

Houses of the Future to be Planned For International Competition

MONTREAL, (CP) — Designs for Canadian houses of the future are taking shape on drawing boards in Europe and Canada.

The plans are being drawn by architects competing in an international house competition sponsored by McGill University's school of architecture. Awards and prizes totalling \$12,000 are offered by a distillery.

For A Family Of 5

Competitors were asked to design a house for a family of five—two adults and three children under 15. The architects were asked to submit plans for houses that would be in good taste, simple in detail and pleasant in color, without being impractical to maintain or too costly to build.

Already 624 architects have notified McGill of their intention to design such a dwelling. European competitors outnumbered Canadians by about three to one, say competition officials.

The breakdown of applications for entry forms: Austria, 29; Belgium, 11; Canada, 148; Denmark, 24; Finland, 9; France, 31; Germany, 44; Great Britain, 194; Greece, 4; Holland, 35; Ireland, 14; Italy, 20; Norway, 8; Portugal, 13; Spain, 2; Sweden, 23; and Switzerland, 19. Judging the submissions about

mid-May will be Prof. Eric Arthur, University of Toronto; Humphrey Carver, chairman of the research committee, Central Mortgage and Housing Corporation, Ottawa, and Gio Ponti, editor of the architectural magazine "Domus" of Milan, Italy.

\$5,000 First Prize
The winning entry will receive an international award and \$5,000. Exclusive of this, the best Canadian entry will receive a Canadian award and \$2,500. The best European entry, excluding the international award winner, will receive a European award and \$2,500.

There will be 10 honorable mentions, each with an honorarium of \$300.

Smoke which has been taken only into the mouth makes the benzol fluoresce with a deep blue color under the ultra-violet light. But smoke which has been inhaled causes very little blue fluorescence in a flask of benzol.

The substance removed by inhaling might be a hydrocarbon, a chemical combining hydrogen and carbon. Many chemicals known to be able to cause cancer are hydrocarbons.

Better English

By D. C. Williams

1. What is wrong with this sentence? "We generally always attend church on Sunday."
2. What is the correct pronunciation of "stevedore"?
3. Which one of these words is misspelled? Loquacious, longitudinal, Lorelei, lorgnette.
4. What does the word "prescient" mean?
5. What is a word beginning with do that means "disposed to be taught; tractable"?

ANSWERS

1. "We usually" attend church on Sunday. 2. Pronounce steev-dor. 3. Lorgnette. 4. Having knowledge of coming events; foreseeing. "His words seem almost prescient in their meaning."
5. Docile.

Cook's Corner



CHOCOLATE CAKE

1 1/2 cups flour
1/2 cup white sugar
1/2 cup butter or shortening
1/2 cup sweet milk
2 eggs
1/4 teaspoon salt
1 teaspoon vanilla
2 squares chocolate (melted)
1 1/2 teaspoons cream tartar
1 teaspoon soda
1/2 cup boiling water

Method: Cream butter and add sugar gradually, creaming until fluffy. Add melted chocolate, then beaten eggs. Sift flour, salt and cream tartar together 3 or 4 times and add alternately with the milk. Add vanilla.

Lastly add the boiling water in which the soda has been dissolved. Bake in layer pans in a moderate oven, 300 degrees.

—Mrs. John Myers, Carleton Sliding W.

DOROTHY DIX'S COLUMN

Man Of The Moment

Unassertive Youth Wonders Why Girls Linger Only A While

DEAR MISS DIX: I want to know if I'm too lenient with the girls I date. My friends say I am. I date a girl for a while and she seems to like me. But then, suddenly I am dropped. The girl I go with is 18. I'm 19. I buy her a corsage for every dance that comes along. I never argue with her, although sometimes I am inclined to when I think she's wrong. I'm so afraid I may say something to hurt her, for then she'll turn all my other friends against me. I feel that she's not as interested in me now as when we first dated. How can I keep her regard?

HIS CONCERN TOO OBVIOUS

ANSWER: You try altogether too hard, Gene, to keep your young ladies. Most girls like a boy who's easy to talk to. You make your concern so obvious that the girls become disinterested. Instead of trying to impress the young lady with your desire to give her every last word, learn to be yourself, and argue when necessary. Now, that doesn't mean bickering, but simply helping to create intelligent conversation. When one party of a duo is died-in-the-wool yes-man, conversation is impossible. Good talk takes two, each with opinions.

