



Queen Annapolis XXII, Miss Betty Lou Norman of Bridgetown, is shown flanked by Princess Nellie Hoogerwerf, Middleton, (right), and Princess Jean Nixon, Berwick, as they stand among the apple blossoms in Nova Scotia's Annapolis Valley shortly after the pretty student nurse was picked to reign over this year's blossom festival.—(CP Photo).

WOMEN

Page 8 The Guardian Wednesday, June 2, 1954

ELLEN'S DIARY

by an Island Farmer's Wife

Now is the merry Maytime up and awa'. On a recent witching hour she took her way softly along the dewy starlit farmlands where herds and flocks and farmhouses rested, cuddled close to Mother Earth's bosom. Westward, we fancy she went to enter the gates ajar of the sunset land leaving us much to cherish of her sojourn and some regret to consider that there is only one Maytime in the year. As there is but one June. She, the beloved lady walking confidently and with a lovely grace came to us by way of the portals of the sunrise—wide flung doors of the morning, set above our eastern hills. She wore, we are sure a crown of orchard blossoms, and in her gracious hands she carried flowers: gold and blue and cream of meadow—blossoms, pale pink of the wilding rose.

Her way will lie along scenes of rare beauty: lush quiet valleys and clean wind-blown hills. Trees, full-leaved will filter the gold of the sunlight before her as she walks and the moon will build enchanting bridges of silver, to span the streams for her feet. Hummingbirds will gather for themselves and meadows and hedgerows she caresses, as must we earth-bound mortals, gleaming here and there, gather our pleasant memories in the fleeting time of her stay. This we shall do in the June-time, we promise; here and there we shall go as we look into the extent of the golden hours ahead. But all we did today which fell across the pan in which we mixed our bread! It was a lovely thing, which had wandered in out of the morning to linger about the kitchen. And we made "the best cake" later—as it happened, just in time for supper. To get this result, one mixes hurriedly, creaming the shortening, salt and sugar in much less than half a hundred turns of the spoon—the flavoring now in case it should be omitted, because of so many distractions: James at the sowing in a far field of this place; Rob cultivating—working in the manure just spread to have nice tilth for the seed-bed; the children homing from school—the little fellow in the lead, pedalling his bike manfully to beat James to the door. Very quiet the clock's tick to break the silence and only the cat for company. But now—or very soon the scene was changed.

We break, but not on a sharp edge, the eggs, reserving the white of one of the two for quick frosting. Cream again? Oh yes, but hastily. And then in a neat trick which works beautifully, the milk, the flour and baking powder adding alternately to discourage any curdling of the mixture. When the cake is delicately brown we top it with the meringue of beaten egg-white and brown sugar. . . . quickly, without removing the pan from the oven. In a few minutes what did we have? On the authority of a pair of youngsters who "the best cake ever!" The kind you should make more often. Do you know why? Because we like it! As we liked today . . . this one, in which we captured a sunbeam. . . . Until tomorrow . . . Diary . . . — Good - night . . .

Johnston-Hickey Wedding at Summerside



Mr. and Mrs. Johnston are shown above with their attendants following their marriage in St. Mary's Church on Wednesday, May 26. The nuptial mass was celebrated by Rev. L. P. Callaghan. From left to right are groomsmen, James Johnston (brother of the groom); the groom, John Johnston, son of Mr. and Mrs. Raymond Johnston, Bedouque; the bride, the former Miriam Hickey, daughter of Mr. and Mrs. Clarence Hickey, Darnley; maid of honor, Anna Hickey, sister of the bride; ushers, Gerald Hickey and Gerald Johnston; (seated) bridesmaids Clara Johnston and Agatha McLennan. Following a honeymoon by car spent in the eastern United States they will reside at Central Bedouque.—(Photo by D. W. Sears).



SUPPER CASSEROLE
1 1/2 lb. can salmon
1 can mushroom soup
1/2 cup milk
Drain salmon and break. Arrange in casserole. Combine soup and milk and pour over the salmon.
Cut bread in inch-squares and arrange buttered side up in design to cover mixture.
Bake in a very hot oven 20 minutes.

How Can I?
By Anne Ashley
Q. How can I freshen leather and keep it from cracking?
A. Put in a bottle one cupful vinegar and two cupfuls boiled linseed oil. Cork securely and shake until creamy. Apply sparingly, rub into the leather with a soft cloth.
Q. How can I remove warts from the skin?
A. Wash in water, in which has been dissolved a quantity of washing soda. Let the hands dry without wiping. Repeat this bathing frequently, or until the warts disappear.
Q. How can I get rid of ants?
A. Try smearing the cracks and corners of the infested places with balsam of Peru. Sulphur is said to drive away red ants.

FOND OF BATHING
The Romans built nearly 2,000 big public baths between 334 BC and 180 AD.

That Body of Yours

By James W. Barton, M. D.

