

To My Valentine

I want my love to be a part Of all I say and do, To have each golden moment filled With happiness for you.

That Body Of Yours

FOODS AND HARDENING OF THE ARTERIES Since the life span has been lengthened by 20 years in the last 50 years, there is, naturally, an increase in diseases of middle life—heart disease, blood vessel disease (brain and heart strokes), cancer, and diabetes.

Valentine Day

(BY F. H. M.) The custom of exchanging missives and epistles on February 14th can not be laid to the good St. Valentine. He wrote no love songs. No one has accused him of casting love-dovey eyes on any Roman maiden.



Cloud-Like Wools Sparkle In Spring Fashion Parade

The most exciting fabric news of the New York fashion shows was the full-fledged trend to "light-weight" wool in every major collection, ranging from 10 ounces to an all but incredible one ounce per yard.

Feminine Shoulders

Shoulder and bodice shapings is soft and moulded—necklines from tailored bow to halter line are 100 per cent feminine. All such notes come as natural to wool fabric interpretation as flowers to spring.

How Can I!!!

By Anne Ashley Q. How can I steam velvet? A. An excellent way to perform this task is to turn an iron upside down, place a wet cloth over it, and hold the velvet over the steam that rises.

The Stars Say --

By Genevieve Kemble For Tomorrow A RATHER crucial point may come up for decision. Plans and objectives of more than passing interest come to a crisis, calling for enterprise, initiative and the sound basis of well thought-out plans.

If It Is Your Birthday

Those whose birthday it is, may mend or mar their fortunes or ventures by the measure of the wisdom, good judgment and commonsense of the efforts, enterprises and investments.

How Can I!!!

Q. How can I clean alabaster? A. Remove any stains by sponging with a flannel moistened with spirits of turpentine. Wash with tepid suds of white soap and wipe dry. Polish with a soft dry brush dipped in plaster of Paris.

Morning Smile

Great Risks Father: "How do I know you are not marrying my daughter for my money?" Sutor: "Well, we're both taking a risk. How do I know you won't go bankrupt in a year or so?"

Household Scrapbook

By Roberta Lee Biscuits Work at mealtime will be lessened if the dough for biscuits is mixed several hours in advance. Wrap in waxed paper and place in the refrigerator. When removing, allow sufficient time so that the dough will be soft enough to roll.

Cook's Corner

HOMEMADE PANCAKES 3 cups soft flour, 1 teaspoon baking soda, 1 teaspoon salt, buttermilk. Method: Sift dry ingredients together. Add enough buttermilk to make a medium thick batter.

Cook's Corner

OATMEAL SHORTBREAD COOKIES Half cup butter, 1/2 cup shortening, 1 cup brown sugar, 1/2 teaspoon vanilla, 1 teaspoon baking soda dissolved in 1 tablespoon hot water, 2 cups flour, 1/2 teaspoon salt, 1/2 cup chopped walnuts, raisins or cocoanut. Method: Pre-heat oven to 300 degrees.

Change Cream To Suit Skin

Sometime in their teens, most women classify their complexion. Having decided their skin is dry—or oily, or the case may be—like or sticky to it from then on without giving much thought to the matter.

ELLEN'S DIARY

Though we did not suspect it at the time, it appears now that a nice incident in our day had its beginning at our own table this morning, because looking back through past hours we find the pieces have fitted together nicely.

DOROTHY DIX SAYS—

Backward Beau Man Who Puts Off Marriage Seven Years Lacks Serious Intentions DEAR MISS DIX: Do you think it fair for a man to keep the girl he loves waiting for seven years and then have nothing definite in mind regarding marriage?

FAMILIARITY CAN KILL LOVE

It is a hard thing, to keep the love light burning for seven years. Women sometimes do, but men rarely accomplish the feat and it is doubtful if anything but a sense of duty causes many men to fulfill a marriage engagement that has lasted that long.

DEAR MISS DIX: I have a sister, 34 years old; a good-looking woman, has a good job, dresses well, has a car and a bank account.

ANSWER: Not unless she feels a call to martyrdom. There are no people more antagonistic to each other or who get more on each other's nerves than the orderly and the disorderly.

DEAR DOROTHY DIX: I have undoubtedly the most thoughtful, generous, sweet, adorable sweetheart on earth.

ANSWER: One thing your sweetheart must lack, and that is brains, if he still wants to marry a girl who is silly enough to make herself miserable because he isn't always telling her he loves her when he proves it in every possible way.

Better English

By D. C. Williams 1. What is wrong with this sentence? "I do not know as I can come, but my brother will fix your clock."

Modern Etiquette

By Roberta Lee Q. If the bride-to-be at a shower gives her thanks to each guest personally as she opens her gift, is it also necessary for her to write thank you notes later to these people?

CHEER UP, GIRLS

Age is no matter. You can be ravishing at 20, charming at 40, and irresistible the rest of your life.

Crochet Trim For A Towel Set

REPLACED BRUSH The steel pen nib was introduced in London in 1803 and was being manufactured a few years later.

Take a HOT MUSTARD BATH

Dissolve 2 or 3 tablespoonsful of mustard in a little cold water and pour it into your hot bath. After the bath... a brisk rub-down... then off to bed for a good night's sleep.

ANSWERS

1. Easy. "I do not know that I can come, but my brother will fix your clock." 2. Pronounce a-g-u, as in ate, u as in use, accent first syllable.

-Needlecraft-

FOR THE HOME SIMPLE ADDITION This quickly-made cotton button across both shoulders, all the better for cutting down on your ironing time! Nice skirt lines, too—they flare just enough for ease in action.



FIGHT COLDS THIS EASY WAY Take a HOT MUSTARD BATH



Colman's MUSTARD

2281 5225 13 48

Advertisement for Lux Toilet Soap featuring a woman's face and a box of soap. Text includes: "Be Lux Lovely!" says Joan Fontaine. "First I smooth on Lux Soap's rich lather, work it well into my skin..."

9 out of 10 Screen Stars Use Lux Toilet Soap