

Every Prime Minister... Publisher every week-day morning at 10¢...

what Dr. Lawson and his fellow-travellers find out on their present tour of the northlands. Meanwhile, of course, it is only right to emphasize that the preponderant view is that a high-fat diet is dangerous. But, as yet, that, too, is only a theory, howbeit a widely held one.

Futile Commission

We believe there will be general agreement with President N. R. Crump of the C.P.R. who reprimanded the international President of the Brotherhood of Locomotive Firemen and Enginemen for belittling the Kellock Royal Commission which sided with the Railways in their view that firemen on freight and yard diesels are not necessary.

It is a fact that there is far too much interference in Canadian labour affairs by high-pressure union officials south of the border. Canadian labour unions should be mature enough by now to look after their own affairs without dictation or excessive influence from outside.

Mr. Crump did not say what his attitude would have been if the Commission's recommendations had favoured the union rather than the Railways. But this is really of little importance; for the trouble did not begin when the Commission brought in its report; it began when it was agreed that the Commission's recommendations would not be binding on either side to the dispute.

A formidable difficulty concerning the Liberal Party's future is that it is no longer the sole voice of "liberalism". In an intellectual sense, indeed, Prime Minister Diefenbaker is as much a "liberal" as any person in the official Liberal ranks. The Conservatives were elected on June 10, 1957, and re-elected on March 31, 1958, not because the electorate was tired of the principles which made the Liberal Party great but because it was generally felt that the Liberal Party had repudiated these principles in the main and that, in any case, Mr. Diefenbaker was more "liberal" than his chief opponent.

EDITORIAL NOTES

The Hon. Mr. Cullen is probably right in his view that a questionnaire addressed to potato growers would be just as effective as a plebiscite, in case an expression of opinions should be desired in the future. It would certainly be a lot cheaper, if that means anything.

Conflicting Views

It is the fashion now in medical circles to regard a diet high in fat content as a major and perhaps the chief cause of arterial diseases. The theory is that the fat produces excessive cholesterol which, in turn, causes hardening of the arteries.

There are doctors, however, who do not share this view. One of these is Dr. Ray Lawson, a prominent Montreal physician who has made 17 trips to the Arctic region investigating the health habits of Eskimos. His view is that, far from being dangerous, a fatty diet is helpful as an "anti-stress" aid.

Nuclear power will not prevent the West's oil needs from increasing, according to Sir Edward Plowden, Chairman of the British Atomic Energy Authority. He says that, even with rapid development of nuclear power for industrial purposes, there is a possibility of a world-wide energy shortage within the next 50 years or so.

The Report of the Legislative Committee on Agriculture, presented by Mr. Harold P. Smith (Liberal, 4th Queen's) in the closing hours of the session, is discouraging, as far as the important potato-growing industry is concerned. It is not enough to say—as the Minister of Agriculture said in speaking on the report—that "it's up to the farmers whether they want to stamp out potato disease or not". The industry is too important to the economic wellbeing of the Province to leave the matter up to the discretion of the individual farmer.



THIS YEAR'S BIG PARADE

OTTAWA REPORT

M. P.'s Pension Fund

By Patrick Nicholson Special Correspondent for The Guardian

Ottawa: Taxpayers are always interested in the topic of the pensions which they pay to ex-Members of the House of Commons. The big turn-over of last month's election has added many names to the roster of M.P.s who are now qualified for a full or a partial pension.

M.P.s set up these pensions for themselves, under an Act of Parliament which, with a delicate touch of euphemism, is called "Act respecting Retiring Allowances for Members of Parliament." But of course it covers those who are defeated, as well as those who retire of their own choice.

During their years of service as M.P.s, they contribute to their pension fund out of their indemnity. The annual contribution is fixed now at \$240 per M.P. per year, and this is matched by an equal contribution by the employer of the M.P.—that means you.

Provided that an M.P. has sat in more than two Parliaments, he (or she) is entitled to receive as a pension, each year for the remainder of his life, a sum equal to three-quarters of the total of his contributions to the fund. But the maximum amount which an M.P. may contribute is \$4,000. At the rate of \$240 per year, it takes an M.P. now 15 years and 8 months to pay in this maximum figure.

Suppose an M.P. has sat in three Parliaments, totalling 10 years, he will have contributed

Million Dollar Crystal Ball

Ottawa Journal

Whether the Royal Commission on Canada's Economic Prospects was worth the million dollars it cost is open to question. Such a question, of course, is the epitaph of almost every commission but this one is being written quickly.

When Mr. Walter Gordon and his fellow commissioners set out on their task in 1955 at the behest of Mr. Walter Harris the political climate was Liberal, the economic climate was prosperity forever. Since then the changes have been startling.