Be well aware of the social amenities expected of a young man.

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That Body Of Yours

By James W. Barton, M.D.

Modern Etiquette

By Roberta Lee

METRAZOL HELPS ELDERLY PATIENTS WHO ARE NOT MENTAL CASES

There are three methods of shock treatment, all of which have cleared up mental disturbances in many cases. These methods are insulin, metrazol and electric shock. That the drug, metrazol, is helpful in other physical disturbances in the elderly is stated by Dr. Joseph O. Smigel, Lawrence A. Serhus, and Samuel Barmak in the Journal of the Medical Society of New Jersey.

The problem of loss of appetite in the aged becomes a serious one, especially in large institutions where menus cannot be individualized. The care of older people is further complicated by states of apathy, apprehension, disorientation, and fatigue so often found in such a group.

Metrazol proved beneficial in improving the appetite, blood picture, and general condition in a group of 20 patients in a chronic disease sanatorium. This drug stimulates breathing and circulation of the blood and thus reduces the "gone" feeling due to lack of oxygen in the blood and increases the general well-being of the patient. Metrazol is stable, non-toxic (not poisonous) and does not accumulate in the system even when given for a considerable length of time. The absorption of metrazol, whether given by mouth or injection, is good.

Metrazol is administered in a dose of 0.2 gms. four times a day. Under such management almost all patients showed improved appetite. Hemoglobin (iron), red, and also white cell count rose. The disorientation (loss of knowledge of his whereabouts) disappears. Patients who had lost control of their bowel and bladder frequently regained this control by use of metrazol. Another favorable response to its use is that the blood pressure falls significantly, especially in those who have high blood pressure.

"Many patients previously bed-ridden become able to walk about and are able to care for their own needs." This being able to walk about and look after their own needs means much to physicians, nurses and attendants in an institution where the patients are all "chronics," many of them bed-ridden.

A few years ago it was found that insulin, used to give shock treatment to mental patients, not only increased the appetite of mental patients but also increased the appetite in children and adults who were not mental patients.

It may be that electric treatment may also help these mental patients by increasing appetite, increasing circulation and lowering the blood pressure as it may the general well-being of non-mental patients.

Cared For 500 Babies In 13 Years

TORONTO, (CP) — Toronto's top foster mother, Mrs. Frank Mitchell, has cared for 500 babies in the last 13 years.

She doesn't run a nursery school or an infants' home. She and her husband, with part-time assistance of her married daughter Lois, look after as many as five babies at a time for the Children's Aid Society.

Most of the babies are foundlings or illegitimate wards of the society. They come to her home for care until they are ready for adoption. After about three months the baby is ready for a new home with a family that's been on the waiting list.

One Of Three
Mrs. Mitchell is one of three foster mothers in the Toronto area who have gone over the 500-mark in babies, the society says.

Her own daughter was seven when she and her husband decided to adopt a baby son. Inquiry showed they might have to wait as long as two years, but the Children's Aid Society asked them if they would consider looking after a baby on a temporary basis.

The first infant arrived amid rejoicing, but was adopted a month later by a couple who had priority on the list. To lighten the gloom, they took another baby, and they've been taking them ever since.

Mrs. Mitchell has looked after children of all races, sometimes as many as six at once with a convalescing mother besides. They have six baby carriages and as many cribs and cupboards of baby clothes.

Mrs. Mitchell says a firm schedule is the secret of handling babies. When they first come they are usually emotionally upset and need regulated care and a great deal of loving attention. By about the third night they are sleeping "like little lambs."

"I won't give in to their opinion of the best schedule," she says. "They soon adjust to mine." Our babies have kept up young beyond our years," says Mrs. Mitchell. "Babies should happen to everybody."

The Stars Say --

By Genevieve Kemble

For Tomorrow
HOME and family matters should prosper now, so, in this connection, make plans for the immediate future and be prepared to take advantage of unusual opportunities which will be offered soon. It is also a fine period for replacing worn-out appliances, putting household affairs in order and disposing of accumulated trivium.

During the afternoon and evening hours, take time out to work at a hobby or any other recreational activity that it would be well to clear up present duties before embarking on new projects which may require more time, and energy than you anticipate. During July you may be tempted to indulge in some extravagant whim, but the use of will power will save you many a headache later. Consider your budget and be practical.

