



POPULAR WOOLLENS FOR SPRING

What these three have in common are the ingredients of their suits—all are of British wool and Courtelle. LEFT by John Montrose, features a three quarter length jacket and pleated skirt with matching blouse. The suit in CENTER, by Digby Morrison, has high button-up front and hip-length jacket. At RIGHT, is a knit yourself two-piece suit with sailor collar.

HAPPENINGS

Andry Jenkins, Women's Editor, Phone 4-8399

Sandra Currie, third year student at Prince of Wales College, spent the weekend at her home in O'Leary.

Pauline MacCallum, in fourth year, PWC, visited with her mother, Mrs. Grace MacCallum, Carleton Place, over the weekend.

Mr. and Mrs. Vincent Massey, Bothwell, and their three children spent a recent holiday with Mrs. Massey's mother, Mrs. Lucy Gallant and family at Russettville.

Marsha Schurman, fourth year student at PWC was home for the weekend at Summerside.

Leighton Stewart, Murray River, was a weekend visitor to Kensington.

Sheldon Rose, East Baltic and Art Peters, Jr., of Souris, spent the weekend with friends in Nova Scotia.

Mrs. Essie Stewart, Kingsboro, is now residing with Mr. and Mrs. Roy Bruce, Red Point, for the winter months.

Mr. and Mrs. Hartley Jardine and son, Allan, have returned to their residence in Bothwell after spending the past three weeks with Mrs. Jardine's relatives in Toronto, Ont.

Donna MacLaren, 4th year

MARY HAWORTH
Readers Shower Column
With Poem's Full Texts

DEAR MARY HAWORTH: In your recent response to someone who asks dryly if you think faith in God is a must for solving problems, or do you ever hold out hope of help to "non-believers," you cited your pioneering service in giving to all corners explicit information on where to go and whom to consult for firsthand help.

Of special interest to me, however, was your prefatory excerpt from a poem—title and author of which you couldn't recall—that you said reflects the spirit of the open mind, confronting cosmic creativity too vast for definition.

Unquestionably you were referring to William Herbert Carruth's celebrated poem, "Each in His Own Tongue," written in the early 1920s, I think. Subsequently it was read in its entirety at Canterbury Cathedral by Dr. Inge, which caused quite a commotion at the time. Here with the full text:

"A fire mist and a planet, A crystal and a cell, A jellyfish and a saurian, And a cave where the cave men dwell: Then a sense of law and beauty, A face turned from the cloud—Some call it Evolution. And others call it God.

"A mist on the far horizon, The tender infinite sky, The ripe rich tints of the cornfield, And the wild geese sailing high: And all over upland and lowland, The sign of the goldenrod Some of us call it Autumn. And others call it God.

"Like waves from a crescent sea beach. When the moon is new and thin, Into our hearts high yearnings. Come welling and surging in: Come from that Mystic Ocean. Whose rim no foot hath trod—Some of us call it longing. And others call it God.

