

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure THE WOMAN'S REALM

### GOD ISN'T DONE WITH THE OLD WORLD YET

Never you worry,  
Never you fret;  
Flowers shall blossom  
Everywhere yet;  
Blue must the sky be  
Under the gray;  
Clouds will blow over  
Another sweet day.  
Never you worry,  
Never you fret;  
Spring hasn't flouted  
The old world yet.

Never you worry,  
Never you fret;  
Sorrow endureth,  
Joy shall come yet  
Lo, the day falleth,  
Night mounts the skies;  
Walk in the starlight  
Till the sun rise.  
Never you worry,  
Never you fret;  
God isn't done  
With the old world yet.

Never you worry,  
Never you fret;  
Green will the grass be  
On the graves yet;  
Those your hearts long for  
Draw near to you;  
Keep yourself true,  
Can God forget?  
The best hasn't happened  
To any one yet.  
Lillian Clayton Smith.

### DRAPERIES ADD COLOR

Nothing adds so much to the home-like appearance of the house as clean bright curtains and draperies. At a time when the householder is fixing up the home these important furnishings should not be neglected.

There is real joy in creating a beautiful room. The joy begins in the anticipation and grows with the acquiring of the things to conform with the general plan. You enjoy the thrill and the satisfaction of creating beautiful rooms and a lovely harmonious home atmosphere.

Color is the emotional element, and should not be overlooked when selecting your draperies. Clashing discords of color are irritating to the nerves and sensibilities, and destructive of rest and comfort, so color is an important element to consider. Even a beautiful color, if indulged to a too great extent, becomes wearying. So color harmonies are sought that soothe the eye and by their combinations give an effect of restful charm and beauty. Remember this when buying your curtain and drapery materials.

If you have a nice tablecloth which is getting too old to use to the best, cut it into little place mats or napkins.

Group telephone conversations without the use of regular individual telephone sets are now possible through the use of an electronic device called a orda-phone.

Add chopped green pepper and red pimiento to scalloped or creamed potatoes for a festive touch.

When vacuum bottle containers are not in use, leave them open, fresh air keeps bottles and corks fresh, but if they are closed, mold or stale odors may develop.

Mushrooms should never be peeled or much of their flavor will be destroyed. Wash and drain them thoroughly before cooking.

Celery leaves may be dried in the oven then rolled until they are pulverized and added to an equal amount of salt to make a good seasoning salt. Use for dressing, stuffing, or meats.

Seven minutes should be the maximum time for cooking cabbage for its most delicious flavor. Strain it finely, add only a small amount of water, and cook uncovered for 7 minutes. Dust lightly with salt and pepper and drizzle with melted butter, serve immediately.

Only small amounts of water should be used for cooking any green vegetables. Use an open vessel for cooking and cook until just done. Serve at once.

Soda should never be used for cooking vegetables as it tends to destroy valuable nutrients.

### PICKLES POPULAR

A recent survey by the Home Makers' Guild of America reveals that eight out of 10 homemakers serve pickles at least once a week—that two out of 10 use them daily.

Men consume more pickles than women, but both favour the types. Runners-up are bread and whole sweet pickles above other butter and dill pickles. More than half the families interviewed put up some pickles at home.

The Christmas tree, as we know it today, came to us from Germany, but, contrary to its many beautiful legends, we do not know the actual origin.

Many scientists firmly believe that a trip to the moon by rocket is a not far distant accomplishment of man.

### GLOVES LONG, FULL

NEW YORK—Following the silhouette, gloves are longer and fuller. Longer gloves are wrinkled down at the wrist or are flared gauntlet fashion with suits, while they are wrinkled softly with dresses, according to the length of the sleeve. They must never look too short or skimpy, and they

## That Body Of Yours

By James W. Barton, M. D.

### USING ADJUSTMENT OCCUPATION WITH VETERANS

As medical officers during World War I we were concerned almost entirely during the examination of a recruit with his physical condition. If he were 5 feet 4 inches tall, had a 3-inch expansion of chest, no heart or lung disease, no hernia, feet not flat, he was accepted for military service. There was no attempt to learn about his emotional condition.