THE NORMAL CHILD

We read and hear so much about sick children and sick Children's Hospitals that it will likely be a change to discuss the "Normal Child" as described by Dr. R. S. Illingworth, Professor of Child Health, the University of Sheffield. This helpful book is published in London, England, and Toronto, Canada.
"This book very ably covers the whole field of the normal, healthy infant and small child; together with the medical facts is included a great deal of common sense."
The book starts at the very beginning by discussing both the artificial and breast-fed infants and has a very complete discussion of these problems.
The next section deals with the physical problems, such as the measuring of physical development, including the chest circumference. For instance, in the normally developed chest, the measurements should be approximately ten inches wide and seven inches deep. If the chest is not developing properly, the child tends to become deeper and narrower.
The third section deals with the problems of development and contains a very excellent description in pictures of how the standing and sitting positions develop and also the progress of manipulation of the hands at various ages from a week to 3 years.
The fourth and final section discusses behavior problems seen in the well infant and the small child. While the information in this book is well known to the practicing pediatrician, the book would be of considerable aid to the general practitioner who includes well baby care in his practice and to the nurse or medical student.
It has already been noted that the periods of most rapid growth are (1) during the first year and (2) between the ages of eleven to fourteen in girls and fourteen to sixteen in boys. It should be remembered that if a child is getting enough calories, body-building materials (protein, mineral salts, etc.) and vitamins in its food, it will grow at approximately normal

rate unless something is holding it back. If the child is not making normal gains although the diet is adequate, a physician should be consulted to see if he cannot locate the trouble.

Stars Of The Shakespearian Festival



James Mason, British and Hollywood stage and film star discusses plans for the Shakespearian Festival with two of his Canadian leading ladies at Stratford, Ont. At left is Barbara Chilcott of Toronto who will play Juliet in "Measure for Measure", and at right is Frances Hyland of Regina, Sask., who interrupted a successful London career to play Isabella in the same play. Miss Chilcott has the leading role, Katherine, in "Taming of the Shrew", while Miss Hyland will play Bianca in that play.—(CP Photo).

Anne Adams Patterns

IT'S A SCOOP!

You'll love the cool flattery of that scooped neckline on shimmering summer days. You'll love the brief sleeves and flaring 4-gore skirt. Best of all, you'll love to sew this—it's so EASY! Make it in crisp cotton, cool shantung, or a nylon novelty.

Pattern 4712: Misses' Sizes 12, 14, 16, 18, 20, 30, 32, 34, 36, 38, 40, 42. Size 16 takes 4 1/2 yards 35-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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Morning Smile

"It's a fact that most people can't stand prosperity."
"It's also a fact that most people don't have to."

KIRK DOUGLAS WEDS

LAS VEGAS, Nev. (AP)—Actor Kirk Douglas surprised Hollywood by getting married Saturday night. The rugged movie hero took as his bride Anne Bayson, 31-year-old Parisienne who is a publicity representative for film production.

SHADOWS

Through life's dark shadows, Jesus calls. His voice is sweet and low. It lifts the burden from the heart And leaves Faith's radiant glow. Weep not beside the flowers, my child, Nor kneel at Sorrow's shrine, For though the shadows dark and grey There glows a love divine. Fear not the shadows when they fall, Across life's rugged way. For in the heart that hears His voice No shadows come to stay. Though long may be life's journey And dark the sunless day, His radiant love will ever shine To guide its shadowed way. — E. M. Costain.

Modern Etiquette

By Roberts Lee

Q. I served some homemade apple pie and coffee after dinner one evening, and one of our women guests ate only the apple in the pie, leaving the crust. Don't you think this was rude of her?
A. Not at all. It might have been that she was dieting, or that she had some other perfectly good reason for refusing the crust.
Q. Is a businessman privileged to tell his secretary that she over-dresses and uses too-bright makeup?
A. He may tell her that she is too distracting to other employees, and that he would appreciate it if she would tone down her dress and makeup.
Q. Is it proper for a girl to give her fiancé a robe for his birthday?
A. Since he is her husband-to-be, this is entirely proper.

The Stars Say

By Estrellita

For Tomorrow

ON this day, the lunar vibrations augur well for family and household affairs, also for real estate and property matters, gardening and kindred interests.
If trying to achieve a gain of any kind during the morning hours, you will accomplish more by a conciliatory attitude than you will by being too forceful.
The evening hours may bring some unexpected news or surprises. During this period, however, do not indulge in any unnecessary extravagance or obligate yourself to any plan which will involve a large outlay of money.
For the Birthday
If tomorrow is your birthday, the year ahead should bring you great happiness in both your personal and business life.
Domestic, social and romantic matters are under most generous aspects, and, where your life work is concerned, opportunities for advancement will abound.
To make the most of opportunities, however, you will need to be at par both mentally and physically, so it would be advisable to conserve energy wherever possible, and learn to relax more.
The Gemini-born have so much drive and eagerness to be up-and-doing that they often deplete the very powers which can lead them to success. Watch this tendency and nervous tension are hindrances, and get you nowhere.
A child born on this day will be intellectually and artistically inclined and endowed with a fine sense of humor and brilliant wit.

