Woman's Realm..

The Stars Say - -

By Genevieve Kemble

For Friday, October 20

SPECTACULAR, sensational, thrilling, are terms but mildly characterizing the events and experiences of this day of dynamic and stirring activities. It might be that at the root or core of these explosive events they may be a brilliant idea, a flash of genius, a unique creative urge, radical or revolutionary in its deep-seated incitements; a moment of keen vision, quick action, sensational drive, albeit backed up by sound reason and principle, and with sturdy application.

There could be a withholding of feminine support, but be not sensitive or downcast about this. Forge on with dramatic action.

For the Birthday

Those whose birthday it is may find themselves plunged into the limelight upon a brilliant petard of their own forging, by some quick flash of inventive genius, a sudden born idea, plan, innovation, skill, dynamic and sensational. The mind is keenly alert to the practical possibilities, also intuitions may measure up, all on a basis of studious insight, calm judgment with steady development, responsibility. The "fly in the ointment" may relate to social or romantic lack of interest, to which keep impervious.

A child born on this day is bounteously gifted with talents, skills, genius, with the ability to carry on with dynamic and spectacular force to renown.

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That Body Of Yours

By James W. Barton, M.D.

TREATING TUBERCULAR CHILDREN WITH STREPTOMYCIN

I have written before of the heavyweight boxer I met as he was being put to bed in a tuberculosis satatorium. He said, "I'll be seeing you, Doc; I'll be here for two years they tell me. I hope I can stick it out." I told him it was his only chance. As a matter of fact it was his only chance at that time, bed rest which meant that the damaged lung would be given a chance to heal.

How far our research physicians and chest specialists have advanced since that day is shown by the way this treatment of years of bed rest is being gradually shortened or abandoned. Various new methods are being adopted, especially surgical methods which give the lung immediate rest.

Also it is interesting and gratifying to learn what is being done by the wonder drug streptomycin.

In Illinois Medical Journal, Drs. E. T. McEnery, H. C. Sweany, and G. C. Turner, clinical and research department of the Chicago Municipal Tuberculosis Sanatorium, say that, by special order of the Board, in November, 1947, all streptomycin was furnished free to patients for whom the Board considered it justified. The cases were under observation for two to 36 months. Each child's history was reviewed by a "streptomycin board" for suggestions as to best method of giving the streptomycin treatment. All patients accepted for streptomycin treatment had positive sputums (the tubercle bacillus present). All T. B. tests were positive. All x-rays showed that tuberculosis was present in the lungs, usually to an advanced degree.

In the beginning of this study most of the patients received 0.5 Gm. in divided doses twice daily. This was reduced to 0.3 Gm. once daily for all children. Sixteen of the 25 patients were given the drug for 120 days; 9 were treated for 60 days.

The streptomycin lessened or counteracted the toxic (poisonous) action of tuberculosis. Improvement was noted within a few days after treatment began. The X-ray findings rapidly improved; sputum became negative in 89 per cent of cases within four to five months. The hospital stay was uniformly reduced from two to three years to six to eight months. From two to three years to six to eight months is a great reduction in hospital stay.

THE COMMON COLD

Never neglect the common cold as it may often be the forerunner of other more dangerous conditions. Send 10 cents, and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, Inc., in care of this newspaper, 134 Bloor St. West, Toronto 5, Ont., and ask for your copy of Dr. Barton's booklet entitled, "The Common Cold."

How Can I ! ! !

By Anne Ashley

Q. How can I make diced sweet-sour beets?

A. Melt 2 tablespoons butter, add 2 tablespoons flour and pour on ½-cup of water in which the beets were cooked. Add ¼-cup water, ¼-cup vinegar, 1 teaspoon sugar, ½-teaspoon salt and a little pepper.. Take a medium-sized bunch of beets, cooked and diced, and reheat in the sauce.

Q. How can I make putty?

A. Putty can be made merely by mixing linseed oil with sifted whiting until the proper consistenc is acquired.

A DOROTHY GRAY EVENT

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ELLEN'S DIARY

By An Island Farmer's Wife

An item of moment and most satisfying to her people was added today to the history of this place at Alderlea. A lengthy saga is hers, commenced by great grandfather to Jamie, a miller-farmer by trade, and added to for our benefit by succeeding generations, for the most part in records to be found in the old Family Bible, which rests on the parlor table. In ink and inscribed in various hand-writings these statistics of the births, passings, and marriages of her folk remain.

* * *

And as well, turning the pages which holds these age-old writings of "the Law and the Prophets" one comes upon yellowed and fresher newspaper clippings, related to the interests of her people down through the years. It comes to mind now that in our cleaning of rooms often the tools of the trade lie neglected while we reverently turn the leaves, not always, we confess, from a desire to learn something new from the Book's teachings but to catch again a glimpse of the customs and circumstances, the surroundings of and religious faith of those Islanders of bygone years.