Fortunately, in World War II medical officers, assisted by psychiatrists, tried to find out the emotional condition of recruits because World War I showed that emotional disturbances were made worse by military service at home or abroad. In the "Journal of the Indiana Medical Association," Dr. Howard A. Stettner, Fort Wayne, Ind., states that of some 218 veterans who were discharged because of a neurotic, (emotional or nervous) sickness, all but 16 had gainful occupations before service.

The period of time between the discharge from the armed forces and actual return to work might be used as a gauge for the severity of the symptoms. Thirty-seven veterans rested from one to two months before seeking re-employment. Seventeen veterans rested for six or more months, and several did no useful work for one year.

The number of jobs since discharge from the armed forces showed a feeling of insecurity present in the veterans. Fifty-two per cent held only one job, and 13 per cent held three jobs. Three veterans had seven or more jobs, with 1 veteran had 13 jobs.

Another startling fact was that only one of every three were holding the same job or type of job as before they entered service. The remaining two of every three have had one or more jobs different from the jobs they had before entering the service. Thirty-seven veterans who returned to their former jobs were unable to do the work and had to take other kinds of work.

What had war service done to many veterans?

They didn't like their work or their superiors, got tired easily, were easily irritated by noise, complained of backache.

One significant point was that those veterans who tried to be helped by receiving treatment for their symptoms, improved more rapidly than those who did not. The fact that they did not try could be another result of their war experience.

## Engagement Announced



Miss Margaret Osborne Lawson, daughter of Mr. and Mrs. J. A. Lawson, Charlottetown, and her fiancé Mr. Harold March Steckley, son of Mr. and Mrs. John Charles Steckley, Ridgeway, Ont., whose marriage is to take place in St. James Church, Charlottetown on June 29th.

## DOROTHY DIX SAYS—

### Danger In Jealousy

#### Bride-to-be Must Concede In-Laws Rightful Place In Man's Life

DEAR MISS DIX: How can I cure myself of jealousy? I am going to be married to a fine man and I am just consumed with jealousy of his work, his mother, even his sisters and brothers. We are going to live with his people and I would like to feel right toward them if I can.



Can you help me?

ELENORA V.

ANSWER: The only cure for jealousy is common sense, and that is a remedy few jealous people carry in stock.

You must reason with yourself and realize that the affection a man has for his mother and his sisters and brothers is not the same kind of love that he has for his wife, that the two emotions do not in any way conflict with each other. You also must remember a man's family are very close to him and that he would be a monster of ingratitude if he did not appreciate the years and years of loving service they have given him. You must recognize that they have a thousand memories and associations of which you could not possibly know, and that they will enjoy being together and talking things over.

#### USE COMMON SENSE

If you use common sense, you will understand that all of this does not mitigate against you in any way, and that, in fact, the better son he is, the better husband he will be to you. Conquer your jealousy, or you will get green-eyed every time he shows a member of his family any attention, and every time a member of his family talk with him you will imagine you are being criticized.

Same way about business. If you use common sense, you will know that the main reason husband-to-be is interested in his business and why he works so hard and sticks to it so closely is because he is trying to make it succeed so that he can give you more luxuries, but if you continue to be insanely jealous, you will go on talking about his "old office" until the end of time, and trying to make him neglect his work for you.

Those people who cannot conquer should have a heart and stay single, because they ruin the lives of those who are unlucky enough

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## Ellen's Diary

By an Island Farmer's Wife

I washed a belated week's wash this morning, commencing it in the hope that after several days of continued showers and dampness, the sun would now be pleased to shine in favor of housewives—and farm folk. At the time clouds were lowering, nor showed any promising rift of brightness. Blue jays in echoing calls sent warnings to me from the branches of the gnarled old trees in the orchard and nothing my preparations which included many pails dipped from the rain barrel at the house-corner. James said: "I don't see much signs of it clearing, Ellen." Jeanie smiled at my industry in the face of discouragement and this evening when mentioned "this disagreeable weather" Karolyn asked with obvious surprise: "And who washed today?" Lacking the benefits of either sun or breeze, at dusk the spread pieces still hung damply. Nevertheless, my day has been good.

