

WOMEN

Page 8 The Guardian, Tuesday, August 2, 1955

ELLEN'S DIARY

By An Island Farmer's Wife

Among the visitors to the Island for longer or shorter periods of summer-holidaying, we sometimes meet several members of a family native-born here, or perhaps separated from it and each other for years, have at length managed to meet and together make a pilgrimage home. For no matter how far her children may roam, or how long their absence, we find there breathe few who do not keep enshrined within the sacred places of hearts fond memories of the greens and clay-red of that island spot that was Home.

Through the years we have met more than one of such groups at Alderlea. And equally interesting of course are those who come from some places within her borders—pairs: two sisters, a sister and brother, a trio, and more.

Today it was three of a group of six sisters, who are on holiday from homes in The States for a few days, to this land of their birth. There are among those abroad who, although transplanted for some time now to other soils, like to return at intervals, to know it better and revisit scenes they once knew.

"I... well, it's changed about now—I remember there used to be..." Now in some districts, new conditions they find, new names at the gates, and greet other generations of those that once were. Still there is a charm in drawing them memories of the fresh trails of the happy years of youth.

And their country-by-adoption has been marvellously kind.

"Yes, we've" (modest in this, as becometh Island-born) "done very well. We've had good lives. And kept in touch with each other

MARY HAWORTH'S MAIL

Former Alcoholic Needs Beauty Repair

Dear Mary Haworth: I have a sister who is just past 40. A few years ago she lost her husband and their two children in a very tragic accident. Due to the shock, and because she had always had a fear complex, she started to drink—not heavily, but just enough (as she said) to keep her from going crazy.

At first we let her go, as we could see that she wasn't overdoing it. But as time went on, and she made no effort to get out and start a new life, we became alarmed and took her to a doctor. He said that from childhood she had been unsure of herself, and was afraid to enter the business world, and had an unconscious conviction that everyone did things better than she.

With the aid of understanding, she did overcome the drink, but it left its mark. She had always had a nice skin before, but now she had redness, broken veins and blemishes, and this seems to bother her. I was wondering if you could suggest any creams or treatment to correct this condition.

We have spent so much, and she has very little, and a skin specialist would be expensive. I know, so I am hoping you can think of some reliable home remedy. Now that she has found herself and knows that God's solace is always present, her life henceforth will be happier. You always have such wonderful advice for mixed-up people that we hope you can help us — B.W.

DOCTORS CITE HOME REMEDIES

Dear B.W.: Plenty of rest, a good nourishing diet augmented by multiple vitamins (and minerals), a daily intake of lots of water and other mild liquids, and systematic hot baths to stimulate circulation—these are "reliable home remedies" that doctors propose for your sister.

I've discussed your appeal with two doctors, and each remarked that the "escapist" drinker doesn't eat properly as a rule, while

as a family always." We could fancy sharing mutually the joys and sorrows as they had learned to do, when "down home on the farm."

And their farmstead long ago passed to other hands "is divided now... and different." But it is still fresh in mind. They can picture it in a hundred farm-places they pass on excursions, island-wide, and in those which they visit.

"There was a blacksmith shop not far from the gate, one sister said," the churches too, we attended, I can remember... and the school." There was the parlor at home "and the organ we learned to play" another sister ordered... And in most of homes the parlor shades were kept drawn except on Sundays or on a week-day when the Minister made a visitation", the other sister chuckled.

It is good for the Island-born to come home again, to find in their remembering the young laughs as the years between drop away, and an odd misting of eyes. And to see, looking back, the pure gold of the items of that living they once knew.

One native-born visitor leaving in years past took away with him a handful of Island clay, another friend of sweet fern, one carried with him the rusty horseshoe he had found in a meadow, another drew the hair from the old mare's forehead. What should we give these "to have and hold" forever? Just a long memory of a perfect summer day such as this has been and a "stilly night", kept as now by moon and stars!

Until tomorrow... Diary... Good-night...

PARIS TREND IS FOR NATURAL WAISTLINE IN WINTER STYLES

By PEGGY MASSIN

PARIS (Reuters) — Paris fashion showings during the last week have established one fact—this winter the fashionable waistline will be back in its normal place.