Can Opener Plays Increasing Role

OTTAWA (CP)—The can opener has played an increasingly important part in the feeding of Canadians over the last 13 years.
Since canning was introduced about 150 years ago, many new and improved methods have come in, and a much greater variety of foods now may be canned.
This has shown up in the eating habits of Canadians, who in 1952 consumed 59 per cent more canned fruits, 23 per cent more canned vegetables, 2 1/2 times as much canned concentrated milk prod-

HARD METAL

Platinum is a harder metal than gold or silver, with a specific gravity of about 21.5.

Household Scrapbook

By Roberts Lee

Face Wrinkles
For wrinkles on the forehead try binding with a linen bandage soaked in equal parts of alcohol and the white of an egg allowing the bandage to remain over night.

White Kid
Mix equal parts of powdered alum and fullers' earth. Dip a flannel cloth into this and rub-on the soiled spots. When clean, brush with a clean flannel.

Blood Stains
Soak over night in cold water. Then wash in soap and water, which is added one teaspoonful of kerosene oil.

DOROTHY DIX

Wants Night Out With Mate

DEAR MISS DIX: I'm not sure which one in our family has the problem, but perhaps your can decide. My husband is a good man, a fine father and as good a citizen as anyone. He has his faults, same as anyone else and I wouldn't have it otherwise. He doesn't drink, gamble or chase women, but he is prone to be selfish in many respects, and that is the crux of my resentment. I'm 34 and he's a year older. We have four children, the oldest a capable girl of 15.
Now, to my specific gripe which may seem trivial but it has assumed enormous proportions to me. My husband goes to lodge meetings quite frequently since he's a leader in civic affairs, but has the idea that my social life should be nonexistent. He gives as excuses for not taking me out the fact that our daughter is too young to baby-sit for the other children, that he'd rather watch television than go to a movie, that he doesn't care for parties or dances. Since he has free rein on his own activities, am I unreasonable in asking him to take me out just one night a week?
Bernice

AN UNIMPORTANT COMPLAINT

ANSWER: Measured by the enormity of such husbandly shortcomings as heavy drinking, gambling, brutality and such, yours is indeed a trivial complaint. But it is one shared and bewailed by more wives than any other fault. It is really such a small thing that one would assume any husband would be only too glad to give pleasure to his wife with so little effort. Yet, it appears that the man's world of business, lodge meetings etc., provides all the social life many husbands need.
To a woman who is tied down with domestic duties all day, and who has rarely real chance to talk to her husband, a weekly outing is a treat.
Another reason for its importance is that it brings back to a wife the glow of courting days, which are never forgotten by the distaff side. One night out a week—the maximum asked by almost every wife who writes me on the subject—should be considered by a man as a reward for a job well done all week, and as a breather to build up fresh enthusiasm for the work ahead. A steady round of housework sometimes can be dull to the point of drudgery. The anticipation of a pleasant evening with one's husband, then the happy memories carried over for a few days are the most wonderful pick-uppers a wife can have. Now, all you have to do is get these truths home to your man. Then, make any evening out together such a pleasure for him that he'll look forward to repeating it. Always remember, though, that an evening of dining and dancing is no time to bring up domestic worries, to complain of the high cost of living, or the baby's latest cold. Only pleasant topics, please.
Your daughter is old enough, and certainly seems capable enough to take on the responsibility of baby-sitting, so mark off that objection, and work on the others with the arguments I've outlined. Beat of luck.

Contract Bridge

By Josephine Culbertson

MISLEADING CONVERSATION
A correspondent writes: "The deal herewith raised a point of ethics that we would like to have you decide"

North dealer.
Both sides vulnerable.

♠	A Q 8 3	♣	7 6 4
♥	8 3 2	♦	A K 3
♠	A J 8 2	♣	7 6 4
♥	Q J 10 5	♦	9 5 3
♠	10 7 4 2	♣	K 7 8 5
♥	K J 10 9 8 5 2	♦	K Q 10
♠	A	♣	9 6

The bidding:
North East South West
1 ♠ Pass 1 ♠ Pass
2 ♠ Pass 4 NT Pass
5 ♠ Pass 6 ♠ Pass
Pass Pass

Alice Brooks Designs

EASY-SEW!

Pinafore for sun! Bonnet for shade! Just look at that adorable hearts-and-flowers embroidery—this is any little girl's sun-day best. Opens flat for ironing.

Pattern 7372: Child's Size 2, 4, 6, 8, 10. Embroidery motifs, tissue pattern. Size 10.

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Better English
By D. C. Williams

1. What is wrong with this sentence? "It was a temporary arrangement at best."
2. What is the correct pronunciation of "area"?
3. Which one of these words is misspelled? Benefactor, benignity, bereavement, beneficial.
4. What does the word "vehemence" mean?
5. What is a word beginning with off that means "meddlesome"?

ANSWERS
1. Say, "at the best." 2. Pronounce first a as in ate preferred. 3. Beneficial. 4. State of being very ardent, eager, violent. (Accent first syllable). "He spoke with vehemence." 5. Officious.

7372
SIZES
2-10

by Alice Brooks

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