

Covers Prince Edward Island Like The Dew
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ions fall far below this average and, in fact, live in a state of semi-starvation.

Since India attained independence, it has carried through a series of five-year plans designed to raise living standards by developing modern industry. But the gains made by these means have been largely cancelled out by population increase; since 1947, the population has risen by at least 160 million. In recent months the situation has deteriorated, partly because of crop failures, and actual famine is now a threat.

Since the beginning of the Colombo Plan, Canada has given India more than \$78 million in wheat, \$83 million in metals and fertilizers, \$21 million in locomotives, and has trained in Canada more than 1,000 Indian students. Canada was responsible for the \$22 million Kundah hydroelectric project in Madras and allocated \$2.45 million to the expansion of the Umtru hydroelectric project. Canada has just launched the initial stage of a \$25 million hydroelectric power project at Idikkai.

In the current year, in addition to the above mentioned food grants, we have pledged \$30 million in special development loans and \$12.5 in long-term credit financing to India under the Exports Credit Insurance Act. Also Canada is continuing a \$9.5 million geological survey and is supplying \$4.15 million worth of industrial commodities and approximately \$6 million worth of fertilizers and fertilizer components.

Awkward Choices

According to an Ottawa correspondent in the Toronto Telegram, if the Pearson minority government is defeated in the next few months and seeks dissolution of Parliament, Canada would be faced with a constitutional hassle every bit as spectacular as the Byng affair of 1926.

Ordinarily, Dr. Forsey concedes, the Governor General acts on the advice of his Prime Minister, but he does have the right to refuse dissolution. "We are now looking at a classic situation where it would fly in the face of all common sense to have another election," he says.

Other constitutional experts closer to the government disagree with this contention. Mr. Diefenbaker, they point out, would need an alliance with three splinter parties and it would be difficult for the Governor General to conclude that an alternative government was possible.

However, most opposition spokesmen don't see it this way. They think that Prime Minister Pearson is bluffing when he threatens an election if he is defeated and add that he wouldn't dare throw the country into such confusion.

News that Canada has authorized the shipment of an additional \$15 million in foodstuffs to India points up the gravity of the situation facing our Commonwealth partner in averting famine on a disastrous scale.

There is no question as to the need for such aid, or of the desire of Canadians to discharge their humanitarian obligation in this regard. With close to 500 million people crowded into an area less than one-third that of Canada, India is perhaps the most overcrowded and impoverished land on the globe.

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MOMENT OF TRUTH

OTTAWA REPORT By Patrick Nicholson

Busy As Beavers And Well Heeled Too

Many farmers and business men are unhappy about the many forms they have to complete and the records they must keep for governments. Business men now find that their payroll departments must perform a substantial and unnecessary large amount of bookkeeping in connection with the Canada Pension Plan.

Today it is the turn of newspaper publishers to wonder how far governments and their agencies can trespass upon their overworked working day. They have been sent a questionnaire by the Royal Commission on Bilingualism and Biculturalism, which contains 129 questions and carries the appeal "Please do not leave any question without answering."

The answers might range from one word to a minor essay. Such questions as "Does your paper have on its staff any reporters who could be said to specialize in reporting Canadian ethnic groups not of British or French origin?" call for a simple yes or no.

True, they aren't the colorful birds of midsummer, though the sight of a cardinal against a snowy landscape is spectacular. For the most part they are as gray and brown as the road-side or the winter woodlands. The goldfinch has shed his vivid yellow coat. The orioles are gone, and the indigo buntings, the tanagers and the redstarts. But the jays look twice as blue, and when a flock of evening grosbeaks arrives like a company of

pirates their Joseph's coats are almost ostentatious. And they aren't really singers. There is no sunrise chorus, and even at midday they do little more than twitter or scold. They haven't time to sing, even if they had the impulse or the talent: brief daylight is barely sufficient for them to stoke their inner fires to withstand the long, cold nights.

But there they are, day after day, lively reassurance that life outlasts all winters. The twitter of a chickadee, a flurry of juncos defying the wind, the industry of a downy woodpecker at the suet won't warm the day, but they do warm the human heart.

The Dooryard Birds

New York Times

Cigaret Contradiction

Milwaukee Journal

It does seem odd that the United States government, which now warns its own citizens of the apparently ill effects of cigarette smoking, simultaneously is spending thousands of dollars to encourage more foreigners to smoke.

Just two years ago, the report of a committee of distinguished American scientists concluded that "cigaret smoking is a health hazard of sufficient importance in the United States to warrant appropriate remedial action." As a result, federal law requires all cigarette packages to bear the warning: "Caution: Cigaret Smoking May Be Hazardous to Your Health."

Anti-Dog Spray

Ottawa Journal

Rural postmen in several districts of West Germany have been armed with spray cans in the traditional war with snarling dogs.

A steady drop in the number of bitten postmen has been reported thanks to the mineral oil and cayenne powder mixture which, if aimed at a dog's mouth, will take away both its bite and bark long enough for the mail to get through, at least.

