

Modern Etiquette

By Roberta Lee

Q. If an engagement is broken after the wedding invitations have been mailed, what form of announcement can be mailed out?

A. Such an announcement may read: "Mr. and Mrs. Charles Phillips announce that the marriage of their daughter, Jane Elizabeth, and Mr. Robert Foley will not take place."

Q. Is a fruit centerpiece appropriate for a dinner table?

A. Yes; it is very effective to have a centerpiece composed of a silver plate heaped with oranges, apples, bananas, peaches, plums or grapes.

Q. When a man who is wearing gloves meets a girl who offers him a gloveless hand, what should he do?

A. Remove his glove as quickly as possible.

Household Scrapbook

By Roberta Lee

Whitewashing

Always clean well any surfaces that are to be whitewashed, and free them of any particles that might scale off. Scrub with a stiff brush or broom. It is also well to sponge off the area to be whitewashed with cold water, as whitewash adheres much better to moist surfaces than to dry ones.

Medicine Bottles

Spilled medicine will not cause the ink on the label to run if the label is brushed with colorless nail polish before placing it in the medicine chest.

Fish Odor

If the housewife will keep her hands wet while handling fish, she will find the odor will come off more easily when she is through preparing it.

Morning Smile

He'll Stay

"Old George is pretty mean — and I keep telling him he can't take it with him when he dies." "From what I know of George, if he finds he can't take it with him he won't go."

How Much?

"This knot in my handkerchief? Oh, that's to remind me to try and get something for my wife." "Really, old boy? How much do you want for her?"

Hot BISCUITS

Pancakes! Doughnuts! Gingerbread! They'll melt in your mouth! FREE booklet gives new recipes. Write Church & Dwight Ltd., Sun Life Building, Montreal.

COW BRAND BAKING SODA

PURE BICARBONATE OF SODA

That Body Of Yours

By James W. Barton, M.D.

MYALGIA, PAIN IN NECK AND PLEURODYNIA, FALSE PLEURISY

Several years ago I wrote about an epidemic in the English county of Devon of severe pains in the chest, which at first was thought to be pleurisy, but was later found to be pleurodynia, or false pleurisy (another name for old-fashioned muscular rheumatism). It resembles pleurisy because the pain is in lower chest and is aggravated by any movement of the chest or abdominal muscles such as turning, bending, coughing, sneezing. But in pleurodynia the pain is just in those muscles outside the ribs, not inside the ribs as in true pleurisy.

Where pain is in the muscles alone, it is called myalgia and where it affects the nerves it is called neuralgia. When a number of cases of myalgia occurred in Baltimore, Drs. A. M. Harvey, P. A. Humm, F. E. Bang, and W. B. Lettlich observed a small epidemic at Johns Hopkins Hospital, in which pleurodynia (pain in the chest muscles) and pain in back of neck muscles (cervical myalgia) occurred sometimes in the same person. Their report appeared in Southern Medical Journal. "Epidemic pleurodynia is characterized by paroxysmal pain in the muscle groups of muscles. Pain begins suddenly and may be sharp and knife-like or dull and aching. Coughing, sneezing, deep breathing aggravate it. Temperature may rise suddenly to 102 or 103 degrees and fall rapidly to normal in 12 to 48 hours."

It has been thought by some physicians that the common complaint of stiff neck is really a myalgia due to some infectious organism or virus. It also begins suddenly, usually on one side of neck and pain (severe pain) goes away in 12 to 48 hours. However, the pain in mild form may persist for many weeks and hot applications and also acetylsalicylic acid (aspirin) are needed to ease the pain and relax the muscles. While pleurodynia and myalgia are not serious or dangerous diseases, they cause a lot of annoyance and inconvenience. As the disease proper does not last long (12 to 48 hours) it is the stiffness and pain lasting so long afterwards which needs treatment. It is here that physiotherapy — electricity, heat in various forms, and properly applied massage can give comfort and relief to the patient.

CHRONIC RHEUMATISM AND ARTHRITIS

Sufferers with chronic rheumatism and arthritis will find many helpful suggestions as to diet, heat, massage, and other aids in Dr. Barton's booklet entitled "Chronic Rheumatism and Arthritis." To obtain it, send 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc. in care of this newspaper, 134 Bloor St. West, Toronto 5, Ont., and ask for your copy.