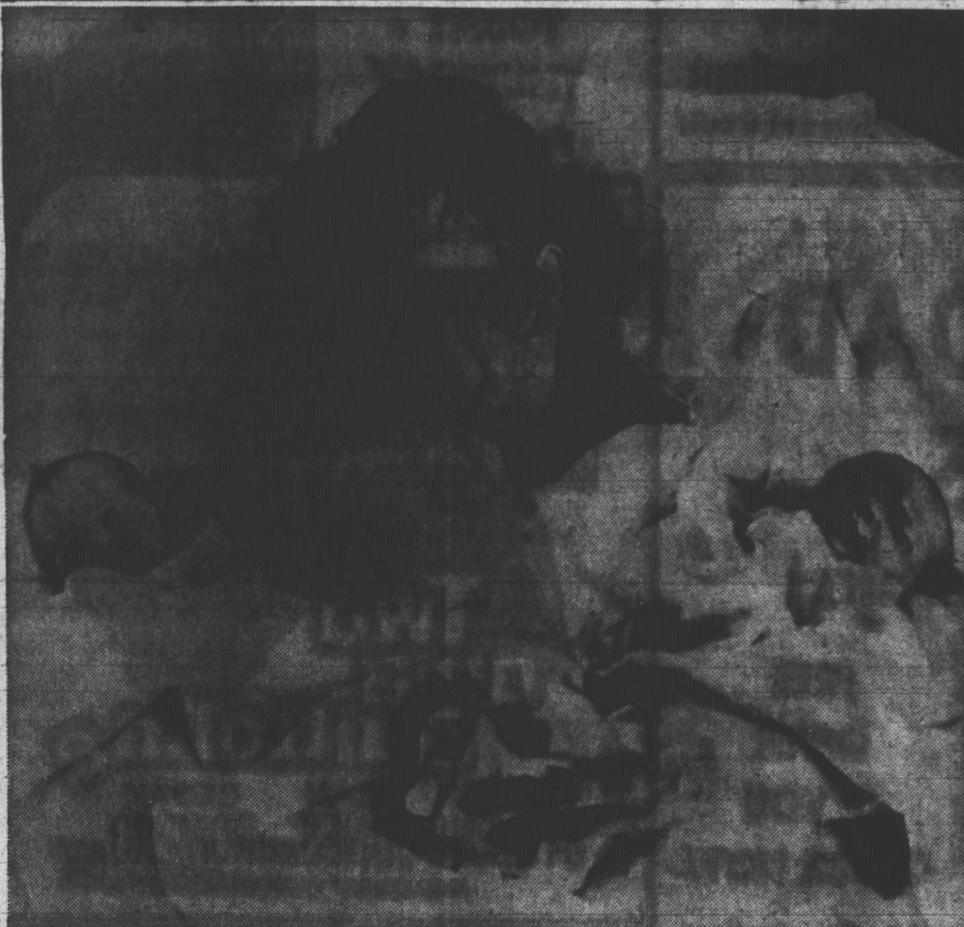
"A picket frozen on duty, A mother starved for her brood, Socrates drinking the hemlock, And Jesus on the Road: And millions who, humble and nameless, The straight hard pathway trod—Some call it Consolation. While others call it God."

Yours very truly, A. P.

DEAR MARY HAWORTH: I read your column daily and when I discuss it with others it is amazing how we each find in it the help we need. Today I am writing about the poem which you graciously tried to synopsise in replying to the cynic VR.

You will find it ("Each in His Own Tongue" by W. H. Carruth) in the anthology "Best Loved Poems of the American People" edited by Hazel Fellman and published by Garden City Publishing Co. in 1938.

Contents are divided into various categories, with Carruth's poem listed under "Faith and Reverence." Sincerely, F. L.



STORK DOES DOUBLE DUTY
Actress Diana Jergens in-pects her twin babies at St. Joseph's Hospital in Burbank, Calif., where they were born on January 16. The babies, a boy, LEFT, and a girl, have been named Cameron Michael and Melinda Anne. Miss Jergens husband is singer Randy Sparks. (AP Wirephoto)

IDA BAILEY ALLEN
Thyme-Seasoned Lamb
Recipe For Two Meals

A very special, very helpful new book, full of health information is on a corner of my desk—a very big hand-book indeed, but one that I hope all of you will see and own, or consult at the public library.

This book is titled, "Today's Health Guide," with the subtitle "A Manual of Health Information and Guidance for the American Family" and it is published by the American Medical Association.

Helpful Topics

To quote from the foreword: "This is not a 'Doctor' book in the old-fashioned sense, nor an encyclopedia. It is an effort to select, from the enormous mass of information about health, topics which will be most helpful to the family in making the best and most economical use of the sources of health information, treatment of illness, and adequate meeting of emergencies."

This is a book designed to help you to help yourself to health. It is edited by W. W. Bauer, M. D., Doctor Emeritus, Department of Health Education, American Medical Association. A friend I have known for many years. He is also an inspiring editor at whose behest I wrote many articles concerning food for "Today's Health," and whom I had the honor of presenting and interviewing in my radio programs.

TOMORROW'S DINNER
Tomato Bouillon
Crisp Crackers
Cassoulet of Lamb with Kidney Beans-Green Peppers and Onions
Leaf Spinach
Fruit-Stuffed Baked Apples or Honeyed Orange and Grapefruit Sections
Coffee, Tea or Milk
Measurements are level
CASSOULET OF LAMB
(For 2 meals, about 12 servings)
1 1/2 lb. dried white kidney beans
2 1/2 qt. boiling water
1 tsp. salt
1 bay leaf
1/2 tsp. thyme
1/4 lb. diced lean salt pork or ham
3 tsp. butter or margarine
4 chopped, peeled, medium-size onions
2 diced, seeded green peppers
3 lb. dried lean lamb (any cut)

1/4 c. tomato sauce (canned)
1/4 tsp. garlic salt
1/4 tsp. black pepper
1/4 lb. small-diced garlic sausage
Boiling water to half-cover
Pick over the beans; wash and rinse them. Turn beans into 6-qt. saucepan. Pour in boiling water. Add salt, bay leaf, and thyme. Cover; let stand 50 min. Then, without draining bring to boil; simmer-heat 1 1/2 hr.; drain and set aside.

