

**Dr.E.A. MacKenzie Weds Lois Janet Anderson, R.N.**

A wedding of interest was recently solemnized in St. David's United Church, Burnt Point, when Rev. Laurie Ray united in marriage Lois Janet daughter of Mr. and Mrs. Gordon Anderson and Dr. Elmer A. MacKenzie son of Mr. and Mrs. Floyd MacKenzie of Charlottetown, P.E.I.

The guest pews were marked with white satin bows; the church was decorated with cut flowers and potted plants. Mrs. Harold Morrison played appropriate organ music before and after the ceremony.

Given in marriage by her father the bride wore a ballerina length gown of white brocaded satin her fingertip veil of nylon tulle fell from a tiny bonnet. She carried a bouquet of white carnations.

The bride's only attendant was her sister Miss Margery Anderson. She wore a green ballerina length gown of paper taffeta with bonnet, gloves and shoes to match. Her bouquet was yellow carnations.

Mr. Derald MacKenzie, brother of the groom was best man. Ushers were Dr. Willard W. Mackay of Clinton, P.E.I. and Dr. George W. Lund of Charlottetown, P.E.I.

The bride's mother wore a dress of grey dotted rayon crepe with grey and white accessories. Her corsage was of red carnations.

The groom's mother wore a dress of grey crepe with lace trim and white accessories. Her corsage was of pink carnations.

Following the ceremony a reception was held at the bride's home. The bride's table was arranged in the traditional manner.

Mrs. Jocelyn Coffin of Fortune Bay, P.E.I., Aunt of the groom and Mrs. Andrew Flitt of New Castle, N.B., aunt of the bride poured.

A toast to the bride was proposed by Rev. L. Ray and responded to by the groom.

Dr. and Mrs. MacKenzie left for a wedding trip through New Brunswick and P.E.I. For travelling the bride wore a natural linen duster coat over a green printed dress with green hat and natural accessories. Her corsage was of white carnations.

The bride is a graduate of Moncton City Hospital and the groom is a graduate of Dalhousie Medical School, Halifax, N.S.

Dr. and Mrs. MacKenzie will reside in Ship Harbour, N.S.



**MR. AND MRS. JOHN ROBERT KAULBACH**

**Kaulbach-Underhay Nuptials Kaulbach-Underlay Nuptials Celebrated At Summerside**

Baskets of gladioli and peonies formed a charming setting in Trinity United Church, Summerside, for the wedding of Evelyn Clare Underhay, daughter of Mr. and Mrs. J. Reid Underhay, of Bay Fortune, and John Robert Kaulbach, son of Mrs. William Kaulbach and the late William Kaulbach of Middle Musquodoboit, N.S., which took place on Saturday, June 23rd, at 2.30 p.m. Rev. C. Daniel Matheson officiating.

Given in marriage by her father the bride was gowned in a white

floor-length gown of peau-de-faute, with a full flowing skirt fitted bodice with tiny covered buttons, v-neckline with long tapering sleeves falling to points at the wrists, with tiny covered buttons. Her waist length veil of tulle was held by a scalloped bandeau of tulle with sequin and pearl trim. She carried a cascade bouquet of Pernet roses with feathered carnations.

Miss Betty Underhay, sister of the bride, as maid of honor, and Miss Olive Jelly, bridesmaid, wore identical gowns of shirimp crystal satin, floor length, long fitted bodice with shirred skirt, flat-topped neckline formed over shoulder to make a tiny cap sleeve, and had bows of material at back and neck of gown. They wore bandeaus of white shattered carnations and carried fan shaped baskets of carnations.

Mr. Reid was best man. Mr. Leslie Underhay brother of the bride, and Rev. Allison Haley of Cavendish, ushered the guests to the pews which were marked with nosegays of English buttercup with fern and satin ribbons.

Miss Mary Gelbart, organist, accompanied Miss Mary Morrison of Charlottetown, guest soloist who sang "The Lord's Prayer", after the wedding party had entered the church and "O Happy Home" during the singing of the register.

Mrs. Underhay chose for her daughter's wedding a street length dress of navy and white print crepe, with navy and pink accessories and wore a corsage of Fink carnations.

