

\$4.50 per year (in advance) mailed in Canada and United States.  
Morning Daily (founded 1887) \$3.00 per year (in advance) delivered.

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WEDNESDAY, SEPTEMBER 19, 1928

THE GROWING WEST.

THE position the Western Provinces hold in Canadian life, is seldom realized by those in the older provinces. The West has grown enormously within the past thirty or forty years. It has grown from a land of unpopulated prairies to a land of vast agricultural areas and ever-increasing population. In a recent issue we quoted from a Western paper the fact that in the prairie provinces there were 60,000 tractors at work and that 12,000 more will be sold there during the present season. In addition to this there are large and expensive agricultural machines, harvesters, etc. When it is noted that this machinery was all manufactured in the United States, we tell the whole story of Canada's fiscal policy.

American newspapers have been boasting of their growing trade with Canada and looking forward to still greater expansion in this direction. The Canadian tariff permits them to do this. As the Mail and Empire points out, the King Government keeps the tariff so adjusted as to put the manufacturers of the United States in control of a great part of our demand. The United States producers are enabled to sell here on a scale surpassing that of their exports to any other country, whereas the United States keeps hoisting up its duties against our producers.

When Canada's fiscal policy is so adjusted that Canadian machinery will be used instead of American, we shall have employment in Canada for our workmen and profitable use for our raw material. It is a disgrace to Canada that all the farm machinery in the West has been imported from the United States; and all this because of the iniquitous fiscal policy in force here. It is time for a change at Ottawa.

JAZZ!

IT was a pleasure, to many at least, to hear Mr. Branscombe, himself a master musician, denounce in unmeasured terms the modern music, so called, and which comes under the general term "jazz."

This has been called the jazz age, an age of vulgarity, and jazz is simply an expression of the period. That we are drifting, few will question. Possibly we are going around to a previous jazz period. Readers, for example, who have been steeped in the literature of the Victorian period, the leaders in which were Tennyson, Browning, Ruskin, Dickens, and others, are often shocked at the bluntness of the previous age when Shakespeare, Ben Jonson and Marlowe called a spade a spade.

The ages change. Possibly we are going round in a circle rather than drifting outward into a limitless future. Possibly we are nearer the Elizabethan period today than to the Victorian. In any case we are going somewhere.

If jazz is an expression of the age we live in, it says little for the age; but if it be a true expression, better that than covering it up with assumed modesty.

To the musical ear jazz is not music. It is a discordant noise, and we are allowing the spirit of it to enter the more serious side of life. We need to watch our driftings and use what checks we can upon the tendencies of the age. These tendencies have been evident in all ages since the world began, and there have always been, in every age, the old and the young, the former conservative, the latter adventurous. Both are needed and the thing is to avoid extremes.

ENCOURAGED THERETO.

STRONG condemnation has been voiced about the looseness or worse with which the export regulations are being enforced by Canadian officials at the American border. Liquor is being shipped across

to the "dry" United States in immense quantities to the disgust of respectable citizens both in that country and in our own.

Why should dishonest officials, men who are known to have proved unworthy of the trust imposed upon them, be permitted to hold office and disgrace the country that employs them? The Government cannot be ignorant of their dishonesty; indeed, it would appear as if they were being encouraged in their lawlessness. Evidently the officials themselves have little fear that the Government's wrath shall fall upon them. They have seen the whole Customs service demoralized and those guilty of it escape punishment and get away with their dishonest gains, and they may have similar aspirations. Officials of this type would have no place in an honest government, and the remedy for the disgraceful conditions at the border is to place an honest government in charge.

AS OTHERS SEE IT.

