

# WOMEN

Page 10 The Guardian, Friday, Oct. 28, 1955

LET'S EAT

## An Easy Company Dinner For Career-Homemakers

By Ida Bailey Allen

"Career-homemakers." I said to the Chef, "usually find it difficult to entertain guests at dinner after a long day at the office, studio or factory. But when they plan little dinners for Saturday or Sunday, they frequently prepare meals that are too elaborate. A simple dinner on a weekday evening would often be more convenient."

"And it can be easy and quick, Madame, if the ladies will take a few tips from the Chef."

"One of the secrets is a quick dressing-up of a food with a good sauce or a different seasoning. Even with only a two-burner stove, or with an electric fry-pan and a chafing dish, a career-homemaker can quickly prepare a meal, such as the following."

### DOUBLE-QUICK DINNER FOR GUESTS

Clam-Tomato Juice Cocktail  
Herring Cream Cheese Canapes  
Escallopine of Veal  
Garlic Bread  
Potato Sticks (canned)  
Spinach Syriac  
Assorted Cheese Tray  
Wheat Wafers  
Choice of Jams  
Coffee

**Family Dinner:** Follow the preceding menu, omitting the canapes and garlic bread. It is important to have all the supplies in the home a day in advance. Prepare the garlic bread ahead and wrap in foil ready to heat. Cook the spinach ready to reheat and garnish. Mix and chill the

clam-tomato juice cocktail. There will be little cooking to do. Before dinner, spread the canapes; arrange the cheese trays with the wafers and opened jars of jam. Heat the garlic bread and the potato sticks in a foil-lined pan; put the spinach in the chafing dish. Set the table. Cook the escallopine of veal at the table in the electric fry-pan.

**Escallopine of Veal:** Order 1 1/2 lbs. veal from the serving pieces. Cut in neat, vertical pieces. Dust with 1 tsp. salt, 1 tsp. monosodium glutamate and 1/4 tsp. pepper.

Brown quickly on both sides in 1/4 c. butter. Add 1/2 c. water, 1 crushed bouillon cube and 1 tsp. sherry flavoring. Simmer 5 min.

**Spinach Syriac:** To 3 c. hot, chopped, cooked, fresh or frozen spinach, add 1/2 c. pine nuts or chopped filberts browned in 3 tbs. butter with 1/2 c. raisins. Slice a medium-sized loaf of French bread diagonally 1" thick but not quite all the way through. Pour the melted butter over and into the cut spaces.

Wrap in aluminum foil; heat 20 min. in a moderate oven, 375 degrees C. or in an electric fry-pan at low heat.

### HERRING CREAM CHEESE

**CANAPES FROM THE CHEF**  
Mix together a (4 oz.) jar cream cheese, 1/2 c. minced herring fillets, 1 tsp. minced chives, 1/4 tsp. Tabasco and 2 tbs. tomato sauce. Spread on crisp crackers; garnish with sliced stuffed olives.

MARY HAWORTH'S MAIL

## Army Wife Loses Interest In Life

Dear Mary Haworth — For the sake of many Army wives facing the problem these days, will you please discuss the infidelity of married men separated from their wives by overseas assignments?

In my own case, my husband was overseas for a year, and in that time became involved with an American girl employed as a civilian. They had an affair and finally spent a month together, on leave in another country, before he came home.

In our nine years' marriage I had felt that Jack was happy although harried by my carefully controlled efforts to have him accept the responsibilities of family life. Always he had been interested in sports to the neglect of me and the children—but infidelity seemed out of the question.

I do admit thinking he was immature in many ways and still a bachelor in some of his attitudes. He was too responsive to attractive females and would call me jealous if I fussed about it. But he had my complete trust while he was overseas—and had I been jealous, would I have trusted him?