PUBLIC FORUM

The trouble is that people are concerned with their present difficulties and seek guidance. This the commission, with its eyes on the rosy horizon spreading out 25 years in the future, has been unable to give. The commissioners may feel that a warning of nearby pitfalls was not their job but the fact remains that no other body in recent years has heard so many opinions from informed Canadians or has been in a position so thoroughly to study economic trends.

NO DAYLIGHT TIME

Sir,—Once more we appear to be facing a summer without Daylight Saving Time. It is hard to understand just why we have to do without this extra bit of summer daylight. When the rest of Canada and the United States see fit to encourage it, are we just proving to the rest of the world that they are right in deciding that P.E. Island is about fifty years behind the times?

Our Legislature would not make a move toward the establishment of the "fast" time, and we can all guess the reason. It is spelled V-O-T-E-S. However the men on the farms, at least a great many of them, appear to be agreeable to letting the workers in the stores have a bit more sunshine for the short summer months.

What the farmer is afraid of, apparently, is the bugbear of two times, and if Daylight Time was in effect throughout the entire Province, I feel certain our farmers would not be against it. After all it is only for three months.

I am, Sir, etc. HARRY MORRIS Charlottetown

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Forced Growth To Be Avoided

By Herman N. Bundesen, M. D. Let your children have a childhood. Don't be too anxious to have them be little ladies and little gentlemen.

The natural desire for parents to be proud of their youngsters, to have them "better" than the neighbor's kids, might deprive these children of something they can never regain—their childhood.

Judging an infant's growth, his progress, under the competitive standards many parents use, often forces him to grow up too quickly.

This forced growth—a hurry up and get bigger and better attitude—sometimes begins in early infancy when a mother forces a baby to eat more than he needs.

MAKE COMPARISONS. Many parents, unfortunately, compare the child to an average, if there is such a thing, and are guided by this in comparing his growth and behavior. They become worried when their youngster does not compare favorably with their concept of the ideal.

In some cases, it actually is the parent's own problems which cause difficulties. They try to compensate for dissatisfactions in their own lives through the success of their children.

DEMAND PERFECTION. Thus, they demand perfection from their children and attempt to hurry the youngster's growth to achieve it.

A small child wants to do what he wants when he wants to do it. While parents should guide their children in reaching decisions, it is necessary for the youngsters to do things for themselves and to make their own decisions.

Now, I don't mean that you should permit your child to do anything he desires. He must learn that he has to live with other people and respect their wishes.

LEARN SOCIAL VALUES. Other children are great teachers of property and personal rights. And your youngster will learn social values at his own level by playing with children around his own age.

While play is fun for the youngster, it also is a serious part of his emotional development. And it gives him a chance to discover the things he can do best and what activities bring him the most satisfaction. Typical childhood activities are an essential part of his life.

QUESTION AND ANSWER. B. M.: I am about 50 pounds overweight and am bothered with perspiring feet. Can you recommend anything to stop this?

Answer: Usually excessive perspiration of the feet is more common in those who are overweight. This overweight also puts added strain on the feet.

Various preparations are on the market to reduce perspiration of the feet, but the wisest course would be to reduce under a physician's directions. This would probably help your difficulty.

The Age Old Story

Blessed are ye, who men shall revile you, and persecute you, and shall say all manner of evil against you falsely, for my sake.

OUR YESTERDAYS

(From The Guardian Files)

TWENTY-FIVE YEARS AGO

(April 17, 1933)

At a meeting of the Board of Trade Council on Saturday, the memorandum prepared by the Bureau of Economics, Canadian National Railways, Montreal, classifying the advantages and disadvantages of a change in accounting and management of the car ferry service was read. Hon. John A. Macdonald, Cardigan, was present and discussed the subject of change in accounting with the Council.

TEN YEARS AGO

(April 17, 1948)

Complaints from poultry producers from all parts of the province are being received by hatchery operators as a result of a big jump in express charges following the 21 per cent increase in railway freight rates granted by the Transportation Commission. The express rate increase on small orders amounts almost to 100 per cent and strikes hard at the island egg and poultry industry.

MAXIMS

Democracy as I understand it, requires me to sacrifice myself for the masses, not to them. Who knows not that if you would save the people, you must often oppose them.

PRINCE AMUSED

PIRBRIGHT, England (Reuters)—Prince Philip was liberally splattered with mud, water and dirt Wednesday when a gunpowder charge exploded near him while he was watching army manoeuvres. Philip, watching some Welsh Guards crossing a stream under battle conditions, laughed

PRINCE AMUSED

prediction of what things will be like in Canada after many of us are dead.