Now Many Wear FALSE TEETH

With More Comfort FASTEETH, a pleasant alkaline (non-acid) powder, holds false teeth more firmly. To eat and talk in more comfort, just sprinkle a little FASTEETH on your plates. No gummy, goeey, pasty taste or feeling. Checks "plate odor" (denture breath). Get FASTEETH at any drug store.

Strange But True

By F. H. MacArthur

The inhabitants of the lowlands in Southern France go about their daily tasks on stilts a good part of the year, as much of the land lies under water. The stilts are fastened to the sides of the wearer's legs, and they carry long poles to assist them in keeping balance. . . . The sundew plant is most remarkable in that its leaves are clothed in reddish hairs, having glands, which discharge drops of crystal pure fluid glistening like dewdrops, whence its name. . . . A characteristic of these plants is their habit of capturing insects in their sticky secretion. When an insect alights on one of the leaves, the hairs close quickly about it and it becomes a helpless prisoner. . . . "Believe it or not," but a tapeworm has neither mouth nor digestive organs. It absorbs its nutrition through the skin. Its length varies from a few inches to several yards.

The practice of tattooing is very common among the South Sea Islanders, who use a gadget edged with small teeth resembling a fine comb. Degrees of rank are indicated by the greater or less surface of tattooed skin. . . . The tomahawks carried by the early North American Indians were made of stone or deer-horn, but through a handle of wood, or fastened to the handle by sinews, or strips of skin. The blunt side of the head was made hollow, to serve as a tobacco pipe, a handle of ash with the pipe removed, being the stem. . . . Tree frogs, the name of a class of animals differing from the sucking frogs in the ends of their toes, each of which is expanded into a disk, so they can climb trees and feed upon tree insects. The largest of this species is about two inches long. . . . There are 32 waterfalls in Yellowstone National Park. Those worthy of mention are Gibbon Falls, 80 feet high; Firehole, 60 feet; Kepler, 80 feet; Osprey, 250 feet; Tower Falls, 132 feet; and Lower Falls, 310 feet.

On the shores of Yellowstone Lake (altitude 7,741 ft.), may be seen the peculiar proximity of hot and cold water. One can catch fish from the lake and, without moving from his position, immerse them in a spring hot enough to cook them. In this wonderful park are 4,000 hot springs and 100 geysers. These gushers are divisible into two classes, the geysers proper and those known as fountains. The fountains are distinguished by an eruption, in which all of the water in the crater is thrown into the air, thus forming a beautiful fountain. The eruptive lasts but a few minutes and is not repeated till the crater fills up. Old Faithful has an eruption every 70 minutes and throws a jet of water varying from 75 to 125 feet high; the Beehive, the Giantess, the Castle, and the Riverside are the most noted. The Giant, when in eruption, throws off a column of water 5 feet in diameter to a height of 250 feet and continues in operation for one and a half hours. The Giantess is even larger, but does not spout so frequently. In general, the larger geyser the longer the interval between periods of eruption. . . . Then there is Roaring Mountain from the openings whose sides issue jets of steam with such force they can be heard for a mile or more. In each of the hot spring regions are also found vents called fumaroles, through which steam escapes with a terrific roar. . . . A curious animal is the Wart Hog, a native of Africa. The head is large and broad. Immense tusks project from the mouth outward and upward, and the jaws are covered with flesh-like protuberances, resembling warts.

The Loveliness of You

Smart-looking young women today are wearing their hair shorter—shorter—just as short as one's facial features and type can stand. Hair stylists declare that the short hair-cut is definitely here to stay for a while (despite the prevalent rumour to the contrary), and bangs have really come into their own. There is nothing quite as attractive and new-looking this season as a close haircut, and clinging to a close haircut, and remembering even if your ensemble is the choicest on the market, it will definitely depreciate in its degree of smartness if your hair-do is outmoded.

So your vision isn't 20-20! Well, don't let it get you down. . . . make your glasses draw attention to the loveliness of your eyes. Today you are able to get both beauty and utility in the glasses you choose. The frames, to be flattering, must be as dark or darker than your hair. A famous connoisseur of beauty says: "Wear your glasses when you need them and look as pretty as you are in them!"

