

Woman's Realm—Social and Personal—Fashions—Literature

Needlecraft FOR THE HOME



HOUSE 2445
SIZES 12 - 20

FAVORED FOR FALL

Versatile separates like these are very important for Fall scenes. The beautifully styled blouse provides the popular push-up three-quarter length. (Two separate patterns.)

No. 2445, the blouse, is cut in sizes 10, 12, 14, 16, 18, 20. Size 16 is 2 5/8 yards 39-inch.

No. 2450, the skirt, is cut in waist sizes 22, 24, 26, 28, 30 and 32. Size 28 shorter length 4 3/8 yards 39-inch; longer length, 5 1/8 yards 39-inch.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or zone number in your address. Pattern Department, The Charlottetown Guardian, Pattern No. 2445 and No. 2450

Name _____
Address _____
City _____ Province _____

FLORAL DESIGN



DESIGN NO. 738

An embroidered luncheon set done in a colorful floral design is an asset to the fine art of eating. Hot iron transfer pattern No. 738 contains 13 motifs with complete instructions. Needlework Book 20 cents.

To order: Send 20c in coin to Needlework Bureau, Charlottetown Guardian, Needlework Book 20 cents.

Name _____
Address _____
City _____ Province _____

Morning Smile

An Arkansas hillbilly built a house for his bride in which the fashioned windows had no doors.

"Where are the doors?" asked the nervous wife.

He drew himself up to his full height and replied: "Doors? Are you going somewhere?"

"Who's the responsible man here?" asked the caller.

"If you mean the fellow that always gets the blame," answered the office boy, "you're speaking to him now."

Enjoy that real tomato flavor!

AYLMER CATSUP

YOUR FAMILY DESERVES AYLMER QUALITY

Name _____
Address _____
City _____ Province _____

DOROTHY DIX SAYS—

Saddled With In-Laws

Husband Should Oust Sponging Relatives, Refuse To Sacrifice Self-Respect

DEAR MISS DIX: Is there any way for a man to part from his wife's family and still stay married to his wife? My mother-in-law has lived with us for six of our eight years of marriage. One of my wife's brothers is married and he and his wife never miss stopping in at least once a week, regardless of whether we have company, or if we want to step out ourselves. My other brother-in-law spends every week-end with us and drinks up all the liquor on the place. I do not even dare to ask my mother for dinner for fear of his condition.

I have about made up my mind to leave my house to my in-laws and go West. Am I doing the right thing?



LICKED

ANSWER: You will be doing not only a foolish thing but a cowardly thing if you let your in-laws run you out of your own house. What you need to do is to evict the whole bunch of them, even if you have to call on the police for assistance. Lock the door on them and get somebody else to sponge on.

TAKES ON FAMILY

When a man marries a girl, he doesn't legally marry the whole family and undertake to support them, but in practice he very often does. Mama comes and settles down on him. Papa borrows money from him. And his sister-in-law and the boys think they own his car. Even his clothes become the common property of his brothers-in-law and he never it on with his best necktie.

Any man who stands for his wife's deadbeat relatives making a good thing of him is weakling and also now marketed in garrets on mattresses stuffed with money, and we all know lots of people in three early stages of miserliness who deny themselves every pleasure and every luxury and even the common comforts of life because they will not part with a dollar.

DEAR MISS DIX: We live in a comfortable, three-room flat and my wife and I both work during the day. But before going to work in the morning I take her about ten minutes to mark things in order for her to know if anything has been touched during her absence. She marks the plate, and all of the belongings in the bathroom, such as soap, toilet tissue and perfume. Is this a disease?

ANSWER: In a way I suppose it is a disease, for it is an abnormal will end in a mental upset if she doesn't conquer it.

We hear of plenty of such cases, of women who die of starvation in garrets on mattresses stuffed with money, and we all know lots of people in three early stages of miserliness who deny themselves every pleasure and every luxury and even the common comforts of life because they will not part with a dollar.

It had better try to break your wife of her tight-fistedness before it gets any worse and wrecks your whole of life.

Household Scrapbook
By Roberta Lee

Modern Etiquette
By Roberta Lee

Table Decorations

The candles on the dining-room table may be tall, as they are narrow and do not obstruct the view of a person opposite another, but it is a mistake to have a high floral decoration. The flowers should be arranged in a low receptacle.

HELPMATE IS WORD FOR WIFE

Sure, you're a good wife. But just how helpful are you to your husband? Check this list and see where you stand.

Do you see to it that your husband comes home at night to a pleasant house and a good dinner and leaves in the morning in a good frame of mind?

Do you make it possible for your husband to get the sleep he requires, even though it may mean turning down an invitation for an evening out now and then?

Do you help your husband up to their sympathy or amusement by stirring him as a man who is hard to live with?

