

The Stars Say - -

By Genevieve Kemble

For Tomorrow

CONCENTRATION, determination, and hard work should go far in establishing professional or social prestige, especially if intuition is balanced with reason and logic.

For the Birthday

Those whose birthday it is by patience and perseverance should have excellent prospects of attaining their highest aspirations.

Better English

By O. C. Williams

- 1. What is wrong with this sentence? "I have got to see him right away."

ANSWERS

- 1. Say "I must see him at once." 2. Pronounce as one syllable, not hi-um.

Modern Etiquette

By Roberta Lee

Q. When one does not believe in the custom of tipping, isn't it his privilege to omit it?

A. Yes, of course; there is nothing compulsory about the custom. However, a person who makes a practice of omitting the tip in public places will have to be hard-shelled enough to ward off black looks from those who have served him and possible accusations of "stinginess."

Q. What should a bridesmaid who is in mourning do about wearing colors on her friend's wedding day?

A. It is quite proper for the bridesmaid to serve on this day and wear colors. Bridesmaids' dresses are looked upon as uniforms, not individual costumes.

Q. What does one do if food is too hot to swallow? A. Quickly take a swallow of water. On no account, take the food out of your mouth. It is offensive to take anything out of the mouth, except fish bones and fruit pits.

Household Scrapbook

By Roberta Lee

Black Materials

Do not apply soap directly to black materials. Wash the garment in suds made from a reliable soap, and just warm enough to cut the grease.

Q. What does the word "soliloquy" mean? A. A word beginning with "s" that means "expressing such in few words."

Q. What is a word beginning with "l" that means "expressing such in few words?" A. Laconic.

How Can I!!!

By Anne Ashley

Q. How can I prevent mold on my preserves?

A. Place a few drops of glycerine around the edge of the preserve jar before covering, and it will prevent mold.

Q. How can I impart a delicate fragrance to my laundry?

A. Place a lump oforris root in the boiler on wash day, and a delicate fragrance will be given to the clothes that will last even after they are ironed.

Q. How can I treat scars on the face, like pimples?

A. Bathe in a solution of boric acid; then apply zinc ointment.

Cook's Corner

FRESH GRAPE TARTS

1 1/2 quarts Concord grapes (measured after grapes have been taken off bunch), 1/2 cup water, 1/2 cup sugar, 4 1/2 tablespoons cornstarch, dash of salt, 2 tablespoons strained lemon juice, 2 teaspoons butter or margarine, 6 baked tart shells, whipped cream.

Wash and drain measured grapes; put in saucepan and crush with fork. Add water and simmer until very soft - about 15 minutes. Press through sieve. Mix thoroughly sugar, cornstarch, and salt in bowl. Add sieved grapes, lemon juice, stirring to blend. Return to saucepan and cook, stirring constantly until thickened and clear.

Morning Smile

Identification, Please

Producing his card, the visitor to the farm remarked: "I am a government official and am entitled to inspect your farm."

The farmer told him to go ahead, and half an hour later he heard screams from one of his fields, where the inspector was being chased by a bull.

Leaving over the gate as the man rushed into view, the farmer shouted: "Show him your card, mister - show him your card!"

Remove from heat and stir in lemon juice and butter or margarine. Cool slightly. Pour into tart shells. Top with whipped cream before serving.

That Body Of Yours

By James W. Barton, M.D.

WHAT IS MENTAL HEALTH?

Some years ago I was asked by the government to make a physical examination of the boys of a large reformatory. Associated with me was a professor of psychology and a judge of a juvenile court.

Among the boys in the reformatory were a few whom we found much below normal mentally and had transferred to a hospital for mental defectives.

However in examining the boys of the mental institution we were unable to find any that were sufficiently normal or near normal that we could recommend that they be transferred to an ordinary public school and civil life.

One bright-looking boy, about 12 to 14 years of age, attracted my attention and I asked the superintendent about him. The superintendent said he was a good boy, interested in photography, helped the local photographer at times, thought he might help him and get paid for it.

The cultural patterns in large parts of the world will have to be modified or changed to a considerable extent. More considerate upbringing of children and kinder treatment of adults would probably decrease some of the social problems for many nervous borderline cases such as maladjustment of children, psychosomatic (mind affecting the body) diseases, neuroses, alcoholism and criminality.

The medical profession, to be adequate and up-to-date, must enter into the work of preventing ailments by giving all-round help to these individuals whose make-up makes it difficult for them to work harmoniously with others - shyness, inferiority complex, superiority complex. They need to be taken out of themselves and become part of the community.

"The evolution of medicine in the direction of prevention is shown by the establishment of the World Health Organization and the World Federation of Mental Health."