As much as possible, you of the fairer sex should appear fondly feminine in dream designs to accentuate the positive and eliminate the negative; One of the most recent honour graduates from the school of fashion is the short dress. Short on length but long on style, a gown of rayon velvet with an oversized bodice is supremely sophisticated. Chosen in a pastel hue with simple Peter Pan neckline and tiny cap sleeves, is charmingly ingenuous and guarantees to stagger the stage line.

The perennial jumper is starred this season in a double feature. Designed in slim lines with convertible neckline, this fashion favourite of exciting velvet may be worn with a blouse for daytime and, when the sun goes down, this simple design will gain much prestige in synchronizing your wardrobe to the tempo of the times in the currently popular bare-arm vogue.

What one wears is not always as important as how one wears it! Originally and a little imagination lends much to make the well-dressed, attractive woman. Accessories, worn with individuality and distinction are the clue to dressing well, with a little money. However, in order to achieve a striking and smart appearance, one must first study one's figure and type. Remember that no new fashion is ever becoming to every woman. Your clothes should record your fascinating self, portray the highlights in your personality and should be chosen to look as though they were designed especially for you.

Many women in their fifties let themselves get into rut. Everything they choose is either navy or black—black or navy! If your hair is grey, pastels are very flattering, and always bear in mind the fact that your daughters are especially proud of the mother they introduce to their friends, if she is attractively dressed and well-groomed. A noted designer says that interests in clothes help keep many women young!

The "tiny" type of girl should play up to her particular style of fashion and wear designs that enhance her charming pettiness. And, for goodness sake—yep! If your towering "Amazon" type take off those flat shoes and don an attractive, flattering pair of "Heels"—toute de suite! Flat heels tend to make your legs muscular in appearance, whereas shoes with a heel compliment the ensemble you are wearing and also seem to help emphasize your femininity. Resist the inclination to stoop, hold your head up and remember that we couldn't all be small! And, do you know that the majority of the "Little Lulus" envy your position in the world, especially at a crowded parade!

So, greet the days with a new zest for living and promise yourself that you will make a three-point landing on the runway of fashion. They say it's a man's world—but don't believe a word of it!

DOROTHY DIX SAYS—

Backward Beau

Girl Asks Advice On How To Pop Question

DEAR MISS DIX: For a long time I have been in love with a man whom I have every reason to believe loves me, but for some reason he has never asked me to marry him. Maybe he is timid. Maybe he thinks I won't be satisfied to live on what he could give me. Maybe he is one of those men who just let things rock along if they are going fairly well and who is content to let a pleasant relationship exist as it is. But, anyway, I want to know where I stand. I don't want to waste my life in waiting on a man whose attentions are without intentions, so I have made up my mind to pop the question to him. But how shall I do it? What does a girl say when she proposes? She can't just walk up and ask for a wedding ring like she would a job. Help me out. JEANIE

ANSWER: I doubt that anyone can give you any advice about how to pop the question that will help any because the idea of a girl asking a man to marry her is so new that women have not had time to develop a technique in handling the situation.

LETTER LEAST EMBARRASSING

Of course, the least embarrassing way for a girl to propose is by letter. It is lots easier to sloop over on paper than it is when you are close together. That saves the girl's face in case the man says "no," but it also gives him a better chance to decline.

Also, it does away with the personal touch, which is about nine-tenths of the game in marriage. With the girl a thousand miles away it is easy enough to weigh her good qualities and decide whether they are worth giving up one's bachelor freedom for them. But with a pretty girl within easy arm's reach telling you how she loves you and how handsome and wonderful you are and how she will devote her whole life to making you happy, it is another proposition altogether.

Of course, you can go as far as you like with the sentimental stuff, but you've got also to make him believe that you are the only one who really understands him, that you can make better bread than his mother and that two can live cheaper than one. But above all, be careful in choosing the psychological moment in which to pop the question. Wait until sometime when he is sitting across a table in your own apartment, replete with home-cooked food and filled with thoughts of domesticity. Or wait until some time when he is down on his luck and wants some woman's shoulder to cry on and some woman to baby him, and he will be yours for the taking. But however you propose, daughter, you'll do it better than a man would. So go to it.