The famous houses of Christian Dior and Balenciaga will give their verdict this week. But we know so far have firmly established a waistline trend along with a series of others for the winter fashion silhouette.

Other new conceptions, as indicated in last week's showings, are wider shoulders and detailed neckline and sleeve treatments. Interest is centered at the top of the silhouette, and generally there is no belt.

Evening gowns for winter parties may vary from the slender tunic dress in some elaborate fabric, to the fuller skirted model with low décolleté.

TOUCH OF 20's

Long Irene Castle scarves, clipped to the throats of dinner gowns with big jewelled clips and with their loose ends floating in the hemline, bring a touch of the 1920's.

Saturday's showings left the fashion field temporarily monopolized by women designers. Genevieve Fath, Madeleine de Rauch, and another woman designer, Gres, competed during the day.

The Fath showing brought enthusiastic applause from fashion buyers and writers as it brought forth the "column silhouette"—a name inspired by the columns of ancient Greek temples.

Like the Greek columns, the new Fath silhouette concentrates its ornamentation at the top to give full effect in swank restaurants, theatres and other fashion showplaces where the wearer is sitting down. Dresses ranged from straight sheathes to a slightly wider, skirted "bell-shaped" sheathe whose bosom was emphasized with drapery, moulding and under-cut effects.

Wearable silhouette

Madeline de Rauch presented a wearable silhouette, with newest curve or dip slightly under the natural line behind, with blousing at the back of the bodice, and back interest in skirts.

The bustline is played up with shirring, draping and detailed cuts evolved from the neckline.

Madame Gres, an individualist, cares nothing for changing trends, but continues her unique and personal signature. The clothes are shown without hats or jewelry.

Her theme is bias cutting, intricate draping, and controlled fullness evolved in soft clinging fabrics that, while employing an untold number of yards, still fall close to the body. Colors are somber, with austere grays, browns and blacks.

Wife Preserves

If you like your handkerchiefs delicately perfumed, put it in a small muslin bag and add to the hot water in which you rinse the handkerchiefs. You'll like the fragrance of violets which will cling to them.

TEA

gives you over 200 CUPS per POUND

Words Of The Wise

Imagination disposes of everything, it creates beauty, justice, and happiness, which is everything in the world. (Pascal)

HOUSEHOLD HINT

If you apply a good coating of wax around door jams and lighting fixtures frequently used by the kiddies, they'll be easier to keep clean.

July Wedding



MR. and MRS. ROLAND GASS

The members of the Gass-MacPhail wedding, which was performed on July 14 at Trinity United Church, Charlottetown, are from left to right: Mr. Roland Doucette, best man; Mr. Isle, Magdalen Islands, and the groom and bride; Mrs. Roland Doucette, bridesmaid. The bride was the former Theresa Carmen, daughter of the late Mr. and Mrs. Garfield MacPhail, Grosse Point, P.E.I. After the ceremony a reception was held at Villa Waters from where the bride and groom left on a honeymoon tour of the Maritime Provinces.

Give Salads A "Professional" Look by Use of Accessories

The right equipment makes any kind of cookery easier and more enjoyable. For making salads of most any kind, and for that "professional" look, only a few simple items are needed.

Here are the basic items:

Chopping Board: This is needed when cutting vegetables and other salad ingredients. Your wooden bread board will do nicely.

Sharp Knife, paring knife: These are essential for almost every salad purpose.

Shredder: Several kinds of shredders are available. They are an excellent aid for making coleslaw, grated carrot salad, and many others.

Egg slicer: This gadget turns out perfect hard-cooked egg slices in a second.

Making your salad service look attractive is important. Eye appeal creates taste appeal. Here are items most people like to have:

Salad Bowl: For tossed salad, a large bowl of some type is needed. It can be made of almost any material—wood, china, pottery, plastic—and be fashioned in almost any shape. In addition, a set of individual salad bowls or plates, whichever you prefer, are needed for serving.