Brown salt pork or ham in emptied saucepan. Add butter or margarine, onions, green peppers and lamb. Slow-ry until well browned. Add tomato sauce, garlic salt, black pepper and sausage. Half-cover with boiling water. Cover; simmer 1 1/2 hr. Mix in drained beans. Transfer to large low casserole. Brown 20 min. in hot oven, 400 degrees F.

Before baking apples, fill the cored spaces with diced, pitted moisturized prunes, or diced tenderized figs. Place apples in one layer in a baking dish. Pour in bottled apple juice to the depth of 1 1/2". Bake 45 min. in a moderate oven, 350 degrees F. Baste twice with juice from the baking dish. Serve warm or cold with light cream; or lemon sauce; or ice cream.

OPPOSITE MARRIAGE
THE HAGUE (Reuters)—Swastikas were daubed at seven places here Monday in further protests against the coming marriage of Dutch Crown Princess Beatrix and West German diplomat Claus van Amsberg. The princess's marriage to von Amsberg, a former member of the Nazi Wehrmacht, will take place in Amsterdam March 10.

SAVED BY TOOTHACHE
BRIGHTON, Ont. (CP)—A toothache may have saved the occupants of a farm house that was destroyed by fire near here Sunday. Henry Postma of RR 4, Trenton awakened early with a severe toothache. He got out of bed and went downstairs to find the kitchen in flames. He aroused his family and they all escaped in their night clothes into 15-below-zero weather.

ELLEN'S DIARY
Farmers Rose To Track
Anew The Snowy Paths

This was the January day India's sorrowing millions gave a hero's farewell to Prime Minister Shastri with funeral rites on the banks of the holy Jumna River...On Island farms, farmers rose to track anew the lightly snowy paths that led to the barn to be welcomed there by friendly love and warmth, and altogether come happily to the daily round. In the dwellings, the smokes went up in a morning incense which indicated breakfast was in the making, a table spread, another new day entered.

In Lagos, Nigeria—How familiar these times the names of faraway places soon became! They come into our everyday duties and doings, repeatedly in the newscasts, over and over, so that when we eat at meals, or when we knead our loaves, or sweep a floor, we can picture the area and scene: About a table today were gathered those of several peoples and colors mediating and mediating over the troubles of one—in Lagos, then, today, the Commonwealth Conference on Rhodesia entered its final session, apparently not

come to a satisfactory solution or agreement to end the unrest there.

Today in Island places, farmers worked in their woodlots. Power-saws cut the chosen smaller and greater trees of the forest, and with a farewell to the winter-wind in their topmost branches, these fell with a crash to earth. Perhaps to be made into pieces of lumber—the sticks so necessary for the various repairs which appear on a farm, or the building that continues, or for the demands of the hearth-fires, which give continued comfort indoors. At this farm an animal of the cow-kind was brought in, in a purchase. And seeing, we wondered, thoughts running on into the months ahead, if this spring, with anticipated scarcities of feeds here or there, many farmers would be collecting as last year, "feeders to go from the grass."

Tonight, President Johnson, in his State of the Union Message, pledged to keep his anti-poverty and education program moving. And also, among other things, determined to press for peace in Viet Nam...Tonight on Island farms, farm-folks looking back along their day, were grateful their lot had fallen in pleasant places. True, there were the bothersome items relative to the season and farming, they must wrestle with, and perhaps illness indoors or out. At the same time there was food and warmth and comfort. This evening folks visited, attended meetings, enjoyed sports. Island children completed assignments of school-work, and then maybe went to a spell of skating on field-pond or rink with peace over all. "I see" James says, reading in the old armchair, "they believe they may have reached some settlement in that New York bus strike. And" he adds, isn't it good that they have! There's enough unrest in other places without that!"