WRITING to the Halifax Herald with reference to recent strictures in that paper on Government Control in Ontario and Quebec. Rev. Joseph F. Tupper, Rector of St. Monica's Anglican Church, Toronto, points out that "the last ten copies of the Halifax Herald have contained more accounts of drunkenness, accidents on the highway, smuggling and fines in Nova Scotia, than I have seen in the Toronto papers for that period. In fact, it seems impossible to read a paper from Nova Scotia without noticing dissatisfaction with existing conditions, and well there might be! It was particularly painful to read in The Herald of two women being arrested in Halifax for drunkenness; of smuggled rum being found on Birmingham street; of eleven serious accidents over the week-end; of a report that there are 35 open bars in one town in Cape Breton; of an ex-alderman saying that a large number of places on Water street, Halifax, are doing a big business; of the rum running both along the coast and also along the highway; of men arrested for driving a car while intoxicated, etc., etc. And to all this the Chief of the N. S. T. A. is reported as saying: "We can't do much." Mr. Tupper contrasts this condition with Ontario, where he notes an increasing improvement under the new Act.

EDITORIAL NOTES.

The copious rain of recent days was much needed, as, owing to the prolonged drought, springs were becoming unusually low and plowing was becoming somewhat difficult. The soaking has done much good.

It was an Irishman who said "The potato warehouse is not going to be ready as early as I expected, and I always thought it would not." A Scotsman said, "Weel, they hae promised it ony way, but they were thinkin' o' something else when they made the promise." An Englishman hit it off this way: "We have the promise, but political promises make poor cold storage for potatoes."

New fisheries regulations covering sport and commercial fishing have been adopted for the Province of Nova Scotia, to become effective Sept. 30. Non residents except those owning summer homes, or owning or leasing fishing rights, are required to secure permits from the Minister of Marine and Fisheries, the fee being \$1.00 a day or \$5.00 for the season. In angling, no one shall use more than one line or more than three hooks on the line. Except by angling, bass is not to be taken between March 1st and Sept. 30th. The minimum weight of bass which may be legally taken is fixed at two pounds. There are several other provisions, all calculated to protect the fisheries of the province.

Notes by the Way

A vigorous English writer, known only to his many readers as A Gentleman With a Duster, last year wrote a book entitled The Howling Mob. A volume of this book is in the Dodd Public Library and may interest readers concerned with the faults and failings of modern democracy. This writer is very critical of the wide extension of the voting franchise to "boys and girls," as he calls the younger voters, and of many other things that have come about in regard to which he thinks the former times were better than these, notwithstanding the warning of Solomon to the contrary.

There is much truth in this writer's criticisms, but many will think his views extreme, as, for instance when he says that "politicians" (the product of our democratic electoral system) "are always the blindest and stupidest of men, and sometimes even the most corrupted. Whatever the politicians of England may be, we don't believe the politicians of Canada are so degraded as that. But all must admit that our democratic system of representative government leaves much yet to be desired and not a little to be curtailed."

Democracy is yet on its trial. It is a delusion that the voice of the people is the voice of God, when that voice is expressed through the ballot box by an ignorant, excited or angry electorate. Long ago, as Plutarch tells, Lycurgus was asked to set up a democracy in Sparta. That wise law-maker made answer "Pray do you first set up a democracy in your own houses." After all, the first form of government set up on earth was family government. It was almost absolute and has continued down to our day, with most of its distinctive features but little changed. There is authority vested in the father of the family jointly with the mother.

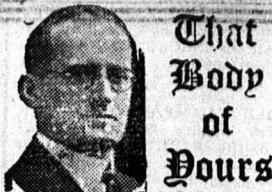
The captain of a ship on the high seas is in like manner clothed by law and usage with almost despotic authority. It is a necessity of his calling that this should be. But he is trained and fitted for his manifold duties which include the right to administer justice and even to put a seaman in irons who refuses to obey his orders. We cannot imagine him taking a ballot among his sailors with regard to the right method of navigating his ship, any more than we can imagine a father taking a ballot among his small boys and girls as to the best method of managing his farm, his business, or his way of ordering his more important affairs. How different is the manner of navigating the Ship of State!