The groom's mother wore a street length dress of blue and gold silk taffeta with navy and gold accessories and a white fox cape and a corsage of Pernet roses.

A reception for sixty-five guests was held at Mulberry Lodge. The bride's table was centered with a three tier wedding cake centered and encircled with Sweetheart roses. Mrs. Ernest Walker, S'side, and Mrs. Effie Bruce of Montague poured. Misses Gladys MacKay and Mrs. Winifred MacEwen served. The toast to the bride was proposed by Rev. Mr. Matheson and responded to by the groom. Mrs. Athol MacBeth was in charge of the guest book and Mrs. Reid Meyer read the telegrams received.

For their honeymoon trip to the Gaspe Peninsula the bride donned a smart dress and duster of dusky rose with white and black accessories and a corsage of white feathered carnations.

On return they will reside in Halifax where the groom is a chartered accountant with the firm of Barrow, Nicoll and Company, Halifax.

Out-of-town guests were: Mrs. Margaret Kaulbach, Mr. and Mrs. Hugh Kaulbach and family and Mr. and Mrs. Fred Fulton, and family, Mustquodoboit, N.S.; The Misses Janet Mason and Helen MacKay, Moncton, N.B.; Miss Shirley Schofield, Fredericton, N.B.; Mrs. Myer and Mr. Reid Myer, Dartmouth, N.S.; Mr. and Mrs. Leith Brown and Althea, York, P.E.I.; Mrs. Effie Bruce, Montague; Rev. Allison Haley, Cavendish; Mr. and Mrs. Athol MacBeth, Marshfield; Mr. and Mrs. J. Reid Underhay, Mr. and Mrs. Leslie Underhay, and Mr. and Mrs. Ernest Underhay, Bay Fortune; Mrs. John Norton, and Eleanor, Annandale; Mr. and Mrs. Clair Montgomery, Miss Anna Matheson, Charlottetown; Mr. and Mrs. Raymond Reid, Moncton; Miss Gladys MacMillan, and Miss Betty Underhay, Charlottetown; Mrs. Winifred MacEwen, Halifax; Mr. and Mrs. Harry MacCurdy, Middle Musquodoboit, N.S.; Mr. Cliff Thacker, Charlottetown; Rev. Glen MacPherson, Ontario, Mrs. A.A. MacBeth, Marshfield.

Read Studio.

**WOMEN**

Page 8, The Guardian Monday, July 9, 1956

**HAPPENINGS**

Mrs. R. R. Bell is the guest of Mrs. Sheldon Carson at Mr. and Mrs. Carson's summer place, Marble Mountain, Cape Breton, Nova Scotia.

Mr. and Mrs. Arthur Wright and their daughters, Sharon and Jean, have returned from an enjoyable motor trip to Niagara Falls and Booth Bay, Maine.

Mrs. D. J. Morrison, Longworth Avenue, leaves early next week on a trip as far west as Calgary. Mrs. Morrison will visit her daughter Miss Mary Morrison in Winnipeg. The latter is with a United Church Mission in Calgary. Mrs. Morrison will visit her son, Mr. Gordon Morrison.

Dr. R. G. Lawrence, brother-in-law of Mrs. Walthen Gaudet, has been a recent guest of Mr. and Mrs. Gaudet. Dr. Lawrence recently received his Ph. D. from the University of Madison, Wisconsin.

Mrs. Edgar MacArthur, Birchwood Avenue, has returned from a visit to Kingston and Toronto. In Kingston Mrs. MacArthur visited her son Mr. Ivan A. MacArthur, Mrs. MacArthur and their children Deborah and Scott. Mrs. MacArthur visited her sister in Toronto, Mrs. Percy Kinch and Mr. Kinch.

Mrs. G. A. Huxford of Epsom, England, and her two children, George and Mary Ellen are the guests of Mr. and Mrs. Walthen Gaudet until early August. Mrs. Huxford and her children, who made the trip on the S. S. Homeric, arrived in Halifax and were met in Moncton by Mr. and Mrs. Gaudet, who motored them to Charlottetown.