Travel is favored during the early fall, and domestic and romantic matters are under extremely beneficent aspect. During November, be alert to new opportunities since year's end does not mean the end of this prosperous cycle in your life. Keep looking ahead and plan for still greater expansion. In 1955 a child born on this day will be intelligent and versatile, but inclined toward moodiness at times.

For the Birthday
If tomorrow is your birthday, your prospects for the year ahead are excellent. Your ideas and plans for the future should meet with unusual success, but it would be well to clear up present duties before embarking on new projects which may require more time, and energy than you anticipate. During July you may be tempted to indulge in some extravagant whim, but the use of will power will save you many a headache later. Consider your budget and be practical.

Household Scrapbook

By Roberta Lee

Deodorizing Bottles
Use black mustard seed as a bottle deodorizer. Pour a little of this seed, with lukewarm water, into the bottle, then rinse it thoroughly. Repeat the process if necessary.

Bread Crumbs
Bread crumbs will not scatter when running bread through the food chopper if a paper bag is fastened over the opening of the chopper with a rubber band.

Sore Lips
For some lips, mix 1 ounce of glycerin, 1 gram of borax, and 1 pint of water. Apply this solution to the lips.

Contract Bridge

By Josephine Culbertson

NO GRATITUDE
South's reaction to the opening lead in the following hand was decidedly a case of looking a gift horse in the mouth.

South dealer.
Both sides vulnerable.

♠ K 10 9
♥ 10 8 6
♦ A Q J 9 4
♣ A K

♠ 7
♥ A J 9
♦ K 5 3
♣ 6 5 4 2

♠ A Q J 8 6 5 4 2
♥ Q 2
♦ 8 6
♣ 9

The bidding:
South West North East
4♣ Pass 6♣ Pass
Pass Pass

If West had been in our happy position, as spectators, he naturally would have led a heart against the slam contract and defeated it on the spot, but, unfortunately for himself, West had been dealt a more attractive club opening, and he selected the queen of that suit.

It must be presumed that when South saw the dummy, with its dire heart weakness, he felt that he had been given a reprieve from sudden "death"—but he certainly did not take advantage of his good luck. He drew one round of trumps, discarded a heart on the other club honor, and then reentered his hand with a trump and hopefully took a diamond finesse. When East produced the diamond king and very promptly laid down the ace of hearts, South, after the manner of morals, muttered something "uncomplimentary about the goddess of luck."

Actually, of course, the goddess was very nice to South in this case, since she had beguiled West from leading a heart, and South should have been duly grateful. His heart discard on dummy's second club was nothing short of awful! The markedly correct immediate discard was a diamond. Then it would be child's play to cash the diamond ace and ruff with a low diamond, and repeat this until the diamond king was ruffed out. Dummy's three spade entries would be ample for this simple plan.

ELLEN'S DIARY

By An Island Farmer's Wife

There is star-shine tonight. From their fascinating courses this host of the heavens guards now the quiet of the farmlands. Dim are the fields, and dark the woodlands that lie on the slopes of our valley. Resting there, not yet ready, despite the continued mildness of the weather to allow that winter is over. And over all is a deep but not unbroken silence.

We know, because not long ago when the dark had gathered in from their several interests in members of this household—Gage to go weary to his bed and Jamie to finish ends of his homework of school—we walked through the exquisite night-shadows to pick up the mail from the box at lane's end.

How black at first was the night into which we stepped from the light! But soon only pleasantly dim. And how still! Nothing moved. No creature was abroad at the moment, nothing in all the neighborhood but this farmwife who kept to the short-cut of winter road in the front meadow. Yet how serenely beautiful the night was, a fitting close to a day of weather which had been, all agreed, perfect.

And yet in all the solitude were we alone? Not altogether. The call of an owl, a hollow, mysterious sound lingered in the silence. We smiled as we listened with bated breath so we might not miss one note of it, recalling the query which had been put to us today.

"Can you tell me which of all the birds on this Island—or I guess in all the world, is the wisest?" a little lad had questioned. Well, there in the shadowed reaches of the night was the wanted reply though to our mind each feathered creature that flies, that fashions an immitable nest, feeds faithfully its young and attends to the round of its living—and migrations is exceedingly wise. We wished the lad had been with us to hear the hunting call of that prowler of the night.

