

Why Be "Skinny"

When It's so EASY to Build Flesh This New Way

Do you need more flesh? Are you pale, lacking in energy—or is your complexion pitted with humiliating pimples, blackheads, or boils? If so, simply go to your druggist and get a package of IRONIZED YEAST tablets. Take these remarkably effective tablets—two with each meal. Then watch the results! Very likely you will be actually astonished at the improvement shown in you even after the first 48 hours. For IRONIZED YEAST embodies a remarkable new scientific process—a process which enables yeast to bring its splendid results often in just half the usual time.



The New Process
While yeast alone is good, tests show that it needs some other agent in order to quickly convert its wonderful health-building elements into firm tissue, strong cheeks and sparkling vitality. Everyone knows that iron is of great value in converting our food into living cells and tissue. So working on this problem, our scientists finally discovered the wonderful process of ironization—the process through which the combination of yeast and iron becomes 100% efficient.

Do not think, however, that any combination of yeast and iron will do this. The best and quickest results only when it is treated through the scientific process of ironization. And this process is embodied only in IRONIZED YEAST, the one scientifically correct yeast treatment.

Money Back Guarantee
Get IRONIZED YEAST from your druggist today. Satisfactory results from first package or money refunded. No charge for return postage.

While IRONIZED YEAST is sold at all dealers on our Satisfaction Guaranteed basis, those who wish may try it absolutely FREE. Simply mail the coupon. It will bring you the famous Three Day Trial Treatment. Watch the results!

IRONIZED YEAST Tablets
THE ONLY YEAST THAT IS GENUINELY IRONIZED
Sole Agents: Harold F. Ritchie & Co., Ltd., Toronto

What a Difference!
The above illustrations will give you an idea of what a wonderful improvement proper weight makes in a person's figure. Read in novel how IRONIZED YEAST builds weight.

Free Trial Coupon
Harold F. Ritchie & Co., Ltd.
10 McCaul St., Toronto, Ont.
Please send me the THREE DAY FREE TRIAL TREATMENT of Ironized Yeast.

Name _____
Address _____
City _____
Prov. _____
Only One Trial Package to a Family

THE CENTRAL GUARDIAN

SHOP from Holman's Catalog.

HEAR WELLINGTON BRASS BAND at the Kensington races on Wednesday, June 21. Some players?

MANAGEMENT of the Kensington Driving Park Association are busy making extensive preparations for the biggest racing meet of the season, 1922, on Wednesday, June 21st.

THE W. T. WELLNER CO., LTD., Queen Street, sell the seamless rings, the kind without a soldered joint.

REV. D. M. McGowan wishes to acknowledge and to thank Dr. Dewar, the staff and nurses of the P. E. Hospital for the great care and attention they gave to his boy during the three weeks of his illness.

A GENEROUS OFFER—Mrs. Donald McKinnon, "Sidermont" has kindly placed her beautiful grounds and also the use of her house at the disposal of the ladies auxiliary for a garden party to be held on Wednesday, June 21st, in aid of the new Protestant Orphanage.

ICE IN BELLE ISLE—Word was received yesterday by Capt. T. G. Taylor of the Marine Department from the superintendent of the signal service that the Danish steamer Nevada passed through the Straits of Belle Isle last Saturday—the first vessel this year to pass through. The Nevada reports considerable field ice in the Straits and many bergs.

PROMOTED HERE—G. D. Geldart, formerly assistant manager of the branch office of the Fuller Brush Company, Ltd., at No. 11 Imperial Block this city, has been promoted manager of the company's branch office at Charlottetown, P. E. I. (Moncton Times.)

JUST ARRIVED—We have just received another carload Swift's Mixed Fertilizer for potatoes and turnips. Send us your orders quickly as this will be our last carload this season. A. Horne & Co.

CLOSING EXERCISES—The Halifax School for the Blind closed on Monday night last. There are several students from the Island in that institution. Doris Taylor of Little York, won a prize for spelling, second division, Guernsey Campbell of Montserrat won a certificate for same seating, mattress making, brush making and shoe repairing. Martin McEa of East Royalty won a diploma in the literary department and a certificate for brush making, cane seating and shoe repairing.

PERSONALS
Mr. Percy H. Hand of Charlottetown is a guest at the King Edward Toronto, Ont.
Mrs. Kent, of Marshfield, Mass. is visiting her sister, Mrs. P. C. Benoit of this city. Both were present at the Ordination of their brother Father William Thomas Trainor at Antigonish last Sunday.