* * *

How quaintly expressed in the light of this age are the writings on these yellowed clippings, and how reverent always no matter the subject written! Yet much of this place beside the mill-stream as of most Island farmsteads has never been adequately recorded. Kept evergreen by tradition perhaps, which by repeated tellings has worn thin or is lacking in detail until it has become vague and leaves too much to the hearer's fancy. James goes back in memory to "mind hearing" this or that from a forbear but much, indeed most of the doings of former generations who once peopled ours, and the farms which run back on either side of this road of ours, lie buried in the graves of the people.

* * *

But we'll just have to let them lie, Ellen" a friend chuckled to us of this matter recently. "After all, what humdrum lives they must have lived! What would they have to record, more than is written on their head-stones? Just that they were born into a bleak world, lived precariously, the fittest surviving and died ingloriously- Because what did they kuow about living, excepting that they had to labour well for an existence — Those pioneering forebears of ours? What fantasy this! What idle, empty speculation of those who toiled and "lived and loved" even as we, saw like storms and pleasantries of fate, knew with devotion the ways of the good earth in a rigorius era of living which required gifts of brawn and intellect to meet the days! Silently but with much admiration we venerate the memories of those in whose footsteps we presume to tread.

* * *

Yet notwithstanding those scraps of newspaper and hand-written lines which have preserved for us some idea of their lives and living, we can learn little from these of those items of interest which delight us of the day by day living about the farm. What fascinating happenings there must have been —and how we should like to know of them now! Were oxen used in clearing the first acres as a scrap of tradition will have it? From whence then was imported the first horse to this farm? And in the transaction how many precious pounds were paid? Who hewed the beams and timbers for dwelling-house and barns? . . . Those that sometimes too gallantly stood in the way of the recent electrical wiring of the place, baffling the workmen, as they said ruefully, tapping a wall: "I Think possibly we can 'get 'through' here without difficulty —but I can't be sure. There certainly was no scarcity of lumber — or time, when they built this house!" And we smiled happily and blessed they who had builded so thoroughly."

* * * *

How, and from whence came the first clumsy but beautiful farm-cart? And what of the first cow-of-the-place, or ewe with tinkling bell? Who poured the first tallow candle into the mould we found in the attic? And which one of the line first beheld the mellow glow of the kerosene lamp? We should like to have read of the joy which attended the purchase of the reaper, and where and what grain it first cut, ... But as James says with a yawn: "Dear, dear, Ellen, will you JUST look at the clock!"

Until tomorrow — — Diary — — Good-night. . . . .

Household Scrapbook

By Roberta Lee

Reduce Spattering

You can reduce the spattering and smoking of fat when broiling steaks or chops. After preheating the broiler, pour in just enough cold water to cover the bottom of the broiler pan. The water does not interfere with browning or crisping the meat. It lessens spattering, and also makes the cleaning of the broiler much easier.

Handkerchiefs

Handkerchiefs that are flimsy and look soiled can be made to look like new by dipping them in starch after washing, then putting them through the rinse water again.

Chamois

Wash chamois leather in warm, soapy water to which a pinch of baking soda has been added. You will find that this will keep the chamois in good condition.

SUGAR BEET RECORD

Alberta's sugar beet industry this year rose to 400,000 tons for a record yield

DOROTHY DIX SAYS—

Wise Mother

Woman Encourages Daughters To Invite Boys To Home

DEAR DOROTHY DIX: I am the mother of two girls, one 13 and one 12. From the time they were babies they have always played with boys and girls alike. They have always been free to bring their friends home with them, and, as the result, the house has always been full of boys and girls playing games and making candy or amusing themselves in some other innocent way. We also take the children to the movies once a week, and two or three times a year the oldest girl goes to a dance with her girl friends. Her father takes her and goes for her, although she has had invitations from boys who wanted to date her, but she doesn't seem to care about boys in that way. I have felt that if I kept my children at home and content to stay there that I could take care of them better than in any other way, but my neighbors criticize me very severely and say that I should not let any boys come to the house, or permit the girls to go out to any place of amusement. Are they right, or am I?

A PUZZLED MOTHER

ANSWER: Turn a deaf ear to your advisers. You know a lot more about your children's tempers and temperaments than your meddling neighbors do, and are far better able to deal with them. Personally I think you have hit upon just the right line.

TAKING RIGHT COURSE

Because you have let your girls play with boys all of their lives, you have taken the only way of saving them from the boy-crazy period that most girls go through and during which they are capable of committing any folly.

