings prompt relief. Studies with a new isotope (rubidium-84) demonstrate that the effect of nitroglycerin on the flow of blood through the coronary arteries is different in normal and in cardiac patients. The flow in normal persons increases 50 to 150 per cent, but in those with angina it is raised 200 to 1,000 per cent.

When the sensation to a constriction as though there were a band or vise around the chest; other refer to it as a feeling of tightness, pressure, burning, or boring.

Discomfort is brought on by exertion or excitement and is relieved in less than three minutes by rest or relaxation. Walking after a full meal intensifies the attack in much the same way as does the cold. Some notice angina after going less than one block, whereas others are able to walk four blocks when the weather is pleasant or the stomach is empty.

Nitroglycerin brings prompt relief. Studies with a new isotope (rubidium-84) demonstrate that the effect of nitroglycerin on the flow of blood through the coronary arteries is different in normal and in cardiac patients. The flow in normal persons increases 50 to 150 per cent, but in those with angina it is raised 200 to 1,000 per cent.

When the sensation to a constriction as though there were a band or vise around the chest; other refer to it as a feeling of tightness, pressure, burning, or boring.

Discomfort is brought on by exertion or excitement and is relieved in less than three minutes by rest or relaxation. Walking after a full meal intensifies the attack in much the same way as does the cold. Some notice angina after going less than one block, whereas others are able to walk four blocks when the weather is pleasant or the stomach is empty.

Nitroglycerin brings prompt relief. Studies with a new isotope (rubidium-84) demonstrate that the effect of nitroglycerin on the flow of blood through the coronary arteries is different in normal and in cardiac patients. The flow in normal persons increases 50 to 150 per cent, but in those with angina it is raised 200 to 1,000 per cent.

NOTES BY THE WAY

An adult is a person who had stopped growing at both ends. It started to grow in the middle.—Sarina Oberster. A thief nabbed in Illinois had seven women in talleys. Where he is now, it won't make much difference what time it is.—Woodstock Star.

Now it is claimed that moccasins and sandals produce flat feet. At that, they might help some teenagers to settle down.—Chatham News.

It is beyond the wit of man to devise some sort of hat that would protect a policeman's ears from freezing while he directs traffic on a bitter morning? A policeman's lot may not be a happy one but he shouldn't have to be more uncomfortable than necessary.—Ottawa Journal.

Tense And Toothless

Toronto Telegram

Anybody who has ever been to a cocktail party knows that after a while the sociability palls. This is why they are usually come-and-go affairs. We can't stand the crowded room for long.

After a shopping trip among the crowds, women generally come home tired and tense. So we don't really need the experts to tell us, as does Dr. Dorr in M. Odium of London, England, that residents of small communities are healthier and happier than city-dwellers.

But when a U.S. dentist insists that people in the cities spend hours each day grinding and reducing the life of their teeth because of the tensions and worries induced by the crowds around them, it makes us stop and think. Who wants to be tense and toothless?

What's the remedy for a man condemned to the city? He must relax, say the physicians. Gasling said that done, even if you

follow medical advice and take relaxation exercises such as exhaling slowly while thinking of a sponge being slowly squeezed. With many of us this kind of artificial exercise is a real effort. You can't go around thinking of a sponge while you're working at a machine or thinking through an administrative problem at the office.

Some time ago a Toronto man built a house with a "thinking room." It was designed without windows to keep out traffic noises and lined with acoustical material.

What he gained in isolation and quiet he lost in a feeling of isolation and claustrophobia. The silence became so oppressive, he says, he began to long for the noise and crowds of the city, and think. Who wants to be tense and toothless?

What's the remedy for a man condemned to the city? He must relax, say the physicians. Gasling said that done, even if you



FOAMTHREADS—the gift of year-round comfort

Perfect for children, stylish for women and handsome for the men on your list. Soles are welded to uppers, can't come loose. Soft leather outsoles are quiet, outwear ordinary leather. Wide choice of styles and colours. WASHABLE—when they're soiled your washes make them bright and new again.

Children's \$2.98, \$3.98; Adults' \$3.98, \$4.98.

GET YOUR FOAMTHREADS AT ALL THESE STORES

SMALLMANS

SUMMERSIDE DIAL 458-2111

AGNEW-SURPASS Shoe Stores Ltd.

129 Queen St. Phone 4-3646

See them now at LePAGE SHOE CO. LTD. Dial 4-7478

133 Grafton St.

SHEEN and MacINNIS

282 Water Street Summerside

Choose your at

MATTHEW & McLEAN LTD.

Souris Phone 10-2

HOLMAN'S OF P.E.I.

Charlottetown Summerside



General Electric tree lights are individual lights. If one light goes out the others will stay lit. We will check and inspect your present set free of charge.

NEWSON ELECTRIC

161 Queen Street Dial 894-8325