



GOLDEN GIRL

BY TRACY ADRIAN
Jean Desse, eminent Parisian couturier designed this magnificent evening dress using a fluid new tissue woven with a golden yarn which was made with aluminum. It was one of the level-

LET'S EAT

Nation's Food Habits Decide Farmer's Crops

By IDA BAILEY ALLEN
"My flock of chickens helped me work my way through Rutgers University; chuckled the Honorable Phillip Alampi State Secretary of Agriculture of New Jersey."

"Most homemakers think of themselves as isolated units" he went on "but united they wield tremendous power."
"For instance the choice exercised by the homemakers and others who cater to over 60 million American families eventually determines what the farmer is to grow and produce."

"Now for a personal question Mr. Alampi" I said. "What are your favorite dishes?"

"Egg and poultry dishes of all kinds planked and all Italian foods. My wife Ruth cooks very well in Italian style. To learn she did something few girls would do—she appealed to her mother-in-law for help."

TOMORROW'S DINNER

Tomato Bouillon Planked Fish with Duchesse Potato Tossed Green Salad Macaroni - Stuffed Peaches coffee tea or milk.
All measurements are level recipes proportioned to serve 4 to 6
Planked Fish: Use a wooden plank if you have one otherwise use a small aluminum or stainless tray or platter that can go to the table. Rub with olive oil.
Arrange in the center 2 lbs. hal-

COOK'S CORNER



WALNUT DROPS

1/2 cup sifted all purpose flour
1/4 tsp. baking powder
1/4 tsp. salt
1/4 cup butter
1/4 cup white sugar
1 egg, unbeaten
1 tsp. vanilla
1 sq. unsweetened chocolate
2 cups chopped walnuts
Melt chocolate in top of double boiler, add rest of ingredients
Drop by spoonfuls on greased pan
Bake in oven at 350 deg. for 10-12 mins.

MORNING SMILE

It was 3 o'clock in the morning and the officer was rather suspicious of the man in evening clothes who walked slowly across the road, crossing and recrossing.
"Out rather late, aren't you?" he asked.
"A little late," agreed the man, "but it's the only chance a pedestrian has these days."

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The Turkey May Prove Best Food Buy Over The Holiday

By THE CANADIAN PRESS
Turkeys, traditional centre of the Canadian Christmas feast, may be the housewife's best food buy this Yuletide season.
A survey by The Canadian Press indicates that a substantial increase in turkey production this year will result in price cuts ranging up to eight cents a pound across the country, compared with last Christmas.
While the main buying rush isn't expected before Dec. 15, retailers are well stocked and estimate turkeys will be selling at a range between 47 cents a pound in Toronto to 65 cents in Vancouver.

Smoked meats and hams however may be as much as 10 cents higher than last year in some places.
CHANGING MENUS
Ducks and geese, once rivaling turkeys as the main Christmas fare, have virtually dropped from the market in most places.
"Ducks and geese are the forgotten item in Christmas food lists," one Toronto poultry retailer said. "Prices last year were well above turkey prices, mainly because farmers have stopped producing ducks and geese in any quantity."
Like the duck and goose, home prepared hams, cakes and puddings show signs of fading from the Yuletide scene, rapidly being replaced by ready-to-eat varieties.
Though more expensive, the ready prepared goods seem more popular with housewives, coast to coast.
In case the ladies want to bake their own puddings, and cakes, ingredients — raisins, currants, glazed cherries, peel and nuts — will be selling in most places at prices slightly higher than last year.

CANDIES, BISCUITS
A recent increase in sugar prices will boost the cost of candies in most centres, while imported biscuits, another Christmas feature, also will cost more.
Vancouver retailers report prices generally the same as last Christmas, though imported Japanese oranges will be slightly lower on the coast. Further inland they will be more expensive.
A general increase in demand for the traditional Christmas commodities is expected across the country, while some centres, notably Calgary, report shopping already under full steam.
Newfoundland grocers, expecting a record year due to more money being in circulation, say they are making sure they won't run out of grapes, raisins, oranges, cakes and puddings, as they did last year.

Besides normal home consumption, retailers are looking to more buying by new Canadians, in preparing Christmas parcels for relatives in the old country, to swell the market.
Some western Canadian grocers, however, say they are worried about the mild weather at the end of November.
People don't start buying the season foods in quantity until the weather feels more like Christmas, they say.

CEREBRAL PALSY GROUP
The regular monthly meeting of the Cerebral Palsy Group was held at the home of Mr. and Mrs. Willard Bruce, Brooklyn on Tuesday evening, Nov. 27th. The meeting was conducted by the president, Mrs. D. Farquharson. The minutes of the last meeting were read by the Secretary, Mrs. A. Gamble. Old business was discussed, also new business dealt with.
A few members told of their trip to Moncton where they visited the cerebral palsy class room, and met several of the parents, also the teacher. The visit was made so the visitors did not have an opportunity to see the class in session.
Mr. A. Gamble reported on arrangements pertaining to a tag day which the group is planning to have. It was decided after discussion to have the tag day the

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weekend of Dec. 7 and 8. Further plans were laid for this project.
Miss Hazel Hunter gave a very interesting report on the work that she carried on at the center for the last year. Before the meeting adjourned, a presentation was made to Miss Hunter. Delicious refreshments were served by the hostess Mrs. W. Bruce.

ALEXANDRA W.I.
The December meeting of the Alexandra W.I. met at the home of Mrs. Benjamin Wood with an attendance of fourteen members and one visitor present. Meeting opened with the singing of Silent Night followed by the Mary Stewart Collect in unison.
Minutes were read and approved followed by the treasurer's report. Proceeds from cake sale were \$36.86. Correspondence was read and disposed of. Sick committee gave their report. The report of the members who attended the leadership course at Parkdale Hall was given.
After considerable discussion, it was decided to make the history of the district the project for 1957. It was moved and seconded that the school children and elderly residents of the district be treated at Christmas as other years, each member giving twenty-five cents, and Mrs. Harold Beaton and Mrs. Benjamin Wood as buying committee for same, to be packed at Mrs. Aubrey Gambles' the night before the concert.
It was moved and seconded that a parcel of used clothing be sent to the Salvation Army this year. Discussion took place about having an institute banquet. The next meeting is to be held at the home of Mrs. George MacLennan when the lunch committee will be: Mrs. Milton Wood, Mrs. Atwood MacRae and Mrs. Glendon Brehaut. Collection amounted to 3.35.

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