On the Island, there is peace on its white spread resting field and by and large, as we see, it in the homes. And we would hope in the quiet stars, which light tonight's skies, promise of peace world-over.

Until tomorrow.....Diary-Goodnight.....

and on behalf of the members, Mrs. Daniel MacDonald and Mrs. Bruce Deacon were presented with gifts as life members, and presentations made also to Mrs. Bertram Lane and Mrs. M. R. MacLennan for perfect attendance during 1965. Mrs. F. Stevenson read a poem, and an exchange of gifts took place. Treats were given to school children.

106 Year Old Has First Trip To Hospital

Word has been received by Mrs. Leonard Cutmore that her aunt, Mrs. Emily Ford, formerly of Winsloe, who has been for some time residing with her son, Winston, of Lewisville, N.B., had the misfortune of falling and fracturing her hip. She is now a patient in the Moncton City Hospital.

Mrs. Ford, who is in her 107th year, has entered the hospital for the first time.

Longevity is a family affair with Mrs. Ford. Her twin brothers J. George and Joseph lived to be 100 and 98 years of age.

scripture reading was read by Mrs. Ivan Sentner.

Two poems were read by Mrs. Austin Sentner and Mrs. Alice MacNeill and a reading was then given by Mrs. Omer Neill and a devotional talk on the topic "Different New Year" was then given by the leader followed by a hymn and prayer which closed the worship service.

Roll call was responded to by 12 members repeating a verse of scripture containing word "Kingdom".

The treasurer, Mrs. Omer Neill, gave her report for the month and the friendship secretary, Mrs. Lester Johnson, also reported.

Next meeting is to be held at the home of Mrs. Austin Sentner, with Mrs. Omer Neill in charge of the worship service. Roll call will be responded to with a verse of scripture containing the word "Love"

Women
6 The Guardian, Charlottetown, Wed., Jan. 13, 1966.

WOMEN'S ORGANIZATIONS
N. London UCW Delegates To Attend Presbyterial

Following the "Week of Prayer" service recently the members of New London United Church Women met at the home of the secretary, Mrs. James M. Campbell.

With the president, Mrs. Lewis Campbell, in the chair the meeting opened with the UCW Purpose. Following minutes, 10 members responded to roll call with a New Year's thought, and two visitors were present. The community friendship report was heard. Mrs. Alexander Green gave the missionary prayer and the treasurer, Mrs. Ray MacLeod gave the financial report for the year.

It was announced that the United Church Presbyterial will be held in the Kensington United Church on Saturday, January 29 if weather permits. Four delegates were appointed, namely, Mrs. Louis MacLeod, Mrs. J.M. Campbell, Mrs. Ray MacLeod and Mrs. Sutherland Montgomery, along with the president, Mrs. Campbell.

The study book was presented by Mrs. William Cotton.

Mrs. Louis MacLeod will be leader for the February meeting, when the text word will be "Grace", missionary prayer will be by Mrs. Louis MacLeod. Mrs. J.M. Campbell will present the study on Brazil and will be hostess. Food committee will be Mrs. Keith Woodside, and Mrs. Catherine Cotton.

Rev. W.A. Paterson pronounced the benediction.

KELVIN GROVE WMS
Mrs. Scott Clark was hostess to the members of the Kelvin Grove Women's Missionary Society recently. The president, Mrs. Horace Paynter, opened the meeting with the theme "Called by God." Scripture from the Old and New Testaments was read responsibly and the creed was repeated. Prayer was offered by each member followed by the Lord's prayer.

The devotions were led by Mrs. Scott Clark, and the exposition, "The Mystery of Election" was read by Mrs. Lorne Crozier.

Mrs. Earle Semple will be hostess for February. Refreshments were served by the hostess.

NORTH WILTSHIRE WI
Mrs. Henry Godfrey invited the North Wiltshire Institute to her home for the December meeting, when 17 members and four guests were present.

Regular business was conducted and donations were approved for the Music Festival, T.S. League and a treat for children of a bereaved family.

Mrs. Lloyd MacPherson accompanied the group for singing.

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PRINCETOWN ROAD UCW
Mrs. Frank Crabbe was devotional leader at the regular monthly meeting of the Princetown Road UCW held at the home of Mrs. Ivan Sentner. The devotional period opened with a hymn followed by prayer and

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