AN INTERESTING VIOLIN—A wonderfully toned violin, believed to be a genuine Amati instrument, with a history dating back over two centuries, is the rare treasure in the possession of Wilbert Avery of New York, the boy violinist, who is here with the King's College Varsity Troupe and who delighted a large audience at the Prince Edward Theatre last night. The violin was discovered by Mr. Avery in a Chicago tenement district. It was despatched to a expert repairer in New York and came back mellow with the tone of centuries, but minus the maker's label, which had been stolen and which, despite all efforts, could not be traced. New York experts have remarked on the unusual beauty and depth of tone in this specimen of Amati or other violin.

Rev. P. J. Haslam, son of Benj. Haslam, Springfield, P. E. I., was ordained to the priesthood of the Church of England, on Sunday, June 11th, by his Lordship, the Bishop of Fredericton. Mr. Haslam is now curate of St. Mary's Church, St. John, N. B.

The many friends of Mrs. Daniel McKinnon, (nee Mary McEachern) of Canoe Cove, who underwent an operation in the P. E. Island Hospital on Tuesday will be pleased to learn that she is resting comfortably. (Patriot and Sumner papers please copy.)

BIRTHS
CROSS—At Victoria, B. C. on June 8th to Mr. and Mrs. H. C. Cross, a daughter.

MARRIAGES
WYNNE-STEEL—At St. Dunstan's Cathedral, Monday, June 12th, Miss Helen Wynne to Frank J. Steele, City.

SUTHERLAND-PUNCHER—At the residence of the bride's father, 105 Hillside St., June 14th, 1922 by Rev. G. W. P. Glendinning, John Kenneth Sutherland to Nellie Grace daughter of Mr. and Mrs. James Puncher, all of Charlottetown.

DEATHS
ROBERTS—In this city, on June 14th, 1922, Eliza Chandler, beloved wife of Donald Roberts, in her 32nd year.

LAMONT—At Boston, Mass., on 14th inst., Murdock W. Lamont, Funeral on Saturday 2 p. m. from his brother's home, Springton, to Springton Cemetery.

McGOWAN—At Prince Edward Island Hospital on June 13th, David Miller McGowan, aged 15 years and nine months, only son of D. M. McGowan, B. A., Dundas. Deeply regretted.

"THE MAN FROM DENVER", Mt. Stewart Hall tonight.

JUDGING BY THE LARGE LIST of entries for the Kensington races on Wednesday, June 21, a Red Letter Day is assured for Kensington.

FOLLOW the crowd to Mt. Stewart tonight.

START THE BRIDE on one of our new China stock patterns. The W. T. Wellner Co., Ltd., Queen Street.

DON'T MISS hearing the specialties tonight acts at Mt. Stewart Hall tonight.

B. COMPANY 105TH BATTALION—All B. Company men will parade at the Armouries North Westshore on Saturday, June 17th, between 3 and 9 p. m. to receive equipment. Any new men around should be signed on. C. H. McArthur

McGILL HONORS—Among the honorary first year students in physics, zoology and general biology announced this week at McGill University are Messrs. Neil McLeod, Summerside and L. B. McKenna, Charlottetown.

CONSTANCE ARRIVALS—Among the passengers arriving on the S. S. Constance last night were Messrs. H. Lome, Halifax; W. C. Phillips, Ottawa, Ont.; W. F. Forbes, Boston; Mr. and Mrs. O. Larsen, New Glasgow; W. F. McDonald, Sydney; Miss Earle, Charlottetown; Miss Tussie McKay, Charlottetown.

A WELCOME TREAT—A delightful concert was given at the P.E.I. Hospital yesterday afternoon by Mr. Wilbert Avery, violinist and Miss O'Brien, piano accompanist, of the King's College Varsity Troupe who are giving their second performance of their amusing comedy "Anne" at the Prince Edward Theatre this evening. The entertainment generously given by Mr. Avery and Miss O'Brien yesterday was very much appreciated by both parties and nursing staff of the hospital.

ABEGWEITS DEFEAT BEAVERS 6-1
In the third game of the seven game series between the Abegweits and Beavers, the Abegweits again came out on the long end of a 6 to 1 score.

Abegweits Defeat Beavers 6-1
The game was not as snappy as the previous one, the players being more slow to get to their positions in the field, and a number of the boys have a tendency to wait for the ball, no doubt with a little more practice they will begin to realize this and make things snappy enough to please those who are inclined to look for the best right from the start of the season.

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Abegweits Defeat Beavers 6-1
1st Beavers, Cameron out to McQuaid, outfield fly, Arsenault, out, fans.