When you entertain, do you see to it that it isn't a one-woman show, but that the host is as important as the hostess?

Do you keep your talk about family troubles, problems and anxieties to a minimum, discussing when necessary to be in the rain very frequently?

How Can I!!!
By Anne Ashley

COOK'S CORNER

Q: How can I whip evaporated milk?

A: Before whipping evaporated milk, the can should be placed in cold water and the water brought to the boiling point. Allow it to boil for five minutes and then chill the milk.

Q: How can I keep shoes dry

FRENCH TOAST

2 cups milk
3 eggs
6 or 8 medium thick slices of bread

METHOD: Beat the eggs thoroughly, add salt to taste, and milk. Soak the bread slices in the liquid mixture until moist on both sides and brown first on one side and then on the other, in hot, melted fat.

This is nice served with any kind of syrup, with sugar, or with jam or jelly. It is nice too, served with bacon or sausages.

The next two are simple ways in which to prepare dainties when unexpected company drops in.

COCONUT BREAD FINGERS

Cut bread into strips or cubes and dip in sweetened condensed milk as it comes from the can. Now roll the dipped bread cubes in shredded coconut or finely chopped nuts.

Place on a well greased pan and brown in a moderate oven (375 deg. F.) Remove from the pan with a greased knife.

CHOCOLATE STRAWS

Prepare bread as for the coconut bread fingers and dip in the following mixture, then roll in coconut or finely chopped nuts.

Chocolate Syrup
1 cup white sugar
1/2 cup water
1 tablespoon butter
2 tablespoons cocoa
Pinch of salt

METHOD: Combine all these ingredients and place over moderate heat, stirring until the sugar has dissolved. Then cook without stirring until it forms a soft ball when tested in cold water.

Living & Leisure THE WOMAN'S REALM

WISER MEN

In Athens, many years ago, the times were much like these. The crowds were often thrilled to hear the wise old Socrates. He told the people what was wrong and what they ought to do. For I am sure that he was sure that everything he knew.

Though Socrates died years ago, his followers many are. And always you can find them in a Pullman smoking car. They seem to talk as Socrates talked many years ago. And I am sure that they are sure that everything they know.

SMALL FEET ODD ON LARGE WOMAN

A woman's pride in having small feet makes no sense if she is large and so are her legs.

Yet you see evidence ever so often of the large lady who proves by the petite-looking shoes which she wears that she thinks daintily to be demure and delicate. It is older women who grew up in an era which made a fetish of small size shoes.

The reason this idea needs to be debunked is because tiny-looking feet on a large lady have a tendency to make her figure and legs look larger than they are. Nothing, of course, contributes more to that than shoes which seem to be too small to give her adequate support.

Younger women who belong to the frankly larger-footed era of today, and who make no apology for taking a size 8 or size 9 shoe, are apt to look better proportioned because they wear more substantial-looking shoes. There are women, believe it or not, who deliberate search for size-enhancing shoes.

NEW HATS MUST HAVE PERFECT FIT

Paris — A perfect fit is one of the most important points about the new hats. A surprising number of them, however, are ill-fitting, even those with larger crowns, usually fit so securely as not to require pins, elastic, or other expedients to keep them in place. It is a means uncommon to see cloche shapes, reminiscent of the 1920's, although they are spared as yet from having to pull them down low over ears and eyes.

Very good reason for these close-fitting shapes, all flatter-fitted at the back of the head, is the size and height of the new coat collars, and the high round necks, covering the ears, and frequently buttoned right across their wearers' mouths.

The padding in shoulders will be slight, and seamless shoulders will be extremely popular. With the reduced size of the shoulder have narrower sleeves, smaller hats and shorter hairdos. Women should look definitely more petite this season.

BETTER ENGLISH
D. C. Williams

1. What is wrong with this sentence: "This is John's and Ruth's home."

2. What is the correct pronunciation of "matress"?

3. Which one of these words is misspelled? Compensator, compatible, commutator.

4. What does the word "efficacious" mean?

5. What is a word beginning with ab that means "a summary"?

ANSWERS

1. Say, "This is John and Ruth's home." 2. Pronounce the e like a. 3. Compatible. 4. Having power to produce intended effect. "We shall try to discover a more efficacious method." 5. Abstract.

WHY WORRY ABOUT YOUR HEART?

Do you get out of breath on slight exertion? Does your heart seem to skip beats or beat irregularly? Send today for Dr. Barton's interesting booklet on this "Why Your Heart?" To obtain it, just send 10 cents and a 3-cent stamp to cover cost of handling and mailing. The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 10, N. Y., and ask for your copy.

That Body Of Yours
By James W. Barton, M. D.

