



### BIG HAT, LITTLE GIRL

Deborah of Halifax, 22 for the Easter Parade, but months old, looks mighty fine in Mummy's Easter bonnet. The little lady is a bit young she's not worried. Those chocolate goodies are more fun anyway. (CP Wirephoto)

### HAPPENINGS

Audrey Jenkins, Women's Editor. Phone 4-5508

Wallace Woodridge, Pisiquid East, is spending a holiday in Boston and Gorham, N.H. The results of the final card party of St. Michael's C.W.L., Corran Bann, was held recently in the hall with the following results: ladies' first, Clara Wate with special prize to Patricia Bradley. Gentlemen's first prize went to Jack MacDonald with special to Al Morrison. Patricia Bradley won the door prize, and freezoot was awarded to Kevin Hughes and Barry MacDonald. Tournament prizes first, to Mrs. Peter Hughes; second, Mrs. Courtney MacDonald and men's first, Peter Hughes and second, Russell Watts.

### IDA BAILEY ALLEN

### Serve With Cheese Tray To Get An Apple A Day

The apple is called "CA" by the industry. And what does "CA" mean? "Controlled Atmosphere." It's a process that keeps apples, which have been harvested at the right stage of development, firm and crisp - fresh by storing in specially constructed rooms in which both atmosphere and temperature are controlled for many months. Extended Season So the "apple-season" instead of ending in the early spring, goes on until June or longer. Apples breathe much as people do. The faster they breathe the more quickly they deteriorate. "CA," this new process, retards their respiration, and literally "lulls" the apples to sleep, to awake when brought out into the fresh air. They do not pick up odors or flavors during this process. Washington State has storage for almost 3 million bushels of controlled atmosphere apples. These sleeping beauties are now being awakened in the mountain valleys of Washington State, ready for use when we need them most - at the point when winter turns into spring, and the desire for "fresh tasting" vitamin- and mineral-rich foods is nature's way of inducing us to eat the fruit we need at this season. The Apple and Cheese Tray There are literally dozens of ways to use fresh apples. Of course, the best way is to eat an apple a day right out of hand. Another way, which is traditional and continental, is to pare and slice an apple and eat it for lunch or a snack with crusty white bread, and cheese. Either cube the cheese to nibble along with the apple, or spread the apple slices with soft or whipped cream cheese, or camembert or Brie; or any cheese-spread you fancy. A quick and spectacular way of sectioning apples is to use an apple slicer. One little push down through the fruit transforms it into easy-eat sections, saving time and avoiding apple-waste.



TOPS EVERYTHING! Toss this cardigan over casuals for a feeling of luxurious warmth when you want it. Cable openwork create a handsome design. Knit cardigan from neck down in one piece, in finger yarn. Pattern 7090; sizes 32-34, 36-38. THIRTY-FIVE CENTS (coins) for each pattern (no stamps, please) to Alice Brooks, care of Guardian - Patriot Needlecraft Dept., 60 Front St. W. Toronto 1, Ont. Ontario residents add one cent sales tax. Print plainly pattern number, name, address. GIANT 1956 Needlecraft Catalog stars knit, crocheted, many more needlecraft designs. 3 free patterns printed, in catalog. Send 25 cents. NEW! 12 Collectors' Quilt patterns for you in color, with quilting motifs. Finest patterns ever collected from famous museums. Send 60 cents for new Museum Quilt Book No. 1 - sixteen complete patterns. 60c.