Abegweits Defeat Beavers 6-1
Score, Abegweits 2, Beavers 0. 2nd Abegweits, Kinsman, walks, steals second and third, Garrick, struck infield grounder, and was safe at first, stealing second, in an attempt to catch Garrick at second, a bad piece of play followed, Kinsman and Garrick both getting home in overthrows. Corrigan and Dalton go down in one, two, three order, McQuaid out at first.

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2nd Beavers, Ross fans, Purcell get nice hit to centre outfield, who misjudged, stealing second and third, Currie out at first, McDonald fans.

Abegweits Defeat Beavers 6-1
Score, Abegweits 4, Beavers 0. 3rd Abegweits, Dougan free pass to first, steals second and third, McEachern, and Francis fans, Ryan get safe hit to first bringing home Dougan, Kinsman caught out, outfield fly by Ruthledge.

Abegweits Defeat Beavers 6-1
3rd Beavers, Ruthledge out, interference with ball, McQuaid, walks steals second, Cameron hits safe to first, McQuaid going to third,

FRECKLES

Don't Hide Them With a Veil; Remove Them With Othine—Double Strength

This preparation for the treatment of freckles is usually so successful in removing freckles and giving a clear, beautiful complexion that it is sold under guarantee to refund the money if it fails.

Don't hide your freckles under a veil, get an ounce of Othine and remove them. Even the first few applications should show a wonderful improvement, some of the lighter freckles vanishing entirely.

Be sure to ask the druggist for the double strength Othine, it is this that is sold on the money back guarantee.

BRIGADE INSPECTION—The inspection of the P. E. Island Heavy Brigade takes place this afternoon at the cricket field, Victoria Park, at 2.30.

CHURCH OF SCOTLAND—Rev. D. M. Lamont will preach at Stanchel on Friday, June 16th at 7.30 p. m.; on Sabbath, June 18th at Canoe Cove at 10.30 a. m.; at the People's Church, City, at 7 p. m. On Tuesday, June 20th at Nine Mile Creek at 7.30 p. m.

ON CONFIRMATION TOUR—His Lordship Bishop O'Leary, accompanied by some of the clergy of St. Dunstan's Cathedral, is making this week a Confirmation tour of the Island. Confirmation services were held on Sunday last at Tignish on Monday at Palmer Road, on Tuesday at St. Marks, Lot 7, and on Wednesday at Alberton. To day His Lordship will be at Bloomfield, tomorrow at Bray and on Saturday at Grand River and Lennox Island, returning home Saturday evening for the celebration of Corpus Christie on Sunday, when a large procession through the city will take place, with celebrations of the Most Blessed Sacrament on the steps of Notre Dame Convent.

SUPERPHOSPHATE—Owing to the continued heavy demand we have ordered another carload, which we expect will reach us Thursday, 15th inst. Send us your orders quickly so you will be sure of getting the Super, on arrival. A. Horne & Co.

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"The Haberdashery"

More Startling Values for Friday and Saturday

17 Men's Oil Coats for Friday and Saturday to clear at \$3.00.

25 Boys' Suits, last year's stock marked as high as \$10.00. Friday and Saturday \$4.00 Each

35 Men's Suits, in plain blue serge, striped blue worsted and mixed tweeds. Every Suit worth at least \$22.50. Friday and Saturday \$15.00

12 Men's Fine Quality Blue Serge Suit, wool linings, made by good makers, originally sold at \$35.00. Friday and Saturday \$22.00

15 Tweed Raincoats, all that are left from this season's selling. Originally \$25. Friday and Saturday \$12.00

150 Men's Suits, latest styles, all new this season. Friday and Saturday very special prices to clear.

Men's Merino Underwear, Penman's good quality. Friday and Saturday only 89c Per Garment

Men's Natural Cashmere Hose to clear this Hose sold at \$1.00. Friday and Saturday 50c

Fine Cotton Palm Beach Hose, good quality and good wearers. Sold at 50c. Friday and Saturday 4 pairs for \$1.00

100 Men's Silk Ties, to clear Friday and Saturday. Worth up to \$1.25 for 50c

Plain Blue and Blue and White Stripe Overalls, "Good lines", heavy quality. Friday and Saturday \$1.50 Pair

Boys Black School Hose, sizes 8 to 10 1-2 inch. Regular 60c quality. Friday and Saturday 39c Pair