Salad plates and platters for other types of salads: Usually some of the dinnerware you already have can be adapted for serving such items as fruit plates and "help-yourself" salads. Dishes used for other purposes such as shallow casseroles or some dessert dishes make unique serving pieces for certain kinds of salads.

Peppermint: This item is not essential, but highly desirable for adding the flavor of freshly ground pepper to tossed and other salads.

Cruets: Cruets are handsome accessories for holding vinegar and oil when you make French dressings for salads... especially when you make them at the table. Small pitchers or bowls: These can be used for serving extra dressing at the table.

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How To Make A Topper

By ELEANOR FOSS

"TOPPERS" are in favor again this season, with a wealth of fine, imaginative details to set off simple lines and softly rounded curves. It's nice to go to a store to buy one, but it's nice, too, when there's time and opportunity, to run up a topper on the sewing machine at home.

Department stores carry bolts of lightweight coating materials. Many of the woens are processed against shrinkage, so they can be washed. They come in gleaming white as well as radiant pastels and soft colors.

The first thing is to decide on a lining. It, too, must wash without shrinking and, of course, keep its color.

FOR DRESSY COATS

Nylon is good for a dressy coat, either nylon crepe or nylon tafeta. For short, everyday coats or brief toppers, follow the lead of top drawer designers and choose a gaily patterned cotton. Then, when you throw your coat over the chair back, it is a real conversation piece.

Remember to get washable stiffening for collars and lapels. The stiffening, like the cotton lining and the coat fabric, will carry the proper washable, no-shrink sure that even repeated washings won't shrink the garment.

AT NOTION COUNTERS

Notion counters also have shoul-

MRS. GORDON MACMILLAN A COUNTRY GARDEN

THE BUTTERFLY

Here he comes drifting by
On idle wing,
All tawny, gold and pied—
Never a king
Went clothed as gorgeously
In eastern dyes
Of orange damask, flamed
With tiger's eyes.

The air is a still sea
Whose clear deep
Carries where chooses—
He can sleep
In a cradling marigold;
Whenever he will
On nectar and bright dew
He feasts his fill.

What, shall we scold you,
Gentleman, debar-
Warr you of winter coming—
How do you care?
How should you fear
The cutting frost and the cold?
Who will never ache or grow
weary,
Never grow old?

Your glittering insect kin
Must starve or strive;
The ant must serve the hill
And the bee the hive;
You know better,
Who will not stoop to buy
Life will sorrow,
But choose to dance and die.

A. A. Brown

In a garden the butterflies add their beauty to the flowers, a butterfly is a flower that flies. A flower is a fixed butterfly. What an interesting way to spend the summer days watching the butterflies and other insects going about their busy ways. A garden is full of many kinds of birds and bees, and the butterflies are most colorful.

These butterflies, in twos and threes,
That flit about in wind and sun—
See how they add their flowers to
flowers,
And blossom where a plant has
none.

Davies, (Flying Blossoms)

The measure of our awareness determines what we see in Nature, and one morning very early when dew was heavy on the grass I saw a lovely yellow and orange warbler alight on a yellow and scarlet glad spike. It was a bright and colorful picture to remember.

"Boast not so much the splendid
dyes
Of cunningly wrought tapestries,
Nor painter's blue and red:
I've seen three scarlet butterfly
A-flutter in a golden breeze
About a Milk-weed's purple head."

A garden is an interesting and wonderful place to spend the summer days, and now it is August, and the first day has been known from the earliest time as Lammas Day or Lammaside, but few of us are likely to remember the reason. It comes naturally enough as so many of our older words have come to us, from the Anglo-Saxon meaning the loaf for the Mass. It means the loaves of

bread baked from the first ripe wheat of the year, which were carried to the churches in every English village at Lammaside as a harvest festival, a thanksgiving for the season's bounty. What is known in the Bible as a feast of ingathering at the year's end. Lammas, really, is our older Thanksgiving Day, a custom known and faithfully observed by clergy and people centuries before the Pilgrims changed their Thanksgiving to the later date. In Britain the seasons come earlier than with us, but August reminds us that Autumn is on its way with now and then a bejeweled cobweb in the garden. Thoreau calls the cobwebs "little napkins of the fairies spread on the grass." What an eye he had for seeing things. How great an understanding for what he saw.