Now he says he is truly sorry, that the girl never meant anything to him, that there was never any doubt about his returning to me and, in self-defense, he emphasizes that he was doing no more than most of the officers with whom he lived. In other words, he asks me to forget it and take up my life together, and go on. Some how I can't do it. I want to hurt him as he has hurt me; and more over I see no change in his attitude towards responsibilities.

A close friend of mine has the same problem, and the same argument from her husband. They tell us they've learned their lesson, but this doesn't ease the hurt. Somehow I can't look forward; I just look back to all the places we have lived, and all the disappointments—and now this. F. P.

### IN SAME BOAT

Dear F. P.: It may help to see the problem in perspective. "War hell," as General Sherman noted, and a more recent commentator, writing after World War I, pointed out that "War debases the man in mind, and evokes the brute in him."

The hosts of Satan are never busier than when morally confused and naturally wayward men (and that takes in the majority) are torn away from the stabilizing influences of family life, and set adrift to find transient companions for idle hours in a homeless atmosphere of soldiering. The usual result is a morbid increase in sexual lawlessness.

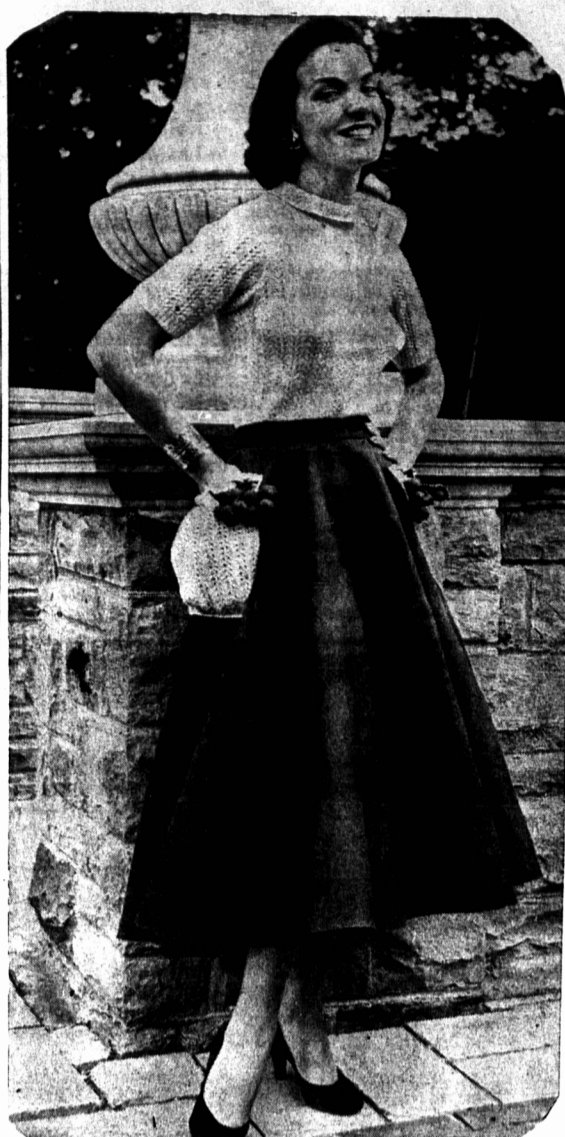
Men who thus betray the standards of love, when faithful wives are trusting them—who destroy the unity of spirit that is marriage—admit to some extent, perhaps, but also most of them, a principleless, witless prey of unprincipled women, who mark them as game and make a play. What's more, they are victims of the confused social order that sends them (moral weaklings) into a dangerous world without adequate spiritual armor. And victims, too, of their own personal history—the hereditary and environmental factors that stood in the way of their being strong in a testing time.

**LEARN TO LOVE**  
You admit that your husband, even at his best (as you recollect), was on the childish, irresponsible, self-indulgent side. You had to "carefully control" him into line—a control that he both wanted and resisted, perhaps. All along you bore disappointments, it seems—"and now this," you fiercely say.