DEAR DOROTHY DIX: How should girls working in public and private offices conduct themselves? How should they dress? What should be their attitude toward their employer and the other men in the office? JUANITA

ANSWER: A girl working in an office should be a happy combination of a lady and a businesswoman, if you get what I mean. I mean that she should be dignified, yet gracious; prudent, but not prudish; easy to get along with, yet not fresh and bold in her manner; easy on the eyes, yet not dolled up like she was going to a party. Nobody wants a girl employed around who expects to have as many gallant attentions paid her by the men with whom she works as if she were in a drawing room, or who gets insulted if her work is criticized, or her employer smokes in her presence. But neither do they want a girl around who is half-fellow-well-met with every fresh salesman.

As to clothes, she should dress the part of the business girl and not get herself up as if she was going to an afternoon tea. This doesn't mean that she need be a frump. It only means that she should leave off the jingling jewelry and the doodads. And particularly it means that she should make up her face before she comes to work instead of spending her time restoring her complexion in office hours. Her attitude toward her employer should be a strictly business one. She should not try to make sex take the place of good work, and it is no part of her job to sympathize with him because he is married to a wife who does not understand him. She should make the other men in the office keep their place. An office flirtation may get her a date, but it is sure to lose her a job.

DEAR MISS DIX: I am a boy on the verge of getting married and I want to know if I should invite my father to my wedding. He

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How Can I!!!

By Anne Ashley

Q. How can I save time in the weekly cleaning and dusting of the rooms of a home?

A. Many time-saving ideas may suggest themselves, but one good plan is to keep a complete set of cleaning utensils on each floor of the home, such as broom, duster, polishing mop, etc. This will avoid many trips up and down the stairs.

Q. How can I mend a tear in a woolen garment so that it will not be too noticeable?

A. Draw a few ravellings from the goods and darn with these. Then press with a hot iron, under a thin, damp cloth.

Q. How can I quickly relieve the pain of a burn?

A. Try applying the white of an egg to the wound.

Better English

By B. C. Williams

- 1. What is wrong with this sentence? "Can I have a cold glass of water?"
2. What is the correct pronunciation of "caprice"?
3. Which one of these words is misspelled? Colloquial, collosal, collusion, coliseum.
4. What does the word "combative" mean?
5. What is a word beginning with no that means "to call; entitle"?

ANSWERS

- 1. Say, "May I have a glass of cold water?" Cold should modify water, not glass. 2. Pronounce caprice, a unstressed, e as in me, accent second syllable. 3. Colossal. 4. Disposed to fight; pugnacious. (Pronounced with accent on first syllable). The insult aroused a combative impulse in him." 5. Nominate.

NEWS! DEEP-CLEANING OXYDOL WASHES OUT DIRT LEFT IN CLOTHES BY LEADING WASHDAY SUDS!

"I PROVED IT TO MYSELF" says Mrs. Robert D. Buckalew, typical housewife

Four-panel comic strip showing a woman's process of washing clothes with Oxydol. Panel 1: 'I TOOK CLOTHES I THOUGHT WERE CLEAN... CLOTHES I MYSELF HAD WASHED WITH A LEADING SHORT-CUT SUDS—THEN...' Panel 2: 'I WASHED THOSE CLOTHES OVER AGAIN... THIS TIME WITH DEEP-CLEANING OXYDOL!' Panel 3: 'WHEN I LOOKED AT THE WASH WATER, I WAS AMAZED TO SEE THE GRAYING DIRT THAT OXYDOL GETS OUT—DIRT THAT THOSE SHORT-CUT SUDS LEFT IN!' Panel 4: 'NOW MY CLOTHES ARE DEEP CLEAN—THEY LOOK SO WHITE—FEEL SO SOFT—SMELL SO SWEET... THANKS TO DEEP-CLEANING OXYDOL!'

Prove it yourself! Clothes LOOK CLEAN—FEEL CLEAN SMELL CLEAN—because they ARE CLEAN—with OXYDOL!

In actual washing demonstrations, women are seeing for themselves how much graying dirt deep-cleaning Oxydol can get out of clothes already washed with leading no-rinse suds! And this is a fact more and more women are proving for themselves at home: when you use Oxydol as directed, clothes wash deep clean... sparkling clean! You can see clothes are clean... whites wash dazzling white, colors brilliantly bright! You can feel

OXYDOL DEEP-CLEANING TO GET CLOTHES SPARKLING CLEAN—GET OXYDOL

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