Our Yesterdays

(From The Guardian Files)

TWENTY-FIVE YEARS AGO (February 1, 1941)

Yesterday Joe Louis successfully defended his world heavyweight title by knocking out Clarence (Red) Burman of Baltimore in two minutes, 49 seconds, of the fifth round in Madison Square Garden. It was the champion's 13th title bout.

They Want To Stay

Fort William Times Journal

What do you do with a stubborn duck who refuses to fly south? Federal and Albertan biologists have one plan in operation.

Radio Operator

Telephone Wireman

Vehicle Driver

Clerk Storeman

Radio Equipment Technician

Enquire at Signals Orderly Room

QUEEN CHARLOTTE ARMOURIES

Monday or Thursday, 7:30 - 9:00 p.m.

H. R. HENNESSEY, Lt.-Col. Commanding Officer 5 Signal Regiment

Arthritis Exercise

By Dr. Theodore R. Van Dellen

A woman writes: "Have you heard about the use of brick lifting as an aid in rheumatoid arthritis? My sister's friend told her this remedy was beneficial. It consists of having one brick tied to the foot. The person is sitting and lifts the leg to a straight position a number of times. Other bricks are added, one at a time, until the person is lifting the five bricks. This process is supposed to break down calcium deposits and alleviate the cause of the disease. Do you have any knowledge of this procedure, and could it cause further damage?"

Yes, Exercise is helpful in the treatment of arthritis provided it does not aggravate the distress. It is most important in the prevention and correction of deformities. In addition, it strengthens the muscles so that the joints will be held in a good position. It does not break down calcium deposits.

Bricks are heavy and cumbersome. Sandbags (or salt bags) are better. As an alternative, ask someone to hold back the feet while the arthritic attempts to raise the extremities. Most physiotherapy departments have weights and pulleys for this purpose. These resistive exercises should be done twice a day. They are best done by sitting on the edge of bed with the legs dangling. Slowly raise the feet to straighten the leg and then reverse the process.

Passive exercises are done with the assistance of someone else. The individual may be unable to straighten or bend the knee but can do so with help. Pain during the maneuvers is not significant but when it persists for hours the amount of exercise should be decreased, but not stopped.

Many persons exercise following the application of heat because the joints and muscles are more relaxed at this time.

INFLAMED VESSELS

T. R. E. writes: Could a person develop blood poisoning without an open wound?

REPLY: Yes, and most bona fide cases of blood poisoning stem from tonsillitis, a strep sore throat, or abscess of a tooth and other structure. The red streaks that appear on an arm or leg after a wound indicate spread of infection through the lymphatic passageways and represent lymphangitis rather than blood poisoning. When lymphangitis is not treated, however, the infection may reach the bloodstream eventually.

SALIVA OVERPRODUCTION

Mrs. A.E. writes: When I am pregnant I have a saliva problem. My mouth is continually filled with water. Why does this happen?

REPLY: Pregnancy is one of the conditions associated with excess salivation. There are many other causes, as described in our leaflet.

WHAT'S LEFT

S.S. writes: What is residual disease?

REPLY: This is what is left after the original condition subsides. For example, after an attack of pneumonia, the lung may not heal completely or fluid may develop in the pleural space—as residual disease.

LIGHTNING AND CATARACT

G. H. writes: Could lightning cause cataracts? I read recently that this could happen.

REPLY: Yes, a shock of high voltage electricity including lightning will cloud the lens. Cataracts may form a few days to two years after exposure.

TODAY'S HEALTH HINT

When you sneeze, take cover behind a tissue. (NOTE: All correspondence to Dr. Van Dellen should be addressed to: Dr. Theodore Van Dellen, c/o Chicago Tribune, Chicago, Illinois.)

OBJECT TO ARTICLE

LANCASTER, England (Reuters)—A message by Princess Alexandra is being withheld from a university student magazine because the same issue contains an article entitled How to Succeed in Seduction, it was learned Friday. The princess, first cousin of the Queen, wrote a goodwill message for Lancaster University's charity week magazine. She is the chancellor of the university. Vice-Chancellor Charles Carter withdrew her message.

NOTES BY THE WAY

Faith, it is said, is the foundation for three of our great American institutions—democracy, marriage and hash. —Columbus Journal-Republican.

A hockey fan has been accused of biting a police officer. The way the rules are these days, he might have got away with it if he'd been a player instead of a fan. —Hamilton-Spectator.

The federal Department of Agriculture has simplified the Canadian farmer's lot by issuing a booklet listing all the English names and nicknames, as well as the Latin name, of common weeds. We may not be able to do much to help control the weed, but the department is presumably thinking, but at least we'll fix it so you can curse them by their proper names. —Windsor Star.

While a young mother was bathing her baby, a neighbor's little girl came in and watched the process. The child was holding a doll minus an arm and leg and much knocked about generally. "How long have you had your baby?" she asked the mother. "Three months." "My, but you've kept her nice!" exclaimed the little girl. —Montreal Star.