A satisfaction not to be found elsewhere, is to be gained from the task, since when hands are busy in the richness of the suds which only rain water can give, cares may be dissolved, indifferent weather forgotten and presently there comes a snatch of song to one's lips. Truly, doing the week's washing close to the nesting swallows on the back verandah, even when skies continue grey and mists are on the hills, can be a cleansing and extremely satisfying rite.

Rob's came for a piece of machinery to be used in his farming tomorrow, when we were thinking of lights out, and though a bit of a

(Continued on Page 3)

## Morning Smile

### AMENDED

A sorrowing widow, having a monument erected in memory of her late husband had the following inscription carved upon it:

"Good-bye, Henry, My Light Has Gone Out."

Three months later, when she was re-married, some wit added to the inscription: "But I Have Struck Another Match."

### INNOCENCE ABRAND

A Scotsman relates an amusing story of the days when he was organist at the church of St. John, Perth. As he was coming away from practice one afternoon a young American visitor begged that he would show her over the church. He did so and in going round endeavored to convey some of the enthusiasm the lovely old building aroused in himself.

"This church," he told her, "was built in the time of King David" (of Scotland).

"Gee," exclaimed the fair tourist. "I wonder if he wrote any of the Psalms here."

the floor, allowing it to remain for about five minutes, then sweeping it off with a soft broom.

Q. How can I make biscuits so that they will open easily?

A. Roll the dough thinner than usual, make two cuts, placing one on top of the other, and the biscuits will open easily.

### DAHLIA DOLLY



DESIGN NO. E-1123

This beautiful 14 inch crocheted dolly has a dahlia center with pinapples and a picot mesh edging. Pattern No. E-1123 contains complete instructions. Needlework Book 20 cents.

To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian, Design No. E-1123.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## YOUR SUMMER



Delight of your busy Summer life... a cool, white Flexee that weighs so little, fits so gently, molds with such perfection and ease. And, with your Flexee girdle, a cool Flexaire bra, for a truly lovely Summer figure!

Flexee girdles and combinations . . . 6.50 to 18.50  
Flexaire bras and long-lines . . . 1.25 to 5.50

FLEXEES®  
WORLD'S  
LOVELIEST  
FOUNDATIONS

Available at leading department stores, specialty stores, corsetiers

## Watch These 4 Teething-Time Troubles Of Baby

✓ Digestive upset  
✓ Fever  
✓ Frivolousness  
✓ Constipation

Don't let your baby fret needlessly during teething time. Get a box of Baby's Own Tablets used so successfully for over 50 years by mothers. They help soothe sore little stomachs, and clear out harmful wastes that make baby fretful and restless. They soothe baby's fever usually subsides and your tiny one becomes restful and contented. No "drowsy" stuff—no dulling effect. They can be used with full confidence. Easily crushed to a powder if desired. Be on the safe side—ask your druggist today for Baby's Own Tablets, 25 cents.

## The Stars Say--

By Genevieve Kemble

For Saturday, June 19

IT is probable that some curious, strange, idealistic or imaginative stroke or revelation might have power to set in motion a depressing or devastating obstacle, but capping the climax by a sensational coup, in which intuition, hunch or an "unaccountable" lead, could prove constructive and heartening. Such might be a new technique, born of shrewd or subtle undercurrent, or the intriguing intervention of a far-seeing friend. It would be well to heed the "still small voice" in emergency.

If It Is Your Birthday  
Those whose birthday it is should not be surprised if some starry intervention, born of inner urge, curious ideals rather than realistic ideas, should prove of most benevolent climax in a disturbed and critical moment. An intuition, hunch, or emotional prompting might open gates to subtle and intriguing adventures. Undertones of an inexplicable nature could prove of realistic value.

