

Woman's Realm Social and Personal Fashions Literature

Helpful Hints For The Women Folk

By all means use some time to be alone. Salute yourself, see what thy soul doth wear. Dare to lock in thy chest, for 'tis thine own. And tumble up and down what thou findest there. Who cannot rest till he good fellows find. He breaks up house, turns out of doors his mind.

—George Herbert.

The American diet is apt to be weak in iron, iodine, calcium, and vitamins A, B and C, says a Cornell University home economist.

The scientific reason why paper sometimes curls annoyingly: It is due to differential expansion of the two sides of a sheet when atmospheric conditions change.

Try putting a teaspoonful of sugar into a cup of water and bringing the creases in the trousers with this solution, when pressing. The creases will last much longer.

The gold coffin of King Tut-Ankh-Ameh and other treasures of the Cairo museum are being removed to a safe place as a precautionary measure.

Shubert was not so weighted with genius as to be free of indulgence in foolishness. With fun loving friends, he frequently assisted in burlesquing his own compositions, playing his part upon a comb.

Foretelling a voice, in any way, is not enough to ruin the voice, forcing also harms diet and technique. It is impossible, for instance, to produce a pure legato when there is any tightness in the throat.

CLEANING PROTECTS

To protect against moths, winter crapes, woollen blankets, comforters, rugs and winter clothing should all be dry-cleaned or washed before storing away for the summer. Upholstered furniture should be gone over thoroughly with the vacuum upstair attachment, shampooed, if necessary, and sprayed with some reliable anti-moth solution before covering with clean slipcovers.

CLEANING SPOT ON RUGS IS PROBLEM

A good rug deserves all the care the owner can give it. And that means taking out a spot as soon as it appears. Food and grease stains are the first places attacked by moths. Usually they can be taken out with a mild soap and water, rinsing the soap out thoroughly. Blood stains are best removed with clear cold water, no soap. Don't saturate the rug; just drip water on with an eye dropper, work into the pile with a clean rag, then blot with a blotter or sponge. Remove ink by first blotting up all wet ink possible. Then drain lukewarm water on the spot with an eye dropper, working into the pile and blotting as you work, taking care not to rub. When the blotter shows no more ink that is probably all the ink you can get out. If stain remains you'll have to get rug cleaned.

FOR MORE WALL SPACE

If there is to little wall space to arrange furniture attractively, a door which is not absolutely essential could be permanently closed and covered with an appropriate wall hanging. Or, if the room is to be repaired, the door might be blocked in with a plywood panel and papered.

Artists work with surface space. Musicians work with time space. When an artist starts to paint a picture he must determine first of all a canvas will be required for his artistic ideas.

To remove fat from soup, try straining it through a cloth wrung from cold water, but be sure to heat it again for serving.

DRESS AND COAT EVENING ENSEMBLES

A pleasant relationship exists now between dresses and coats in high evening ensembles, a relationship that is sometimes concerned merely with color, and again with fabric. An ultra smart air stamps a crepe or jersey dress worn with a rather elegant long fitted coat in wool in matching color. These ensembles are good for resort wear. The all-white idea is a charming one, and for those who like color contrasts, the yellow dress paired with the combination of gray red and gray wool coat lined in yellow, or pale blue will make a hit.

Black foulard printed with multi-color rings makes a turban trimmed by two large rings of draped fabric which are caught, one overlapping the other, at the side of the turban.

ADVERTISING GAINS

Advertising circulation reported by 57 newspapers representing 83 per cent of total circulations, showed a gain of 34 per cent in April over the same month last year, the bureau of advertising Canadian daily newspapers association, announced today. This is the fourth consecutive month in which an increase was noted.

National advertising linage rose approximately one per cent, retail 4.5 per cent and classified 4.9 per cent. Total for the month was \$438,945 in April, 1940; 22,675,585 in April, 1939.

BABY'S TEETHING UPSETS QUICKLY CHECKED

YOUR BABY must "get a tooth." But he need not get a fever with it—if baby's mother is wise in what she does.

Here is what one wise mother, Mrs. Archie Beebie, of Conson, has to say: "We have not had one night's rest through teething as I always use my old standby, Baby's Own Tablets. They are worth their weight in gold."

And Mrs. B. A. Schine, of Galt, Ont., says: "I have given Baby's Own Tablets to my baby since she was three weeks old, although she cut her teeth rapidly (all four molars at once) she has never yet wakened us at night. I would not be without these tablets."