**POST-NUPITAL SHOWER**  
On Friday evening June 29th, Mr. and Mrs. Donald Hill of Charlottetown were tendered a miscellaneous shower at the home of Donald's parents, Mr. and Mrs. Harland Hill, New Glasgow.

The bridesmaid, Miss Joan MacLeod, and the best man, Mr. Donald MacKenzie, were also present for the occasion.

With Mrs. George Dickieson at the piano playing the Wedding March, the "Midsummer Night's Dream" by Mendelssohn, Miss Sheila Dickieson ushered the bride (the former Miss Lorna Messer) to the beautifully decorated place of honor, while Mr. Huntley Dingwell escorted the groom, Mr. Donald Hill.

The charming little Miss Donna Houston, daughter of Mr. and Mrs. Lloyd Houston came forward and presented the bride with a huge bouquet of red roses with white ribbon streamers.

Miss Jean MacLeod read the verses and best wishes while Miss Sheila Dickieson cut the ribbons and presented the gifts to Donald and Lorna.

Mrs. Jay Edwards arranged the gifts artistically which were many and beautiful.

Fay Dickieson, winsome little daughter of Mr. and Mrs. Ralph Dickieson, presented the happy couple with a prettily decorated basket of envelopes containing money and best wishes.

Mr. Donald Hill on behalf of himself and his wife thanked his kind friends for their generosity after which "For they are jolly good fellows" was sung.

Mrs. George Dickieson then led in a sing-song while everyone enjoyed a social evening. Nightly refreshments were served by the ladies, Mrs. R.L. Dickieson, Mrs. Foster Sellar, Mrs. Jay Edwards and the hostess.

The parents of the bride, Mr. and Mrs. Don C. Messer were present by plane that evening from Manitoba for the holiday weekend.

**ENJOYABLE SHOWER**  
On Thursday June 7th, Mrs. W. L. Millar was hostess at her home at Kensington to friends of Miss Gwyneth Davison who was tendered a miscellaneous shower in honor of her approaching marriage.

The bride-to-be entered the dining-room attended by her cousin, Mrs. Lorne Adams to the strains of the Bridal chorus played by Mrs. Gordon Day.

In keeping with the occasion the dining room was daintily decorated with pink and white streamers and a bouquet of Spring flowers. The bride to be was preceded by the Millar twins, Miss Barbara and Master Barry, dressed as bride and groom who wheeled in a beautifully decorated baby carriage laden with gifts. Assisting in opening the gifts were Mrs. Gerald Millar and Miss Gladys Davison, while the gift cards were read by Mrs. Billard Woodside and Miss Birdie Cairns. Miss Elinor Bernard and Mrs. Keith Moise arranged. Gwyneth in her usual pleasing manner thanked the guests for their lovely gifts.

The singing of For She's a Jolly good fellow followed.

Refreshments were served by the hostess assisted by Mrs. Brammer, Mrs. Gordon Day and Mrs. Horace Glover.

**SUCCESS W.I. GRAHAMS RD.**  
The June meeting of Success W.I. was held at the home of Mrs. George P. MacLeod on Monday evening June 11th. The president and vice-president both being absent Mrs. James M. Campbell was appointed to take charge of this meeting which opened with the singing of the Island hymn. Roll call was answered by 14 members with a hint on gardening.

The report on a pantry sale held since the last meeting was

most gratifying and \$12 was raised by the selling of candy at the music recital held recently. It was also reported that the sum of \$37.75 was added to the funds by the sale of the boards of the rink fence.

Miss Mary C. Campbell and Mrs. James M. Campbell are delegates to the Provincial convention.

A large amount of correspondence was dealt with and it was decided to take our donation to the Salvation Army collection to the next meeting.

It was moved by Mrs. Francis Murray and seconded by Mrs. Earle Murray that the W.I. will have the hall connected for electricity if and when the line comes and the W.I. will take on the responsibility of paying the service charge for same. All bills were presented and paid.