There is reason to fear that reverence and respect for parents, teachers, and for law and order are tending to decline under the self-assertive spirit of the boys and girls of the time. This, however, is not apparent in homes where proper order, training and discipline are established and maintained. But even there, and in school, and elsewhere, the contact with other children tends to spread the infection of rebellion against discipline and parental control. This spirit is illustrated in the Jiggs cartoon which appeared in Monday's Guardian. Jiggs reproves his daughter, and tells her that older people when they were young were better behaved than she. Her retort, "I suppose you had better parents," is crushing.

It is apparent that everybody who wants booze in or about this city, or pretty nearly everybody who has a thirst for the ardent just now gets what he thirsts for, without difficulty, any day of the week. Some explanation of the why and wherefore of these conditions is due to the public. Primarily it is due from Premier Saunders in view of the promises he made before the last election, and in the Legislature at its last session. Then he had the Prohibition Law amended quite to his liking and promised to have it enforced up to the hilt.

The Temperance Alliance should also explain to its sincere and ardent prohibition friends and supporters why conditions are as they are. Some explanation is also due to the prohibitionists in other provinces who have been led to believe that the law is working admirably in Prince Edward Island. The suspended Temperance Bulletin might be revived, if only for a single issue to throw some light on the dark situation. As things are now, the Prohibition Law and its hypocritical political backers are alike utterly discredited in Prince Edward Island.

PROMINENT CHURCHMAN DEAD  
TORONTO, Sept. 17.—Rev John Hall Edmondson, DD, secty. of the home mission board of the United Church of Canada, died at his home here Saturday following a brief illness.



By James W. Barton, M.D.  
IS SLEEP IMPORTANT

One of the hard problems your doctor has to face is how to enable many of his patients to secure proper rest—sleep. The body and brain are tired, need absolute relaxation, and sleep, natural sleep, is the great restorer.

And yet if you ask him just what causes sleep, he would be at a loss to answer you correctly.

What he does know is that during sleep the cells of the body, instead of giving out energy, instead of working, are not only resting, but taking on fuel or energy. It is like taking your car to the filling station, getting new oil, and having the battery removed from the car and recharged.

If you do not get your sleep it is like running your car without getting oil renewed or battery recharged. And just as a motor cannot give good service with oil that has been used too long—thin and gritty—neither can your body give good service without sleep.

The fact that some men, Edison for instance, can get along with a smaller amount of sleep than does the average individual, should not give you the idea that sleep is not important. Dr. R. C. Cabot says "I believe that more minor illnesses are due to lack of sleep than to any other recognizable factor." Without sufficient sleep you are "working on your nerve," and that means exhaustion of your vital energy.

Research men tell us that the loss of one whole night of sleep, requires seventeen nights of sleep to get the cells of the body back to normal. Now while the cause of sleep is unknown some of the little points that help to "woo" sleep are worth our attention, such as quietness, a well ventilated room, a good mattress, and light bedclothing.

However, unless you can relax your body and with that your mind, it is going to be difficult to get off to sleep.

Dr. Nathaniel Kleitman tells us the onset of sleep is due to complete muscular relaxation. He shows that if the muscles of animals were kept moving or contracting that the animal easily kept awake, but if they were allowed to rest their muscles, they were unable to keep awake.

Thus if you will relax your entire body, and lie as if you were completely exhausted physically and mentally, fewer impulses will go up to the brain from the muscles and the skin itself. And if the brain is not kept so alert you will drop off to sleep.

Daily Selections for Guardian Readers

September 19, 1928

THE GOOD DAY COMING—And He (God) shall judge among the nations, and shall rebuke many people: and they shall beat their swords into ploughshares, and their spears into pruninghooks: nation shall not lift up sword against nation, neither shall they learn war any more.—Isa. 2:4.

PRAYER—Even so, come quickly, Lord Jesus.

WHAT IS SUCCESS?

It's doing your job the best you can. And being just to your fellow-men. It's making money, but holding friends.

And staying true to your aims and ends.

It's figuring how and learning why. And looking forward and thinking high.

And dreaming a little and doing much.

It's keeping always in closest touch. With what is finest in word and deed.

It's being thorough, yet making speed.

It's chancing blithely the field of chance. While making labour, a brave romance.