Familiarity with boys from their infancy up has robbed them of all romantic glamour. The lads they are not allowed to speak to nor go with are forbidden fruit to other girls; to yours they are just Johnny Jones and Tommy Smith, about whom they have no sentimental illusions.

Furthermore, you show your wisdom in making your home a gathering place for your children's friends. That way you know where they are and what they are doing. You have a chance to get acquainted with the crowd they run with and see if they are the right sort.

DEAR MISS DIX: People often wonder why men who know themselves to be philanderers and that they never could settle down to loving just one woman, ever marry. I will tell you why. It is because they cannot help themselves. Women drag them to the altar where they would never go of their own accord. A real honest-to-goodness philander does not want to marry and he only does it after some woman puts him in a position that forces his hand. My advice to girls is not to "get your man." Let him get you. If this recipe were followed, marriages would drop off 50 per cent, but it would save 50 per cent of the present unhappy marriages.

A HILANDERER

ANSWER: These are words of wisdom which women would do well to lay to heart, because it is undoubtedly true that in their eagerness to catch husbands women do not consider sufficiently the temper and temperament of the men they are marrying nor whether they are good domestic material or not. Nor apparently do they note whether the bridegrooms are dragging them to the altar or they are coercing them to it.

Unfortunately, women have many artless beliefs about men that experience does not justify. One is that no matter how indifferent a man is about getting married nor how often he puts off his wedding, that he will be perfectly crazy about being married as soon as the ceremony is said over him. Another is that marriage is a sure cure for fickleness and that the man who roamed from flower to flower and chased every petticoat that came his way will settle down into being a one-woman man as soon as he is married. And another faith in which women are strong is that the man who has been a lukewarm lover will turn into a devoted husband and that a wife can always win her husband's love by being in love with him herself and by being patient and kind and a good cook.

If these theories worked out, it would be all right to get your man by hook or crook. But, alas, marriage seldom comes up to a woman's expectations. Never to her pipe dreams. The man who doesn't go into marriage under a full head of enthusiasm just peters out into indifference and even dislike when he collides with all the bills and ills of domesticity. The man with a wandering foot still roams, and the man who falls in love with his wife after marriage is still a figure in romantic fiction.

So, ladies, take a philanderer's advice and marry the man who wants you. Men are always better satisfied with a thing they picked out themselves.

DEAR MISS DIX: We have in our family one child, a 6-year-old daughter. My wife and I are of different religious beliefs and the question has arisen as to what church the child is to be reared in. This question is an old one, but I have never heard of a sane solution. Can you give one?

CURIOUS

ANSWER: The only sensible and honest solution is for a man and woman to settle this question before marriage and then abide by the agreement they made. As you didn't do this, why not just teach the child the religion of the Bible, which isn't cumbered by man-made creeds, and let her decide for herself, when she is a little older, which church she prefers?

DOROTHY DIX cannot reply personally to readers, but will answer problems of general interest through her column.

Cook's Corner

PLAIN DOUGHNUTS

Two and one half teaspoons butter, 1 cup sugar, 3 eggs, 3½ cups bread flour, 4 teaspoons baking flour. Mix together. Half teaspoon nutmeg, 1 teaspoon salt, ½ teaspoon cinnamon, 1 cup milk. Cream together butter and one half sugar. Beat remaining sugar with eggs until very light and combine mixture. Sift together 3 cups bread flour, baking powder, salt and spices and add to first mixture alternately with milk, add enough flour to roll out to ¼ inch thickness, cut and fry in hot fat 375 degrees F., to a light brown. They should come to the top quickly. Turn once only. Drain on brown paper and roll in sugar.

Novelty Doll

Even dolls have taken to square dancing as you can see by this gaily costumed toy. Her blonde, blue-eyed beauty is enhanced by a sheer white blouse and red printed skirt, both trimmed with ruffles and rick-rack. Her pigtailed coiffure is of yellow wool. The low-heeled slippers, of course, are a necessary part of a barn dancer's equipment. A direction leaflet for making the SQUARE DANCE DOLL, Leaflet No. E-2810, is available to you if you will write to the Needlework Dept. of this paper requesting it and enclosing a stamped, self-addressed envelope.