The programme consisted of two excellent papers on Ontario prepared and read by Mrs. John McKay and Mrs. Marshal Whitehead. Mrs. Angus Green and Mrs. Earle Murray are to prepare papers on Manitoba for our next meeting. The place of which is still undecided.

Roll call will be answered by a joke after collection, meeting closed in the usual manner. Lunch was served by the hostess she was assisted in serving some by Miss Evelyn Brown, Mrs. John MacGregor and Miss Ann MacLeod.

The marriage was solemnized June 13, at 8 o'clock, a.m. the Rev.

**KEEP IN TRIM**  
**Thin Girls - Take A Fresh Approach To Gaining**

By Ida Jean Kaln

If nothing you eat seems to add needed pounds, take a fresh approach to gaining. In order to gain, calories must be in excess of your requirements. However, tension hinders in many ways. To begin with, tense muscles burn calories at a fast rate. Tension also leads to increased activity, which speeds up calorie spending. But perhaps the most serious effect of tension is its reaction on appetite.

Dr. John A. Schindler, in his helpful book "How to live 365 Days a Year" (Prentice-Hall, N.Y.C.), describes how tension affects the muscles of the stomach, and in turn, the appetite: "The stomach is one of the organs par excellence for the manifestation of emotions. The emotional activities of the stomach are felt by everyone every day. When the words are going well, we have a good appetite because the stomach is manifesting pleasant emotions. However, when things do not go well, we suddenly find we are entirely lost our appetites. . . . When the muscles tighten because of a certain variety of emotions, the resulting feeling is that of a lump in the upper abdomen."

There is tension tends to keep food from the top of the stomach, and you feel full after only a few mouthfuls of food. All of this shows the importance of relaxation, particularly of being relaxed at the meal hour.

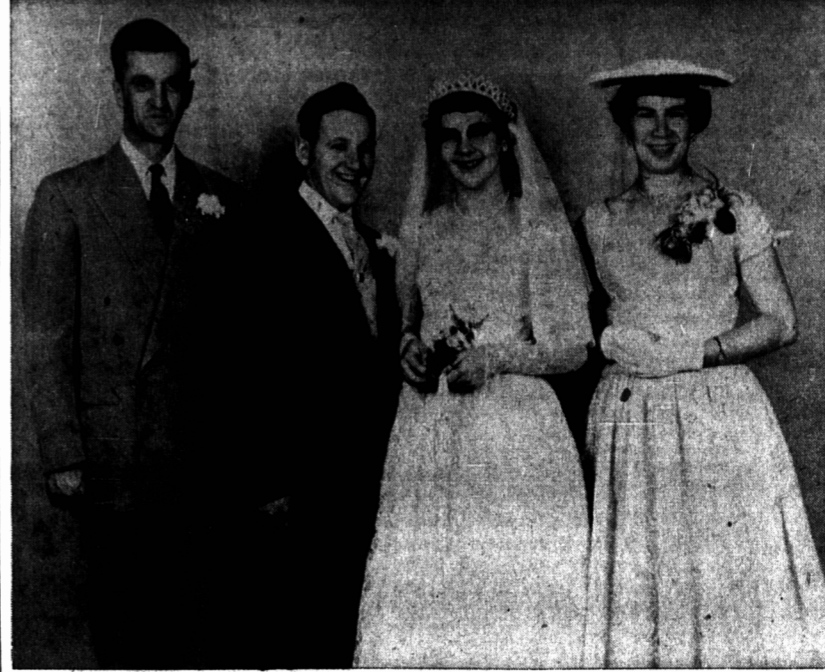
**EMOTIONS HURT DIGESTION**  
An amiable friend of mind who operates a restaurant has a chance to observe human nature in her capacity as hostess. She made this observation: "Under-weights seem to be so cross with life. . . . It is that what keeps them so sofly thin."

It might be wise . . . for unhealthy emotions tend to inhibit digestion at any or all of its stages. You cannot be relaxed if you allow yourself to get upset at minor irritations such as slow service. Smile at the waitress. . . . It's a great tension breaker. To set the mood for gaining, take time to eat . . . relax and enjoy your meals.