At Last, A Champion

Toronto Daily Star

At last, motherhood has a champion in Parliament. Freshman MP Grace MacInnis (NDP, Vancouver-Kingsway) told the government last week to quit paying lip service to motherhood and consider "providing suitable and adequate wages" for those who pursue that noble "career."

"getting out" every working day. In fixing a fair wage, of course, something should be done about the hours demanded of fulltime motherhood. A 40-hour week would be appropriate—with weekends off, of course. Then mothers could occasionally take a nap, have coffee with other mothers, get in a bit of bowling, curling, shopping or see a movie—all the things they can't do now.

With this lead, Parliament should set up a committee to decide how mothers should be compensated. Members, all of whom doubtless had mothers, should realize that raising a flock of children and providing them with love and a happy home should have some payoff. The fact that fathers spend most of their lives putting food on the table, clothing on the back and a roof overhead, should not cloud the issue. After all, fathers have most of the fun by

Members of Parliament included should stand up and declare himself solidly in favor of "motherhood. Perhaps a bit of "lip service" on the check would help in individual cases. It isn't much, but it will have to do until that happy day when we can all say: "Get on with the job, Mom—what are we paying you for, anyway?"

London's Burning

Winnipeg Free Press

What are they trying to do to Britain's image and the status symbols of the very best type of American and eastern Canadian executives?

pride that at least equals that of statesmen who once went to London to save their princes, that they have been to Savile Row "to buy a few new suits."

The Savile Row area, for a very long time, the home of the world's best tailors and tailoring, is being redeveloped. The tailors are being moved. Most of them never were on Savile Row; they were in the area, generally on Sackville Street.

The danger now is that if the Savile Row redevelopment removes the tailors from this famous site, men of consequence may soon be asking: London? Where is London? While the world's best dressed men can say they are dressed on Savile Row, there'll always be an England.

According to The Times of London there were 72 tailors of the bespoke sort on Sackville street 10 years ago. There are only ten today and they are raising Cain. Their leader (one does not think of tailors having a leader) has been to New York with a petition. It has been signed by all the people who ever had a suit made by Savile Row and are still able to hold a pen.

The best proof of this is in the threat of one tailor (one does not associate tailors with threats of action) to move to Rome, if the British government does not need them.

Save Rome from the tailors? Save Rhodesia by all means. Mr. Wilson, sir. But London must come first. Save Savile Row.

Once it was: "I've been to London to see the Queen." Soon it may be: "I've been to Rome to see my English tailor." Save Rhodesia by all means. Mr. Wilson, sir. But London must come first. Save Savile Row.

Save Savile Row graduates—cut us, tomers—from all over the world are being canvassed and are making their views known to the board of trade. With the export trade in an unsatisfactory state of balance, the board should listen. But there are weightier grounds for listening than a mere question of dollars and cents.

One by one Britain has been stripped or has stripped herself of her former glories. She has little left now but Big Ben, the Greenwich time signal, Douglas Home and the little tailor of Savile Row. Men no longer say they have been to London to borrow millions or to ensure the safety of middle European kingdoms. But they do say, and with

TEEN-AGERS DIE IN CAR

OZARK, Ala. (AP)—Two boys and three girls, all teen-agers, were found dead in an automobile near the Ozark airport Monday. They had been missing since Saturday night. Police said a sixth teen-ager who wandered away from the car survived. During the weekend the temperature dropped to eight degrees, but whether the five died from exposure or possibly carbon monoxide poisoning was not determined.

Announce New Healing Substance...

Shrinks Piles, Checks Itch

Exclusive healing substance proves to shrink hemorrhoids... and repair damaged tissues.

A renowned research institute has found a unique healing substance with the ability to shrink hemorrhoids painlessly. It relieves itching and discomfort in minutes and speeds up healing of the injured, inflamed tissues.

many months. This was accomplished with a new healing substance (Bio-Dyne) which quickly helps heal injured cells and stimulates growth of new tissue. Bio-Dyne is offered in ointment and suppository form called Preparation H.

One hemorrhoidal case history after another reported "very striking improvement." Pain was promptly and gently relieved... actual reduction or retraction (shrinking) took place.

In addition to actually shrinking hemorrhoids, Preparation H lubricates and makes elimination less painful. It helps prevent infection which is a principal cause of hemorrhoids.

Among these case histories were a variety of hemorrhoidal conditions. Relief even occurred in cases of long standing, and most important of all, results were so thorough that this improvement was maintained over a period of

Just ask your druggist for Preparation H Suppositories or Preparation H Ointment (with a special applicator). Satisfaction guaranteed or your money refunded.

5 SIGNAL REGIMENT REQUIRES 25 MORE SELECT YOUNG MEN SPECIAL RECRUITING PROGRAM. Includes details for recruitment, contact information for H. R. HENNESSEY, Lt.-Col., and a list of required skills: Radio Operator, Telephone Wireman, Vehicle Driver, Clerk Storeman, Radio Equipment Technician.