Give these safe, sweet-tasting tablets at the first sign of teething fever. Easy to take, in every package.

Also effective in Constipation, Simple Fever, Diarrhoea, Upset Stomach, Colic, Simple Croup and Frequent Cries. Get a box today. Sick-ness often strikes in the night. 25 cents. Money back if you are not satisfied.

Alpine Yodeler Bag and Belt by Mayfair



MAYFAIR NO. 454

This bright belt and matching bag is designed to give your new-season ensemble just the right dash and spirit. In a season when color is most important, it is appropriate indeed. Made of felt embroidered in wool or silk or woollen materials embroidered with silk twist. They are also most effective in novelty cottons, dress linens or heavy linen crash. Simple outline, single and cross stitches complete the embroidery.

The pattern includes transfer of the design and easy to follow cutting and assembling chart.

To order this design, write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlottetown Guardian.

Design No. 454

NAME _____

STREET _____

PROVINCE _____



KING COLE Tea

THE COOK'S CORNER

SPICED RHUBARB RELISH

3 lbs. rhubarb
1-4 teaspoons cinnamon
3-4 teaspoon cloves
3-4 teaspoon allspice
1-4 teaspoon nutmeg
1 cup weak vinegar
2 lbs. sugar
1 lb. seeded raisins

Method: Heat the vinegar and sugar and add the spices tied in a small cloth-sachet bag. That keeps the rhubarb from darkening. Simmer this syrup for 15 minutes, then add the rhubarb cut in 1-2-inch slices and the raisins. Cook slowly by hand, the relish is thick and clear, stirring frequently. Seal in hot, sterile jars. Remove the spice bag before sealing.

RHUBARB GINGER JAM

10 lbs. rhubarb
10-12 lbs. sugar
2 large oranges
2 large lemons
1-4 lb. preserved ginger

Method: Wipe the rhubarb and cut it into 1-2-inch pieces. Quarter the seeds and cores and slice paper thin. Cut the ginger in thin slices and mix all the fruits. Place them in a stone crock or an enamel bowl and sprinkle the sugar over them. Use a wooden spoon for mixing. Cover the crock and let the mixture stand for 3 days in a cool place. Stir each day and keep covered.

Turn into a preserving kettle and bring to a boil. Simmer gently for about 1 hour, until the jam is thick and clear. Fill hot, sterile jars to overflowing and seal immediately.

SOCCER RESULTS

LONDON, May 20 (CP Cable)—Bradford defeated Hartlepool 2-0 in an English northeastern group soccer match played today. The Birminghams-Leicester City midland section till ended in a scoreless draw.

Take Part Confidently in Your Club Affairs

Know Duties of Officers

Called upon to take a post in your club, do you hesitate, murmur confusedly, "Me? Oh, I wouldn't know where to begin!"

By knowing pointers on office-holding, committee work, money-raising, you can distinguish yourself in your club.

As a secretary, one of your duties is keeping the minutes. A simple form shows how. Start with "A meeting (specify type of meeting) regular, called on (date) of the X club was called to order at 2 o'clock on May 7, 1940, at the home of Mrs. Smith, by the president, Mrs. Jones."

Appointed chairman of the program committee? When you have a woman guest speaker, courteous to see she receives a corsage. Always write the speaker a note of appreciation after a talk.

A problem to raise money? One of the many successful money-making ideas is "A Silver Tea." Arrange an exquisite formal tea, have your admission price any silver coin.

Win success for your club, yourself, with the help of our 32-page booklet. Tells how to organize a club, draw up a constitution. Explains club etiquette, gives duties of officers, members, committees. Has a sample budget, many clever ways to raise money.

Send 20c in coins for your copy of Clubwoman's Guide to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

NAME _____

Street Address _____

City _____ Province _____

Send 20c in coins for your copy of Clubwoman's Guide to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

NAME _____

Street Address _____

City _____ Province _____

Dorothy Dix's Letter Box

DOROTHY DIX SAYS— AMERICA NEEDS TO RETURN TO ITS OLD-FASHIONED PARLOR

Girls Need a Secluded Spot Where They Can Entertain Their Boy Friends Without Rest of Family Being Present

In a recent scientific study of how, when and where men pop the question, it was found that out of 117 proposals of marriage, 23 per cent were made in the girls' homes 25 per cent were made in cars and the remaining 52 per cent were made in public places. Doubtless, if the investigation had been pursued further, it would have been discovered that 99 per cent of the proposals that are never made are the direct result of the modern family living in apartments where there is no proper place in which a young man can make love and ask a girl to whom he assumes her board bill and shopping ticket for her. In the good old days, when every family lived in what the English call a "self-contained house" instead of on shelves—as is the present custom—there were very few old maids, whereas nowadays the spinster crop increases year by year. And this sad condition of affairs can literally be laid at the doors of the homes which used to be of solid, thick, sound-proof wood, but are now nothing but flimsy currying mats and peep holes and listening posts for the family.