Barbara Brent's BUYS AND WHYS

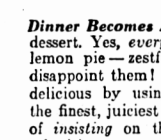
A WEEKLY INFORMATION SERVICE



MONTREAL, Oct. 18th - Do you remember the Queen of Hearts in Alice in Wonderland? "Very important. Write that down!" she'd exclaim, during the famous trial. Well, this is something "very important" that you'll want to "write down" - JELL-O Jelly Powders - for dessert enjoyment that your family will declare is unequalled. I know you'll be thrilled when you discover how economical, and how simple a Jell-O dessert is to prepare.



These seven glorious "locked-in" fruit-fresh flavors lend themselves to the most wonderful desserts and salads you've ever seen. Yes - "Very important. Write that down - Jell-O for dessert tonight!"



It's A Grand and Glorious Feeling to be buying Canada Savings Bonds more. I get a tremendous lift from going into the BANK OF MONTREAL and putting my name on the line... these bonds are such a marvelous investment. Imagine getting 3.21% on such high-edged securities...

Dinner Becomes A Gala Occasion when there's luscious, lemon pie for dessert. Yes, everyone looks forward to really good lemon pie - zestful, tangy and exciting - so don't disappoint them! Make sure your lemon pie will be delicious by using SUNKIST LEMONADE...

Your Favourite Beauty Companion comes in a brand new container... just wait 'til you see it! - wonderful WOODBURY DREAM STUFF in the new dream compact for your purse. Frosty white against sky-blue, it's light-weight, yet durable as can be, thanks to new miracle plastics!

A Red Ribbon Cook needs a red ribbon range... and that's exactly what my new FRIGIDAIRE ELECTRIC RANGE is! It's lovely to look at - with its Lifetime Porcelain finish and high back panel. And there's a built-in Lumaline lamp that lights the entire cooking area. This new range cooks like "magic" - with Radiant Tube Cooking Units which are so much faster, yet use less current.

Just How does Denticillin, the new penicillin tooth powder, reduce tooth decay so effectively? That's a question you've probably wanted to ask, ever since you read that DENTOCILLIN reduced decay 55% in a 2-year test among school children (which, incidentally, was 5 times the reduction reported for a leading university's ammoniated formula).

Men Get Starry-Eyed about the "true-to-life" flavour of HEINZ CONDENSED SOUPS. And your husband will be no exception. Just serve any one of the luscious, tantalizing varieties some night soon... as a first course - or, perhaps, like this:

MEAT PIE WITH BEEF TOPPING 1/2 lb. raw beef, diced, or 1 cup diced leftover meat 2 tbsps. fat 1 10-oz. can Heinz Condensed Vegetable Soup with Beef Stock 1 c. water 1/2 tsp. salt Dash cayenne pepper Dough for 1/2 standard recipe for baking powder biscuits

Hate Getting Up Early? I do. But it's easier now I've got something to look forward to for breakfast... PURESTAFFE PURESEVILLE ORANGE MARMALADE! It's made of those wonderful tangy (but not bitter), real Seville oranges from Spain, blended only with pure-as-can-be sugars. The recipe came to Canada in 1908, with Wagstaffe Limited... and now that same treasured recipe is still used.

Husbands Are Often Slow getting started with their "home-owner" chores - but once they've begun - shutters get taken down - cellar gets cleaned - leaves get burned - windows get washed - and that often means sore muscles after-wards! Well - don't just let your husband "grin n' bear it!" Give "Pain-E-Away" away in a hurry with BEN-GAY (Baume Bengay). Just smoo-th it on where hubby hurts. Its soothing warmth gives wonderfully fast relief from the pain of sore muscles, chest colds, rheumatism or neuralgia! That's because BEN-GAY contains up to 2 1/2 times more of those two famous pain-relieving agents - methyl salicylate and menthol - than 5 other widely offered rub-ins. Contains skin-soothing lanolin, too! Better keep Ben-Gay handy! - just 75c a tube!

A Letter From A Reader says "I'm so glad I read about Zonitors in your column. It's difficult to find out about the best method of feminine hygiene as it's not a widely discussed subject. I'd just like to say that Zonitors are as effective as I'd hoped they'd be!" Yes, thousands of women find ZONITORS the most satisfactory method of feminine hygiene. These pleasant, stainless, snow-white vaginal suppositories are dainty, convenient, powerfully germicidal - yet absolutely safe to delicate tissues. For further helpful facts on the important subject of feminine hygiene - simply write to me - Barbara Brent, 1411 Crescent St., Montreal, P.Q. - and I'll send you a free booklet in a plain wrapper.

DOROTHY DIX SAYS-

One More Chance?

This Repentant Suitor Doesn't Deserve It

DEAR MISS DIX: For about a year I went steady with a young fellow 21 - a year older than I. Plans were being made for our wedding when he suddenly left me. During the year we went out, he borrowed considerable amounts of money from me, and now owes me quite a bit. Also during that year we broke up several times but were always reunited.