And suddenly in a strange forlorn bark from the direction of "the other farm" came the high eerie yelp of a fox. For the sake of the peace of mind of the farm-folk about we hoped there would be no response. But there it was a second voice reaching out over the fields.

"Just listen to that, will you Ellen!" James commented with some dismay on a recent night-prowl together. "And I thought, so many foxes were shot and trapped last year that they were pretty well cleared away from the farms hereabout. But there they are again—to be a nuisance and a hazard when the flock of sheep with their little lambs go out to pasture."

A pair of ewes, pets of a neighboring farm browsed on a hillside this afternoon—loving the spell in the open, the sun's warmth and the sweet breath of the gentle wind that blew.

"Toast—would you like?" we hear Jamie ask. "There's a lovely bed of coals."
"I believe that's just what I've been wishing for!" James chuckles. "Down with the teapot! You and I'll lunch on toast and tea."
Until tomorrow Diary
--- Good-night

SCENIC FALLS

One of the scenic wonders of Basutoland in South Africa is the 550-foot Maletsunyane waterfall.

Lenten Meditation

from the columns of the Times, London

CHRISTIAN SUNDAY

Since the seventeenth century there has been intermittent controversy arising from the Christian claim that the first day of the week is to be regarded as essentially different from the other six, and recent social changes have led to a revival of such controversies. For this reason it may be useful to consider the matter against a wider historical background.

The New Testament provides evidence that about 30 years after the Crucifixion the Christian communities were in the habit of meeting for their distinctive worship on the first day of the week, and as this was a working day it must have been assumed that they met early in the morning or at night. This state of affairs continued until the famous decree of Constantine, which ordered that the "day of the sun" should be kept as a day of rest. This tradition continued through the Middle Ages, and it was not until the Reformation brought into existence communities anxious to order the whole of their lives by direct reference to the Bible that ideas belonging to the Jewish Sabbath were directly applied to the Christian Sunday. This led to sharp controversy in Caroline times as to whether sports should be allowed on village greens on Sunday afternoons.

In the course of centuries custom established the particularly English tradition of the Victorian Sunday. The greater freedom which now prevails in this country has arisen, it must be admitted, from the demands of those who are far less committed to the demands of the Christian society than were their predecessors, though it has been reinforced by strong Christian insistence on the differences between the Christian

Sunday and the Jewish Sabbath. How should modern Christians think of Sunday? First and foremost, as "the Lord's Day," to use the name given to it by St. John the Seer. It is the day which derives its significance from the resurrection of the Lord on the first Easter Day, and which is set apart for the thankful remembrance of this event and of what has flowed from it. This remembrance finds its natural expression in worship with the Christian community, but this does not exhaust its meaning. The Christian Sunday provides for those human needs of rest and relaxation for which the Jewish Sabbath provided, and this is particularly important in these days of rush and clutter. The note of quiet and peace which has been traditionally associated with the English Sunday in contrast to its Continental counterpart, is something not lightly to be jettisoned.

Modern Christian piety may well extend the range of those ends which are legitimately to be sought on the Lord's Day. As it is his day, the Lord which he has created with all its beauty and interest and those human achievements which most clearly reflect the divine beauty are legitimate sources of enjoyment. But such a loosening of traditional limitations should not obscure the essential elements of the Christian Sunday. There are a special concentration on the things of the spirit, the setting apart of time for joining with the Christian society in worship, and if possible, some effort in Christian service. To achieve all some shutting out of secular claims will be necessary, not on grounds of primeval commandment, but because the good must not be allowed to obscure the best.

Alice Brooks Designs

HERE'S A QUICKIE!
Jiffy Pinafore! Sundress! Perfect for the sandbox set. Buttons down the back—opens flat for easy ironing. That cute duck embroidery makes it party-dressy.
Pattern 7028: Child's Sizes 2, 4, 6, 8, 10. Tissue pattern, embroidery transfer State size.

Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.



7028 SIZES 2-10

How Can I!!!

By Anne Ashley

Q. How can I give a shining appearance to cake icing?
A. If butter is an ingredient in the icing for the cake, ice the cake and then put it in the oven for a few minutes with the door open. The frosting will have a smooth, shiny appearance.
Q. How can I make it easy to remove basting threads from a dress?
A. When basting a garment, place the knots of the thread on the right side of the material. They will be much easier to remove when the article is finished.



by Alice Brooks

WHEN YOU'RE RACING THE CLOCK!