It is the custom to hold up for ridicule the old-fashioned parlor, with its wax flowers, flowered chairs and mahogany furniture, flowered meetings of the Ladies Aid Society and the put it all over the modernistic living room as a first aid to matrimony. For it afforded the boy friend a sanctuary where he could be in the girl's eyes and cocked ears if a girl's far and near relatives, he could do his courting without having his style cramped by a critical audience.

It is a strange thing that parents who desire their daughters to marry have never realized that the home is the greatest matrimonial promotion agency in the world. It furnishes a girl the background which the dutiful man respects and against which the beauty is a knockout and the homely sister looks her best.

The house is a shop where the enchantress can work her spells, with light and cheer and music and good food to make her appeal to man's universal dream of having a home of his own, with a smiling wife to greet him and to assist him in his daily labor and the patter of little feet running to meet him.

There is nothing in big paid places of amusement to turn a man's thoughts toward marriage. No man who is classed as a girl over a restaurant table, with the waiter standing with an earshot. It is home that turns the trick.

It is when the man and the girl are raiding the icebox or scrambling eggs in the kitchen, that man thinks how nice it would be to have that sweet and smiling face across the table from him forever.

It is the psychological moment when the man, the girl and the girl's mother are in the kitchen, that man has been hesitating on the edge of matrimony.

No one who considers the subject can doubt that the lack of any place in the home for girls to receive the boy friend is not only the reason that so many of them fail to marry, but the reason that so many of them who do marry make failures of their marriages.

Bold as a lion in other circumstances, the modern youth trembles like a hunted hare at the thought of spending an evening in the bosom of a girl's home.

THE QUESTION OF WHO SHOULD MARRY

Dear Miss Dix—There is a question that confronts me that I would like your opinion on. It is this: Who should marry? Should there be any limitation on marriage?

Answer: It would take Solomon himself to answer that question. It is far beyond my poor abilities to try to deconvince to every rule that might be laid down on the subject.

Just as a general proposition, however, I think that only those people should marry who are physically and mentally fit to take the responsibility of the lives and happiness of others in their hands, and who are willing to sacrifice themselves for the good of their fellow men.

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)
(Copyright, 1940, King Features)

Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Wednesday, May 22nd

MARCH 21 to APRIL 20 (Aries)—Fairly stimulating, although care is advised in making promises and wild planning lest these burst in a bubble. Hold to practical facts but be progressive. Romance okayed.

APRIL 21 to MAY 20 (Taurus)—Friendly on whole, especially for both after May 5. Attend to unfinished matters; avoid misunderstandings and confusion, particularly dealing with others. Home affairs, real estate, in line for benefits.

MAY 21 to JUNE 21 (Gemini)—Excellent indications in some lines, and "just fair" progress shown in others. But whatever your occupation, if you proceed with honest intent, in some one thing today, you will do well, though results may not prove this till later.

JUNE 22 to JULY 23 (Cancer)—From possible if you handle properly whatever is entrusted to you and well made plans are employed. Try for a better position in your hobby or avocation.

JULY 24 to AUGUST 23 (Leo)—Don't listen to doubt or confusion—they are bad actors and tempt us often. You can succeed, at least in part, in some one thing today. Interesting news likely.

AUGUST 23 to SEPTEMBER 23 (Virgo)—Friendly aspects, especially for you born after September 6. Work with those who are actively engaged in bettering conditions generally, but we don't mean those who talk a lot and criticize yet offer no real solutions.

SEPTEMBER 24 to OCTOBER 23 (Libra)—Note advice to Virgoans. Your fine mind would be welcome if you would offer your services during free time to problems of community and country. Transportation and matters related to the land especially favored.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—Speed work, both here and there and everywhere. If you are one of those who do not only have your interests at heart but who are motivated for their generally sound principles.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Friendly rays, stop sufficiently long this A. M. to concentrate carefully upon the work and activities to be engaged in during the day and evening. Do not proceed carelessly that you will not spoil a good day through haste.

