

Seven Days A Week

(By Anne Shannon)

1. Monday: "What is so rare as a day in June?" says the poet. Not too many things, we realize, can come up to a warm sunny day in June. We look around and see every corner of the earth bursting with new life. The ground is full of seeds of all sorts, every bare limb and branch is coated with green finery and an orchestra of birds greets us at dawn. There seems to be an endless variety of things to do and see these days. Just yesterday we watched an interesting drama in the bird world.

I was standing at the window watching my line of clothes flapping gently in the breeze, when suddenly a motherly-looking black bird lit on the line pole. She cocked a beady eye towards the windows to see if the coast was clear. Then she looked along the line of clothes. I wondered what was in her mind, and soon I found out—several pieces of old woollens were drying—reading them to send to the woollen mills in the future, and presently Mrs. Blackbird hopped along the line and caught a stray bit of red yarn in her bill. She must have been disappointed to find she had to work to get it. She gave the yarn a few impatient tugs and it started to unravel. Up she flew to the big old juniper trailing a long string of red yarn. By now Mavis was enjoying the scene immensely. "Look Mom," she said, "Old Mrs. Blackbird is putting up a clothes line of her own!"

Continued on page 7

That Body Of Yours

By James W. Barton, M.D.

IMPORTANCE OF THE FEET

I write often about the importance of the feet to health, to life itself, as it is an actual fact that most of us earn as much by our feet as by our head. Also sore feet not only interfere with our earning capacity but can interfere with our everyday happiness. I have written before of a President of the United States who suffered so much with his feet that at times he departed greatly from his usual courteous behavior.

Unfortunately, physicians did not pay much attention to their study of the feet as students, and today as general physicians they are not much interested.

In the Bulletin, Vancouver Medical Association

Continued on page 7

Modern Etiquette

By Roberta Leo

Q. Must a high school or college graduate write thank-you notes for every present received?

A. Yes, and these must be personally written. Don't use the engraved or printed thank-you cards. Write them as soon as possible after receipt of the gifts. A prompt acknowledgement rings truer than a tardy one. Mention the present by name, and, if possible, tell how you are going to use it.

Q. When cake is served and no fork is provided, how should one eat it?

A. Break it into individual pieces, much as you would a slice of bread or a bun, and convey it to the mouth with the fingers.

Q. Whose privilege is it to decide upon the outfits to be worn by the bridesmaids at a wedding?

A. This is the privilege of the bride, but it is considerate for her to consult her bridesmaids in the matter.

Anne Adams Patterns



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Engagement



Mr. and Mrs. John Miller, Murray River, P. E. I., wish to announce the engagement of their youngest daughter Florrie Amelia to Okley Cameron, youngest son of Mr. and Mrs. Richard Llewellyn, Albion, P. E. I. Marriage to take place the latter part of July.

Cook's Corner

ASPARAGUS SUPPER CASSEROLE

Cook about 3 cups cut up asparagus in very little water for about 6 minutes. Drain. Make a milk and ¼ lb. process cheese in cheese sauce, by heating 1½ cups top of double boiler; melt 3 tablespoons butter, stir in 3 tablespoons flour, and when blended stir the hot milk and cheese into it until thick. Add salt and pepper to taste. Place alternate layers of cooked asparagus, cheese sauce and chopped toasted blanched almonds in a casserole, finishing with sauce and almonds. Bake 20 minutes at 350 deg. Fahr. or until bubbling and top is tinged with gold.

Better English

By D. C. Williams

1. What is wrong with this sentence: "Let us consider it from this standpoint: then we shall know where to start from?"
2. What is the correct pronunciation of "finis"?
3. Which one of these words is misspelled? Stomach, mustach, spinach, catarrh.
4. What does the word "docile" mean?
5. What is a word beginning with fr that means "economical"?

ANSWERS

1. Say, "Let us consider it from this point of view," and omit the final "from." 2. Pronounce first i as in fine, not as in fin. 3. Mustache; also moustache. 4. Disposed to be taught; tractable. "A docile disposition makes one's life much easier." 5. Frugal.

How Can I!!!

By Anne Ashley

Q. How can I test drinking water?

A. By filling a clean pint bottle three-fourths full of the water and adding a half-teaspoon of pure, granulated sugar. Cork tightly, and keep two days in a warm place. If the water then looks cloudy or milky, it is unfit to drink without boiling.

Q. How can I safely clean oil paintings?

A. Use warm soapsuds. Wash only a small section of the canvas at a time, and wipe it dry. When the entire surface is clean, go over it with a cloth dipped in linseed oil to prevent cracking.

Q. How can I relieve pain of insect bites?

A. Apply ammonia water, and later on bathe with cloths that have been soaked in cold water.

Household Scrapbook

By Roberta Leo

Mirrors

Wash and polish the mirrors and picture glasses with chamois skin that has been squeezed out of clear water. Polish with a dry chamois.

Whipped Cream Substitute

Add a sliced banana to the white of an egg and beat it. The banana will dissolve and be a delicious substitute for whipped cream.