HERE'S THE ANSWER to dessert on a busy day. You can prepare the filling in minutes! And the flavor is pure fruit from real lemons. You get the smoothest consistency you ever let melt in your mouth. Jell-O Lemon Pie Filling is never too thick, never too thin. Try Jell-O Lemon Pie Filling soon. Not a lemon jelly. (Jell-O is a registered trade-mark, owned in Canada by General Foods, Limited.)

JELLO PIE FILLINGS

Lemon Coconut Cream

ON ANOTHER BUSY DAY — use Jell-O Coconut Cream Pie Filling. Creamy, rich-tasting—right through the filling.

Bringing Up Baby



Hints Collected by Mrs. Ben Eakler (Mother of 5)
March is here . . . bringing promises of another lovely spring. But the weather is still fickle: So when you're fresh-airing baby, take an extra sweater or blanket in case the temperature topples. A sizable square of sheet plastic, tucked in carriage or stroller makes an excellent "protector" if sudden showers surprise you.

Weather change catch you short of drying space? Just turn baby's play pen on its side for extra rack room.

Vitamin C easy as 1-2-3. No squeezing, no straining to give baby the precious Vitamin C he needs every day. Gerber's Strained Orange Juice is specially processed for babies. It's made from tree-ripened oranges, selected for uniform Vitamin C content and the mild, fresh-fruit flavor tykes take to. Carefully pasteurized and finely strained so it can be fed from bottle, cup or spoon.

Cover-up! If you do not use all the orange juice, or any baby foods, at one feeding, leave the remainder right in the container. Just cover well before placing in your refrigerator. If you don't have Gerber's handy can covers, a bit of wax paper and a rubber band will serve nicely.

Five to go! Gerber's five famous Baby Cereals are all pre-cooked and ready to serve. Simply add milk, formula or other liquids to get a smooth, easy-to-swallow texture. Each one has a delicate, but distinctive flavor pleasing to unawakened taste buds. And all five are enriched with blood-building iron, bone-building calcium and the important B-Vitamins baby's growing body needs. For variety, rotate: Rice, Barley, Oatmeal, Wheat, and Mixed Cereal.

Important! When first introducing cereal to your eager little eater, try a soupy mixture at first so the texture will seem more familiar. Increase the thickness of the cereal gradually as your baby learns to swallow.

RICHARD HUDNUT EGG CREME SHAMPOO

... for truly beautiful hair

Beautiful hair shines! And Richard Hudnut Egg Creme Shampoo brings out all the natural, shining beauty of your own hair. It contains real egg—a natural hair beautifier. This golden lotion shampoo cleanses quickly, rinses out completely, leaves your hair dandruff-free . . . clean, beautiful and shining like bridal satin! Then, as a fragrant beauty finish after each shampoo—a quick rinse with Richard Hudnut Creme Rinse.



RICHARD HUDNUT EGG CREME SHAMPOO

Anne Adams Patterns

HALF-SIZE STYLE

TWO-PIECE in Half Sizes! Here it is—your new Spring-to-Summer Dress! That narrow, developed neckline is very new, very face-flattering too. This is the size range designed for the fuller, shorter figure. No alteration worries! Look taller and slimmer!

Pattern 4592: Half-Sizes 14 1/2, 16 1/2, 18 1/2, 20 1/2, 22 1/2, 24 1/2. Size 16 1/2 takes 4 1/2 yards 39-inch. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.
Send Thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly Size, Name, Address, Style Number.
Send order to ANNE ADAMS, 410 The Guardian, 60 Front Street West, Toronto, Ontario.

Morning Smile

He was very cantankerous and was being extremely difficult. He had found fault with every dish placed before him, and eventually said to the now wear-waiter: "Have you any wild duck?"
"No, sir," snapped the waiter, "but we can get a tame one and irritate it for you."

STABBING HIP PAINS

Does your hip feel as if packed with broken glass? Or as if a knife were being twisted in it? Don't suffer needlessly from these stabbing pains. Get fast relief with T-R-C's. Used successfully by thousands for quick relief of Sciatic, Rheumatic or Neuritic pain. Also Lumbago, Neuritis, A.A. for Templeton's T-R-C's. 65c, \$1.35 at drug counters. T-838