In coming home and telling all, Jack is in effect asking you to help him repair the damage done. He feels instinctively, if inarticulately, that he has lost his way. (What he has lost is integrity.) And he feels that your forgiveness, lovingly given, without reservations, would restore him to full partnership, to wholeness and truth, as your husband.

As for what to do, didn't the marriage vows say you took him "for better, for worse?" Your vengeful attitude won't help matters. Evidently you still love Jack, too much to leave him—which suggests that the constructive solution is to love him with charity. For help in this, read 1 Corinthians 13; and also study Glenn Clark's book "God's Reach" (Macalaster Park publishers).

M. H. Mary Haworth counsels through her column, not by mail or personal interview. Write her in care of this newspaper.



## These Take The Modern Miss To Job Or Classes

**ENSEMBLE**—Popular fall wear is this knit sweater and wool-felt skirt with knit pattern on yellow pockets of the green circular skirt. The sweater is matching

yellow. The ensemble, created by a Toronto, Ontario, designer, may be worn by the college or career girl. For classes or a casual social date it is just the thing these bright fall days. (CP Photo)

**NEW SHORT COAT**—Coats may be worn any length this season style experts decree and this one is 27 inches. Made of wool plush neckline, raglan sleeves, snug collar and rounded cut in front.

The coat tapers to a slimmer line at the bottom. The wool flanne suit in coral and deep green plaid is made with double-breasted weskis jacket and slim skirt. (CP Photo)

### ELEANOR ROSS

## New Phases Of Fashion

Fashion is a many-splendored thing!—if we may paraphrase a popular book and movie title. Particularly this season, when it seems that dresses, coats and suits are more beautiful than ever. Some styles are a bit fantastic. But no matter what strange aberrations the mode has up its sleeve, most women are happy to settle for a simplified version. They prefer a dress with a picturesque or slightly tricky neckline, tiny waistline and a fanciful, full skirt for their afternoon and smart informal evening clothes.

As for color, it can be beautiful or, as in the present instance when so many colors are featured, it can be striking. But no matter how smart, how tempting the coat, suit, ensemble or dress is, don't get it if it is in a color that will

quarrel with your existing wardrobe. You cannot alter the fact that you will have to combine our new purchase, or the clothes you are making, with the clothes and accessories you already own. Study the effect of off-beat color combinations and you'll find that there are many that are smart and effective. Try them out in accessories. Brown and black, red with pink, blue with purple, all are delightful and different.

**SIMPLIFIED PATTERNS**  
The growing army of home sewers will find that the pattern firms have done well by them, translating the newest ideas into easily-worked patterns and simple instructions. And they will find so many washable fall and winter fabrics that

### HOUSEHOLD HINT

If a cork has shrunk and is too loose to seal a bottle, place it in a pan of boiling water and let it remain there until the water is cool. This will make the cork expand so that it will fit snugly. When you use an aluminum double boiler or steamer, put one-half teaspoon of cream of tartar in the water in the lower compartment to prevent discoloration.

no longer do we have to limit easy-to-care-for fabrics to warm weather fashions. Now you can create a smart winter wardrobe out of washables. And that goes for pretty party clothes as well as daytime wear.

Picture yourself in an elegant faille cocktail suit. Unless you tell the secret, nobody will dream you made it yourself, and even less, guess that you suds it after every party.

### Wife Preservers



If you have marks made from an indelible pencil, grease the spots with lard, rubbing thoroughly. Then wash with soap and warm water.

### Islander Weds In

#### Barrie, Ontario

The wedding was solemnized at Trinity Anglican Church, Barrie, Ontario, on Sept. 24, 1955, of Lillian Louise Reeves, eldest daughter of Mr. and Mrs. Clarence E. Reeves, Charlottetown, and Michael Lance Von Wagner, son of the late Mr. and Mrs. Gerhardt Von Wagner, San Antonio, Texas. The ceremony was performed by Rt. Rev. F. George Shearing.

