

Covered France... Published every Sunday morning at 115... Toronto, Ontario, Canada

WELCOME!

It is with heartfelt pleasure that we welcome to Prince Edward Island today our gracious Sovereign, Queen Elizabeth II, and His Royal Highness Prince Philip...

Everywhere she has gone, from the busiest metropolis to the remotest hamlet, her people have been on hand to accord her a truly royal Canadian greeting...

So we rejoice in Her Majesty's visit to this Island, royally named and proudly regal of its past and present allegiance.

Above all, she will find a people singularly unified in their traditions and ways of life...

The detailed program of the Royal visit was published in our special edition on Monday, and it is unnecessary to review it here...

While we are not a demonstrative people, we should forget our inhibitions today and show in our greetings the warmth of sentiment we feel towards Her Majesty and Royal Consort...

Fascinating Exhibit An exhibition which opened recently at the Hebrew University in Jerusalem shows how the Bible has helped archaeologists carrying out excavations in Israel...

When it comes to delivering the perfect squelch, says a correspondent for the North American Newspaper Alliance, General Charles de Gaulle is no mean hand.

four years under the direction of Professor Yigael Yadin have brought to light relics of the Israelite and Canaanite civilizations in Upper Galilee.

The investigations at Hazor have also solved one of the problems which has mystified experts in the past: the approximate date of Joshua's arrival in the land of Israel.

A Great Humanitarian

It was Shakespeare who said: "The evil that men do live after them, the good is oft interred with their bones."

His chief concern was in promoting adult education among the fishermen of these provinces, which took the practical form of economic guidance.

Dr. Coady's passing will be deeply mourned; but he lived to see his vision realized, and of few men can it more truly be said that his memory will remain green and his deeds will blossom in the dust.

EDITORIAL NOTES

The United States exhibition in Moscow is having trouble with stealing. Workers on the job have been making off with the exhibition's supply of mercantile catalogues.

\$28,000,000 will be spent during the next year in a co-operative assault on educational problems, it was announced at the end of the first Commonwealth Education Conference at Oxford, England, on Tuesday.

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FANFARE FOR HER MAJESTY

LESSON OF THE SESSION

Procedure Needs Revision

John Bird in the Winnipeg Free Press

If democracy dies in Canada, it is just as likely to be a case of suicide as of assassination. We have just come through a session of Parliament in which the nation's business — and the spending of your tax dollars and mine — have been shockingly badly conducted.

More party discipline, do some violence to individual freedom and place an unpleasant amount of power in the hands of the whips.

Quebec For Summit Parley? By Harold Morrison Canadian Press Staff Writer

New speculation of the possibility of Quebec City being chosen as the site for a summit conference may be more than mere talk.

Nixon and Khrushchev

By Harold Morrison Canadian Press Staff Writer

When it comes to a mud-slinging, no-holds-barred kind of fight, Vice-President Richard Nixon may be no match for the shrewd and wily Premier Khrushchev.

Public Forum This column is open to the discussion by correspondents of questions of interest. The Guardian does not necessarily endorse the opinion of correspondents.

Posture Helps Fight Fatigue

By Herman N. Bundesen, M.D. MAYBE your ancestors used to walk on all fours, but for quite a few centuries now, human beings have been getting around on their feet alone.

Keep your head and chest high, your chin level and your abdomen flat. When you walk, take long easy strides.

When standing, whether it's only for a moment or during a long wait for a bus or train, keep your feet parallel and place your weight on both feet.

Shifting Weight As I have explained previously (but you probably don't remember), shifting your weight from one foot to the other, or standing with one foot on a bar or curb, won't give either leg much rest.

While Sitting It's equally important to maintain correct posture while sitting. Think you could sit on a stool all day? Probably not, at least not without getting pretty tired.

Height of Seat The height of the seat, incidentally, should be the same as length of your leg from the back of your knee to the bottom of the heel.

Another Cause If you do walk and sit correctly, and you still feel somewhat fatigued, your elimination system may be at fault.

Our Yesterdays (From The Guardian Files) TWENTY-FIVE YEARS AGO (July 30, 1934)

Mr. Peter MacCaull of Ellerslie had considerable damage done to his store and contents on Monday morning when a large compressed air tank in the basement exploded.