Strange But True

By F. H. MacArthur

Ever hear of that curious insect the Antlion? It is remarkable on account of the ingenuous method by which it catches its food. The antlion digs a funnel-shaped hole in dry fine sand and makes the sides smooth and sloping. Then it buries itself in the bottom of the hole with only its jaws visible, when some luckless ant or other small insect stumbles over the edge of the edge of the hole and rolls down the slope, to be seized and eaten. When the juice has been sucked from the victim's body, the antlion repairs the damaged side of its trap and is all ready for another insect. Should its prey try to escape, the antlion gets busy and covers its prey with sand. . . . There's a curious fish called the poper sailor. It has often been celebrated in poetry. The poper sailor actually sails on the surface of the water, using its two extending arms as sails and its other two arms as oars. . . . Cogot, the name given to a race of deformed dwarfs among peasants of the Pyranees, were curious little folk who were shunned and set apart by their fellow-men. The priests handed them the wafer at the end of a stick. The most menial jobs fell to their lot, but they were permitted to be carpenters and rope-makers. . . . Another odd creature is the Copybara, a species of rodent; sometimes called a water hog. It attains the length of 3 ft; it has a large head; heavy-set body with short, brown hair, and short legs with long feet. It has no tail. This curious creature is found in Brazil. . . . That catgut on your fiddle is not made from the intestines of cats as many suppose, but from those of a horse, mule and ass. Catgut comes from Italy and France. The best strings are made in Milan and Naples.

* * * *

One of the Bahama Islands is called Cat Island. It is 46 m. long and 2 m. wide. It was long thought that it was the Gunanahani, where Columbus first set foot on the New World. . . . Checkers is a very old game, having been played in Europe as early as the 16th century. . . . The warm dry wind that blows over the Rocky Mountains and called Chinook Winds, derives its name from the Chinook Indians, as the first settler believed that it came from the territory occupied by them. . . . Near Blarney Castle, Ireland, is a famous stone called the Blarney Stone. The stone is said to confer on those who kiss it a peculiar kind of persuasive eloquence termed "blarney" alleged to be characteristic of the natives of Erin. . . . A unique fish that can inflate itself, float back down in the surface of the water and thus escape pursuit, is called the Balloon-fish. This natural curiosity is found only in tropical waters. . . . Native of South America is the wonderful mammal known as the Armadillo. It has no teeth and its body is covered with a hard, bony, shell, divided into belts, composed of small separate plates like those of a coat of mail, flexible at the shoulders and other joints.

Better English

By D. C. Williams

1. What is wrong with this sentence? "He succeeded in evading arrest by avoiding the police."
2. What is the correct pronunciation of "via"?
3. Which one of these words is misspelled? Alignment, alienation, alurement, alimentary.
4. What does the word "bibliopole" mean?
5. What is a word beginning with ine that means "incapable of being avoided; bound to happen"?

ANSWERS

1. Say, "He succeeded in avoiding arrest by evading the police."' 2. Pronounce vi-a, i as in vine; and not vee-a, so often heard. 3. Allurement. 4. One who sells books, especially rare or curious books. 5. Inevitable.

Modern Etiquette

By Roberta Lee

Q. Is it good manners for a girl to ask her escort for a cigarette?

A. Yes, this is quite all right. An attentive escort should, of course, make such a request unnecessary, but should he be forgetful enough, it is perfectly proper for the girl to make the request.

Q. When invited to a friend's home for a week-end visit, is it all right for a guest to take his dog along?

A. Most certainly not, unless, of course, the dog has also been invited.

Q. At a widow's second marriage, her first husband being deceased, should she invite the family of her first husband?

A. Yes indeed, if the relationship has always been pleasant. And furthermore, these people should make every effort to attend.

BURIED LONG TIME

The first dinosaur teeth ever found were discovered in 1822 in Surrey, England.

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That Loosen

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Morning Smile

Next, Please!

A club of eccentric young men had for one of their rules that on Tuesday evenings any man who asked in the clubroom a question which he was unable to answer himself should pay a fine of ten shillings. One evening Tomkinson asked: "Why doesn't a ground squirrel leave any dirt round the top of his hole when he digs it?"

After some deliberation he was called upon to answer his own question. "That's easy," he said. "The squirrel starts at the bottom and digs up."

"All very nice," suggested a member, "but how does it get to the bottom?"

"That's your question," answered Tomkinson.

NORTH MILTON INSTITUTE

The October meeting of North Milton Institute was held at the home of Mrs. Erle Coles on the evening of Oct. 5. The vice-president, Mrs. Alton Rodd opened the meeting in the usual way. Minutes were read and adopted and 15 members answered roll call. Sick and school committees had no report. The music committee reported that more instruments were being purchased for the Rhythm Band and it was moved, seconded and carried that bill for same be paid.

Contributions amounting to $22 were handed in for the Cancer campaign, and members are asked to bring donations to Protestant Orphanage to next meeting.

A letter from Mrs. Foley regarding Folk Dancing led to some discussion but nothing definite was decided.

The November meeting is to be held at the home of Miss Elsie Hooper when lunch committee will be Mrs. Lindsay Coles, Mrs. Verner Coles and Miss Verna Coles. One subscription to Institute News was received.

A food parcel for the English Institute was packed and after the serving of lunch by hostess and committee, meeting adjourned.

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