The bride wore a navy blue suit with white accessories. She was attended by her aunt, Mrs. W. W. Quigley.

The groomsmen were Sgt. W. W. Quigley, uncle of the bride. The couple will reside at 198 Saskatchewan Blvd., Camp Borden, Ontario.

### Reside In Toronto

#### Following Vows At Marshfield P. E. I.

Miss Bernice Gass, only daughter of Mr. and Mrs. Duncan Gass, New Haven, was united in marriage with Mr. Ronald Cudmore, son of Mr. George Cudmore, Appin Road, and the late Mrs. Cudmore, August 25 at 2:30 p.m. Rev. MacNaughton performed the ceremony at Marshfield.

The bride wore a navy blue corded suit with white accessories and a corsage of white roses. Her cousin, Mrs. Irving Frizzell, was her only attendant. She wore a light blue suit with navy and white accessories and a corsage of pink roses.

Groomsmen were Mr. Irving Frizzell. A reception for one hundred guests followed at the home of the bride's aunt, Mrs. Fred Hansen, Kingston. The bride's mother chose for her daughter a dress with corsage of white roses and lily-of-the-valley. Mr. and Mrs. Cudmore are now residing in Toronto.

Out-of-the-province guests were Mr. and Mrs. William MacLeod, Rosindale, Mass.; Mr. and Mrs. Clarence MacDonald, Walling, Mass.; Mr. and Mrs. Wallace Bernat and children, Richard and Sally Ann, Rosindale, Mass.; Mr. and Mrs. Edward Keefe, Waltham, Mass.; Mrs. J. Osbourne, Toronto, Ont.; Messrs. William and Jackie MacDonnell, Waltham; Mrs. Robert Munchback and son Bobby, Hopkinton, Mass.; Mrs. Ruth Krutz and son, Richard, Hopkinton, Mass.; Mrs. Wilbur Gillespie and daughter, Ruth, and Mr. and Mrs. Wilbur Gass and two sons, Rich and Larry, all of Toronto.

Previous to her marriage, the bride was honored at a shower given by the people of New Haven. Following their marriage, the couple were honored by the citizens of Appin Road at a shower at the home of Mr. and Mrs. Bill Farrar.

### COOK'S CORNER



#### QUICK CHOCOLATE DROPS

3 cups rolled oats  
1 cup shredded coconut  
6 tablespoons cocoa  
1/2 cup butter  
1/2 cup milk  
2 cups white sugar  
1/2 teaspoon vanilla

In a large bowl thoroughly mix rolled oats, coconut and cocoa. Heat butter, milk, and sugar, together in a saucepan until almost to boiling point, but do not boil.

Pour over dry mixture, stir well, and drop by spoonfuls on buttered waxed paper. Chill until firm.

### ANNE ADAMS PATTERNS



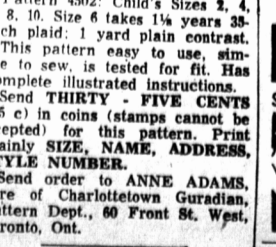
#### SCHOOL-TIME HIT

Here's the long-torso line—just like mother wears! Send her style—a low waist, cinched by a belt in back (cinched favorite whirly skirt! Especially pretty in plaid 'n' plain—thrifty too, made of gay remnants!

Pattern 4502: Child's Sizes 2, 4, 6, 8, 10. Size 6 takes 1 1/2 yards 35-inch plaid; 1 yard plain contrast. This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send THIRTY-FIVE CENTS (35c) in coins (stamps cannot be accepted) for this pattern. Print plainly SIZE, NAME, ADDRESS, STYLE NUMBER.

Send order to ANNE ADAMS, care of Charlottetown Guardian, Pattern Dept., 60 Front St. West, Toronto, Ont.



#### Wife Preservers

Eye-eyes can be kept blue-free by cleaning them with eye preservers. They dry without rinsing and then put them with a clean cloth.

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With your \$5.00 Order

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