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NOTES BY THE WAY

The teacher was both touched and pleased when one of her girls shyly offered her a big bunch of flowers. "What a lovely surprise!" she exclaimed. "Yes, Miss," said the girl, then added: "I'd have brought a lot more, but the man knocked on the front window."

Since the Shetland Islands, the most northerly of the British Isles, will be the first to welcome the Queen on her return from her Canadian tour, the General Overseas Service is this week broadcasting a sound picture of the islands, their people, and their life.

Mr. Peter Galliaff was chairman and Mr. John F. Arsenault acted as secretary. A committee was formed which will work with Miss Nora Bateson, director, to establish a library at Wellington.

The M.V. Laverniere, Captain Lake of Montague, was cut down by the American freighter Calabee near the port of Canso, N.S., yesterday, in a dense fog.

During the past two days Pharmaceutical examinations have been given to the following P.E.I. candidates, Miss Eva J. MacLennan and Mr. Keith Johnston.

Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

The Canadian people, I am reliably informed, are getting bored with inflation, interest rates, statistics, and facts generally.

Democracy, a young, cheerful, uplifting faith, doesn't like to think of unpleasant things, where as Communism, an ancient, grim religion in new disguise, seems to think of nothing else and is never bored for a moment.

Well aware that no one will read further when they are mentioned, I cite a few serious Canadian facts because it is easier than inventing something silly.

First fact, staggering and hardly noticed: At a time of apparent business recovery and a huge boom in the American market next door, Canada's exports declined 3 percent in the first five months of 1959 and 10 percent in May, the last month of public record.

Second fact, obviously and generally ignored: Our exports are falling in markets outside the United States, which means that our economic eggs are being concentrated more and more in a single market.

Third fact, which only General Peakes, VC, the stout-hearted minister of defence, denies, and with a straight face, too: Canada has become strictly defenceless except for the power of its good American neighbor, and all its defence expenditures aren't worth a hoot, or perhaps, half a hoot at best.

Fourth fact, the sum and meaning of all the others: The Canadian government economy and nation are living far beyond their means and no doubt will continue to do so as long as foreigners are willing to lend us money and maintain us on that standard of living to which we are accustomed, as we will agree, tentatively.

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The boredom of that fact is relieved now and then by General Peakes' assurance that the Russians haven't many missiles and can't shoot them anyway and we'll knock the stuffing out of any attacker, but even those cheering speeches become boring after a while. They can't compete with the better television shows and the lively outbreak of murder all over the nation in what newspapermen used to call the summer dog days.

Within a few decades, whether we like it or not, the average life span of North Americans may be 100 years. This may mean moving retirement age up to 85 or 90, according to D. Edward L. Beritz, past president of the American Medical Association — unless someone thinks up an alternative.

MAXIMS The art of progress is to preserve order amid change and to preserve change amid order.

The Poets Corner THE WOOD AT DUSK Mysteriously through the wood, The twilight misted, mapled wood, Fireflies like drifting sparks, Four, five and six, between the fern And latticed branches, erily Glistered and flickered in the cool Of evening after rain. Too late the hour for any bird, Too shower-swept the nightfall fields For crickets' scratchy monotone; And hermit the child to take A path through twilight, mapled wood Traced with shining fireflies And whispering with raindrops, — splashed Quicksilver cold from dripping leaves, Full on a round and sunburnt cheek.

THE AGE OLD STORY Let the words of my mouth, and the meditation of my heart, be acceptable in thy sight, O Lord, my strength, and my redeemer.

FACTS CAN BE BORING Bruce Hutchison in The Ottawa Citizen

With figures if they were not too boring altogether.

BORROWING Third fact and most boreome of all: We are borrowing like crazy from the United States and piling up a huge foreign debt. We must some time repay it in American dollars, which means, and can only mean, by exports to the United States or to other nations to pay in American dollars.

BEYOND THEIR MEANS Fourth fact, the sum and meaning of all the others: The Canadian government economy and nation are living far beyond their means and no doubt will continue to do so as long as foreigners are willing to lend us money and maintain us on that standard of living to which we are accustomed, as we will agree, tentatively.

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