DECEMBER 23 to JANUARY 21 (Capricorn)—You may find unusual opportunities through dealings with natives of the Signs Taurus, Virgo, Libra and Pisces. Conscientiousness and harmony will see you through a good day.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Favorable aspects say "Godspeed" and may you heed the call to everything that is so good and big in the better you. Down patiences and promote your truly spindled traits. Happiness through association with children.

FEBRUARY 21 to MARCH 20 (Pisces)—Others may come to you for advice or just comfort. In this way you can find unmeasured of benefits. Be not averse to modern devices and methods, many prospects and promote your intelligent reading.

A CHILD BORN ON THIS DAY Everything will hinge upon the sensitive individual. It's moral, mental and physical health should be your first concern, parents! Then watch this intellectual youngster spring ahead toward success in no one but many ways. It will be sincerely fond of home, family, and travel, too.

A Morning Smile

"My patience is exhausted, Miss Brown, sighed the manager, "You are discharged!"

"Discharged? Dear me, I thought slaves were always sold!" retorted the overworked typist.

A large crowd had assembled at the football ground to witness a mid-week "local Derby." Among the spectators was the director of a large firm. Suddenly he spotted his little boy, also watching the game.

"So this is your uncle's funeral, which I gave you a permission to attend?" he said grimly.

"Yes, sir," replied the very quick. "You see, he's the referee."

DON'T KILL YOUR BEAUTY

By Suffering Monthly Pains

Can you see your youthful beauty slipping away? Do you find yourself looking older than you should because of the suffering you endure each month? Then get the message for you. For over 70 years, countless thousands of women who suffered functional monthly pains have taken Dr. Pierce's Favorite Prescription over a period of time—and have been overjoyed to find that this famous remedy has helped them ward off much of the monthly discomforts which can destroy your beauty.

Most amazing of this scientific remedy, formulated by a practicing physician, is guaranteed to contain no harmful drugs—no narcotics. In truly scientific way, it improves nutritional assimilation; helps build up and so increases your resistance and fortifies you against much of the dreaded functional pain. Lessens nervousness during this trying period.

Doesn't allow yourself to become old-looking and haggard long before your time because such monthly discomfort. Get Dr. Pierce's Favorite Prescription from your druggist. Discover how it helps relieve you of beauty-robbing "regular" pains.

Southern Atlantic Legacy

By SYDNEY PARKMAN

"It is old, but it is good," he said. "I worked out on it when old Senor Valdez first bought it. I say it is better than the stuff one can buy in these days. Don't you spend good money on new pianos till I have seen what I can do, Senor Capitlan."

"I won't," the Captain promised. "We will go over it tomorrow, you and I, and see what can be done about it."

He nodded good-night to the rest of the group, and walked on again.

The houses ceased altogether in the course of the next hundred yards, and the road abruptly descended into a rough track that climbed sharply and diagonally up the tree-clad hillside.

He was about to begin the ascent of this path, when he heard himself hailed by name from behind. He turned at the shout, and recognized the black-clad figure of a man who was hastening after him through the gloom.

"Ah, padre, it's you, is it?" he said.

"It's what left of me!" the priest returned in English, with a strong Spanish accent. "I saw ye come ashore, and I've been chasin' ye right from the other end of the town! Well, how did it all go? Have ye got it?"

He was short, thick-set man, with a chubby red face, and he was breathing heavily now as he stood peering up into the other's face through the dusk.

"Yes, I've got it all right," the man said. "It took the best part of a week, but they caved in at last. Of course, they wanted the cash badly, and I knew

"Och, ye'll always get that shilly-shallying in this benighted country," the priest told him. "But I'm glad to hear it's all settled. Ye've been wanting something to give ye've mind to for long enough—and now ye've got it. An' what's more, it'll give steady work to some of these boys who've been taking casual jobs with that road gang. That is, if ye haven't made other arrangements?" he added, a trifle anxiously.

"No; you can set your mind at rest about that, the captain said. "I shan't be going outside the place for labour if I can help it."

THE INQUISITIVE STRANGER

"That's good enough!" the priest returned heartily. "I didn't think ye would, but there's been a stranger—an American—has been making enquiries about ye, who said he was an agent of sorts, from Antilla. And it just occurred to me that he might have been one of those labour agency men who're flooding the country with cheap nigger labour from the Bahamas."

"That's queer," the captain said thoughtfully. "I didn't think any one knew me in Antilla—bar the bank manager."

"I thought it was queer myself," the priest agreed.

"I'd like to know what he wanted," the captain said. "What sort of questions was he asking about me?"