5 Dozen Fine Stripe Shirts in fair quality prints. Sizes 14 to 16 1-2. Regular value at \$1.25. Friday and Saturday 85c

6 Dozen Men's Work Shirts, collars attached in blue chambray. Friday and Saturday 85c Each

Black or Brown Cotton Hose. Friday and Saturday 4 pairs for \$1.00

Come and Save Money Henderson & Cudmore 101 Grafton Street

CLASSIFIED ADVERTISEMENTS

RATES—10c per line per day, 50c per line per day for 3 days or over, 50c per line per day for 6 days or over. Count 5 words to a line. Minimum 10 words. Initial letters count an extra word. 10 per cent discount for cash. Ad dress forms part of ad, and need not be paid for. Special Rates Furnished. Send us 75c for seven weeks for one week. Situation Wanted, 50c for seven words per week.

Agents Wanted
AGENTS CANVASSERS WANTED in drugs for foot ailments, exclusive territory. Very good proposition. 30 St. Anne St., St. Hyacinthe, Que.

Lost
LOST—CIRCULAR BLACK hipbag set with pearls. Finder leave at Guardian Office and receive reward.

LOST—LIGHT BROWN COLLIE dog, with white breast and white on his neck. Finder please notify Thomas Foster, Milton.

LOST—BETWEEN JENKINS & Son., and North River Road, glasses in case. Finder leave at Guardian Office and receive reward.

Help Wanted—Female
WANTED—A MAID FOR GENERAL housework, small family, good wages, 186 Prince St.

WANTED—A MAID FOR GENERAL housework. Good wages. Apply to Mrs. J. T. Lantz, 14 Upper Prince St.

WANTED—A HOUSEKEEPER, middle aged preferred. Apply Mrs. John D. Hume, Dunstaffnage.

Wanted
WANTED—SECOND HAND BARber chair. James Skerry.

WANTED AT ONCE TWO ROOMS for light housekeeping. Apply 131 King St.

WANTED—JUNKS OF PIGS immediately. Apply Blake Bros.

For Sale
SAFE FOR SALE. APPLY EXAMINER OFFICE.
FOR SALE—FRESH CALVED COW Apply B. W. Rodd, Kingston.
FOR SALE—LADIES BICYCLE. Apply 14 Lower Prince St.
HARNESS FOR SALE—APPLY 174 Kent St.
OLD PAPERS FOR SALE—APPLY Examiner Office.
FOR SALE—COOKING STOVE Apply 89 Rochford St.
TWO TABLES FOR SALE APPLY 163 Great George St.
RUBBER TIRED DOUBLE WAGON for sale. Apply 174 Kent St.
BOOKCASE AND CUPBOARD for sale. Apply 163 Great George St.
FOR SALE—DE LAVAL SEPARATOR No. 5. For particulars apply to Millburn Dixon, Wood Islands.
FOR SALE, FOUR COWS MILKING. Guernsey and Jersey Grade. W. R. Dennis, Marshfield.
FOR SALE—FOUR MILCH COWS Ayrshire Grades, newly freshened. Apply Joseph McLeod, Darlington.

NURSES WANTED
Pupil nurses wanted at Somerset Hospital, Skowhegan, Maine. Apply to
SUPIT OF NURSES.
Minard's Linctant Sold by Physicians

Bayer Aspirin
Genuine
Bayer Tablets Aspirin
The Bayer Company
Warning! Say "Bayer" when you buy Aspirin.

Is Your Blood Good or Thin and Watery?
You can tell by the way you feel. You need Hood's Sarsaparilla to make your blood rich, red and pure, tingling with health for every organ. You need it if weak and tired day in and day out, if your appetite is poor, sleep unrefreshing, — for humors, boils, eruptions, scurvy, rheumatism, headaches, nervous prostration. It is simply wonderful to give strength to your whole body. It is agreeable, pleasant and convenient to take, and embodies a long-tried and found-true formula.

The Smile of Possession
that goes with the ownership of a pendant, brooch or diamond from W.W. Wellner's—Why not give her the benefit of it? It is woman's by right. A rare and beautiful gift of this kind enhance her natural loveliness and charm. Select your gift for her at W. W. Wellner's.

W. W. Wellner, Ltd.
Jewelers Since 1868

Purity Salt
A pure full-flavored Salt for every Table and Cooking use.
Made in Canada by The Western Salt Co., Ltd. Courtright, Ontario

Canada's Favorite Pipe Tobacco
OLD CHUM
The Tobacco of Quality
In tins and packets

ASPirin
Warning! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for
Colds Headache Rheumatism
Toothache Neuralgia Neuritis
Earache Lumbago Pain, Pain