On the food score, here is the protective pattern for gaining: Milk, 4 glasses, or for economy, part powdered whole milk, eggs, 1 or 2; liberal serving of meat, fish or fowl (liver once a week); vegetables - starchy vegetable plus 2 others; fruits—2 or 3, one being a citrus; bread, 2 slices per meal butter, 2 pats per meal

cereal, hot whole grain preferred, desserts—ice cream, custards with fruit sauce or pudding with custard base. Increase food intake gradually. To add calories, have cream on fruit, add chopped dates or figs to cereal, have sauces on vegetables.

But, thin girls, aside from the effect of tension on appetite and gaining, the practice of relaxing can help you to feel like a new girl. Nothing takes the joy out of gay to day living quite so completely as habitual tension.



**MR. AND MRS. EDWARD J. GAUDET AND ATTENDANTS**

**Tignish Convent Is Scene Of Pretty June Wedding**

A wedding of interest took place at Our Lady of the Angels Convent, Tignish, when Miss Rose Marie Bernard became the bride of Mr. Edward J. Gaudet.

The bride is the daughter of Mr. and Mrs. Michael Bernard, Tignish, and the groom is the son of Mr. and Mrs. Charles P. Gaudet, Tignish.

The marriage was solemnized June 13, at 8 o'clock, a.m. the Rev.

Dennis Gallant being the officiating clergyman.

Mr. Leonard Gallant was the organist and the background music was by the girls' Choir who sang beautifully the following numbers. On this Day, O Beautiful Mother and Mother Dear, O Pray For Me.

The convent was decorated with vases of tulips.

The bride, was given in marriage by her father, looked lovely in a formal length wedding gown. The style of gown featured a fitted bodice with long pointed sleeves and a bouffant skirt of chantilly lace.

Her headpiece was a coronet of seed pearls, which held in place a fingertip veil.

She carried a bouquet of red med with medium blue taffeta.

The flower girl was Miss Sharon Lynn MacLean, niece of the bride. She wore a nylon orchid dress, with shirred bodice and full swept skirt and carried a basket of rose-petals.

Mr. Wallace MacLean (Jr.) brother of the bride, was best man. Receiving with the bridal party were the bride's parents, and grandmother, and the groom's sister.

The bride's mother chose for her daughter's wedding a pretty navy lace dress with white accessories and wore a corsage of gardenias and red roses. In the absence of his mother, the groom's sister, Mrs. Stanley P. Miller of Arlington, Mass., chose a pretty grey net, over pink taffeta dress with grey accessories and wore a corsage of gardenias and pink roses.

The bride's grandmother chose a pretty navy silk dress with white accessories and wore a corsage of gardenias and red roses.

Ushers were Mr. George Goni, Arlington, Mass and Charles and Richard Proodan both of Water-town, Mass.

Following the ceremony a reception was held in the First Congregational Church Hall, Stoneham, in the presence of 150 guests consisting of friends and relatives.

The bride's table was covered with a white lace cloth, centered with a three tier wedding cake topped with an arch of flowers and miniature bride and groom.

The young couple left on a honeymoon trip to the groom's former home Wellington, P.E.I. For travelling the bride donned a navy and white dress with white accessories.

The bride is employed at the Massachusetts General Hospital Boston, Mass., and the groom is employed with the State Coal and Oil Co., Arlington, Mass.. Upon their return they will reside in West Medford, Mass.

Prior to their marriage the bride was tendered several showers, in which she was the recipient of many beautiful gifts.

**Getting Up Nights**  
For quick comforting help for Backache, Rheumatoid Pains, Getting Up Nights, Stomach, cloudy urine, Irritating passages, Leg Pains, and loss of energy due to Kidney and Bladder troubles, try OXYTEZ. Quick, complete satisfaction or money back. Over one million OXYTEZ tablets used prove safety, success. Don't suffer another day without asking your druggist for OXYTEZ.

sheathart roses.

The matron of honor was Mrs. Mark O. Gaudet, sister of the bride, wore a street length dress of blue nylon brocade with scoop neckline and bouffant skirt.

She wore a very pretty white picture hat and carried pink roses.

Mr. Mark O. Gaudet, brother-in-law was best man.