The Stars Say --

By Genevieve Kemble

For Tomorrow

YOU may be inclined this day to indulge in extravagance, to leap at anything that looks like a bargain, but it would be well to restrain the impulse. The stars emphasize caution in money matters during this period, since there is a possibility of unforeseen monetary outlay in the near future and impractically now might result in embarrassment at that time. Toward the end of the month you will be able to indulge in little luxuries with more financial safety.

This is an excellent day, however, in which to plan for a trip—especially one you might be able to arrange after July 1. This month is not particularly auspicious for journeys of any distance. Domestic affairs are in the aspect.

For the Birthday

If tomorrow is your birthday, the year ahead should yield many unexpected surprises, especially where work and opportunity for travel are concerned. There is a possibility of a radical career change and opportunities offered, if grasped intelligently and co-operatively, could yield substantial rewards.

During July there is a strong likelihood of a reduction in expenses which, with a corresponding possibility of an unexpected financial "windfall," should find you more prosperous than you have been in some time. Family and social affairs should prosper and the aspects for travel in the Fall are excellent.

A child born on this day will be creative, sensitive and highly imaginative.

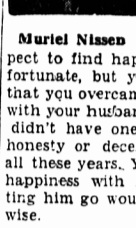
The administration of justice in person was one of the functions of early English kings.

DOROTHY DIX'S COLUMN-

Long-Suffering Wife

Erring Husband Has Continued Philandering For 24 Years

DEAR MISS DIX: I was married at 19, and two years later my husband began going out with other women. I became a nervous wreck, and finally began drinking. I know it's a poor excuse, and it cost me my happiness. My husband continued to have affairs with others, sometimes leaving me, then begging to be taken back, which I always did. I have long since given up drinking, but he hasn't given up his pursuits. Now, he says he is so much in love with a girl that he wants to divorce me. I love him so much I can't bear to give him up. What shall I do? I am 45, but look much younger, and in spite of everything have always managed to keep my appearance. We have four children, two married, two single.



LET THIS PHILANDERER GO
ANSWER: You have put up with an unfaithful husband for twenty-four years, yet you still expect to find happiness with him! Your own lapse from grace was unfortunate, but you can be thankful that it was of short duration, and that you overcame the weakness. It's doubtful if this had anything to do with your husband's continued infidelities. He might blame you, but if he didn't have an excuse, he'd find another. He is incapable of loyalty, honesty or decency—a fact that must surely be evident to you after all these years. You can probably keep him by refusing the divorce, but happiness with him won't come until he ends his philandering. Letting him go would bring peace of mind, which you'll never have otherwise.

DEAR MISS DIX: I am 16 and in my last year of high school. In the past year I have been going to a church other than that in which I was raised, and would like to join it. My mother, however, objects. Do you think I would be right in going ahead anyway?

ANSWER: It would be best for the present if you continued attending your family's church. You are too young to make so serious a decision. By the time you are 18, if you still hold the same opinion, discuss the matter again with your mother, and also seek the advice of your present clergyman, and one attached to the church you favor.

DEAR MISS DIX: Though I'm 18, my father persists in punishment.

Continued on page 7

Alice Brooks Designs

SUMMER CROCHET

JIFFY MEDALLIONS! You can easily crochet one or more a day! In no time you'll have your long-desired cloth or bedspread! TWO balls No. 30 cotton for a scarf. Budget a few medallions a week for larger articles. Pattern 7055; crochet directions. Send Twenty-five Cents in coins for this pattern (stamps cannot be accepted) to ALICE BROOKS Designs, c/o The Guardian, 60 Front Street West, Toronto, Ontario. Please print plainly Name, Address and Pattern Number.

Morning Smile

The Nerve

While they were exchanging confidences over coffee the fair-haired girl asked: "What did Horace say when you told him you would be a sister to him?"

"You'd hardly believe it!" replied her companion: "He's actually had the nerve to ask me to lend him five dollars so that he could take another girl to the pictures."

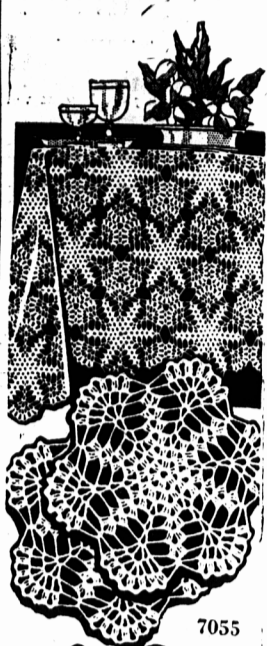
Poor Substitute

Johnnie, aged four, appeared at his father's study door clapping in his hands a forlorn-looking chick which had strayed from a neighbor's brooder.

"John," said his father, sternly, "take that chicken back to its mother."

"It hasn't got a mother," answered John.

"Well, take it back to its father," said the boy's parent, determined



by Alice Brooks

to maintain authority. "It hasn't got a father, either," said Johnnie. "It hasn't got anything but an old lamp."

King Edward VI was only nine when he succeeded his father, Henry VIII in 1547.

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