Now four months have passed since I last saw him and he has declared himself ready to square things with me, but he also wants me to go out on dates with him. Because of the way he has treated me before, my parents do not approve of him. I still feel I am in love with him and will easily forgive him for the mistakes he has made. The question is should I follow my parents' advice or my own heart?



ANSWER: Follow your own heart and it will surely be broken! When you have been shown so conclusively - not once, but many times - that you young man has absolutely no consideration for you, how can you even consider going through the whole cycle again? One or two mistakes could be forgiven, but a series of them, repeated over and over, would certainly make any young lady of sense weigh her future carefully and see the pitfalls ahead in continuing with such a one as your erstwhile sweetheart.

GIVE HIM UP

If you take him back, there'll be more borrowing, more sudden breaks, more heartaches for you. Haven't you had enough? If by chance you should get this man to the altar, you'll rue the day. He hasn't the stability to make a good friend - how could he ever be a faithful, dependable husband?

Take your parents' advice, by all means. They have your interests at heart and from the vantage point of time and experience can see quite clearly the kind of marriage your sponging friend will give you.

DEAR DOROTHY DIX: I am 16 years old and bothered with freckles. I have so many of them that they make me ugly. I am often told I would be pretty if it were not for my freckles. I am popular in school in spite of them, but would like to have a clear complexion. Can you help me?

ANSWER: Nonsense. Freckles never made anyone ugly. In fact, they usually lend a piquant charm that is very attractive, and may be one of the reasons for your popularity at school. If you are determined to rid yourself of freckles, consult the very capable lady in charge of the cosmetic section of your local department store. There are numerous creams to aid in whitening your skin. Stop worrying about the situation or you'll acquire wrinkles that are neither cute nor easy to banish.

DEAR MISS DIX: I'm 18 and in love with a boy 20. He treats me like a child. How can I make him realize I am grown up? He is now in Korea. Do you think I should write to him?

ANSWER: When you do grow up, Judy (and it will come soon enough), your friend will realize it and stop treating you like a child. Right now you are too young to take him, or any other young man, seriously.

By all means write to him if you wish, but remember, keep the letters friendly, chatty, cheerful. Don't write love letters!

DOROTHY DIX cannot reply personally to readers but will answer problems of general interest through her column.

CROSS FRETTY

Upset Constipated BABY Teething

Give Baby's Own Tablets to quickly bring the relief that encourages restful comfort. Thoroughly dependable. No "sleepy" stuff - no dulling effect. Used by Mothers for over 50 years. Get a package today at your druggist. Only 30c



KING COLE TEA

The Popular Choice



Tests Prove New Kind of Nylons Best Possible Buy

"Wear Longer, Look Much Better..." Says a U.S. Testing Bureau

The simple twist of a nylon thread now makes all the difference between just plain nylons and a completely new kind of stocking. Instead of knitting their nylons from old-fashioned wavy-straight nylon thread, the makers of Chatelaine hosiery use a completely new kind of nylon thread that's twisted before it's knitted.

What does this mean to you, the woman who wears the nylons? Well, here's the story. A U.S. Testing Bureau went to work and put nylons knitted this brand-new way through their paces. They came up with charts, figures and statistics... plus some real advantages that we think you'll find pretty interesting.

Frankly we think that after reading about the new Chatelaine Nylons that fitted your legs all over, from tops to toes!

Well, search no more, my lady! New Chatelaine Nylotwist® Nylons actually "live". They "give" just enough to cling neatly all your leg over, even at such hard-to-fit places as your knee and ankle. Tests have shown that new Chatelaine Nylotwist® Nylons stretch and snap back fully an inch and a half more than ordinary stockings!

NO MORE WRINKLES AT THE ANKLE Beautifully sheer Chatelaine Nylotwist® Nylons will never, never wrinkle the way other nylons do. It's that marvellous twisted nylon thread again, keeping your Chatelaine hosiery trim-fitting, even after countless washings.

For Nylons That Wear Longer, Look Better... Always Insist on...



ASK YOUR DOCTOR

"Why is Carnation so Good for Babies?"

Every time you weigh your baby... and when you proudly watch his first toddling steps... you'll be glad that you fed him on Carnation Evaporated Milk. For Carnation adds precious pounds and inches... helps baby's legs grow straight and strong.



Why Carnation is Better for Your Baby

CARNATION is whole milk in its safest, most digestible form. Absolutely uniform, because all Carnation Milk is processed in Carnation's own plants, under the most rigid quality controls. More nourishing, because it provides all milk's food values plus 480 Units of vitamin D per pint.

FOR GENERATIONS now,

Carnation has been recognized by famous baby specialists and used in leading hospitals. For baby's sake... for your own peace of mind... ask your doctor about Carnation. It's the milk every doctor knows.

Your Best Buy



St. Michael KNITWEAR

The best of British pure wool - shrink-resistant - budget-priced