PRINCE AMUSED

After two terms as High Sheriff of Queens County, Sheriff J. G. MacFadden has retired from office. His resignation went into effect on Saturday. Mr. John Beaton, former bailiff, has been appointed to the position by the Lieut. Governor-in-Council.

PRINCE AMUSED

Our parting word with the commission must be one of admiration for its modesty. It admits that its forecasts are sadly subject to error: "The probability is therefore overwhelming that the future will not be obliging enough to conform to what we have predicted."

Nicely said, but it does not remove from our minds the thought of that million dollars which might have been put to some more practical use than crystal-gazing—or to a heavily-hedged

NOTES BY THE WAY

The deeper thinkers seem agreed that the best solution to the recession would be if we would each buy a new house—and two cars to get away from it in—Ottawa Journal

John Foster Dulles fails to see much value in a trip to the moon, although, you'd think he'd be interested. After all, he's been everywhere else.—Hamilton Spectator

Most of us can remember the boy at school who always wanted to fight. It was his instantaneous reaction to almost any situation in which he felt his security was threatened. Unfortunately some of these boys never grew up in this respect. Some have become admirals, generals and politicians and they still react in the same way.—Vancouver Province

A school principal in Chicago took a ruler and whacked a rowdy boy for cutting up. A trial resulted but the principal was exonerated because, under Illinois law, proper corporal punishment is permissible. However, the father of the kid threatened, "I'll get you!" It's easy to guess where the culprit learned his bad manners.—Branford Expositor

Once, on a search for a missing child, we were privileged to watch a diviner at work. He made no promises, since water was his specialty, but he went into the woods with his hazel fork held before him. His gift must have misled him this once because in stumbling through the undergrowth he missed his footing and fell face down, through a bush, into a hidden pool.—Peterborough Examiner

An experiment station reports that when its calves were separated from their mothers for weaning, the usual "symphony" of bawling was strangely absent. The reason was that a veterinarian had given each calf an injection of a tranquilizing drug. The "doc's" interest is not in a quieter, roundup, of course, but in whether the drug will cause the calves to undergo less stress than usual at weaning time, and start eating sooner.—Corn Belt Farm Dailies

Of course, there's a lot of difference between carrying a mortgage and trying to lift one.—Stratford Beacon-Herald

Engineers claim they have taken all the seasickness out of the liner Queen Mary. A friend who becomes seasick on the Rideau Canal doubts it.—Ottawa Journal

A hotel chef says that carving is a lost art. He should consult some of the juvenile gangs in New York and Chicago.—Sherbrooke Record

The professional career of the neighborhood's youngest actress is progressing nicely. In the First Grade pageant she was a toast stool; this year she's a stump.—Winnipeg Tribune

RETROSPECT. Today runs like a rope that burns my hands, That stains and grooves the flesh, cords up my veins, Upsets my stance, and drags me on in strands Of moving time. But yesterday Oh what a host of yesterdays comprise My storehouse recollection, yesterdays Without the biting edge, without surprise, Without the pitfalls of my current days. Participant and viewer both, perforce, I activate what memories I please; I pace an incident along its course, Reliving and appraising it at ease So do I master time—belatedly And shall till yesterday has ceased for me.—Sam Bergman In the New York Times

TORNADO STRIKES

ST. AUGUSTINE, Fla. (AP)—At least 12 houses were demolished or damaged and seven persons injured when a tornado swept through a subdivision near here Tuesday.

CUDMORE'S WEEKEND SPECIALS

- Robin Hood BROWNIE CAKE MIX Pkg. 33c
Fluffo 2 lbs.
Shortening 59c
McCreedy 24 oz. jar
Pickles 38c
Aylmer 20 oz. Can
Beans 21c
Surf or Giant Size pkg.
Breeze 75c Nescafe
Kam 45c
Salad Dressing 8 oz. jar 25c 16 oz. jar 39c
Hunt's Fruit 28 oz. can
Cocktail 43c Matches 29c

OGILVIE'S FLOUR

25 LB. BAG \$1.59

OGILVIE'S CAKE MIX

Orange, Cherry, Almond PKG. 33c

Devon Bacon 59c lb. Apple Juice 28c 48 oz. can

Cincy Wallpaper tin 2 lbs. Cleaner 21c Dates 25c

Pure Pepper 25c 2 oz. pkg. 2 for Boneless Chicken 31c 5 oz. can

BALLET TOILET PAPER

In 4 colors Pink, Green, Yellow, Blue 2 rolls 27c

DIAL 3813 FREE DELIVERY C.O.D. ORDERS ACCEPTED 1 1/2 LBS. 1 1/2 LBS. 1 1/2 LBS. 1 1/2 LBS.