

Isn't that just like a man?

But, all, it's nice to know your family forward to your meals.

But, of course, the tremendous selection of groceries available at the Co-op helps to make you cook something special to look forward to . . . garden fresh vegetables, guaranteed meats, and a huge variety of frozen foods and canned goods give you the essential ingredients for wholesome tasty meals.



RECIPE HINT...

Fresh lobster is especially good when sliced down the middle (and the claws cracked open) then brushed with butter and placed under the broiler just long enough to melt the butter and heat the lobster. For a real taste treat serve with scalloped potatoes, and asparagus tips with cheese sauce.

AND THEY'RE SAVING MONEY TOO!

How come, you say! Because they're CO-OP SHAREHOLDERS and each year they receive a rebate on their year's purchases! You too can become a shareholder for just \$25 or five payments of \$5.00 each. Inquire at the office today!

LISTEN TO NEWS AND VIEWS ON GROCERIES — CFCY THURSDAY 11 A.M.

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