A child born on this day may have hidden depths of mind and feelings, with peculiar ideas or leanings, to serve in crises or emergencies. Ideals might become realistic by proper cultivation or inner vision.

SAUCE:—Melt butter, add sugar and egg; beat well, add vanilla and whipped cream. Serve cold on hot pudding.

BLACK PUDDING  
1 cup molasses  
1 egg  
1 1/2 cups flour  
3/4 cup boiling water  
1 teaspoon soda  
1 teaspoon ginger (ground)

Sauce:  
1/2 cup butter (melted)  
1 cup powdered sugar  
1 egg  
1 teaspoon vanilla  
3/4 pint whipping cream  
Beat eggs into molasses, add flour, soda and ginger into these alternately with boiling water. Steam in mold 1 1/2 hours.

NEEDLECRAFTS FOR THE HOME

## REBUFFED PINAFORE

Cool and comfortable for sun days... this pretty back-wrapped pinafore with breezy armhole ruffles, big patch pockets. You'll find that it doubles delightfully as a housedress too!

No. 2659 is cut in sizes 12, 14, 16, 18, 20, 36, 38, 40, 42, 44. Size 38 requires 3 1/2 yards 35-inch fabric.

Send 20c for each PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlottetown Guardian.  
Pattern No. 2659

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## BLACKHEADS

Get two ounces of peroxide powder from your druggist. Sprinkle on a hot wet cloth and apply to the face gently. Every Blackhead will be dissolved. The one safe, sure and simple way to remove blackheads.



Reg. T.M.

## Household Scrapbook

By Roberta Lee

Worn Linoleum  
Watch for any tiny holes in the old linoleum, and as soon as one appears, pour a little hot paraffin in it, smooth it over evenly with a knife, and let it harden. This will prevent the hole from enlarging.

Shower Curtain  
If the holes at the top of your shower curtain are beginning to show signs of tearing through, try strengthening them with white gummed reinforcements such as are used in loose-leaf notebooks.

Quick Polish  
If the silver spoon in your bath needs polishing, you don't have to run to your kitchen for silver polish. Simply scour it with a little toothpowder and a damp cloth.

## Cook's Corner

BLACK PUDDING  
1 cup molasses  
1 egg  
1 1/2 cups flour  
3/4 cup boiling water  
1 teaspoon soda  
1 teaspoon ginger (ground)

Sauce:  
1/2 cup butter (melted)  
1 cup powdered sugar  
1 egg  
1 teaspoon vanilla  
3/4 pint whipping cream  
Beat eggs into molasses, add flour, soda and ginger into these alternately with boiling water. Steam in mold 1 1/2 hours.

SAUCE—Melt butter, add sugar and egg; beat well, add vanilla and whipped cream. Serve cold on hot pudding.

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Address \_\_\_\_\_  
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I'M ASHAMED to say it... but they were whispering about me



HOW EMBARRASSING! "I was busy at the office when I saw Tom and Bob looking at me in a kind of funny way. Then I heard Bob whisper, 'Too bad she has "B.O." There was no doubt about it. They meant me. For a moment, I was too horrified to move. Then I rushed out of the room."



"I SOBBED out the story to Mary. She said 'B.O.' could happen to anybody and suggested I try Lifebuoy."



"I GOT SOME Lifebuoy. It's so gentle on my skin. I love its rich, creamy lather that protects me from 'B.O.'"



"PRETTY SOON nice things began to happen like dates and parties. It surely pays to be Lifebuoy-dainty."

### Its fresh, clean scent is your guarantee of protection

The clean scent of Lifebuoy's thick, rich lather is your guarantee of protection. In a few seconds, the Lifebuoy scent has disappeared and so has every trace of "B.O." (body odor). Lifebuoy is the only soap specially made to stop "B.O."

And, tests prove you can build up protection against "B.O." by bathing with Lifebuoy every day. Try it for just seven days. Your skin feels so clean, fresh, and gently exfoliated. And you're completely free of "B.O." worries.



USE IT DAILY

## FROM HEAD TO TOE... LIFEBOUY STOPS "B.O."