Wordsworth had the warmth of the earth and of the human heart...
The earth and every common sight
To me did seem
Appareled in celestial light.

LET'S EAT

"Hero" Sandwiches Are Man-Sized Meal

By Ida Bailey Allen

Some people call these sandwiches "grinders," others call them "torpedoes." In any case, they're a man-sized meal that packs meat for complete protein, a whole small loaf of French or Italian-style bread and lettuce and tomatoes for the salad course.

These sandwiches are fun, but they're also practical. Carried lunches don't always carry sufficient complete high-quality protein, but a sandwich this size takes care of an active man's appetite and guards his health, too.

Hero Sandwich: Select several kinds of cold cuts and summer sausage; cheese, too, if you like. Wash the lettuce and tomatoes; split the bread lengthwise; have butter, mustard or mayonnaise—handy and the Hero Sandwich is ready for you to assemble.

Just layer the ingredients. The higher the stack inside, the more heroic the result!

Wrap the whole thing to go. Your husband can part it, with his pocket knife, into portions to suit himself when time comes to eat.

Tomorrow's Dinner
Cucumber-Lettuce Saladettes



COLD CUTS, SUMMER SAUSAGE, cheese, and lettuce on tomatoes go into a "hero" sandwich, making a complete protein rich meal.

WORRIED about that hard-working husband? Fearful he won't fare well on a pack-and-harry lunch? Then make him a Hero Sandwich, built on an "hero" scale.

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Cook's Corner

Finally, new washable buttons are now on the market, and they are very pretty, too!

Last word of warning. Cut your pattern true to size. Don't be tempted to cut generously, thinking that the fabric may shrink a little anyhow. These washable woens have been carefully processed and the garment will remain true to size.

* CHOCOLATE KRISPIES

1/2 cup corn syrup, 1/2 cup butter or margarine, 1 cup brown sugar, 2 tbsps. cocoa, 1 tsp. vanilla.

Cook for one minute after mixture comes to the boil. Add one package of rice krispies, press in buttered pan. Cut in squares.

ALICE BROOKS DESIGNS

NEW COLOR BEAUTY

New color beauty! Crochet these modern leaf-design doilies in two glowing colors—matched to the decor of your home. Easy—lovely!

Pattern 7377: Color-crochet doilies in modern leaf-design! Larger 16 1/2 inches, smaller 11 1/2. Use crochet and knitting cotton.

Send TWENTY-FIVE CENTS in coins for this pattern (stamps cannot be accepted) to Charlottetown Guardian, Household Arts Dept., 60 Front St. West, Toronto, Ont. Print plainly NAME, ADDRESS, PATTERN NUMBER.

ORDER our 1955 Alice Brooks Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

7377

Words Of The Wise

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HOUSEHOLD HINT

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Wife Preserves

Logo Green 737

TEA gives you over 200 CUPS per POUND



Youngest Channel Swimmer

Marilyn Bell, 17 year old Toronto girl, is the youngest swimmer to conquer the English Channel. She touched the English coast at Abbotsciff, between Dover and Folkestone, at 8.29 p.m., 14 hours and 36 minutes after setting out from Cap Gris Nez, France. Swift currents and strong tides may have prevented her from setting a woman's record for the 21-mile swim.

GP Photo

ANNE ADAMS PATTERNS

SEW-EASY SEPARATES

SEW-EASY to make this smart, womanly! Choice of sleeveless and two sleeve versions for tailored blouse; flare skirt below—s-o-o flattering! Sew them in bright contrast, or one-piece dress effect. They'll mix-match beautifully with other separates too!

Pattern 4696: Misses' Sizes 12, 14, 16, 18, 20. Size 16 blouse and skirt take 4 1/2 yards 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35 cents) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of Pattern Dept., Charlottetown Guardian, 60 Front St., West, Toronto, Ont.

MORNING SMILE

Jack: "Who was the first man to start a forty-hour week?"
John: "Robinson Crusoe - he had all his work done by Friday."

NO TROUBLE HERE

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