It's going onward despite defeat. And fighting staunchly, but keeping sweet.

It's being clean and it's playing fair.

It's laughing lightly at Dame Despair.

It's looking up at the stars above. And drinking deeply of life and love.

It's struggling on with the will-to-win. But taking loss with a cheerful grin.

It's sharing sorrow, and work, and mirth. And making better this good old earth.

It's serving, striving through strain and stress. It's doing your noblest—that's Success.

—Dr. Johnson in "The Rambler."



That Body of Yours

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The Land We Love

By Frank Yeigh

The Geodetic Survey of Canada

Q. What is the Geodetic Survey of Canada?

A. Geodetic and topographical surveys are not unconnected, but are complementary one to the other. The geodetic survey by triangulation and astronomical observations fixes accurately the location of points on the earth's surface, and the other surveys tie in their work to these accurately determined points. Another function of the geodetic survey of Canada, Department of the Interior, is the taking of precise levels through Canada from Atlantic to Pacific. It can readily be seen that in the development of the country by the construction of dams and power houses, bridges, railways, canals, irrigation ditches, and public buildings, a knowledge of the elevation above sea level is a necessity.

Modern Etiquette

By Roberta Lee

Q. Is it proper for the chauffeur to descend and open the door of the car for his mistress when her destination has been reached?

A. No, his place is at the wheel.

Q. What is known nowadays as the "keynote in introductions?"

A. Simplicity.

Q. To whom is the response to a dinner invitation addressed?

A. To the hostess only.

Daily Lessons in English

By W. L. Gordon

WORDS OFTEN MISUSED: Do not say "they act as an encouragement for virtue." Say "encouragement to."

OFTEN MISPRONOUNCED: aerodrome. Pronounce a-er-o-drom, a as in "day," e as in "her," both o's as in "no," accent after the a.

OFTEN MISPELLED: presentment. S, no z; also note the i.

SYNONYMS: possibility, probability, supposition, conjecture, chance.

OLD STUDY: "Use a word three times and it's yours." Let us increase our vocabulary by mastering one word each day. Today's word: VEHEMENT; very violent or forcible; ardent. "It was a vehement and direct attack."

HOUSEHOLD SCRAP BOOK

By Roberta Lee

Varnished Floors

Varnished floors should be rubbed once a week with a woolen cloth dampened in a solution of 1 part linseed oil and 1 part turpentine. This is also good for linoleums. Always burn the rags to avoid fire.

Blood Stains

Soak in cold water over night. Then wash in soap and water, to which add 1 teaspoonful of kerosene oil. Let it stand a few minutes, then wash in cold water.

Whipping Cream

If a tiny pinch of salt is added to the cream before whipping, it will make the cream much sweeter.

CONVICTED OF MURDER.

(Canadian Press)  
PITTSBURGH, Pa., Sept. 16.—Attorney Fayette J. Tyrell yesterday was convicted of second degree murder for the killing of Philip Clark in the Munhall first Christian Church on a Sunday morning last May. The verdict calls for imprisonment or not less than ten years nor more than twenty years. Tyrell, superintendent of the church Sunday school, had been counsel for Clark's wife in divorce proceedings. On the day of the killing Clark appeared at the church to press for the removal of Tyrell as Sunday school superintendent on the grounds that he was not fit to hold the position. They met in the church auditorium, a few minutes before services were to have opened. Tyrell opened fire and Clark dropped with three bullets in his body.

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WANT MARTIAL LAW  
SAN JUAN, PORTORICO, Sept. 17.—Declaring that the situation is "so terrible as to demand immediate action" and that 72 hours have been lost, "A group of leading citizens have petitioned governor Towner to impose martial law throughout the Island, requisition all food and supplies and draft all able bodied men. The signers pledged that whether their suggestions were adopted in whole or in part they were ready to devote their full resources to co-operation with the governor."  
Plant Spanish isles for cutting in a sunny situation. They may make some fall growth. Mulch with dry leaves or straw if they do.

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