"Oh, this 'an' that," the other told him vaguely. "He went up to the house and saw Maruja, so she'll be able to tell ye all about it. But now there's just another thing I was wantin' to ask ye. Did ye give a notary while ye were in the city?"

"Too many for my liking. But if you mean did I make a will—no, I didn't."

"Well, ye should have!" the priest chided him energetically. "How long have I been at ye about that same will? Eighteen months now—ever since I came back from your English trip—I've had that letter of yours in me desk all stiltin' on me mind at the same time. It isn't treatin' me fair to give me the responsibility of having to deal with all your affairs, if ye should have the bad luck to drown yourself. 'Twas bad enough before, but now ye've become a landed proprietor, 'tis your plain duty to make regular arrangements."

The captain looked at him through the darkness.

"But I'm not asking you to do anything about that, Padre," he protested. "It's only this other business."

"Only!" the other interrupted. "Sure, isn't that the tricky part of it. Won't I have to be advisin' and helpin' and fixin' things so that the Government won't get to be hearin' about it? And me a simple priest with no experience in these matters!"

"Not so simple as that!" the captain retorted with a chuckle. "As a matter of fact, I've just written to my niece, giving her a hint of what's in the wind. I shan't say anything to her up till now, but when she gets this letter, she'll know enough to come straight out with it. I'm sure she hears from you that I've cashed in. And with what I've told her and that letter you're holding, you'll have the whole thing pat between you."

"I've never said I liked it—'I don't," his friend told him grumblingly. "If ye'd only deposit the stuff in a bank like a civilized



Home Service

TODAY AND EVERY DAY BRINGS YOU

Illustrated articles describing its brilliant booklets from which you can learn how to do the latest dance steps, budget for better living, make slip covers, weave useful articles, raise plants indoors, speak in public and do dozens of other interesting things. Be sure to follow these daily articles in

GUARDIAN

FIRST IN WOMEN'S NEWS AND FEATURES



man, there'd be none of this trouble at all, and . . .

"And maybe I'd lose the whole lot," the captain interrupted grimly. "No, Padre, I don't take that chance again! I've been struck once—and that's once too often. I'm playing for safety now all the same. I've sweated for what I've got, and I'm not going to risk seeing it vanish into thin air again."

"Well, I'll not deny ye've got reason for thinking that way," the priest admitted with a sigh. "But, man dear, I wish ye didn't think so much of it. 'Tis something, 'tis something, as Shakespeare says. He paused, and then added, more briskly, "And anyway, that doesn't excuse ye from making proper disposal of your house, and this new estate. That's pure selfishness—and ye know it!"

"The captain laughed. "I guess it is," he agreed. "Next time I go into Antilla, I'll see about it. That's a promise. And now what about coming up to the house with me for a drink?"

"The other shook his head regretfully. "Just now I've got to go up to the construction camp. There's a poor fellow there that's not expected to last the night out. The new road's costing something in human lives already—not to mention the way it's upsettin' the folk down here. But if the invitation's good for tomorrow evening—and nothing else stops me—I'll be glad to step up."

"Tomorrow it is, then," the captain told him. "Good-night, Padre!"

(To be continued)

Spring Fashions

Princess lines are becoming the ordinary figure, the plain front style is doubly slimming and practical. This is a dress that you will want to wear every where because of its well-cut lines and chic. The petal collar and cuffs add a crisp, cool touch for afternoons; ric-rac trims your "at home" evening ensemble; for leisure hours make the same style in the floor length, of brightly printed cotton that can be laundered easily.

Style No. 2708 is designed for sizes 12, 14, 16, 36, 38 and 40. Size 16 requires 3 7/8 yards of 39-inch material with 1-2 yard of contrasting for dress with collar; 3 7/8 yards with 5 1/4 yards of braid for dress with pockets; 5 1/4 yards for long version with short sleeves.

Send Fifteen (15c) coin is preferred, for pattern. Write plainly your Name, Address, and style number. Be sure to state the size you wish.

Style No. 2708 Size

Name _____

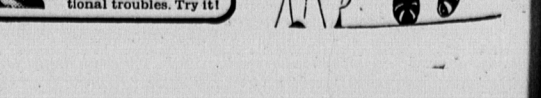
Street Address _____

City _____ Province _____

"MIDDLE-AGE" WOMEN

HEED THIS ADVICE!!

Thousands of women are suffering from "trying times" with Lydia E. Pinkham's Vegetable Compound—famous for over 60 years in relieving female functional troubles. Try it



2708
5125
12-40