### ELLEN'S DIARY

### Those Thinking Of Easter Will Rejoice To Alleluias

In the turn of the months and the moons, another Easter Season we have. Lent with its quiet hours, and with, we cannot fail to recall, the shadow of the Cross cast ever across it, is over. The darkest day spent. Humanity in all its phases, good and not-so-good has played its part. A garden reached by a sorrowful way is now silent. The gravestone as yet in its place. Did the songbirds that frequented that quiet place today hush their singing altogether? Or was there a sadness in their tunes? A lament, a lonely thing? Yet how different the songs on the loved Easter morn will be! When the women, bless them, bent on a sad but loving mission come there. The tears will change to smiles. The marvel of it! The joy after mourning. How very wonderful the hope then for humans; the good and the not-so-good! And how precious the Season is. Well loved for its brightness its hope renewed. "Faith," someone has said, "is the key to fit the door called Hope." And both go hand in hand. Now it is revived in folks' hearts. The earth itself rejoices. Sleeping it awakes. Its pulse-beat strengthens, accelerates, into that old rhythm we enjoy. From a thousand hills and the vales between, comes the echo of the chorus which bespeaks life over death. The winter's rest is over. The grasses stir. Sap wells up into the farthest twig, and once more, as it is written, "the time of the singing birds is at hand." Happy the households gather in the absent ones in a trust which honours the Season - the sons and daughters. Easter brings home to remembered hearths and tables, the love and content they find there. The interval of absence is bridged. There is always so much for all concerned to relate. Sunrise and Church Services the Day will observe. And folks who have given thought to the significance of the Season will feel a gratefulness at heart when they hear those songs; akin, we think, to that the shepherds once heard: the alleluias of joy and praise. Our thoughts dwell tonight on that quiet garden - the same "Garden of Hope" of which Alice K. Roberts sings in her verses: "A garden of hope on a hillside A chapel of dreams on high, Inspiring men's thoughts to reach upward, And pointing their hearts to the sky. Where one who knew the hills of Judea Awaits with compassion and love. For those who would follow His teachings, And strive for the mansions above. A chapel where prayers may be whispered Or spoken with fervor aloud, A place where the lonely find solace Above and apart from the crowd. For Jesus found peace in a garden, Where death marked the path that He trod. A garden of hope on a hillside, A chapel of dreams built for God!" Until Monday - - - Diary - - - Good-night. . . .

# Women

6 The Guardian, Charlottetown, Sat., April 9, 1966.

### MARY HAWORTH

### The First Healing Directive Was Given By A Priest

DEAR MARY HAWORTH: On reading KP's agonized letter concerning her two adolescent homosexual sons, I wish to comfort her. The problems of the homosexual stem from the prejudice and discrimination directed against him by the heterosexual majority, among whom he lives. The homosexual asks, properly, not for conversion but for full acceptance. Your comments would be appreciated. R.Y. DEAR R.Y.: Peace of heart a spirit of joy, composure of conscience (alert, tranquil, non-combative), these are the hallmarks of the deeply integrated person, whose living is attuned to the laws of well-being - governing his physical constitution and his divine potential - that direct the human personality towards harmonious wholeness. In the mail I read, much of which is never published, I perceive that homosexuals are invariably strangers to the blessings aforementioned. So I take it they are acting contrary to fundamental health of mind and soul. M.H. Mary Haworth counsels through her column not by mail or personal interview. Write her in care of The Guardian.

### HOUSEHOLD HINTS

Add a little thinned laundry starch to the water while clothes are rinsed in. Adds body, keeps them from absorbing so much soil. Have an over-supply of parsley. Remove stems and dry the leaves in a barely warm oven. Crumble and use in soups, stews, for garnishes, etc. Rub a new wooden cutting board with linseed oil, but use it sparingly. Stains won't penetrate and it will be easy to keep clean. To repair loose casters, fill the hole solidly with plastic wood. When partially dry, replace the caster.

### ARREST 26

NEW YORK (AP)—Police arrested 26 persons Thursday night in Times Square in what one inspector described "as the biggest single raid ever" in the area. "It effectively and practically eliminates the sale of heroin in the area for the next two or three weeks," said Inspector Ira Bluth of the narcotics squad. Twenty-two men and four women were rounded up in the raid in which more than 40 detectives disguised as beatniks took part.