The wedding breakfast was served to fifty guests at the groom's home. Supper in the evening at the bride's home was served to one hundred and seventy-five guests. The table was decorated with a three tier fruit cake made by the bride's sister.

The bride's mother wore a blue silk flowered dress with white accessories. The groom's mother wore navy crepe with white accessories.

The honeymoon was spent on Prince Edward Island.

The brides travelling costume was a navy suit with pink accessories.

Mr. and Mrs. Gaudet will reside in Halifax where the groom is employed as a resident service station attendant at a Texaco station.

Out of town guests were Mrs. Lorne Knox, sister of the bride, Halifax, and her three children Pauline, Norma and Michael, Arthur Leclair, Halifax; Mr. and Mrs. Archie McDonald, St. John; Mr. Johnnie Gallant, Halifax; Miss Elaine Arsenault, Charlottetown; Heck: a Studio

Mr. and Mrs. Adolph Bourque, Portland, Maine.

Prior to her marriage the bride was employed as a stenographer with the Tignish Co-op Association.

Mrs. Edgar Peters held a shower for Mrs. Gaudet prior to her marriage. Many beautiful gifts were received at this gathering.

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**Island Couple Wed In Toronto**

In a double ring ceremony on June 9th, 1956, in St. Joseph's Roman Catholic Church, Toronto, Ella Teresa Laughlin, daughter of Mr. and Mrs. Edward Laughlin, Sherbrooke, P.E.I. became the bride of Roland Charles O'Connor, son of Mr. Emmett O'Connor, and the late Mrs. O'Connor, Kildare. The marriage was performed by Rt. Rev. J.H. Ingold, who offered the nuptial mass.

Miss R. Keith was in charge of the wedding music and accompanied Mr. Joseph Docherty who sang "Ave Maria and On This Day a Beautiful Mother."

The bride given in marriage by her father, was attended by her sister, Mrs. George O'Connor, as matron of honor.

Mr. George O'Connor, brother of the groom, was best man and Mr. Edward Laughlin and Mr. Cyril O'Connor were ushers.

The bride was attired in a floor length gown of white chantilly lace and tulle over white satin. Her fingertip veil of silk illusion was caught to a pearl tiara and she carried a cascade bouquet of red roses and lily of the valley.

The matron of honor wore a waltz length gown of mauve tulle over taffeta with matching headpiece. She carried a cascade of yellow roses and mauve sweet peas.

Following the ceremony, a reception was held at the Mayfair Inn. Bouquets of flowers decorated the dining room where the bride's table was centered with a three tier wedding cake topped with a miniature bride and groom. Mrs. Bruce Wiltshire proposed the toast to the bride and the groom responded.

Mrs. John Paul Gagnon was in charge of the guest-book. Out-of-town guests included: Mrs. Edward Laughlin, Sr., Sherbrooke, P.E.I.; Mrs. Harold Mathews, Summerside, P.E.I.; Mr. and Mrs. Roy Laughlin, Mr. and Mrs. Bruce Wiltshire, Montreal, P.Q.; Mr. and Mrs. John Paul Gagnon, St. Hyacinthe, Quebec, Mr. and Mrs. Frank O'Connor, Pembroke, Ont. Mr. Edward Laughlin, Brantford, Ont.

The couple left on a motor trip to Prince Edward Island. For travelling the bride wore a navy dress with navy and white accessories and a corsage of white carnations and lilies of the valley. On their return they will reside in Toronto, Ont.

Mr. and Mrs. Adolph Bourque, Portland, Maine.

Prior to her marriage the bride was employed as a stenographer with the Tignish Co-op Association.

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**ELLEN'S DIARY**

**An "Ole Swimmin' Ole"**

Parent goldfinches huff and puff uncomplainingly, indeed gratefully these days, gathering up and carrying substance in bright flashes to fill the empty bills of their five fledglings. . . . And on warm humid days, up the creek in an "ole swimmin' ole" of their choosing, we sometimes catch the flash of young bodies of lads-of-felows gaining refreshment from its cool touch and learning to swim and dive in those waters