HEART PATIENTS SHOULD NOT TAKE TOO MUCH REST

We are hearing and reading so much about coronary thrombosis (occlusion) that we may forget about the old-fashioned disease known as congestive heart failure, in which the heart muscle itself has become weak and is unable to pump sufficient blood for the patient's needs.

While a leaking valve may be putting extra work on the heart muscle, because it has to pump some blood twice, most cases are due to infection which not only damages the lining of the heart and valves but also weakens the heart muscle itself.

When the heart muscle begins to fail and congestion occurs, there will be swollen ankles, breathlessness, enlargement of the liver and general weakness. Because of these symptoms and because the patient is more comfortable while at rest, he is not inclined to be on his feet or do any walking.

Should the patient with chronic failure, but the rest should not be too long as it causes stagnation of the blood in dependent parts of the body, increases congestion of the lungs, and if it is too long will not cure the patient.

Less rest should be given at the end of three weeks' bed rest, and the patient should return to his occupation as the work is light. Salt and the amount of fluids should be controlled and food so arranged that there is no gain in weight. Rest periods are necessary but may be taken by increasing the time spent in bed at night and by staying in bed part of each week end. Home treatment and even preferable in chronic congestive heart failure.

The above information should be welcomed by the heart patient and his family as it means that the patient will not be confined to bed, can be up and about, and have a gainful occupation. He can take the prescribed medicines, digitals and others, with regular visits to his physician's office.

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COCONUT BREAD FINGERS

CHOCOLATE STRAWS

GOOD BREAD still your Best and cheapest Food.

"Always Good"

Eastern Bakeries

BUTTER-NUT BREAD

That Body Of Yours
By James W. Barton, M. D.

The Stars Say—
By Genevieve Kemble

For Thursday, October 21

A DAY of intrigue and subterfuge could anchor the affairs in exceptionally lucrative and pleasant fields of operation. Matters of major importance, of long-range and expansive view, come up for quick decision and may prove fruitful as to environs as well as to definite change in tactics or execution. Ambitions are heightened, the spirits generous and optimistic with judgment and facilities dependable and creative. However, rash, too hasty or aggressive action could undermine sound work. Clever strategies or finesse could assist greatly in reaching advanced goals.

For the Birthday

Those whose birthday it is, are assured a year of golden opportunity in which well-organized forethought and required ambitions and desires, could promote excellent scope for cherished ambitions with rich returns on worthy efforts. Favorable change or journeys, new contacts and associations could bring much gratification with personal satisfaction in dealing with strangers as well as influential persons on friendly grounds. Undercover agreements or subtle manipulation could work out better than strenuous or forced issue. Tact and finesse with the personal element could flourish.

A child born on this day while Clever strategies or finesse could assist greatly in reaching advanced goals.

For Bad Cough, Mix This Splendid Recipe, at Home

You'll be pleasantly surprised when you make up this easily prepared mixture and try it for a distressing cough. It is no trouble to mix, and costs but a trifle, yet it can be depended upon to give quick relief.

Make a syrup by stirring 2 cups of granulated sugar and one cup of water for a few moments until dissolved. No cooking needed. (Or you can use corn syrup or liquid honey instead of sugar syrup.) Add a 2 1/2 ounce bottle of Pinex from your drugstore, put it into a 16 ounce bottle and fill it up with your syrup. The 16 ounce bottle made gives you four times as much cough medicine for your money, and is a very effective relief for coughs. Keeps perfectly and tastes fine.

This splendid mixture soothes the irritated membranes, loosens the phlegm and helps to clear the air passages. Thus it makes breathing easy, and lets you get restful sleep.

Pinex is a special compound of proven ingredients in concentrated form, well known as a soothing agent for winter coughs. Money refunded if not pleased in every way.

Pinex is Fast Relief!



Boarding clipper at Miami, Fla. these Mennonites are the second group from Canada to be on their way to their new homes in Paraguay. An advance guard went to South America in May to make arrangements for the migration of some 1,700 members of the sect who are leaving their western Canada homes to begin a new life in vast Gran Chaco.

VEL WASHES LIKE MAGIC with or without suds!

5 REASONS WHY YOU'LL PREFER VEL FOR DISHES AND FINE FABRICS

- VEL gives you SOFT WATER washing even in hardest water.
- VEL penetrates, cuts grease, loosens dirt faster.
- VEL cuts dishwashing time in half.
- VEL is safer, leaves fine washables fresher, brighter.
- VEL is milder to hands—by actual test—than any other leading product.

SAVE! USE VEL IN THE NEW GIANT ECONOMY SIZE PACKAGE!

VEL keeps undies colour-bright—keeps woollens fluffier—stockings sheerer, than finest soap flakes.

VEL, VEL, V-E-L SOAPLESS VEL IS REALLY SWELL!