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ELEANOR VIOLINO DEREK BUNTAIN

### ENGAGED

Mr. and Mrs. Guy Violino, Fort Erie, Ont. wish to announce the engagement of their daughter, Eleanor Angela to Derek H. L. Buntain, son of

### BRISTOL

The sincere sympathy of this entire vicinity is extended to Skip MacDonald in the sudden passing of his young wife in Toronto at the early age of 19 years. Mr. MacDonald, a Bristol boy, moved to Toronto to reside some time ago along with other members of his family where he met and married his late wife. Her name in single life has not been learned. Mrs. James A. O'Brien, (Addie) as we know her, is reported as not in very good health in the Sacred Heart Home where she has resided for some time. The last living member of her large family Mrs. O'Brien, is well along in the twilight years but despite this made a trip to Toronto last summer to spend a month with members of her family.

### Clyde River 4-H Sunbeams Hold Meeting

Ann MacPhail was hostess recently when the Clyde River 4-H "Sunbeams" met at her home recently for their March meeting, which was chaired by the president, Colleen MacKinnon. Roll call was answered by seven members and five visitors were also present. Correspondence was read by the club leader, Annie Boyle concerning 4-H delegate exchange and group exhibit of 4-H Club activities for the Provincial Exhibition, which includes (a) brown sugar fudge (b) cotton blouse and (c) embroidered tea towel. The prize money is to be paid to the group secretary. Four of the members had three minute talks prepared for Public Speaking. The next meeting will be held at the home of Lorna MacPhee, when roll call will be answered by a "prob" On food committee will be Lorna MacPhee and Colleen MacKinnon. The club leader then gave an able setting, which was enjoyed by all the girls, and refreshments were served by the hostess and committee in charge.

### GEORGETOWN

Friends of Mrs. Beatrice MacLeod are pleased to hear that she has returned to her home in Georgetown, after being a patient in the Kings County Memorial Hospital in Montague. LaVerne David who has spent some time in hospital in Charlottetown, has returned to her home in Georgetown. Mrs. Nelson W. Hansen has entered the Prince, Edward Island Hospital where she will undergo surgery. Mrs. Charles McConnell is a patient in the Kings County Memorial Hospital in Montague.

### 'Hot Flashes'

Mrs. Bill Kelly, who has been in poor health for a number of years entered the Charlottetown Hospital last week to undergo treatment. Justin McCarthy, who had

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### CNE Women's Competitions Include Extra Categories

As Canada approaches its Centennial year, change in our society is expressed in many subtle ways. This year the Women's Division of the CNE, in response to many requests, has added two categories in the home crafts competitions of its Prize list that directly reflect the growing acceptance and popularity of skills brought to us from Europe. These prizes are for European tapestry and Rya and Ghildres Rugs.

### New Program For Foreign Children

VANCOUVER (CP) — A program set up to teach immigrant children English has proved so successful at one Vancouver school that the school board has decided to expand it to others. The program, at Lord Nelson elementary school, is headed by teacher Aleta Humphreys and has 54 children, mostly in kindergarten and Grades 1 and 2. "Many of these children just didn't have a chance before because of lack of understanding of English," says Miss Humphreys. "The majority of these children don't know a word of the language when they enter school. Their parents don't speak English at home and they have very little chance to learn the language. If they stayed in the regular class without any special instruction they would soon run into difficulties with their work because a teacher just hasn't the time to devote to one or two in a class of 40." Miss Humphreys takes the children in groups of six, and stresses personal attention. Her classroom is a kitchen adjoining the school lunchroom. "We start off with songs and games and nursery rhymes and learn to identify common objects in the room. We have even baked a cake so the children would become familiar with the names of the ingredients." Principal W. E. Boyes said he got the idea of the special program a year ago after becoming concerned because "the failure rate among new Canadians at this school was something awful." The school board was so impressed with the success of the program that it decided to try it in four other schools.

### H. BENNETT CARR

Sun Life of Canada District Supervisor Insurance Counselling Charlottetown, P.E.I. Phone 4-8817 - 4-5435

### CHRONIC BRONCHITIS BRONCHIAL COUGH, ASTHMA

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